

Curriculum Vitae

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Kerry S. Courneya, OC, PhD, FCAHS

PROFESSIONAL INFORMATION

Lastname phonetics: KERN-yay
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Professional Organizations: American College of Sports Medicine
American Society for Clinical Oncology
American Psychosocial Oncology Society
Society of Behavioral Medicine

EDUCATION

1990-1992 (Ph.D.) University of Illinois, Urbana-Champaign, Illinois, U.S.A.
Major: Kinesiology; Specialization: Exercise Psychology
Supervisor: Edward McAuley, Ph.D.

1987-1989 (M.A.) Western University, London, Ontario, Canada
Major: Kinesiology; Specialization: Sport Management
Supervisor: P. (Chella) Chelladurai, Ph.D.

1983-1987 (B.A. hons.) Western University, London, Ontario, Canada
Major: Kinesiology; Minor: Psychology

PROFESSIONAL EXPERIENCE***I. Current Primary Appointment***

07/2000 - present Professor, Faculty of Kinesiology, Sport, and Recreation; College of Health Sciences, University of Alberta, Edmonton, AB Canada

II. Other Current Appointments

07/2015 - present Member, Cancer Research Institute of Northern Alberta (CRINA), University of Alberta, Edmonton, Alberta, Canada

07/2000 - present Adjunct Professor, Department of Oncology, Faculty of Medicine and Dentistry; College of Health Sciences, University of Alberta, Edmonton

07/1999 - present Director, Exercise Oncology Research Laboratory, University of Alberta, Edmonton, Alberta, Canada

07/1998 - present Scientific Staff Member, Cross Cancer Institute
Edmonton, Alberta, Canada

III. Previous Appointments

07/2004 – 06/2025 Canada Research Chair in Physical Activity and Cancer, Faculty of Kinesiology, Sport and Recreation, College of Health Sciences, University of Alberta, Edmonton, Alberta, Canada

07/1997 – 06/2010 Research Associate, Center for Health Promotions Studies, School of Public Health, University of Alberta, Edmonton, Alberta, Canada

01/2000 – 12/2008 Affiliated Scientist, Center for Behavioral Research and Program Evaluation, Faculty of Applied Health Sciences, University of Waterloo, Waterloo, Ontario, Canada

07/1997 - 06/2000 Associate Professor, Faculty of Physical Education and Recreation, and Adjunct Associate Professor, Department of Oncology, Faculty of Medicine, University of Alberta, Edmonton, Alberta, Canada

07/1996 - 06/1997 Associate Professor and Associate Dean (Research), Faculty of Kinesiology, and Adjunct Associate Professor, Department of Psychology, Faculty of Arts, University of Calgary, Calgary, Alberta, Canada

07/1992 - 06/1996 Assistant Professor, Faculty of Kinesiology, and Adjunct Assistant Professor, Department of Psychology, Faculty of Arts, University of Calgary, Calgary, Alberta, Canada

09/1989 - 12/1989 Part Time Instructor, Faculty of Physical Education and Athletics, McMaster University, Hamilton, Ontario, Canada

RESEARCH PROGRAM OVERVIEW

My research program focuses on the role of exercise after a cancer diagnosis (i.e., exercise oncology). I study exercise across the postdiagnosis cancer continuum including how exercise might help cancer patients prepare for treatments, tolerate and respond to treatments, recover after treatments, and improve cancer outcomes. My main research interests include studying the effects of exercise on: (a) health-related fitness (e.g., aerobic fitness, muscular strength, body composition), (b) patient-reported outcomes (e.g., quality of life, fatigue, sleep quality, fear of cancer recurrence), and (c) clinical cancer outcomes (e.g., treatment response, disease progression, recurrence, survival). I also study the determinants of exercise (e.g., medical, demographic, social cognitive) and behavior change interventions (e.g., written materials, telephone counseling, web-based interventions). Study designs of interest include multicenter and multinational randomized trials, feasibility and pilot trials, prospective cohort studies, and surveys.

RESEARCH PROGRAM SUMMARY (1990-present)

Refereed journal publications:	630		
First-authored:	109		
Senior-authored:	215		
Invited book chapters:	36		
First-authored:	20		
Senior-authored:	15		
		Scopus	Google Scholar
Lifetime citations:		>49,000	>85,000
Citations past 5 years		>16,000	>27,000
Highly cited papers: $\geq 1,000$ citations:	4		12
≥ 500 citations:	13		24
≥ 200 citations:	52		100
≥ 100 citations:	124		225
i10-index (≥ 10 citations):	517		560
h-index:	107		151
Invited Presentations:	207		
Canada:	74		
United States:	71		
International:	62		
Research Funding:	>\$43 million		
Principal Investigator:	>\$12.5 million		
Co-Principal Investigator:	>\$8.5 million		
Co-Investigator:	>\$22 million		
Supervised trainees (primary):	44		
Postdoctoral fellows:	7		
Doctoral students:	19		
Masters students:	18		

AWARDS, HONORS, and DISTINCTIONS

1. **William Hansel Visiting Scientist** (2024). Pennington Biomedical Research Center, Baton Rouge, LA.
2. **Donald McKenzie Distinguished Lecturer** (2024). School of Kinesiology, Faculty of Education, University of British Columbia, Vancouver, BC.
3. **Order of Canada** (2023). Appointed an Officer of the Order of Canada by the Governor General of Canada, Ottawa, ON.
4. **Highly Ranked Scholar** (2023). Ranked as the #6 lifetime scholar in the discipline of “Kinesiology” and the #1 lifetime and past 5 years scholar in the speciality of “Cancer Survivor” by ScholarGPS which ranks scientists according to their publication count, citations, and *h*-index.
5. **“Most Influential Author”** (2023). Described as the “most influential author” in the field of physical activity and cancer based on a bibliometric analysis [Gu et al., (2023). *Front Oncol* **13**:1095852].
6. **Medicine in Canada Leader Award** (2023). Recognized as a leading scientist in the broad field of “Medicine” by Research.com which ranks scientists according to their D-index.
7. **Faculty Award for Graduate Teaching** (2020). Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada.
8. **Faculty Award for Research** (2019). Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada.
9. **Manulife Prize for the Promotion of Active Health** (2019). Sponsored by Manulife and administered by the McGill Center for the Convergence of Health and Economics, Desautels Faculty of Management, McGill University, Montreal, QC, Canada.
10. **O. Harold Warwick Prize** (2018). Canadian Cancer Society, Toronto, ON, Canada.
11. **Canada Research Chair Renewal** (2018-2025). Canada Research Chairs Program, Government of Canada, Ottawa, ON, Canada.
12. **Visiting Professor** (2017). School of Medicine, Technical University of Munich, Bavarian State Ministry of Education, Science, and the Arts, Munich, Germany.
13. **Debra Sivesind Career Award** (2016). Department of Palliative, Rehabilitation, and Integrative Medicine, The University of Texas MD Anderson Cancer Center, Houston, TX, USA.
14. **Phase III Team Award (Cross Cancer Institute) for the CO.21 Trial** (2016). Canadian Cancer Trials Group, Kingston, ON, Canada.
15. **Honorary Professor** (2014). School of Medical and Health Sciences, Edith Cowan University, Joondalup, Western Australia, Australia.
16. **Award of Merit for Outstanding Research** (2014). Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
17. **Visiting International Research Fellowship** (2014). Faculty of Education and Arts, University of Newcastle, Newcastle, NSW, Australia.
18. **Visiting Fellow (Research)** (2014). Health and Wellness Institute, Edith Cowan University, Joondalup, Western Australia, Australia.
19. **Dorothy V. Harris Lecturer in Sport Psychology** (2013). Department of Kinesiology, College of Health and Human Development, The Pennsylvania State University, University Park, PA, USA.
20. **Beatty Memorial Lecturer** (2012). McGill University, Montreal, QC, Canada.
21. **Fellow of the Canadian Academy of Health Sciences** (2012). Ottawa, ON, Canada.
22. **Award of Research Excellence** (2012). Canadian Association of Psychosocial Oncology, Toronto, ON, Canada.
23. **Award of Merit for Outstanding Research** (2012). Faculty of Physical Education and Recreation,

University of Alberta, Edmonton, AB, Canada.

24. **Canada Research Chair Renewal** (2011-2018). Canada Research Chairs Program, Government of Canada, Ottawa, ON, Canada.
25. **Albert Taylor Distinguished Alumnus Lecturer** (2009). School of Kinesiology, Faculty of Health Sciences, University of Western Ontario, London, ON, Canada.
26. **Partnership with Internationally Renowned Scholars Program** (2009). School of Medicine and Public Health, University of Newcastle, Newcastle, NSW, Australia.
27. **Canada Research Chair** (2004-2011). Canada Research Chairs Program, Government of Canada, Ottawa, ON, Canada.
28. **Raine Visiting Professorship** (2004). Raine Medical Research Foundation, University of Western Australia, Perth, WA, Australia.
29. **Visiting Scientist** (2004). Queensland Cancer Agency/University of Queensland, Brisbane, Queensland, Australia.
30. **Killam Annual Professorship** (2001-2002). University of Alberta, Edmonton, AB, Canada.
31. **Eva Steinert Centennial Distinguished Lecturer** (2001). Department of Kinesiology, University of Illinois, Urbana, IL, USA.
32. **Investigator Award** (2000-2004). Canadian Institutes of Health Research, Ottawa, ON, Canada.
33. **McCalla Research Professorship** (2000-2001). University of Alberta, Edmonton, AB, Canada.
34. **Award of Merit for Outstanding Research** (2000). Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
35. **Young Investigator Award** (1999). Society of Behavioral Medicine, Milwaukee, WI, USA.
36. **Early Career Distinguished Scholar Award** (1998). North American Society for the Psychology of Sport and Physical Activity, Champaign, IL, USA.
37. **Young Scientist Award** (1992). Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, ON, Canada.

25 MOST SIGNIFICANT RESEARCH CONTRIBUTIONS
 (*senior author; trainees underlined; *Scopus citations italicized*)

- 1) **Courneya, K.S.**, Vardy, J.L., O’Callaghan, C.J., Gill, S., Friedenreich, C.M., Wong, R.K.S., Dhillon, H.M., Coyle, V., Chua, N.S., Jonker, D.J., Beale, P.J., Haider, K., Tang, P.A., Bonaventura, T., Wong, R., Lim, H.J., Burge, M.E., Hubay, S., Sanatani, M., Campbell, K.L., Arthuso, F.Z., Turner, J., Meyer, R.M., Brundage, M., O’Brien, P., Tu, D., & Booth, C.M., for the CHALLENGE Investigators (2025). Structured exercise after adjuvant chemotherapy for colon cancer. *N Engl J Med*, xxx, xxx-xxx. CHALLENGE was the first phase 3 trial examining the effects of exercise on cancer-related survival. We randomized 889 patients with resected colon cancer after adjuvant chemotherapy to health education materials (HEM; n=444) or a 3-year structured exercise program (SEP; n=445). With a median follow-up of 7.9 years, SEP compared to HEM significantly improved disease-free survival (HR=0.72; 95% CI, 0.55 to 0.94; p=0.017) and overall survival (HR=0.63; 95% CI, 0.43 to 0.94; p=0.022) (>2 citations).

- 2) **Courneya, K.S.**, Segal, R.J., Mackey, J.R., Gelmon, K., Reid, R.D., Friedenreich, C.M., Ladha, A.B., Proulx, C., Vallance, J.K., Lane, K., Yasui, Y., & McKenzie, D.C. (2007). Effects of aerobic and resistance exercise in breast cancer patients receiving adjuvant chemotherapy: A multicenter randomized controlled trial. *J Clin Oncol*, **25**, 4396-404. START was the first RCT to compare aerobic and resistance exercise to usual care in 242 breast cancer patients receiving chemotherapy. We reported that aerobic and/or resistance exercise improved aerobic fitness, muscular strength, body fat, lean body mass, self-esteem, and chemotherapy completion. START was the first trial to show that exercise improved chemotherapy completion. START is the most highly cited RCT in exercise oncology (>905 citations).

- 3) **Courneya, K.S.**, Mackey, J.R., Bell, G.J., Jones, L.W., Field, C.J., & Fairey, A.S. (2003). Randomized controlled trial of exercise training in postmenopausal breast cancer survivors: Cardiopulmonary and quality of life outcomes. *J Clin Oncol*, **21**, 1660-68. REHAB was the first RCT to examine the effects of exercise on rehabilitation after the completion of adjuvant therapy in 53 breast cancer survivors. We reported a 98% exercise adherence rate to 15 weeks of supervised aerobic exercise that resulted in significant improvements in physical fitness, quality of life, fatigue, happiness, and self-esteem. REHAB is the third most highly cited RCT in exercise oncology (>656 citations).

- 4) Segal, R.J., Reid, R.D., **Courneya, K.S.**, Malone, S.C., Parliament, M.B., Scott, C.G., Venner, P.M., Quinney, H.A., Jones, L.W., D’Angelo, M.E.S., & Wells, G.A. (2003). Resistance exercise in men receiving androgen deprivation therapy for prostate cancer. *J Clin Oncol*, **21**, 1653-1659. Most research in exercise oncology had focused on breast cancer and aerobic exercise. This trial was the first to examine resistance exercise in 155 prostate cancer patients receiving androgen deprivation therapy. Strength training improved fatigue, quality of life, and muscular strength. This trial is the second most highly cited RCT in exercise oncology and the most highly cited in prostate cancer (>660 citations).

- 5) Segal, R.J., Reid, R.D., **Courneya, K.S.**, Sigal, R.J., Kenny, G.P., Prud’Homme, D.G., Malone, S.C., Wells, G.A., Scott, C.G., & D’Angelo, M.E.S. (2009). Randomized controlled trial of resistance or aerobic exercise in men receiving radiation therapy for prostate cancer. *J Clin Oncol*, **27**, 344-351. PREVENT was the first RCT to compare aerobic and resistance exercise to usual care in 121 prostate cancer patients receiving radiotherapy. Results showed that both resistance and aerobic exercise improved fatigue over the short-term, however, only resistance exercise improved fatigue over the longer term, and also improved quality of life, fitness, muscular strength, triglycerides, and body composition. PREVENT is one of the most highly cited RCTs in exercise oncology (>469 citations).

6) **Courneya, K.S., Sellar, C.M., Stevinson, C., McNeely, M.L., Peddle, C.J.,** Friedenreich, C.M., et. al., Chua, N., Mazurek, A., & Reiman, T. (2009). Randomized controlled trial of the effects of aerobic exercise on physical functioning and quality of life in lymphoma patients. *J Clin Oncol*, **27**, 4605-12. HELP was the first exercise RCT in lymphoma patients. Results showed that exercise improved fitness and quality of life equally in 122 patients on and off chemotherapy. Moreover, 46% of lymphoma patients in the exercise group had a complete response to chemotherapy compared to 31% in the usual care group. These data were the first to suggest that exercise during chemotherapy may improve treatment response. HELP is the most highly cited exercise RCT in lymphoma patients (>**305 citations**).

7) **Courneya, K.S.,** McKenzie, D.C., Mackey, J.R., Gelmon, K., Friedenreich, C.M., Yasui, Y., Reid, R.D., Cook, D., Jespersen, D., Proulx, C., Dolan, L.B., **Forbes, C.C.,** Wooding, E., **Trinh, L.,** & Segal, R.J. (2013). Effects of exercise dose and type during breast cancer chemotherapy: Multicenter randomized trial. *J Natl Cancer Inst*, **105**, 1821-32. CARE was the first RCT to compare different types and doses of exercise in 301 breast cancer patients receiving chemotherapy. CARE showed that the higher dose exercise interventions were safe, did not interfere with chemotherapy completion, and were modestly superior to a standard dose of aerobic exercise for patient-reported physical functioning, bodily pain, endocrine symptoms, muscular strength, and aerobic fitness (>**240 citations**).

8) **Courneya, K.S.,** Segal, R.J., McKenzie, D.C., Dong, H., Gelmon, K., Friedenreich, C.M., Yasui, Y., Reid, R.D., **Crawford, J.J.,** & Mackey, J.R. (2014). Effects of exercise during adjuvant chemotherapy on breast cancer outcomes. *Med Sci Sports Exerc*, **46**, 1744-51. Observational studies had shown that exercise was associated with improved breast cancer outcomes, however, no randomized data were available. START was the first exercise RCT to report longer term cancer outcomes. Results showed that 8-year disease-free-survival was 82.7% for the exercise groups compared with 75.6% for the control group (HR=0.68; 95% CI=0.37-1.24). START provided the first randomized data to suggest that adding exercise to chemotherapy may improve longer term breast cancer outcomes, a clinically important finding that has since been replicated in an independent trial (>**206 citations**).

9) **Courneya, K.S.,** Friedenreich, C.M., Sela, R.A., Quinney, H.A., **Rhodes, R.E.,** & Handman, M. (2003). The group psychotherapy and home-based physical exercise (GROUP-HOPE) trial in cancer survivors: Physical fitness and quality of life outcomes. *Psycho-Oncology*, **12**, 357-374. Prior to this study, research on exercise in cancer survivors had compared exercise to usual care. Consequently, what we knew from these studies was that exercise was better than nothing. GROUP-HOPE was the first RCT to determine if exercise could improve outcomes beyond the known benefits of group psychotherapy. We found that adding exercise to group psychotherapy improved functional well-being, fatigue, and body composition. GROUP-HOPE is a highly cited RCT in exercise oncology (>**238 citations**).

10) ***Vallance, J.K.H., Courneya, K.S.,** Plotnikoff, R.C., Yasui, Y., & Mackey, J.R. (2007). Randomized controlled trial of the effects of print materials and step pedometers on physical activity and quality of life in breast cancer survivors. *J Clin Oncol*, **25**, 2352-2359. ACTION was the first RCT to determine the effects of breast cancer-specific print materials and step pedometers, separately and combined, on physical activity (PA) behavior change and quality of life in 377 breast cancer survivors. We found that the intervention groups increased PA more than usual care by 40-60 minutes/week. ACTION is one of the most highly cited behavior change RCTs in exercise oncology (>**275 citations**).

11) *Friedenreich, C.M., Wang, Q., Neilson, H.K., Kopciuk, K.A., McGregor, E., Anygalfi, S., &

Courneya, K.S. (2016). Physical activity and survival after prostate cancer. *Eur Urol*, **70**, 576-585. Few studies had examined the association between postdiagnosis physical activity and survival after prostate cancer. In this prospective cohort study, we recruited 830 men with prostate cancer and followed them for 17 years. We assessed self-reported physical activity three times during follow-up. We found that postdiagnosis total physical activity was associated with a significantly lower risk of all-cause mortality (HR=0.58; 95% CI= 0.42–0.79); and postdiagnosis recreational physical activity was associated with a significantly lower risk of dying from prostate cancer (HR=0.56; 95% CI=0.35–0.90 (**>175 citations**)).

12) ***Adams, S.C.**, DeLorey, D.S, Davenport, M.H., Stickland, M.K., Fairey, A.S, North, S., Szczotka, A., & **Courneya, K.S.** (2017). Effects of high-intensity aerobic interval training on cardiovascular disease risk in testicular cancer survivors: A phase 2 randomized controlled trial. *Cancer*, **123**, 4057-4065. Testicular cancer survivors (TCS) have an increased risk of cardiovascular disease (CVD). We evaluated the effects of high-intensity interval training (HIIT) on CVD risk factors in 63 TCS. HIIT participants attended 99% of the exercise sessions and achieved 98% of the target exercise intensity. HIIT was superior to usual care for improving VO_{2peak}, CVD risk, arterial thickness, arterial stiffness, postexercise parasympathetic reactivation, inflammation, and low-density lipoprotein. HIITTS was the first RCT to demonstrate the efficacy of HIIT for managing CVD risk in TCS (**>82 citations**).

13) ***Friedenreich, C.M.**, Cook, L.S., Wang, Q., Kokts-Porietis, R.L., McNeil, J., Ryder-Burbidge, C., & **Courneya, K.S.** (2020). Prospective cohort study of pre- and post-diagnosis physical activity and endometrial cancer survival. *J Clin Oncol*, **38**, 4107-4117. Few studies had examined the associations between physical activity (PA) and endometrial cancer survival. We conducted a prospective cohort study of 425 Alberta women with newly diagnosed endometrial cancer. After a median follow-up of 14.5 years, we found that higher postdiagnosis recreational PA was strongly associated with improved disease-free survival (HR = 0.33, 95% CI=0.17-0.64, $P_{\text{trend}}=0.001$) and overall survival (HR=0.33, 95% CI=0.15-0.75, $P_{\text{trend}}=0.007$). Moreover, women who maintained high recreational PA from pre- to post-diagnosis also had improved disease-free survival (HR=0.35, 95% CI=0.18-0.69) and overall survival (HR=0.43, 95% CI=0.20-0.94) compared to those who maintained low PA (**>29 citations**).

14) ***Morielli, A.R.**, Usmani, N., Boule, N.G., Severin, D., Tankel, K., Joseph, K., Nijjar, T., Fairchild, A., & **Courneya, K.S.** (2021). Feasibility, safety, and preliminary efficacy of exercise during and after neoadjuvant rectal cancer treatment: A phase II randomized controlled trial. *Clin Colo Cancer*, **20**, 216-226. Neoadjuvant chemoradiation (NACRT) improves outcomes for rectal cancer patients; however, only 15- 27% achieve a pathologic complete response (pCR). EXERT randomized 36 patients to exercise or usual care, and reported no differences in fitness, grade 3/4 toxicities, or treatment completion; however, the exercise group was 3 times more likely to achieve a pCR than the usual care group (56% vs. 18%; $p=0.020$). EXERT was the first RCT to suggest that exercising during and after NACRT may improve treatment response, a clinically important outcome associated with potential surgical avoidance and improved survival (**>22 citations**).

15) ***Kang, D.W.**, Fairey, A.S., Boule, N.G., Field, C.J., Wharton, S.A., & **Courneya, K.S.** (2021). Effects of exercise on cardiorespiratory fitness and biochemical progression in men with localized prostate cancer under active surveillance: The ERASE randomized clinical trial. *JAMA Oncol*, **7**, 1487-1495. Men with low-risk prostate cancer (PCa) are managed with active surveillance (AS) to avoid treatment effects, however, 30%-50% ultimately progress. ERASE was the first RCT to examine the effects of exercise in 52 men with prostate cancer on AS. Exercise significantly improved VO_{2peak}, prostate-specific antigen (PSA), PSA velocity, and PCa cell growth (**>76 citations**).

- 16) **Courneya, K.S.**, Friedenreich, C.M., Quinney, H.A., Fields, A.L.A., Jones, L.W., & Fairey, A.S. (2003). A randomized trial of exercise and quality of life in colorectal cancer survivors. *Eur J Cancer Care*, **12**, 347-357. CAN-HOPE was the first RCT to examine exercise in colorectal cancer patients and showed that participants who increased their fitness over the intervention, compared to those who decreased fitness, showed significant improvements in quality of life, anxiety, depression, and fatigue. CAN-HOPE is the most highly cited exercise RCT in colorectal cancer patients (>**317 citations**).
- 17) *Jones, L.W., **Courneya, K.S.**, Fairey, A.S., & Mackey, J.R. (2004). Effects of an oncologist's recommendation to exercise on self-reported exercise behavior in newly diagnosed breast cancer survivors: A single-blind, randomized controlled trial. *Ann Behav Med*, **28**, 105-113. ONCORE was the first RCT to examine an exercise behavior change intervention in cancer patients. Our findings showed that an oncologist's recommendation to exercise increased exercise behavior in newly diagnosed breast cancer patients, particularly if it is recalled 1 week after the recommendation. ONCORE is one of the most highly cited behavior change RCTs in exercise oncology (>**305 citations**).
- 18) *Milne, H.M., Wallman, K.E., Gordon, S., & **Courneya, K.S.** (2008). Effects of a combined aerobic and resistance exercise program in breast cancer survivors: A randomized controlled trial. *Breast Cancer Res Treat*, **108**, 279-288. Few RCTs had examined the effects of combined aerobic and resistance exercise in breast cancer survivors soon after completing adjuvant therapy. In this trial, 58 breast cancer survivors within 2 years of completing adjuvant therapy were randomly assigned to an immediate exercise group (IEG) or a delayed exercise group (DEG). Results showed that QoL increased in the IEG by 21 points compared to a decrease in the DEG of 5 points. We concluded that combined aerobic and resistance exercise soon after completing breast cancer therapy produces dramatic and rapid improvements QoL (>**206 citations**).
- 19) *Hawkes, A.L., Chambers, S.K., Pakenham, K.I., Patrao, T.A., Baade, P.D., Lynch, B.M., Aitken, J.F., Meng, X., & **Courneya, K.S.** (2013). Effects of a telephone-delivered multiple health behavior change intervention (CanChange) on health and behavioral outcomes in survivors of colorectal cancer: A randomized controlled trial. *J Clin Oncol*, **31**, 2313-2321. Colorectal cancer survivors are at risk for poor health outcomes because of unhealthy lifestyles, but few studies had developed translatable health behavior change interventions. This study aimed to determine the effects of a telephone-delivered multiple health behavior change intervention (CanChange) on health and behavioral outcomes among 410 colorectal cancer survivors. At 12 months, significant intervention effects were observed for physical activity, body mass index, and energy from total and saturated fat (>**201 citations**).
- 20) Dieli-Conwright, C.M., **Courneya, K.S.**, Demark-Wahnefried, W., Sami, N., Lee, K., Buchanan, T.A., Spicer, D.V., Tripathy, D., Bernstein, L., & Mortimer, J.E. (2018). Effects of aerobic and resistance exercise on metabolic syndrome, sarcopenic obesity, and circulating biomarkers in overweight or obese survivors of breast cancer: A randomized controlled trial. *J Clin Oncol*, **36**, 875-883. This RCT was the first to examine the effects of 16 wks of combined aerobic and resistance exercise on metabolic syndrome in 100 ethnically diverse breast cancer survivors. Adherence was 95% and exercise improved metabolic syndrome, sarcopenic obesity, insulin, leptin, and adiponectin. We concluded that combined exercise attenuated metabolic syndrome in diverse breast cancer survivors (>**255 citations**).
- 21) **Courneya, K.S.**, Jones, L.W., Peddle, C.J., Sellar, C.M., Reiman, T., Joy, A.A., Chua, N., Tkachuk, L., & Mackey, J.R. (2008). Effects of aerobic exercise training in anemic cancer patients receiving

darbepoetin alfa: A randomized controlled trial. *Oncologist*, **13**, 1012-1020. Erythropoiesis-stimulating agents (ESAs) have been shown to improve anemia; however, it was unknown if additional benefits can be achieved with exercise. We randomized 55 anemic cancer patients to darbepoetin alfa (DAL) or darbepoetin alfa plus exercise (DEX). Results showed significant improvements in QoL in both groups but only the DEX group improved VO_{2peak} , Hb response, and darbepoetin alfa dosing. We concluded that aerobic exercise produced favorable improvements in exercise capacity and a more rapid Hb response with lower dosing requirements in anemic cancer patients (>70 citations).

22) *Yang, L., Morielli, A.R., Heer, E., Kirkham, A.A., Cheung, W.Y., Usmani, N., Friedenreich, C.M., & **Courneya, K.S.** (2021). Effects of exercise on cancer treatment efficacy: A systematic review of preclinical and clinical studies. *Cancer Research*, **81**, 4889-4895. This systematic review was the first to address the clinically important question of whether exercise affects cancer treatment efficacy. We included six preclinical (eight rodent models) and seven clinical studies. Exercise significantly enhanced the efficacy of chemotherapy (and tamoxifen) in seven of eight (88%) rodent models and numerically improved treatment response in four of seven (57%) human studies. We concluded that exercise during treatment may enhance the efficacy of cancer treatments; however, no clinical study was designed or powered for this purpose (>62 citations).

23) **Courneya, K.S.** & Friedenreich, C.M. (2001). Framework PEACE: An organizational model for examining physical exercise across the cancer experience. *Annals of Behavioral Medicine*, **23**, 263-272. This paper was the first to propose a framework for organizing research on exercise and cancer. The proposed framework, entitled Physical Exercise Across the Cancer Experience (PEACE), divided the cancer experience into six time periods, two prediagnosis (i.e., prescreening and screening/diagnosis) and four postdiagnosis (i.e., pretreatment, treatment, posttreatment, and resumption). Prior to this framework, many exercise oncology studies included patients at multiple phases of the cancer experience such as during and after treatments, and early and advanced cancer (>130 citations).

24) *McNeely, M.L., Campbell, K.L., Rowe, B.H., Klassen, T.P., Mackey, J.R., & **Courneya, K.S.** (2006). Effects of exercise on breast cancer patients and survivors: A systematic review and meta-analysis. *Canadian Medical Association Journal*, **175**(1), 34-41. This paper reported the first systematic review and meta-analysis on the effects of exercise in breast cancer patients and survivors. The search identified 136 papers, of which 14 met all inclusion criteria. Exercise led to statistically significant improvements in quality of life, physical functioning, peak oxygen consumption, and fatigue. Exercise research in breast cancer patients has grown exponentially since this review, however, this paper is still the most highly cited systematic review of exercise in breast cancer patients (>867 citations).

25) Thorsen, L., **Courneya, K.S.**, Steene-Johannessen, J., Gran, J.M., Haugnes, H.S., Negaard, H.F.S., Kiserud, C.E., & Fossa, S.D. (2023). Association of physical activity with overall mortality among long-term testicular cancer survivors: A longitudinal study. *International Journal of Cancer*, **153**, 1512-19. This study was the first to examine the association of physical activity (PA) with survival in 1,392 testicular cancer survivors (TCS). Results showed that higher PA was associated with lower mortality ($p_{\text{for trend}}=0.002$). Moreover, TCS who maintained PA (≥ 10 MET-h/wk) from baseline to follow-up had a 51% lower risk of all-cause mortality compared to TCS who were inactive (< 10 MET-h/wk) at both time points (HR=0.49; 95% CI, 0.30-0.82). We concluded that meeting the PA guidelines (> 10 MET-h/wk) in long term TCS was significantly associated with reduced all-cause mortality (>2 citations).

REFEREED JOURNAL PUBLICATIONS (*senior author; trainees underlined)**Submitted**

1. *An, K.Y., Jeon, J.Y., Arthuso, F.Z., Wang, Q., Kopciuk, K.A., Friedenreich, C.M., & **Courneya, K.S.** (2024). Postdiagnosis physical activity is associated with improved survival in prostate cancer patients treated with surgery but not radiation therapy.
2. *Arthuso, F.A., An, K.Y., Wang, Q., Kokts-Porietis, R.L., Morielli, A.R., McNeely, M.L., Vallance, J.K., Culos-Reed, S.N., Bell, G.J., Dickau, L., Filion, M., Ntoukas, S.N., McNeil, J., Yang, L., Matthews, C.E., Friedenreich, C.M., & **Courneya, K.S.** (2025). Associations of breast cancer treatment modalities and combinations with changes in health-related fitness from baseline to 1-year in the AMBER cohort study.
3. *Arthuso, F.A., Fairey, A.S., Boule, N.G., & **Courneya, K.S.** (2024). Feasibility, safety, and preliminary efficacy of high-intensity interval training during or after intravesical therapy in bladder cancer patients.
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5. *Buffart, L.M., Kenkhuis, M.F., Newton, R.U., Galvao, D.A., & **Courneya, K.S.** (2025). Accelerating precision exercise medicine in patients with cancer using individual patient data meta-analyses: The POLARIS experience.
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7. Cho, W., Kim, H.S., Lee, D.H., Park, D.H., Lee, M.K., Yang, S.Y., Min, B.S., Meyerhardt, J.A., Giovannucci, E., **Courneya, K.S.**, Kim, N.K., & Jeon, J.Y. (2023). Elevated resting heart rate is an independent risk factor for all-cause and cancer-specific mortality in patients with colorectal cancer.
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13. ***Ntoukas, S.N.**, Mohamad, N., Boparai, R., Dennett, E., McNeely, M.L., Prado, C.M., & **Courneya, K.S.** (2025). Effects of exercise on health-related fitness and patient-reported outcomes in survivors of head and neck cancer: A systematic review and meta-analysis.
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BOOK CHAPTERS (*senior author; trainees underlined)

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10. *Vallance, J.K., Culos-Reed, S.N., McKenzie, M., & **Courneya, K.S.** (2013). Physical activity and psychosocial health among cancer survivors. In P. Ekkekakis (Ed.), *Routledge Handbook of Physical Activity and Mental Health* (pp. 518-529). Routledge: New York.
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12. *Vallance, J.K., & **Courneya, K.S.** (2012). Social cognitive approaches to understanding exercise motivation and behavior in cancer survivors. In G.C. Roberts & D.C. Treasure (Eds.), *Advances in Motivation in Sport and Exercise* (pp. 299-326). Champaign, IL: Human Kinetics.
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- Courneya, K.S., & Friedenreich, C.M. (Eds.), *Volume 186: Physical activity and cancer. Recent Results in Cancer Research*. Springer Berlin Heidelberg. 237-253.
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 18. ***McNeely, M.L.**, & **Courneya, K.S.** (2010). Exercise and cancer-related fatigue syndrome. In J. Saxton & A. Daley (Eds.), *Exercise and Cancer Survivorship: Impact on Health Outcomes and Quality of Life* (pp. 17-36). New York: Springer.
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 21. **Courneya, K.S.** (2008). Physical activity in cancer survivors: Possible associations with clinical outcomes. In J. Holland (Chairperson), Smoking, Exercise, and Diet in Cancer Survivors: Translational Research Opportunities. *Proceedings of the Educational Session at the 99th Annual Meeting of the American Association for Cancer Research* (pp. 417-420). Philadelphia (PA): AACR (AACR Education Book).
 22. **Courneya, K.S.**, **Karvinen, K.H.**, & **Vallance, J.K.H.** (2007). Exercise motivation and behavior change. In M. Feuerstein (Ed.), *Handbook of Cancer Survivorship* (pp. 113-132). New York, NY: Springer.
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 27. **Courneya, K.S.**, **Campbell, K.L.**, **McNeely, M.L.**, & **Karvinen, K.H.** (2006). Physical activity in women cancer survivors. In K.H. Dow (Ed.), *Nursing Care of Women With Cancer* (pp. 353-371). St. Louis, MO: Mosby, Elsevier.
 28. **Courneya, K.S.**, **Jones, L.W.**, & **Mackey, J.R.** (2006). Cancer. In W.R. Frontera, D.M. Slovik, & D.M. Dawson (Eds.), *Exercise in Rehabilitation Medicine, 2nd Edition* (pp. 277-290). Champaign, IL: Human Kinetics.
 29. **Courneya, K.S.**, **McNeely, M.L.**, **Karvinen, K.H.**, & **Sellar, C.M.** (2006). Exercise and physical fitness in older cancer survivors. In H.B. Muss, C.P. Hunter, & K.A. Johnson, (Eds.), *Treatment and Management of Cancer in the Elderly, 2nd Edition* (pp. 483-505). New York, NY: Taylor & Francis Group.

30. **Courneya, K.S., Vallance, J.K.H., McNeely, M.L., & Peddle, C.J.** (2006). Exercise, physical function, and fatigue in palliative care. In E. Bruera, I.J. Higginson, C. Ripamonti, & C. von Gunten (Eds.), *Textbook of Palliative Medicine* (pp. 629-638). London, UK: Edward Arnold (Publishers) Ltd.
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32. *Nieman, D.C., & **Courneya, K.S.** (2005). Immunological conditions. In L.A. Kaminsky (Ed.), *ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription, 5th Edition* (pp. 528-542). Baltimore, MD: Lippincott Williams & Wilkins.
33. **Courneya, K.S.** (2004). Antecedent correlates and theories of exercise behavior. In T. Morris & J. Summers (Eds.), *Sport Psychology: Theory, Applications and Issues, 2nd Edition* (pp. 492-512). Milton, Queensland: John Wiley & Sons Australia, Ltd.
34. **Courneya, K.S., Mackey, J.R., & Rhodes, R.E.** (2004). Cancer. In L.M. LeMura & S.P. von Duvillard (Eds.), *Clinical Exercise Physiology: Application and Physiological Principles* (pp. 387-404). Baltimore, MD: Lippincott Williams & Wilkins.
35. **Courneya, K.S., Mackey, J.R., & Quinney, H.A.** (2002). Neoplasms. In J.N. Myers, W.G. Herbert, & R. Humphrey (Eds.), *ACSM's Resources for Clinical Exercise Physiology: Musculoskeletal, Neuromuscular, Neoplastic, Immunologic, and Hematologic Conditions* (pp.179-191). Baltimore, MD: Lippincott Williams & Wilkins.
36. **Courneya, K.S., Nigg, C.R., & Estabrooks, P.A.** (2000). Relationships among the theory of planned behavior, stages of change, and exercise behavior in older persons over a three year period. In P. Norman, C. Abraham, & M. Conner (Eds.), *Understanding and Changing Health Behavior: From Health Beliefs to Self-Regulation* (pp.189-205). Amsterdam: Harwood.

EDITED BOOKS

1. **Courneya, K.S., & Friedenreich, C.M.** (Eds.) (2011). Volume 186: Physical activity and cancer. *Recent Results in Cancer Research*. Springer Berlin Heidelberg. 387 pages. [Book Review: Mustian, K.M. (2011). Physical activity and cancer. *Psycho-Oncology*, **20**, e1-e2.

COPYRIGHTED MATERIALS

1. Vallance, J.K., & **Courneya, K.S.** (2010). *Physical activity for health: Your PROACTIVE resource for being active after a breast cancer diagnosis*. Center for Nursing and Health Studies, Faculty of Health Disciplines, Athabasca University, Athabasca, Canada.
2. **Courneya, K.S., & Vallance, J.K.** (2008). *Step up to the CHALLENGE: An exercise guide for colon cancer survivors*. Faculty of Physical Education and Recreation, University of Alberta, Edmonton, Canada.
3. Vallance, J.K., & **Courneya, K.S.** (2006). *Exercise for health: An exercise guide for breast cancer survivors*. Faculty of Physical Education and Recreation, University of Alberta, Edmonton, Canada.

INVITED PRESENTATIONS

1. **Courneya, K.S.** (2025, November). *The science of exercise in cancer*. Invited keynote speaker for the annual meeting of the Canadian Association of Medical Oncologists, Montreal, Quebec.
2. **Courneya, K.S.** (2025, October). *Exercise for the treatment of cancer: A new framework and new evidence*. Invited speaker for the seminar series hosted by the Institute for Clinical and Applied Health Research, University of Hull, Hull, United Kingdom (virtual presentation).
3. **Courneya, K.S.** (2025, July). *Primary results from the CHALLENGE exercise trial: Implications for clinical oncology practice*. Invited speaker for the Department of Surgical Oncology at the Peter MacCallum Cancer Center, Melbourne, Australia (virtual presentation).
4. **Courneya, K.S.** (2025, June). *The long (and winding) road to the successful completion of the CHALLENGE trial*. Invited speaker for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop session “Disease-Free Survival Research” hosted by Yale Cancer Center and School of Public Health, Yale University, New Haven, CT (virtual presentation).
5. **Courneya, K.S.** (2025, April). *The 3 “As” of high quality RCTs in exercise oncology: Accrual, adherence, and attrition*. Invited speaker for the conference “Moving Beyond: Unveiling the Transformative Role of Physical Activity in the Prevention and Treatment of Cancer” hosted by the Champalimaud Foundation, Lisbon, Portugal.
6. **Courneya, K.S.** (2025, March). *The emerging role of exercise as a cancer treatment*. Irish Cancer Society Guest Speaker for the Irish Association of Cancer Research Annual Conference, Belfast, Northern Ireland.
7. **Courneya, K.S.** (2025, February). *Exercise as cancer treatment*. Invited podcast interview with Dr. Rhonda Patrick (FoundMyFitness), San Diego, CA.
8. **Courneya, K.S.** (2024, December). *Exercise as cancer treatment: A new framework and emerging evidence*. Invited speaker for the William Hansel Visiting Scientist Speaker Series hosted by Pennington Biomedical Research Center, Louisiana State University, Baton Rouge, LA.
9. **Courneya, K.S.** (2024, November). *Exercise as an intervention in localized and advanced of prostate cancer*. Invited speaker for the biennial meeting of the of the Genitourinary Radiation Oncologists of Canada, Toronto, ON (virtual presentation).
10. **Courneya, K.S.** (2024, October). *A new framework for the study of exercise as a cancer treatment and supportive care intervention*. Invited speaker for the Integrative Oncology Working Group Grand Rounds session on “Exercise Oncology Programs”, Dallas, TX (virtual presentation).
11. **Courneya, K.S.** (2024, September). *Exercise across the postdiagnosis cancer continuum: A new framework for the study of exercise oncology*. Invited speaker for the monthly webinar series hosted by the International Society of Exercise Oncology (virtual presentation).
12. **Courneya, K.S.** (2024, May). *A behavioral science perspective on the need for an international society of exercise oncology*. Invited speaker for the session on “Multidisciplinary Perspectives on the Future of Exercise Oncology” as part of a preconference “Planning Meeting for the International Society for Exercise Oncology” hosted by the American College of Sports Medicine, Boston, MA.
13. **Courneya, K.S.** (2024, April). *How can exercise help prostate cancer patients like me?* Invited “Question and Answer” session for Active Surveillance Patients International, East Stroudsburg, PA (virtual presentation).
14. **Courneya, K.S.** (2024, March). *The emerging role of exercise as a cancer treatment*. Invited speaker for the inaugural Donald McKenzie Distinguished Lectureship hosted by the School of Kinesiology, Faculty of Education, University of British Columbia, Vancouver, BC.
15. **Courneya, K.S.** (2023, December). *Exercise research and recommendations for prostate cancer patients on active surveillance*. Invited speaker for the Prostate Cancer Research Institute, Culver

- City, CA (virtual presentation).
16. **Courneya, K.S.** (2023, December). *Impact of exercise on breast cancer outcomes*. Invited speaker for the Education Session “Overcoming Obesity-Associated Breast Cancer Risk” presented at the annual meeting of the San Antonio Breast Cancer Symposium, San Antonio, TX.
 17. **Courneya, K.S.** (2023, November). *New evidence on the role of exercise as a cancer treatment*. Invited speaker for the session “Multidisciplinary Perspectives on Oncological Care: Bridging Nutrition, Exercise and Microbiome Research” hosted by the Cancer Research Institute of Northern Alberta (CRINA) Research Day, Edmonton, AB.
 18. **Courneya, K.S.** (2023, October). *Exercise throughout your lymphoma journey*. Invited speaker for the 7th Annual Patient Conference on Lymphoma and CLL hosted by Lymphoma Canada, Mississauga, ON (virtual presentation).
 19. **Courneya, K.S.** (2023, June). *The CHALLENGE trial: Overview, lessons learned, and future directions*. Invited speaker for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop funded by the National Cancer Institute and hosted by Yale Cancer Center and School of Public Health, Yale University, New Haven, CT.
 20. **Courneya, K.S.** (2023, June). *Exercise for the management of treatment toxicities and improved patient survivorship*. Invited speaker for the Deliberate Dialogue Workshop hosted by the Canadian Institutes of Health Research—Institute of Cancer Research, Toronto, ON.
 21. **Courneya, K.S.** (2023, May). *Designing and analyzing observational studies of physical activity and cancer outcomes from a clinical oncology perspective*. Invited speaker for grand rounds hosted by the Department of Cancer Epidemiology and Prevention Research, Cancer Care Alberta, Alberta Health Services, Calgary, AB (virtual presentation).
 22. **Courneya, K.S.** (2022, November). *New evidence on the role of exercise as a cancer treatment*. Invited keynote speaker for the “1st Yonsei Exercise Oncology Symposium” co-hosted by the Department of Sport Industry Studies and the Cancer Prevention Center, Yonsei Cancer Center, Yonsei University, Seoul, South Korea.
 23. **Courneya, K.S.** (2022, November). *Exercise as cancer treatment: The EXACT Framework*. Invited speaker for the graduate course in “Exercise Oncology” hosted by the Department of Sport Industry Studies, College of Educational Sciences, Yonsei University, Seoul, South Korea.
 24. **Courneya, K.S.** (2022, October). *Exercise throughout your lymphoma journey*. Invited speaker for the 6th Annual Patient Conference on Lymphoma and CLL hosted by Lymphoma Canada, Mississauga, ON (virtual presentation).
 25. **Courneya, K.S.** (2022, September). *Physical activity for cancer patients: Current evidence, guidelines, and recommendations for practice*. Invited speaker for the Integrative Oncology Working Group Grand Rounds, Dallas, TX (virtual presentation).
 26. **Courneya, K.S.** (2022, May). *Exercise during active surveillance for prostate cancer: Evidence and recommendations*. Invited speaker for the Active Surveillance Support Group supported through the Prostate Cancer Support Canada initiative of the Prostate Cancer Foundation (British Columbia), Surrey, BC (virtual presentation).
 27. **Courneya, K.S.** (2022, May). *Exercise after a cancer diagnosis: Overview of the evidence*. Invited speaker for the professional development event “Practical Exercise Prescription Postdiagnosis” hosted by the Kinesiology Association of Saskatchewan (virtual presentation).
 28. **Courneya, K.S.** (2022, April). *Using exercise to enhance the lives of cancer patients*. Invited speaker for the Special Event Series hosted by the Office of Alumni Relations, University of Alberta Alumni Association, Edmonton, Canada.
 29. **Courneya, K.S.** (2022, March). *Physical activity and cancer-related fatigue*. Invited speaker for the webinar hosted by Astellas Pharma Canada Inc. (virtual presentation).

30. **Courneya, K.S.** (2022, February). *Exercise is medicine in oncology*. Invited speaker for a seminar hosted by “Exercise is Medicine on Campus” and the Department of Kinesiology, California State University, San Bernardino, Palm Desert Campus, CA.
31. **Courneya, K.S.** (2021, December). *Exercise after prostate cancer: Active surveillance and beyond*. Invited speaker for the Active Surveillance Prostate Cancer Virtual Support Group sponsored by the Answer Cancer Foundation (AnCan), Shakopee, Minnesota (virtual presentation).
32. **Courneya, K.S.** (2021, October). *Can exercise improve cancer treatment outcomes and survival?* Invited speaker for the CRINA Connects seminar series hosted by the Cancer Research Institute of Northern Alberta, University of Alberta, Edmonton, Canada.
33. **Courneya, K.S.** (2021, October). *Exercise during cancer treatment: New possibilities*. Invited speaker for the Alberta Cancer Research Conference 2021 “Zooming Forward: Alberta Cancer Research Innovation in our own Backyard” hosted by Alberta Health Services and the Alberta Cancer Foundation (virtual presentation).
34. **Courneya, K.S.** (2021, July). *Clinical studies of exercise and cancer treatment response*. Invited speaker for the conference on “Translating Energy Balance from Bench to Communities: Application of Parallel Animal-Human Studies in Cancer” hosted by the University of Texas MD Anderson Cancer Center, Houston, TX (virtual presentation).
35. **Courneya, K.S.** (2021, June). *The CHALLENGE trial: Overview, lessons learned, and future directions*. Invited speaker for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop funded by the National Cancer Institute and hosted by Yale Cancer Center and School of Public Health, Yale University, New Haven, CT (virtual presentation).
36. **Courneya, K.S.** (2021, March). *Can exercise help in the treatment of cancer?* Invited speaker for the University of Alberta Relay for Life 2021 Event in collaboration with the Canadian Cancer Society, University of Alberta, Edmonton, Canada (virtual presentation).
37. **Courneya, K.S.** (2020, September). *Integrating exercise into cancer care*. Invited speaker for the plenary session “Integrative Oncology Evidences Before, During, and After treatment – Physical Activity and Integrative Practices Adherence Research” as part of the 3rd International Symposium of Integrative Medicine and 2nd International Symposium of Integrative Oncology hosted by the Albert Einstein Research and Educational Institute, Sao Paulo, Brazil (virtual presentation).
38. **Courneya, K.S.** (2020, June). *The CHALLENGE trial: Overview, lessons learned, and future directions*. Invited speaker for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop funded by the National Cancer Institute and hosted by Yale Cancer Center and School of Public Health, Yale University, New Haven, CT (virtual presentation).
39. **Courneya, K.S.** (2020, May). *Exercise for cancer patients and survivors*. Invited keynote for the 2020 Physical Activity Forum “Exercise and Chronic Disease Management” hosted by the Center for Active Living, Edmonton, AB (virtual presentation).
40. **Courneya, K.S.** (2020, March). *Is exercise a treatment for cancer?* Invited keynote as part of the Exercise Medicine Research Institute and University of Alberta Exercise Oncology Symposium hosted by Edith Cowan University, Joondalup, Western Australia.
41. **Courneya, K.S.** (2020, January). *Integrating exercise into cancer care: From evidence to practice*. Invited talk hosted by the Priority Research Center in Physical Activity and Nutrition at the University of Newcastle, Newcastle, NSW, Australia.
42. **Courneya, K.S.** (2020, January). *Can exercise improve cancer treatment tolerability, response, and outcomes?* Invited speaker for the “Friday Forum in Medical Oncology” hosted by the Department of Medical Oncology, Calvary Mater Hospital, Newcastle, NSW, Australia.
43. **Courneya, K.S.** (2019, June). *The CHALLENGE trial: Overview, lessons learned, and future directions*. Invited speaker for the Transdisciplinary Research on Energetics and Cancer (TREC)

Training Workshop funded by the National Cancer Institute and hosted by Yale Cancer Center and School of Public Health, Yale University, New Haven, CT.

44. **Courneya, K.S.** (2019, May). *Optimizing cancer treatment efficacy and outcomes through exercise interventions*. Invited speaker for the plenary session “Mitigating adverse effects of cancer and its treatment through diet, exercise and weight management” presented at the annual meeting of the American Institute for Cancer Research, Chapel Hill, NC.
45. **Courneya, K.S.** (2019, April). *Exercising cancer: New evidence on the cancer-fighting effects of exercise*. Invited speaker as recipient of the Manulife Prize for the Promotion of Active Health sponsored by Manulife and McGill University, Montreal, QC.
46. **Courneya, K.S.** (2019, April). *Integrating exercise into cancer care: Translating research into practice*. Invited speaker for the Brain-to-Society Decision and Behavior Research and Convergent Innovation Workshop on “Physical Activity as an Evidence-Based Core Ingredient of a Healthy Lifestyle and Effective Chronic Disease Management” hosted by the McGill Center for the Convergence of Health and Economics in conjunction with the 2109 public event for the Manulife Prize for the Promotion of Active Health, McGill University, Montreal, QC.
47. **Courneya, K.S.** (2018, June). *The CHALLENGE trial: Overview and lessons learned*. Invited speaker for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop funded by the National Cancer Institute and hosted by Yale Cancer Center and School of Public Health, Yale University, New Haven, CT.
48. **Courneya, K.S.** (2018, May). *Exercise and cancer outcomes: From observational studies to randomized trials*. Invited keynote speaker for the 2018 Frontier Research Institute of Convergence Sports Science Symposium hosted by the University of Yonsei, Seoul, South Korea.
49. **Courneya, K.S.** (2018, May). *Understanding exercise motivation in cancer survivors using the theory of planned behavior*. Invited talk at University of Yonsei, Seoul, South Korea.
50. **Courneya, K.S.** (2018, March). *Organizing and prioritizing outcomes for exercise oncology recommendations*. Invited speaker for the American College of Sports Medicine’s Roundtable on “Exercise and Cancer” hosted by the American College of Sports Medicine, San Francisco, CA.
51. **Courneya, K.S.** (2018, January). *Exercise and cancer-related fatigue: Evidence and recommendations*. Invited speaker at the “Multi-disciplinary Management of Cancer-Related Fatigue (CRF) Steering Committee Meeting” hosted by Astellas Pharma Canada Inc., Vancouver, BC.
52. **Courneya, K.S.** (2017, October). *Exercise and cancer outcomes: A precision medicine approach*. Invited keynote lecture for the International Symposium “Exercise and Cancer 2017: Impact on Prevention and Prognosis” hosted by the Department of Prevention and Sports Medicine, Technical University of Munich, Munich, Germany.
53. **Courneya, K.S.** (2017, June). *Multinational trials in energy balance: Challenges and opportunities*. Invited speaker for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop funded by the National Cancer Institute and hosted by Yale Cancer Center and School of Public Health, Yale University, New Haven, CT.
54. **Courneya, K.S.** (2017, June). *Physical activity behavior change interventions in cancer survivors: What’s cancer got to do with it?* Invited keynote speaker for the annual meeting of the International Society for Behavioral Nutrition and Physical Activity, Victoria, BC.
55. **Courneya, K.S.** (2017, May). *Exercise and cancer-specific health benefits*. Invited talk for the speaker series “Well Talks: Let’s Talk Exercise” hosted by Wellspring Edmonton, Edmonton, AB.
56. **Courneya, K.S.** (2017, April). *Exercise for the management of cancer-related fatigue*. Invited speaker as part of the satellite symposium “Wake up: Get a Move on Managing Fatigue in Oncology Patients and Recognize the Pharmacist’s Role” sponsored by Astellas Pharma Canada Inc. at the

- annual meeting of the Canadian Association of Pharmacology in Oncology, Banff, AB.
57. **Courneya, K.S.** (2017, February). *Overview of the evidence on cancer outcomes related to physical activity*. Invited speaker for the workshop on “Incorporating Weight Management and Physical Activity Throughout the Cancer Care Continuum” hosted by the National Cancer Policy Forum of the National Academies of Sciences, Engineering, and Medicine, Washington, DC.
 58. **Courneya, K.S.** (2016, November). *Exercise and cancer outcomes: From observational studies to randomized trials*. Invited talk for the session “Prevention, Lifestyle, and Survivorship” at the annual research meeting of the Cancer Research Institute of Northern Alberta, University of Alberta, Edmonton, AB.
 59. **Courneya, K.S.** (2016, October). *Is exercise a cure for cancer?* Invited talk for the speaker series “PERTalks: Moving for Medicine” presented by “Exercise is Medicine on Campus”, University of Alberta, Edmonton, AB.
 60. **Courneya, K.S.** (2016, September). *State of the science in physical activity for cancer patients*. Invited featured speaker for the Debra Sivesind Career Award at the 20th Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine hosted by the University of Texas MD Anderson Cancer Center, Houston, TX.
 61. **Courneya, K.S.** (2016, September). *Strategies to increase physical activity in advanced cancer patients: Focus on adherence and safety*. Invited workshop speaker as part of a plenary session at the 20th Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine hosted by the University of Texas MD Anderson Cancer Center, Houston, TX.
 62. **Courneya, K.S.** (2016, June). *Exercise for the treatment and recovery of cancer patients*. Overseas invited lecture for the 53rd Annual Meeting of the Japanese Association of Rehabilitation Medicine, Kyoto, Japan.
 63. **Courneya, K.S.** (2016, May). *Exercise in colorectal cancer: From prehabilitation to survivorship*. Invited keynote lecture for the National Cancer Research Institute’s Colorectal Clinical Studies Group Trials Meeting, London, United Kingdom.
 64. **Courneya, K.S.** (2016, April). *Physical activity and cancer survivorship: Overview, frameworks, and key questions*. Invited keynote speaker for the meeting “Physical activity and cancer survivorship: A workshop for researchers to foster physical activity research with cancer survivors among North Carolina’s comprehensive cancer centers” hosted by Duke Cancer Institute, University of North Carolina Lineberger Cancer Center, and Wake Forest Baptist Medical Center Comprehensive Cancer Center, Chapel Hill, NC.
 65. **Courneya, K.S.** (2015, December). *Promoting physical activity in cancer survivors: From research to practice*. Invited speaker for the Lunchtime Seminar Series at Belfast City Hospital hosted by the Sport and Exercise Sciences Research Institute, the Institute for Nursing and Health Research, and the Belfast Health and Social Care Trust, Belfast, Northern Ireland.
 66. **Courneya, K.S.** (2015, December). *Exercise and cancer outcomes: From observational studies to randomized trials*. Invited speaker for the Lunchtime Seminar Series at Ulster University hosted by the Sport and Exercise Sciences Research Institute, the Institute for Nursing and Health Research, and the Belfast Health and Social Care Trust, Belfast, Northern Ireland.
 67. **Courneya, K.S.** (2015, December). *Exercise and cancer survivorship: Frameworks, overview, and key questions*. Invited presentation as part of the symposium “Exercise Programs for Cancer Survivors: Putting Evidence into Practice” at the British Association of Sport and Exercise Sciences, Staffordshire, UK.
 68. **Courneya, K.S.** (2015, October). *Physical activity among cancer survivors*. Invited speaker for the 21st Annual Symposium “Cancer Survivorship” hosted by the Pennsylvania State College of Medicine and Hershey Cancer Institute, Hershey, PA.

69. **Courneya, K.S.** (2015, July). *Physical activity and cancer survivorship: Does the data support an exercise prescription?* Invited webinar presentation for the Society of Integrative Oncology.
70. **Courneya, K.S.** (2015, May). *Physical activity: Interventions and practical considerations.* Invited speaker as part of the extended education session “The ASCO Obesity Initiative: The Weight of the Evidence” presented at the American Society for Clinical Oncology, Chicago, IL.
71. **Courneya, K.S.** (2015, May). *Exercise and prostate cancer survivorship.* Invited keynote speaker for the Alberta Prostate Cancer Research Initiative (APCaRI) Spring Meeting, Red Deer, AB.
72. **Courneya, K.S.** (2015, March). *Historical role of exercise in cancer survivors.* Invited presentation hosted by the Undergraduate Student Physiotherapy Association, Santiago, Chile.
73. **Courneya, K.S.** (2015, March). *Exercise guidelines for cancer survivors: Development and recommendations.* Invited presentation hosted by the Society of Kinesiological Oncology of Chile, Santiago, Chile.
74. **Courneya, K.S.** (2015, March). *Effects of exercise after cancer on prognosis and survival.* Invited presentation for the Society of Kinesiological Oncology of Chile, Santiago, Chile.
75. **Courneya, K.S.** (2015, March). *Effects of exercise on symptom control and quality of life in cancer patients.* Invited keynote presentation as part of the Physical Activity and Cancer Conference hosted by the School of Physiotherapy, Faculty of Medicine, Pontifical Catholic University of Chile, Santiago, Chile.
76. **Courneya, K.S.** (2015, March). *Update on the CHALLENGE Trial: A randomized trial of exercise and disease-free survival in colon cancer survivors.* Invited keynote presentation for the Physical Activity and Cancer Conference hosted by the School of Physiotherapy, Faculty of Medicine, Pontifical Catholic University of Chile, Santiago, Chile.
77. **Courneya, K.S.** (2015, March). *Update on the AMBER Study: A prospective cohort study of physical activity and breast cancer outcomes.* Invited keynote presentation for the Physical Activity and Cancer Conference hosted by the School of Physiotherapy, Faculty of Medicine, Pontifical Catholic University of Chile, Santiago, Chile.
78. **Courneya, K.S.** (2015, March). *Effects of exercise after cancer on prognosis and survival.* Invited keynote presentation for the Physical Activity and Cancer Conference hosted by the School of Physiotherapy, Faculty of Medicine, Pontifical Catholic University of Chile, Santiago, Chile.
79. **Courneya, K.S.** (2014, December). *Historical role of exercise and activity with the cancer population.* Invited presentation for the session “The Role of Physical Activity and Exercise for Cancer Patients and Cancer Survivors” at the World Cancer Congress hosted by the International Union Against Cancer and Cancer Council Australia, Melbourne, Australia.
80. **Courneya, K.S.** (2014, December). *Physical activity and cancer survivorship: From symptom control to survival.* Invited speaker as part of the plenary session “Care of Cancer Survivors—What Works?” to be given at the Clinical Oncology Society of Australia, Melbourne, Australia.
81. **Courneya, K.S.** (2014, December). *Exercise after cancer: Implications for recurrence and survival.* Invited presentation for the GP Education Project “Cancer Survivorship Series” hosted by Cancer Council Western Australia, Perth, Western Australia.
82. **Courneya, K.S.** (2014, December). *Exercise after cancer: Implications for recurrence and survival.* Invited presentation for Edith Cowan University, Joondalup, Western Australia.
83. **Courneya, K.S.** (2014, November). *The Colon Health and Life-Long Exercise Change (CHALLENGE) Trial (CO.21): What’s in a name?* Invited speaker as part of the session “Developing a Roadmap: Strategies to Advance Obesity Research in Cancer Survivors” at the invitational meeting “Research Summit on Advancing Obesity Clinical Trials in Cancer Survivors” hosted by the American Society for Clinical Oncology, Alexandria, VA.
84. **Courneya, K.S.** (2014, October). *Update on the CHALLENGE Trial: A randomized trial of*

- exercise and disease-free survival in colon cancer survivors*. Invited speaker as part of the plenary session “Physical Activity and Cancer Survivorship” presented at the American Institute for Cancer Research, Washington, DC.
85. **Courneya, K.S.** (2014, October). *Exercise after cancer: Impact on prognosis and survival*. Invited state-of-the-art lecture for the International Symposium “Exercise and Cancer 2014: Impact on Prevention and Prognosis” hosted by the Department of Prevention and Sports Medicine, Technical University of Munich, Munich, Germany.
 86. **Courneya, K.S.** (2014, July). *Exercise in cancer patients and survivors: From symptom control to survival*. Invited keynote address for the symposium “Cancer Rehabilitation: Latest Findings and New Directions” hosted by the VU University Medical Center as a satellite meeting of the European College of Sport Sciences, Amsterdam, Netherlands.
 87. **Courneya, K.S.** (2014, June). *Physical activity and cancer survivorship: From symptom control to survival*. Invited keynote speaker and Drew/Butterfield Visiting Professor for National Cancer Survivors Day hosted by the Center for Health, Wellness & Cancer Survivorship (ELLICSR) at Princess Margaret Cancer Center, Toronto, ON.
 88. **Courneya, K.S.** (2014, May). *Effects of exercise during chemotherapy on breast cancer outcomes: Long term follow-up of the START Trial*. Invited presentation at Grand Rounds for the Cross Cancer Institute, Edmonton, Alberta.
 89. **Courneya, K.S.** (2014, May). *Exercise interventions in cancer patients: From symptom control to survival*. Invited keynote speaker for the 2nd Conference SIRIC Montpellier Cancer on “Translational Research in Cancer” hosted by the Montpellier Cancer Center, University of Montpellier, Montpellier, France.
 90. **Courneya, K.S.** (2014, May). *Overview and update of the CARE and CHALLENGE Trials*. Invited workshop presentation hosted by the Epsilon Group, University of Montpellier, Montpellier, France.
 91. **Courneya, K.S.** (2014, May). *Clinical trials of exercise at the Cross Cancer Institute*. Invited presentation given at Radiation Oncology Academic Rounds hosted by the Division of Radiation Oncology, Cross Cancer Institute, Edmonton, Alberta.
 92. **Courneya, K.S.** (2014, March). *Exercise and cancer: From symptom control to survival*. Invited presentation given as part of a Visiting International Research Fellowship at the University of Newcastle, Newcastle, Australia.
 93. **Courneya, K.S.** (2014, March). *Clinical trials of exercise in cancer patients: From symptom control to survival*. Invited presentation hosted by the School of Medicine Research Colloquia and the National Institute of Complementary Medicine, University of Western Sydney, Sydney, Australia.
 94. **Courneya, K.S.** (2014, January). *The CHALLENGE Trial: Rationale, methods, and lessons learned*. Invited presentation given at Newcastle Private Hospital, Newcastle, Australia.
 95. **Courneya, K.S.** (2013, November). *Physical activity and cancer survivorship: Implications for quality of life and survival*. Invited speaker as part of the plenary session “Cancer Metabolism from Prevention to Treatment” at the Canadian Cancer Research Conference, Toronto, ON.
 96. **Courneya, K.S.** (2013, October). *Physical activity in cancer prevention and survivorship*. Invited keynote speaker for the 10th International Conference of the Society for Integrative Oncology, Vancouver, BC.
 97. **Courneya, K.S.** (2013, May). *Physical activity in cancer survivors: Implications for recurrence and survival*. Population Health and Behavioral Outcomes Distinguished Lecture. Co-sponsored by the University of Illinois Cancer Center, and the School of Public Health Cancer Education and Cancer Development Program, University of Illinois, Chicago, IL.

98. **Courneya, K.S.** (2013, April). *Fact or fiction: Exercise can cure cancer*. Invited speaker for the Educated Luncheon Lecture Series hosted by the University of Alberta Alumni Association, Edmonton, AB.
99. **Courneya, K.S.** (2013, January). *Exercise in cancer survivors: A Psychosocial Perspective*. Invited speaker for the Dorothy V. Harris Lecture Series in Sport Psychology, Department of Kinesiology, College of Health and Human Development, The Pennsylvania State University, University Park, PA.
100. **Courneya, K.S.** (2012, November). *Physical activity and cancer: What's the connection?* Invited presentation given to "The President's Society" of the University of Alberta, Calgary, AB.
101. **Courneya, K.S.** (2012, October). *Physical activity in cancer survivors: A field in motion*. Invited to give the Beatty Memorial Lecture at McGill University, Montreal, QC.
102. **Courneya, K.S.** (2012, October). *Randomized controlled trials of exercise in cancer survivors: The latest evidence*. Invited scientific presentation given to the Department of Kinesiology and Physical Education, Faculty of Education, McGill University, Montreal, QC.
103. **Courneya, K.S.** (2012, October). *Randomized controlled trials of exercise interventions in cancer survivors*. Invited presentation given at Jewish General Hospital, Montreal, QC.
104. **Courneya, K.S.** (2012, June). *How do we change exercise behavior?* Invited presentation given as part of the symposium "Preventing and Managing Chronic Disease" at the Canadian Academy of Sport and Exercise Medicine, Kelowna, BC.
105. **Courneya, K.S.** (2012, May). *Exercise in breast cancer patients: Quality of life and disease outcomes*. Invited speaker for the International Interdisciplinary Symposium "Sport and Physical Activity in Oncology: News in Science and Health Care" hosted by the German Sport University Cologne and the University Hospital Cologne (Center for Integrated Oncology Cologne Bonn), Cologne, Germany.
106. **Courneya, K.S.** (2012, May). *Exercise and lymphoid cancer survivorship: Evidence and recommendations*. Invited presentation given as part of the Annual Lymphoid Cancer Forum hosted by the British Columbia Cancer Agency, Vancouver, BC.
107. **Courneya, K.S.** (2012, March). *Physical activity in cancer survivors: Quality of life, fitness, and disease outcomes*. Invited colloquium given to the Department of Kinesiology and Community Health, College of Applied Health Sciences, and the Division of Biomedical Sciences, University of Illinois, Urbana-Champaign, IL.
108. **Courneya, K.S.** (2011, November). *Exercise interventions in cancer patients: benefits and challenges*. Invited presentation given to Laval University Cancer Research Center, Quebec City, QC.
109. **Courneya, K.S.** (2011, November). *Physical activity interventions in cancer survivors: What works?* Invited presentation given as part of the Workshop "The Role of Obesity in Cancer Survival and Recurrence" hosted by the Institute of Medicine's National Cancer Policy Forum, Washington, DC.
110. **Courneya, K.S.** (2011, October). *Randomized controlled trials of exercise and quality of life in cancer survivors*. Invited state-of-the-art lecture given at the International Symposium "Exercise and Cancer 2011: Impact on Prevention and Prognosis" hosted by the Department of Prevention and Sports Medicine, Technical University of Munich, Munich, Germany.
111. **Courneya, K.S.** (2011, September). *Exercise and cancer-related fatigue*. Invited presentation given as part of the symposium "The Impact of Exercise on Symptoms of Low Energy and Fatigue in Clinical Populations" at the British Association of Sport and Exercise Sciences, Colchester, UK.
112. **Courneya, K.S.** (2011, January). *Physical activity and cancer survivorship: Quality of life and disease outcomes*. Invited presentation given to the Department of Population Health Research,

Alberta Health Services-Cancer Care, Calgary, AB.

113. **Courneya, K.S.** (2010, November). *Physical activity in cancer survivors: A field in motion*. Invited presentation given as part of the minisymposium “Physical Activity and Cancer Survivorship: An Evolving Science” hosted by Cancer Control and Population Sciences at the Huntsman Cancer Institute, Salt Lake City, UT.
114. **Courneya, K.S.** (2010, October). *Exercise and quality of life outcomes in patients with advanced cancer*. Invited speaker for the 14th Annual Interdisciplinary Conference on Supportive Care, Hospice & Palliative Medicine hosted by MD Anderson Cancer Center, Houston, TX.
115. **Courneya, K.S.** (2010, September). *Physical activity in cancer survivors*. Invited speaker for the “Cancer Prevention and Control Colloquia Series” hosted by the Cancer Prevention Fellowship Program of the United States National Cancer Institute, Bethesda, MD.
116. **Courneya, K.S.** (2010, June). *Randomized exercise trials in cancer patients: Health-related fitness and patient-reported outcomes*. Invited speaker for the Education Session "Physical Activity in Cancer Populations: What's New?" presented at the American Society for Clinical Oncology, Chicago, IL.
117. **Courneya, K.S.** (2010, March). *Exercising cancer: New evidence on the cancer-fighting effects of exercise*. Invited distinguished lecture for the Colloquium “Pathways to Health: Exercise, Nutrition, and Cancer” hosted by the School of Exercise and Nutritional Sciences, San Diego State University, San Diego, CA.
118. **Courneya, K.S.** (2010, January). *Physical activity and cancer survivorship: Patient-reported and disease outcomes*. Invited presentation given at Grand Medical Rounds for the Roswell Park Cancer Institute, Buffalo, NY.
119. **Courneya, K.S.** (2009, December). *Physical activity programs for cancer survivors: Implications for psychosocial oncology*. Invited presentation given to the Center for Medical Psychology and Evidence-based Decision-making, University of Sydney, Sydney, Australia.
120. **Courneya, K.S.** (2009, December). *Physical activity and cancer survivorship*. Invited presentation given to Cancer Council New South Wales, Sydney, Australia.
121. **Courneya, K.S.** (2009, December). *Physical activity and cancer survivorship*. Invited presentation given to the Priority Research Center for Health Behavior, University of Newcastle, Newcastle, Australia.
122. **Courneya, K.S.** (2009, December). *Randomized controlled trials in behavioral research*. Invited masterclass presentation given to graduate students of the Priority Research Center for Health Behavior, University of Newcastle, Newcastle, Australia.
123. **Courneya, K.S.** (2009, November). *Physical activity interventions in cancer survivors: Quality of life and disease outcomes*. The Albert Taylor Distinguished Alumnus Lecture given to the School of Kinesiology, Faculty of Health Sciences, University of Western Ontario, London, ON.
124. **Courneya, K.S.** (2009, October). *Exercise intervention trials during active treatment: Current gaps in knowledge*. Invited presentation given to the Symptom Control and Quality of Life Committee at the Fall Group Meeting of the Southwest Oncology Group (SWOG), Chicago, IL.
125. **Courneya, K.S.** (2009, October). *Exercise in cancer survivors: Patient-reported and disease outcomes*. Invited presentation given as part of the Harry E. Hynes Community Clinical Oncology Program (CCOP) Symposium at the Fall Group Meeting of the Southwest Oncology Group (SWOG), Chicago, IL.
126. **Courneya, K.S.** (2009, October). *Exercise, quality of life, depression, and fatigue*. Invited presentation given at the “Energy Balance, Cancer Prognosis, and Survivorship” conference sponsored by the National Cancer Institute and the Transdisciplinary Research on Energetics and Cancer group, Seattle, WA.

127. **Courneya, K.S.** (2009, September). *Selecting appropriate outcome measures for exercise intervention trials in cancer survivors*. Invited lecture given as part of the Scientific Symposium “Researching Complex Clinical Issues in Cancer Care” at the joint meeting of the European Cancer Organization and the European Society for Medical Oncology, Berlin, Germany.
128. **Courneya, K.S.** (2009, September). *Exercise for disease prevention and health promotion in cancer survivors*. Invited lecture given as part of the Scientific Symposium “After Cancer Therapy, Prevention and Promotion” at the joint meeting of the European Cancer Organization and the European Society for Medical Oncology, Berlin, Germany.
129. **Courneya, K.S.** (2009, September). *Exercise intervention trials in cancer patients and survivors*. Invited keynote address given as part of the session “Exercise and Cancer Trials in the Netherlands” hosted by the EMGO+ Institute and the VU University Medical Center, Amsterdam, Netherlands.
130. **Courneya, K.S.** (2009, April). *Physical activity programs for cancer survivors: Implications for psychosocial oncology*. Invited keynote address given to the Canadian Association of Psychosocial Oncology, Vancouver, BC.
131. **Courneya, K.S.** (2008, December). *Physical activity in cancer survivors*. Invited presentation given for the Integrative Medicine Program Simms Mann Lecture Series at M.D. Anderson Cancer Center, Houston, TX.
132. **Courneya, K.S.** (2008, November). *Exercise is murder: Theoretical issues in obtaining an exercise conviction*. Invited keynote address given to the Canadian Society for Psychomotor Learning and Sport Psychology, Canmore, AB.
133. **Courneya, K.S.** (2008, October). *Physical activity and cancer survivorship: An update*. Invited presentation given to Cancer Council Queensland, Brisbane, QLD, Australia.
134. **Courneya, K.S.** (2008, October). *Physical activity and cancer survivorship: An update*. Invited presentation given to Cancer Council Queensland, Townsville, QLD, Australia.
135. **Courneya, K.S.** (2008, October). *Physical activity and cancer survivorship: An update*. Invited presentation given to Cancer Council Queensland, Cairns, QLD, Australia.
136. **Courneya, K.S.** (2008, April). *Does exercise improve survival in breast cancer patients?* Invited presentation given as part of the plenary session “Current Controversies” at the Reasons for Hope 2008 Conference hosted by the Canadian Breast Cancer Research Alliance, Vancouver, BC.
137. **Courneya, K.S.** (2008, April). *Exercise in cancer survivors: Possible mechanisms for improved clinical outcomes*. Invited presentation given as part of the educational session “Smoking, Exercise, and Diet in Cancer Survivors: Translational Research Opportunities” at the American Association for Cancer Research, San Diego, CA.
138. **Courneya, K.S.** (2008, February). *Exercise interventions in cancer patients and survivors: Evidence from recent clinical trials*. Invited presentation given at the Northwest Chapter of the American College of Sports Medicine, Seattle, WA.
139. **Courneya, K.S.** (2007, November). *Physical activity and cancer survivorship*. Invited presentation given at “Making Connections: A Canadian Cancer Research Conference Celebrating NCIC’s 60th Anniversary” hosted by the National Cancer Institute of Canada, Toronto, ON.
140. **Courneya, K.S.** (2007, November). *Physical activity and cancer: Prevention, recovery, and survival*. Invited presentation for the “Faculty of Kinesiology Dean’s Lecture Series” at the University of Calgary, Calgary, AB.
141. **Courneya, K.S.** (2007, September). *Surviving prostate cancer: New evidence on how exercise can help*. Invited keynote address given at “Prostate Cancer Conference 2007: A Decade of Progress, a Future of Hope” hosted by the Canadian Prostate Cancer Research Initiative and the Canadian Prostate Cancer Network, Toronto, ON.
142. **Courneya, K.S.** (2007, June). *Exercise interventions in cancer survivors: Feasibility and*

- Outcomes*. Invited featured speaker at the Summer Group Meeting of Cancer and Leukemia Group B (CALGB), Baltimore, MD.
143. **Courneya, K.S.** (2007, March). *Lifestyle interventions in obese gynecologic cancer survivors*. Invited presentation given as part of the postgraduate session "Gynecologic Cancer Care of the Obese: Surgery and Beyond" at the Society of Gynecologic Oncologists, San Diego, CA.
 144. **Courneya, K.S.** (2006, October). *Evidence on the health outcomes of physical activity in cancer survivors*. Invited discussant for the session "Special Considerations for Persons with Disabilities" presented at the Institute of Medicine's "Workshop on the Adequacy of Evidence for Physical Activity Guideline Development" sponsored by the United States Department of Health and Human Services, Washington, DC.
 145. **Courneya, K.S.** (2006, June). *Exercise interventions in cancer patients and survivors*. Invited discussant for the session "Patient and Survivor Care" at the American Society for Clinical Oncology, Atlanta, GA.
 146. **Courneya, K.S.** (2006, May). *Exercise interventions in cancer patients: Current evidence*. Invited presentation given as part of the plenary session "Activity and Aging" at the Canadian Society for Clinical Nutrition, Edmonton, AB.
 147. **Courneya, K.S.** (2006, April). *Physical activity and quality of life in cancer survivors*. Invited presentation given as part of the session "Physical Activity Across the Cancer Continuum" at the International Congress of Physical Activity and Public Health hosted by the United States Centers for Disease Control and Prevention, Atlanta, GA.
 148. **Courneya, K.S., & McNeely, M.L.** (2006, April). *Exercise rehabilitation in bone marrow transplant survivors*. Invited presentation given as part of the session "Exercise Rehabilitation" at the Canadian Blood and Marrow Transplant Group Conference, Edmonton, AB.
 149. **Courneya, K.S.** (2006, April). *Physical activity and cancer recurrence and survival*. Invited presentation given as part of the plenary session "Lifestyle Tools to Prevent Recurrences" at the Second International Cancer Rehabilitation Conference "Survivorship: Moving Forward after Treatment", Vancouver, BC.
 150. **Courneya, K.S.** (2006, March). *Physical activity in cancer survivors: Quality of life and intermediate endpoints*. Invited presentation given to the United States National Cancer Institute as part of a workshop entitled "NCI State of the Evidence Workshop on a Physical Activity and Weight Control Trial to Prevent Breast Cancer", Rockville, MD.
 151. **Courneya, K.S.** (2006, March). *Maximizing differences in physical activity between intervention and comparison groups in randomized controlled trials*. Invited presentation given to the United States National Cancer Institute as part of a workshop entitled "NCI State of the Evidence Workshop on a Physical Activity and Weight Control Trial to Prevent Breast Cancer", Rockville, MD.
 152. **Courneya, K.S.** (2006, February). *Exercise interventions in cancer patients and survivors: Current evidence from randomized controlled trials*. Invited presentation given at Grand Rounds for the Fred Hutchinson Cancer Research Center, Seattle, WA.
 153. **Courneya, K.S.** (2006, February). *Physical activity in cancer survivors: Implications for recurrence and survival*. Invited presentation given to Southern Illinois University School of Medicine, Springfield, IL.
 154. **Courneya, K.S.** (2006, January). *Physical activity and cancer prevention and management*. Invited presentation hosted by Cancer Care Manitoba and the Health, Leisure and Human Performance Research Institute, Faculty of Physical Education and Recreation Studies, University of Manitoba, Winnipeg, MN.
 155. **Courneya, K.S.** (2005, November). *Exercise motivation and behavior change in cancer survivors*.

- Invited presentation given as part of the session "Behavioral Change Strategies for Promoting Physical Activity" at the Canadian Society for Exercise Physiology, Gatineau, QC.
156. **Courneya, K.S.** (2005, October). *Exercise in cancer survivors: Current evidence and recommendations*. Invited lecture given at Medical Grand Rounds as part of the "2005 Edward W. Tinmouth Lectureship in Community Cancer Care" hosted by St. Mary's Hospital, Montreal, QC.
 157. **Courneya, K.S.** (2005, October). *Exercising cancer: New insights into how physical activity can help in the fight against cancer*. Invited Public Lecture given as part of the "2005 Edward W. Tinmouth Lectureship in Community Cancer Care" hosted by St. Mary's Hospital, Montreal, QC.
 158. **Courneya, K.S.** (2005, September). *Physical activity and gynecologic cancers*. Invited presentation given at Medical Grand Rounds for the University Hospitals of Cleveland, Department of Obstetrics and Gynecology, Cleveland, OH.
 159. **Courneya, K.S.** (2005, June). *Health promoting behaviors: Things you can do*. Invited teleconference presentation given as part of the "Third Annual Cancer Survivorship Series: Living With, Through, and Beyond Cancer" presented by CancerCare, the United States National Cancer Institute, the Lance Armstrong Foundation, the Intercultural Cancer Council, Living Beyond Breast Cancer, and the National Coalition for Cancer Survivorship.
 160. **Courneya, K.S.** (2005, April). *The emerging field of exercise oncology: Current evidence and future directions*. Invited presentation given at the Memorial Sloan-Kettering Cancer Center as part of the Seminar Series hosted by the Prevention, Control, and Population Research Program, New York, NY.
 161. **Courneya, K.S.** (2005, March). *Physical activity in cancer survivors: Outcomes, prevalence, and determinants*. Invited presentation hosted by the Department of Exercise and Wellness, Arizona State University, Mesa, AZ.
 162. **Courneya, K.S.** (2005, March). *Exercising cancer: New insights into how exercise can help you recover from cancer*. Invited presentation given at the conference "Nutrition After Cancer: A Conference on the Role of Diet and Cancer Survivorship" hosted by the American Institute for Cancer Research, San Diego, CA.
 163. **Courneya, K.S.** (2005, February). *Exercise interventions in cancer survivors: Current evidence and recommendations*. Invited presentation given at the 5th Annual Cancer Institute Symposium "Cancer Update: Advances in Prevention, Diagnosis, and Treatment" hosted by Southern Illinois University School of Medicine, Springfield, IL.
 164. **Courneya, K.S.** (2004, November). *Exercise motivation and behavior change in cancer survivors*. Invited presentation given as part of the session "Obesity and Exercise: Role in the Primary and Secondary Prevention of Cancer" at the British Columbia Cancer Agency's Annual Partnerships in Cancer Care Conference, Vancouver, BC.
 165. **Courneya, K.S.** (2004, November). *Exercise interventions in cancer survivors: Effects on quality of life, fatigue, and distress*. Invited presentation given as part of the session "Common Psychosocial Problems in Cancer: Quality of life, Fatigue and Distress" at the Alberta Cancer Board's Annual Research Meeting, Banff, AB.
 166. **Courneya, K.S.** (2004, October). *Physical activity and cancer control*. Invited presentation given to the Alberta Coordinating Council for Cancer Control, Edmonton, AB.
 167. **Courneya, K.S.** (2004, October). *Exercise, physical functioning, and quality of life in older adult cancer survivors*. Invited presentation given at the 4th Conference of the International Society of Geriatric Oncology in a combined session with the Multinational Association of Supportive Care in Cancer, San Francisco, CA.
 168. **Courneya, K.S.** (2004, October). *Physical activity in cancer survivors: Outcomes, prevalence, and determinants*. Invited presentation given to the Department of Sport and Exercise Sciences,

University of Birmingham, Birmingham, UK.

169. **Courneya, K.S.** (2004, October). *Conducting randomized controlled trials of exercise in cancer patients: Lessons learned*. Keynote presentation given at a workshop entitled “Exercise and Cancer Rehabilitation Research in the UK” hosted by the Department of Exercise and Health Sciences, University of Bristol and sponsored by Cancer Research UK, Bristol, UK.
170. **Courneya, K.S.** (2004, June). *Promoting behavior change after cancer: Physical activity*. Invited presentation given at the second biennial cancer survivorship research conference entitled “Cancer Survivorship: Pathways to Health After Treatment” sponsored by the United States National Cancer Institute's Office of Cancer Survivorship and the American Cancer Society's Behavioral Research Program, Washington, DC.
171. **Courneya, K.S.** (2004, April). *Physical activity and the cancer survivor: Current clinical guidelines*. Invited presentation given to the Queensland Cancer Agency, Brisbane, QLD, Australia.
172. **Courneya, K.S.** (2004, April). *Physical activity in cancer survivors: Implications for quality of life, recurrence, and survival*. Invited presentation given to the Queensland Cancer Agency, Brisbane, QLD, Australia.
173. **Courneya, K.S.** (2004, April). *Randomized controlled trials in exercise research*. Invited presentation given to the School of Human Movement and Exercise Science, University of Western Australia, Crawley, WA, Australia.
174. **Courneya, K.S.** (2004, April). *Exercise rehabilitation in cancer survivors: Physical fitness and quality of life outcomes*. Invited presentation given to the Hollywood Functional Rehabilitation Clinic, Perth Orthopedic Institute, Hollywood Private Hospital, Perth, WA, Australia.
175. **Courneya, K.S.** (2004, March). *The theory of planned behavior: An application to exercise in cancer survivors*. Invited presentation given to the School of Human Movement and Exercise Science, University of Western Australia, Crawley, WA, Australia.
176. **Courneya, K.S.** (2004, March). *Physical activity in cancer survivors: Implications for quality of life, recurrence, and survival*. Raine Visiting Professor Lecture given to the University of Western Australia, Crawley, WA, Australia.
177. **Courneya, K.S.** (2004, February). *Exercise in the management of cancer: Implications for quality of life, recurrence, and survival*. Invited presentation to be given at the 4th annual Canadian Oncology Winter Conference “Targeted Therapy & Chemotherapy in Oncology”, Vernon, British Columbia.
178. **Courneya, K.S.** (2003, November). *Physical activity and cancer incidence, recurrence, and mortality*. Invited presentation given at the Latin American Society for Nutrition Conference as part of a symposium entitled “Food, Nutrition and Cancer Prevention” sponsored by the United States National Cancer Institute, the American Institute for Cancer Research, and the World Cancer Research Fund, Acapulco, Mexico.
179. **Courneya, K.S.** (2003, October). *Exercising cancer: New insights into how exercise can reduce your risk of cancer and improve your life after cancer*. Invited presentation given at “Super Research Saturday” sponsored by the Alberta Heritage Foundation for Medical Research, the University of Alberta, and the Alberta Ingenuity Fund, Edmonton, Alberta.
180. **Courneya, K.S.** (2003, October). *Exercise in cancer survivors: Current research and recommendations*. Invited presentation given to the School of Medicine, Southern Illinois University, Springfield, IL.
181. **Courneya, K.S.** (2003, April). *Exercise and cancer: From prevention to survival*. Invited presentation given at the 7th Annual Health and Fitness Summit and Exposition hosted by the American College of Sports Medicine, Reno, NV.
182. **Courneya, K.S.** (2003, March). *Physical activity and the cancer survivor*. Invited presentation

- given at the conference "Nutrition After Cancer: A Conference on the Role of Diet and Cancer Survivorship" hosted by the American Institute for Cancer Research, Houston, TX.
183. **Courneya, K.S.** (2003, February). *The role of physical exercise in palliative care*. Invited presentation given at the City Wide Palliative Care Rounds, Edmonton, Alberta.
 184. **Courneya, K.S.** (2002, December). *Exercise and psychosocial outcomes in cancer survivors*. Keynote lecture given at the Third International Cancer Center Congress "New Trends in Cancer Therapy", Rovigo—Venice, Italy.
 185. **Courneya, K.S.** (2002, October). *Exercise in cancer survivors: What should we recommend*. Invited presentation given as part of the session "Exercise and the cancer survivor: What should we recommend?" at the Food and Nutrition Conference and Exhibition hosted by the American Dietetic Association, Philadelphia, PA.
 186. **Courneya, K.S.** (2002, October). *Exercise in breast cancer survivors: Research involving the Northern Alberta Breast Cancer Program*. Invited presentation given at the annual meeting of the Northern Alberta Breast Cancer Program, Jasper, Alberta.
 187. **Courneya, K.S.** (2002, July). *Energy balance in the treatment and rehabilitation of cancersurvivors*. Invited presentation given at the 18th Union Internationale Contre le Cancer (International Union Against Cancer) International Cancer Congress, Oslo, Norway.
 188. **Courneya, K.S.** (2002, June). *Exercise and fatigue in cancer survivors*. Keynote lecture given at the International Cancer Center Congress "Rehabilitation in Oncology: Topicality and Perspectives", Rovigo, Italy.
 189. **Courneya, K.S.** (2002, May). *Physical exercise and cancer control from prevention to survival: Overview of a research program*. Killam Annual Professor presentation given to the Faculty of Physical Education, University of Alberta, Edmonton, Alberta.
 190. **Courneya, K.S.** (2002, May). *Survival of the fittest? The potential role of exercise in cancer recurrence and mortality*. Invited presentation given at the conference "Nutrition After Cancer: A Conference on the Role of Diet and Cancer Survivorship" hosted by the American Institute for Cancer Research, Chicago, IL.
 191. **Courneya, K.S.** (2002, January). *Exercise clinical trials in cancer survivors: Psychosocial issues*. Invited presentation given at the speciality meeting "Physical Activity and Cancer Survivorship" hosted by the U.S. National Cancer Institute, Washington, DC.
 192. **Courneya, K.S.** (2001, November). *Exercise in cancer survivors: Determinants and quality of life outcomes*. Invited presentation given to the Nutrition and Metabolism Research Group, University of Alberta, Edmonton, Alberta.
 193. **Courneya, K.S.** (2001, November). *Clinical trials of exercise in cancer survivors: Biopsychosocial outcomes*. Invited presentation given at the Alberta Cancer Board's Annual Research Meeting, Banff, Alberta.
 194. **Courneya, K.S.** (2001, April). *Exercise, cancer, and quality of life*. Eva Steinert Centennial Lecture given to the Department of Kinesiology, University of Illinois, Urbana, IL. [as part of the Distinguished Alumni Award].
 195. **Courneya, K.S.** (2001, February). *The importance of exercise for prostate cancer patients*. Invited presentation given to the Northern Alberta Prostate Cancer Support Group, Edmonton, Alberta.
 196. **Courneya, K.S.** (2001, January). *Exercise after cancer*. Invited presentation given to the South Carolina Cancer Center, Columbia, SC.
 197. **Courneya, K.S.** (2001, January). *Exercise for cancer patients: Benefits, precautions, and guidelines*. Clinical tract lecture given to the Southeast Chapter of the American College of Sports Medicine, Columbia, SC.
 198. **Courneya, K.S.** (2000, October). *Exercise in cancer coping and rehabilitation*. Invited presentation

given to the Department of Kinesiology, McMaster University, Hamilton, Ontario.

199. **Courneya, K.S.** (1999, December). *Coping with cancer: The role of physical exercise*. Invited presentation given to the School of Kinesiology, Simon Fraser University, Vancouver, British Columbia.
200. **Courneya, K.S.** (1999, June). *Physical exercise across the cancer experience: Patterns, determinants, and quality of life outcomes*. Early Career Distinguished Scholar Award presentation given to the North American Society for the Psychology of Sport and Physical Activity, Clear Water, FL.
201. **Courneya, K.S.** (1998, January). *Physical activity interventions: Further considerations*. Invited presentation given to the Alberta Center for Well-Being, Edmonton, Alberta.
202. **Courneya, K.S.** (1997, December). *PEACE: Physical exercise across the cancer experience*. Invited presentation given at Grand Oncology Rounds, Cross Cancer Institute, Edmonton, Alberta.
203. **Courneya, K.S.** (1996, November). *Exercise in cancer patients: Patterns, determinants, and quality of life outcomes*. Invited presentation given to the Faculty of Physical Education, University of Alberta, Edmonton, Alberta.
204. **Courneya, K.S.** (1996, July). *Keeping patients exercising: Strategies for family physicians*. Invited presentation given at The First Annual Stampede Sport Medicine Conference for Family Physicians, Calgary, Alberta.
205. **Courneya, K.S.** (1996, May). *Health and exercise psychology: Overview of a research program*. Invited presentation given to the School of Human Kinetics, University of British Columbia, Vancouver, British Columbia.
206. **Courneya, K.S.** (1995, November). *Physical activity and quality of life: Adding life to years*. Invited presentation given at a Health and Wellness Symposium entitled "Changing Gears '95: A Meeting of Minds to Get Bodies Moving", Calgary, Alberta.
207. **Courneya, K.S.** (1992, February). *Predicting physical activity participation: An integration of social cognitive constructs*. Invited presentation given to the Faculty of Physical Education, University of Calgary, Calgary, Alberta.

RESEARCH GRANTS (*principal investigator; trainees underlined)**(a) Externally Funded Grants**

1. Campbell, K.L. (PI), Booth, C., Cespedes Feliciano, E., **Courneya, K.S.**, Hanley, G., Lim, H., Mar, C., Mitchell, C., O’Callaghan, C., & William, G. (2024). *Impact of aerobic exercise on adipose, muscle and sarcopenia in people with colon cancer*. Funded by the American Institute for Cancer Research—Investigator Initiated Grant, 2 years (\$150,000US).
2. Friedenreich, C.M., Yang, L. (Co-PIs), Benham, J., Brenner, D, **Courneya, K.S.**, Culos-Reed, S.N., Kopciuk, K., McNeely, M.L., O’Sullivan, D., & Vallance, J.K. (2023). *Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study: Understanding how physical activity, sedentary behavior, and health-related fitness are related to breast cancer survival*. Funded by the Canadian Institutes of Health Research—Project Grant, 5 years (\$1,151,326).
3. Friedenreich, C.M., Yang, L. (Co-PIs), Benham, J., Brenner, D, **Courneya, K.S.**, Culos-Reed, S.N., Kopciuk, K., McNeely, M.L., O’Sullivan, D., & Vallance, J.K. (2023). *Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study: Understanding how physical activity, sedentary behavior, and health-related fitness, are related to breast cancer survival*. Funded by the Canadian Institutes of Health Research—Breast Cancer Research Priority Announcement, 1 year (\$100,000).
4. McNeely, M.L. (PI), Culos-Reed, S.N., et al., **Courneya, K.S.**, & Joy, A. (2022). *Impact and sustainability of community-based exercise for health promotion and secondary cancer prevention*. Funded by the Canadian Institutes of Health Research--Patient-Oriented Research Priority Announcement (SPOR), 1 year (\$100,000).
5. ***Courneya, K.S. (PI)**, Fairey, A.S. (Co-PI), Boule, N.G., & Arthuso, F.Z. (2021). *Feasibility and preliminary efficacy of high-intensity interval training in bladder cancer patients receiving intravesical therapy: A randomized controlled trial*. Funded by the Alberta Cancer Foundation/ Alberta Cancer Clinical Trials—Provincial Investigator-Initiated Trial Competition, 2 years (\$109,378).
6. Fidler-Benaoudia, M., Friedenreich, C.M., (Co-PIs), Barr, R., **Courneya, K.S.**, Duhamel, T., Logie, N., McKillop, S., McNeil, J., Parrilla Lopez, M., Schulte, F., Sigal, R., & Thorpe, K. (2021). *AYA-PACT: Adolescents and young adults becoming physically active after cancer trial*. Funded by the Canadian Institutes of Health Research-Project Grant, 5 years (\$952,425).
7. McNeely, M.L. (PI), Culos-Reed, S.N., et al., **Courneya, K.S.**, & Joy, A. (2021). *Impact and sustainability of community-based exercise for health promotion and secondary cancer prevention*. Funded by the Canadian Institutes of Health Research--Patient-Oriented Research Priority Announcement (SPOR), 1 year (\$100,000).
8. Yang, L. (PI), Carlson, L., **Courneya, K.S.**, Culos-Reed, N.S., Cuthbert, C., Friedenreich, C.M., Gotto, G., McMillan, J. (Co-Is), Richardson, B., Richardson, D., Rodehutsors, D., Sterling, B., Carvalho, A., Heard, P., Martell, K., Morielli, A., Prymack, A., Singh, S., Cao, C., Imm, K., Sutcliffe, S., Yang, Y., & Yeung, A.S. (collaborators) (2020). *Participating in Tai Chi to reduce anxiety and keep up physical function: implementing a prehabilitation intervention for radical prostatectomy (PEAK-RP)*. Funded by the Canadian Cancer Society—Prostate Cancer Canada Implementation Research, 2 years (\$100,000).
9. ***Courneya, K.S.** (2019). *Manulife Prize for the Promotion of Active Health*. Funded by Manulife and administered by the McGill Center for the Convergence of Health and Economics, Desautels Faculty of Management, McGill University (\$50,000).
10. Craike, M. (PI), Parker, A., **Courneya, K.S.**, Livingston, T., & Galvao, D. (2019). *Feasibility study of a brief, nurse-led behaviour change intervention to increase physical activity for prostate cancer*

- survivors living in disadvantaged communities*. Funded by the World Cancer Research Fund—International Regular Grant Program, 2 years (\$67,614 Euros).
11. Vardy, J. (PI), Dhillon, H.M., **Courneya, K.S.**, Booth, C., O’Callaghan, C, Zalcborg, J., Burge, M (Chief Investigators), van der Ploeg, H., Turner, J., Kay, S., Clarke, S., Bonaventura, T., & Simes, J. (Associate Investigators) (2019). *CHALLENGE: Colon health and life-long exercise change*. Funded by the National Health and Medical Research Council—Project Grant (Australian Government), 5 years (1,121,891).
 12. ***Courneya, K.S.** (2018). *Canada research chair in physical activity and cancer*. Funded by the Government of Canada – Canada Research Chairs Program (Tier 1), 7 years (\$1,400,000).
 13. ***Courneya, K.S.** (2018). *O. Harold Warwick Prize*. Funded by the Canadian Cancer Society (\$10,000).
 14. ***Courneya, K.S. (PI)**, Fairey, A.S., Field, C., Boule, N.G., & Kang, D-W. (2018). *A phase II randomized controlled trial of exercise in prostate cancer patients undergoing active surveillance: The ERASE Trial*. Funded by the Canadian Institutes of Health Research—Project Grant, 2 years (\$244,800).
 15. ***Courneya, K.S. (Program Leader)**, Booth, C., Boule, N., Chua, N., Culos-Reed, S., Friedenreich, C., Kang, D-W., McNeely, M., Morielli, A., Usmani, N., & Vallance, J. (2018). *Physical activity and cancer outcomes: Generating practice-changing evidence*. Funded by the Canadian Institutes of Health Research—Foundation Grant, 7 years (\$1,200,111).
 16. *Friedenreich, C.M., & **Courneya, K.S. (Co-PIs)**, Culos-Reed, S.N., McNeely, M.L., Vallance, J.K., Brenner, D, Corcoran, L., Kopciuk, K., Mackey, J.R., & McNeil, J. (2018). *Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study*. Funded by the Canadian Institutes of Health Research—Project Grant, 5 years (\$1,931,625).
 17. Prado, C., Thompson, R., (Co-PIs), Paterson, I., Mackey, J., **Courneya, K.S.**, Pituskin, E., & Kirkham, A. (2018). *Maximizing metastatic breast cancer patient outcomes using diet and exercise*. Funded by the Canadian Cancer Society and the Canadian Institutes of Health Research—Innovation Grant, 3 years (\$200,000).
 18. ***Courneya, K.S. (PI)**, Fairey, A.S., Field, C., Boule, N.G., & Kang, D-W. (2017). *Exercise during active surveillance for prostate cancer: The ERASE Trial*. Funded by Prostate Cancer Canada—Discovery Grant, 2 years (\$76,000).
 19. Kirkham, A.A. (PI), Thompson, R., Paterson, I., **Courneya, K.S.**, Pituskin, E., Mackey, J., & Prado, C. (2017). *Short-term lifestyle interventions for cardio-protection from anthracyclines*. Funded by the Susan G. Komen Foundation—Postdoctoral Fellowship Research Grant (operating), 3 years (\$180,000US).
 20. ***Courneya, K.S. (PI)**, Usmani, N., Morielli, A.R., Boule, N.G., Severin, D., Tankel, K., Nijjar, T., Joseph, K., & Fairchild, A. (2016). *Exercise during neoadjuvant rectal cancer treatment: The EXERT Trial*. Funded by the Canadian Cancer Society Research Institute—Innovation Grant, 3 years (\$131,339).
 21. McNeely, M.L. (PI), Culos-Reed, S.N., Shea-Budgell, M. (Collaborative Leads), Yurick, J., Vallance, J.F.K., Parliament, M., Lau, H., Pituskin, E., Sellar, C., Easaw, J., Murtha, A., Tiwana, S., Allen-Scott, L., **Courneya, K.S.**, Mackey, J., & Joy, A. (2016). *The Alberta Cancer Exercise "ACE" program for cancer survivors: Supporting community-based exercise participation for health promotion and secondary cancer prevention*. Funded by Alberta Innovates Health Solutions—Cancer Prevention Research Opportunity, 5 years (\$1,250,000).
 22. *Newton, R.U. & Saad, F. (Study Co-Chairs), Kenfield, S.A., Chan, J.M., Hart, N.H., **Courneya, K.S. (steering committee member and site PI)**, Catto, J., Finn, S.P., Greenwood, R., Hughes, D.C., Mucci, L.A., Plymate, S.R., Pollak, M.N., Praet, S.F.E., Russell, A.P., Guinan, E.M., Van

- Blarigan, E., Casey, O., Buzza, M., & Ryan, C.J. (2016). *INTense Exercise foR surVivAL among men with Metastatic Castrate-Resistant Prostate Cancer (INTERVAL –MCRPC): A MOVEMBER funded Multicenter, Randomized, Controlled Phase III Study*. Funded by Movember—Global Action Project 4, ≈10 years (≈8,400,000 AUS).
23. Coyle, V. (PI), Russell, A., Adams, R., Wilson, R., Storey, D., Yates, T., Booth, C., **Courneya, K.S.**, Donnelly, M., McAuley, D., & Thomas, A. (2015). *CHALLENGE UK (A UK arm of the Colon Health and Life Long Exercise Change Trial)*. Funded by a Population Research Committee—Project Award from Cancer Research UK, 8 years (\$560,970 British Pounds).
 24. Friedenreich, C.M. (PI), Beattie, T., Brenner, D., **Courneya, K.S.**, King, W., Lees-Miller, S., McIntyre, J., Pialoux, V., & Wynne-Edwards, K. (2015). *Breast cancer and exercise trial in Alberta (BETA): Ancillary study examining the effect of exercise on oxidative stress, telomere length, and DNA methylation*. Funded by the Canadian Institutes of Health Research—Transitional Operating Grant, 3 years (\$515,703).
 25. Plotnikoff, R., (PI) Brown, W., **Courneya, K.S.**, Sigal, R., James, E., Lubans, D., & Cohen, K. (2015). *The feasibility and preliminary efficacy of referral to exercise physiologists, psychologists, and supplementary physical behavior change strategies for school teachers ‘at risk’ for type 2 diabetes, with pre diabetes or with type 2 diabetes: A pilot study*. Funded by the Australian Teachers Health Foundation, 1 year (\$65,000).
 26. Sabiston, C.M. (PI), Vallance, J., Ahmed, R., Brunet, J., Campbell, K., **Courneya, K.S.**, Culos-Reed, S.N., Faulkner, G., Friedenreich, C., Gauvin, L., Jones, J., Karvinen, K., Keats, M., McGowan, E., Rennie, H., & Santa Mina, D. (2015). *Improving physical activity and reducing sedentary behaviour among breast cancer survivors: MOVING research into practice*. Funded by the Canadian Breast Cancer Foundation, 5 years (\$378,859).
 27. Eakin, E. (PI), Hayes, S., Haas, M., Reeves, M., Vardy, J., Boyle, F., Hiller, J., Mishra, G., Jefford, M., Koczwara, B. (Chief Investigators), Saunders, C., Girgis, A., Demark-Wahnefried, W., **Courneya, K.S.**, Schmitz, K., White, K., Chapman, K., McKiernan, S., Boltong, A., & Sharplin, G. (Associate Investigators) (2014). *Healthy living after cancer*. Funded by the National Health and Medical Research Council (Australian Government), 5 years (1,267,110).
 28. Friedenreich, C.M. (PI), Brockton, N.T., Cotterchio, M., Kotsopoulos, J., Boucher, B., **Courneya, K.S.**, Knight, J., & Brenner, D. (2014). *Impact of modifiable lifestyle factors on breast cancer survival in young women*. Funded by the Canadian Breast Cancer Foundation and the Canadian Institutes of Health Research—Subproject Grant, 5 years (\$376,832) as part of the Program Grant “Towards better outcomes for young women with breast cancer: A Pan-Canadian Collaborative” [Program Leads: Narod, S., & Quan, M.L.].
 29. Friedenreich, C.M. (PI), Beattie, T., Lees-Miller, S., King, W., **Courneya, K.S.**, Morris, D., McIntyre, J., Poulin, M., Pialoux, V., & Conroy, S. (2013). *Alberta physical activity (ALPHA) and breast cancer prevention trial: Ancillary study examining the effect of exercise on oxidative stress, telomere length, and DNA methylation*. Funded by the Canadian Institutes of Health Research—Operating Grant, 3 years (\$608,490).
 30. Friedenreich, C.M. (PI), Beattie, T., Lees-Miller, S., King, W., **Courneya, K.S.**, Morris, D., McIntyre, J., Poulin, M., Pialoux, V., Riabowol, K., & Conroy, S. (2013). *Alberta physical activity (ALPHA) and breast cancer prevention trial: An ancillary study examining anti-inflammatory markers and oxidative stress*. Funded by the Canadian Cancer Society Research Institute—Innovation Grant, 2 years (\$166,351).
 31. Plotnikoff, R.C. (PI), **Courneya, K.S.**, Sigal, R., & Doran, C. (2013). *The effectiveness of feasible physical activity population-based approaches for inactive adults with type 2 diabetes: A pilot study*

- assessing tailored and preference modes of delivery.* Funded by the Hunter Medical Research Institute, Newcastle, NSW, Australia, 1 year (\$40,000).
32. Berry, T. (PI), **Courneya, K.S.**, McGannon, K.R., Norris, C., Rodgers, W.M., & Spence, J.R. (2012). *Pink ribbons and red dresses: the relationship between disease awareness campaigns, health-related cognitions, and perceptions of preventive behaviours.* Funded by the Canadian Institutes of Health Research—Operating Grant, 3 years (\$257,400).
 33. ***Courneya, K.S.** (2011). *Canada research chair in physical activity and cancer.* Funded by the Government of Canada – Canada Research Chairs Program (Tier 1), 7 years (\$1,400,000).
 34. ***Courneya, K.S. (PI)**, & Belanger L.J. (2011). *The development of a physical activity guidebook for young adult cancer survivors.* Funded by the Alberta Health Services Cancer Care Community Cancer Support Network—Interface Projects Program, 1 year (\$10,000).
 35. *Friedenreich, C.M., **Courneya, K.S. (Co-PIs)**, Stanczyk, F.Z., Bistriz, A., Yasui, Y., Lynch, B.M., & Cameron, B. (2011). *Breast cancer and exercise trial in Alberta (BETA) ancillary study: Long-term effects of a year-long exercise program in postmenopausal women.* Funded by the Canadian Cancer Society Research Institute’s Prevention Initiative – Interventions to Prevent Cancer, 2 years (\$395,894).
 36. James, E. (PI), Plotnikoff, R., Boyes, A., Lubans, D., Morgan, P., **Courneya, K.S.**, & Stacey, F. (2011). *A home-based resistance training program for men with prostate cancer: A pilot RCT to establish feasibility and preliminary efficacy.* Funded by the Priority Research Center in Physical Activity and Nutrition, University of Newcastle, Newcastle, Australia, 1 year (\$10,000).
 37. Livingston, P.M. (PI), Botti, M., Craike, M.J., Hose, K., Harrison, S., **Courneya, K.S.**, & Hordern, A. (2011). *Improving quality of life outcomes for people with multiple myeloma.* Funded by the Centre for Quality and Patient Safety Research (QPS) at Deakin University (Melbourne, Australia)—Seeding Grant, 1 year (\$17,459).
 38. ***Courneya, K.S.**, Friedenreich, C.M. (Team Leaders), Culos-Reed, S.N., McNeely, M.L., Vallance, J.K. (PIs), Bell, G.J., Lau, D.C.W., Mackey, J.R., Yasui, Y., Yuan, Y. (Co-Is), Matthews, C., & Cook, D. (Collaborators) (2010). *CIHR Team in Physical Activity and Breast Cancer Survivorship.* Funded by the Canadian Institutes of Health Research—Team Grant: Physical Activity, Mobility and Health, 5 years (\$2,500,000).
 39. Livingston, P.M. (PI), Salmon, J., **Courneya, K.S.**, Gaskin, C.J., Botti, M.A., Broadbent, S., & Kent, B.C. (2010). *The efficacy of a referral and physical activity program for survivors of prostate cancer.* Funded by the Australian Research Council, 4 years (\$312,831).
 40. Mabbott, D.J. (PI), Bartels, U., Boufett, E., **Courneya, K.S.**, Noseworthy, M., Piscione, P., & Tabori, U. (2010). *The neuro-protective effects of exercise in children treated with cranial radiation for brain tumours.* Funded by the Canadian Institutes of Health Research – Catalyst Grant: Biomedical and Clinical Approaches to Improving Quality of Life, 1 year (\$100,000).
 41. *Friedenreich, C.M., **Courneya, K.S. (Co-PIs)**, Millikan, R.C., Lau, D.C.W., Stanczyk, F., Terry, T., Yasui, Y., & Cameron, B. (2009). *Breast cancer and exercise trial in Alberta: The BETA trial.* Funded by the Alberta Cancer Research Institute - Operating Grant, 3 years (\$1,618,182).
 42. Rogers, L.Q. (PI), Anton, P.M., **Courneya, K.S.**, Hopkins-Price, P., McAuley, E., Mochamuk, R.S., Verhulst, S., & Vicari, S.K. (2009). *Enhancing physical activity after a breast cancer diagnosis: A randomized trial.* Funded by the National Institutes of Health, 5 years (\$3,581,688US).
 43. Vallance, J.K. (PI), **Courneya, K.S.**, Culos-Reed, S.N., Friedenreich, C.M., & Trudeau, M. (2009). *Facilitating physical activity behavior and health outcomes in breast cancer survivors receiving chemotherapy: A practical behavioral trial.* Funded by the Canadian Institutes of Health Research – Operating Grant, 3 years (\$187,963).
 44. Vardy, J. (PI), Dhillon, H.M., van der Ploeg, H., Zalcborg, J.R., **Courneya, K.S.**, Meyer, R. (Chief

- Investigators), Simes, J., Bauman, A., Karapetis, C., Walpole, E., Clarke, S., & Goldstein, D. (Associate Investigators) (2008). *A phase III study of the impact of a physical activity program on disease-free survival in early colon cancer (CHALLENGE: Colon health and life-long exercise change)*. Funded by the National Health and Medical Research Council (Australian Government), 5 years (2,418,375).
45. ***Courneya, K.S. (PI)** & Vallance, J.K. (2008). *Development of an exercise guidebook for colon cancer survivors to be used in the CHALLENGE trial*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network) - Research Team Grant, 1 year (\$40,000).
 46. Hawkes, A. (PI), Steginga, S., Pakenham, K., **Courneya, K.S.**, Baade, P. Lynch, B. (Chief Investigators), Gordon, L., Aitken, J., Colosimo, M., White, V., & Wulff, M. (Associate Investigators) (2008). *Randomised controlled trial of a cancer rehabilitation program for distressed colorectal cancer survivors*. Funded by Cancer Australia, 3 years (\$532,450).
 47. Ingram, C. (PI), Phillips, S., Mukherjee, S., & **Courneya, K.S.** (2008). *The impact of dose-dense adjuvant chemotherapy on body composition, lipid and glucose metabolism, fitness and quality of life in premenopausal breast cancer survivors*. Funded by the Canadian Breast Cancer Research Alliance—Developmental and Exploratory Grant, 1 year (\$44,939).
 48. ***Courneya, K.S. (Study Co-Chair and Site PI)**, Gill, S., Meyer, R., Tu, D., Brundage, M., Au, H.J., Booth, C., & O'Brien, P. (2007). *A phase III study of the impact of a physical activity program on disease-free survival in patients with early stage colon cancer: A randomized controlled trial (CHALLENGE)*. Funded by the Canadian Cancer Trials Group (CO.21), ≈15 years (≈5,300,000).
 49. ***Courneya, K.S. (PI)**, Friedenreich, C.M., Segal, R., McKenzie, D.C., (Co-PIs), Mackey, J.R., Blanchard, C.M., & Culos-Reed, S.N. (2007). *Physical activity and cancer team*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network) - Research Team Grant, 1 year (\$80,000).
 50. ***Courneya, K.S. (PI)**, Rhodes, R.E., Blanchard, C.M., Culos-Reed, S.N., Friedenreich, C.M., & Mackey, J.R. (2007). *Identifying and eliminating barriers to participation in physical activity and sport in cancer survivors*. Funded by the Canadian Institutes of Health Research—Seed Grant: Physical Activity, Sport, and Health, 1 year (\$52,591).
 51. ***Courneya, K.S. (PI)**, Segal, R.J., McKenzie, D.C., Mackey, J.R., Gelmon, K., Friedenreich, C.M., & Reid, R. (2007). *Randomized controlled trial of Combined Aerobic and Resistance Exercise in breast cancer survivors receiving chemotherapy: The CARE trial*. Funded by the Canadian Breast Cancer Research Alliance—Research Grant, 5 years (\$946,646).
 52. ***Courneya, K.S. (PI)**, Watanabee, S.M., & Lowe, S.S. (2007). *A pilot study to explore the role of physical activity as a quality of life intervention in advanced cancer patients*. Funded by the Canadian Institutes of Health Research—Operating Research Grant, 2 years (\$77,178).
 53. Friedenreich, C.M. (PI), **Courneya, K.S.**, Cook, L.S., Csizmadi, I., Magliocco, A.M., Lau, D.C.W., & Yasui, Y. (2006). *Metabolic syndrome and lifestyle risk factors in endometrial cancer etiology and survival*. Funded by the National Cancer Institute of Canada—Canadian Cancer Society Research Grant and the Alberta Cancer Board—Research Initiative Program, 3 years (\$519,462).
 54. Friedenreich, C.M. (PI), **Courneya, K.S.**, McTiernan, A., Irwin, M.L., Jones, C., & Yasui, Y. (2006). *Alberta Physical Activity (ALPHA) and breast cancer prevention trial: An ancillary study examining androgens, biomarkers of obesity, and inflammation*. Funded by the Canadian Breast Cancer Research Alliance—Operating Grant and the Alberta Cancer Board—Alberta Breast Cancer Research Initiative, 2 years (\$346,748).
 55. McNeely, M.L. (PI), **Courneya, K.S.**, Parliament, M., Seikaly, H., Magee, D.J., Haykowsky, M., & Collins, D. (2006). *Randomized controlled trial of progressive resistance exercise training for*

- spinal accessory neurectomy in head and neck cancer survivors*. Funded by the Physiotherapy Foundation of Canada, 1 year (\$9,602).
56. Plotnikoff, R.C. (PI), **Courneya, K.S.**, Boule, N., & Liebreich, T. (2005). *Diabetes Net PLAY: A physical activity website and e-counselling intervention for individuals with type 2 diabetes*. Funded by the Alberta Diabetes Institute, 1 year (\$26,000).
 57. ***Courneya, K.S. (PI)**, Friedenreich, C.M., Segal, R., McKenzie, D.C., (Co-PIs), Mackey, J.R., Blanchard, C.M., & Culos-Reed, S.N. (2005). *Physical exercise across the cancer experience*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network) - Research Team Grant, 2 years (\$176,000).
 58. ***Courneya, K.S. (PI)**, Reiman, T., Jones, L.W., Friedenreich, C.M., & Fairey, A.S. (2005). *Randomized controlled trial of exercise in lymphoma survivors*. Funded by the Lance Armstrong Foundation—Issues in Cancer Survivorship Program, 3 years (\$239,190US).
 59. Ingram, C. (PI), Wessel, J., & **Courneya, K.S.** (2005). *A pilot study of exercise and body weight and composition maintenance in premenopausal breast cancer survivors*. Funded by the Canadian Breast Cancer Research Alliance—Developmental and Exploratory Grant, 1 year (\$50,000).
 60. Plotnikoff, R.C. (PI), Jung, M., Sigal, R., & **Courneya, K.S.** (2005). *Social cognitive predictors of resistance training in adults with type 2 diabetes*. Funded by the Canadian Diabetes Association – Operating Grant, 2 years (\$100,000).
 61. ***Courneya, K.S.** (2004). *Canada research chair in physical activity and cancer*. Funded by the Government of Canada – Canada Research Chairs Program (Tier 1), 7 years (\$1,400,000).
 62. ***Courneya, K.S. (PI)**, Westerlind, K.C., Harber, V.J., Friedenreich, C.M., & Campbell, K.L. (2004). *Is estrogen metabolism a mechanism for reduced breast cancer risk through physical activity? A randomized controlled trial of aerobic activity in premenopausal women*. Funded by the Alberta Cancer Board—Pilot Project Grant, 1 year (\$33,417).
 63. Friedenreich, C.M. (PI), McGregor, S.E., **Courneya, K.S.**, Kopciuk, K., Angyalfi, S.J., & Elliot, F.G. (2004). *Cohort study of physical activity and prostate cancer survival: Continuation of follow-up*. Funded by the Canadian Institutes of Health Research—Operating Research Grant (\$283,453) and the Alberta Cancer Board—Research Initiative Program (\$40,244), 3 years (\$323,697).
 64. Mackey, J.R., Jones, L.W. (Co-PIs), Eves, N.E., **Courneya, K.S.**, Haykowsky, M., Hanson, J. (2004). *A pilot study to determine the feasibility and prognostic value of graded exercise testing in metastatic breast cancer patients*. Funded by the Canadian Breast Cancer Research Alliance - Developmental and Exploratory Grants, 1 year (\$45,008).
 65. Plotnikoff, R.C. (PI), Birkett, N.J., **Courneya, K.S.**, Johnson, J.A., Raine, K.D., Sigal, R.J., & Lau, D.C. (2004). *The development and evaluation of physical activity (and nutrition) behavioural strategies for adults with Type 2 diabetes: A population-based approach*. Funded by Canadian Institutes of Health Research—Operating Research Grant, 3 years (\$498,925).
 66. Reiman, A., Jones, L.W. (Co-PIs), Winton, T., Eves, N.D., Haykowsky, M., & **Courneya, K.S.** (2004). *Determining the feasibility of pre-operative exercise training for patients undergoing surgery for non-small cell lung cancer*. Funded by the Alberta Cancer Board—Pilot Project Grant, 1 year (\$33,956).
 67. Rhodes, R.E. (PI), Blanchard, C.M., **Courneya, K.S.**, & Plotnikoff, R.C. (2004). *Development of a theory-based leisure-time walking program*. Funded by the Social Sciences and Humanities Research Council—Operating Grant, 2 years (\$95,000).
 68. Whitsett, S.F. (PI), Friedman, D.L., Pihoker, C., **Courneya, K.S.**, & McTiernan, A. (2004). *Exercise and fitness in childhood cancer survivors*. Funded by the National Institutes of Health (U.S.A.) - National Cancer Institute, 2 years (\$200,000US).

69. Blanchard, C.M., Fisher, J. (Co-PIs), **Courneya, K.S.**, Sparling, P., Rhodes, R.E., & Baker, F. (2003). *Does the theory of planned behavior moderate the relationship between ethnicity and moderately intense physical activity in college-aged students?* Funded by the National Institutes of Health, Research Center for Minority Institutions, Subgrant, 3 years (\$80,303 US).
70. Jones, L.W. (PI), Mackey, J.R., **Courneya, K.S.**, Chiu, B.K., Burelle, Y., Baracos, V.E. & Hanson, J. (2003). *Examining the effects of exercise training on tumor response to anthracycline-based chemotherapy.* Funded by the United States Department of Defense Breast Cancer Research Program, Office of the Congressionally Directed Medical Research Programs—Concept Award, 1 year (\$113,687 U.S.).
71. Plotnikoff, R.C. (PI), Birkett, N., **Courneya, K.S.**, Raine, K., Sigal, R., Svenson, L., & Johnson, J. (2003). *An examination of physical activity behaviour and its determinants, and health care status and health care delivery: A three-time point, eighteen-month, population-based prospective cohort study of adults with diabetes.* Funded by the Canadian Diabetes Association – Operating Grant, 2 years (\$98,865).
72. ***Courneya, K.S.** (2002). *EXTRA trial: Two-armed, randomized controlled study of darbepoetin alfa (Novel Erythropoiesis Stimulating Protein, NESP) and exercise for the treatment of anemia in subjects with non-myeloid malignancies.* Funded by the Alberta Cancer Board—Research Equipment Competition, 1 year (\$10,000).
73. ***Courneya, K.S. (PI)**, Friedenreich, C.M., Segal, R., McKenzie, D.C., Quinney, H.A., (Co-PIs), Fields, A.L.A., Mackey, J.R., Parliament, M.B., Sela, R.A., Turner, A.R., Blanchard, C.M., Culos-Reed, S.N., & Jones, L.W. (2002). *Physical exercise across the cancer experience.* Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network) - Research Team Grant, 3 years (\$264,000).
74. ***Courneya, K.S. (PI)**, Segal, R., McKenzie, D.C., Mackey, J.R., Friedenreich, C.M., Reid, R., & Gelmon, K. (2002). *Comparison of aerobic versus resistance exercise training in enhancing quality of life in early stage breast cancer patients receiving chemotherapy: A multicenter randomized trial.* Funded by the Canadian Breast Cancer Research Initiative— Research Grant, 3 years (\$516,693).
75. Friedenreich, C.M. (PI), Cook, L.S., **Courneya, K.S.**, Magliocco, A.M., Duggan, M.A., Honore, L.H., & Yu, H. (2002). *Biologic determinants of the association between physical activity and endometrial cancer risk: The role of insulin-like growth factors.* Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant, 3 years (\$527,537).
76. *Friedenreich, C.M. (PI), **Courneya, K.S. (Co-PI)**, McTiernan, A., Ballard-Barbash, R., Irwin, M.L., Yaffe, M., Boyd, N.F., Terry, T., Brant, R.F., Jones, C.J., & Cameron, B. (2002). *ALPHA trial: Alberta physical activity and breast cancer prevention trial.* Funded by the Canadian Breast Cancer Research Initiative - Research Grant, 3 years (\$1,133,036).
77. *Mackey, J.R., **Courneya, K.S. (Co-PIs)**, Pituskin, E., Hanson, J., & Fairey, A.S. (2002). A two-armed, randomized controlled study of darbepoetin alfa (Novel Erythropoiesis Stimulating Protein, NESP) and exercise for the treatment of anemia in subjects with non-myeloid malignancies. Funded by Amgen Canada, Inc. - Clinical Grant Application, 2 years (\$202,500).
78. Mackey, J.R. (PI), Fairey, A.S., **Courneya, K.S.**, McEwan, A., Jones, L.W., Pituskin, E., & Fenske, T. (2002). Detection of trastuzumab-induced cardiotoxicity in breast cancer patients: A pilot study of exercise nuclear multigated (MUGA) cardiac blood pool scans. Funded by Roche Canada, Inc. - Clinical Grant Application, 2 years (\$139,000).
79. Rodgers, W.M. (PI), Bell, G.J., **Courneya, K.S.**, & Harber, V.J. (2002). *Health and psychological outcomes of lifestyle versus traditional physical activity.* Funded by the Canadian Institutes of Health Research - Operating Grant, 3 years (\$242,127).
80. Segal, R. (PI), **Courneya, K.S.**, Reid, R., Sigal, R., Kenny, G., Prud'Homme, D., Malone, S., Wells,

- G. (2002). *Exercise in men receiving radiation therapy for prostate cancer: Effects on fatigue, body composition, muscular fitness, cardiorespiratory fitness, and quality of life*. Funded by the National Cancer Institute of Canada – Canadian Cancer Society Research Grant (Prostate Cancer Research Initiative), 3 years (\$394,073).
81. Spence, J.S. (PI), **Courneya, K.S.**, & Wild, T.C. (2002). *A randomized trial of physical activity advice provided by general practitioners using negative and positive health messages*. Funded by the Alberta Heritage Foundation for Medical Research – Health Research Fund, 2 years (\$71,000).
 82. Wheeler, G. (PI), & **Courneya, K.S.** (2002). *Beliefs, attitudes, and exercise behavior in persons with spinal cord injury during early rehabilitation and one year discharge*. Funded by the Alberta Paraplegic Foundation – Research Grant, 1 year (\$10,000).
 83. Cohen, S.R. (PI), Neron, S., **Courneya, K.S.**, Brown, K.S., Dumont, S., et al. (2001). *Quality of life for palliative care patients and their family caregivers: A program of research*. Funded by the Canadian Institutes of Health Research - Operating Grant, 1 year (\$48,239).
 84. Friedenreich, C.M. (PI), Cook, L.S., **Courneya, K.S.**, Magliocco, A.M., Honore, L.H., & Duggan, M.A. (2001). *Case-control study of physical activity and endometrial cancer risk*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant, 3 years (\$416,619).
 85. Friedenreich, C.M. (PI), **Courneya, K.S.**, Irwin, M., & Matthews, C. (2001). *Validation of a self-administered version of the Past Year Total Physical Activity Questionnaire*. Funded by the U.S. National Cancer Institute and the Alberta Cancer Board, 2 years (\$125,000).
 86. McNeely, M., Parliament, M. (Co-PIs), Jha, N., **Courneya, K.S.**, & Seikaly, H. (2001). *Randomized phase II study to evaluate progressive resistance exercise training to prevent and/or alleviate shoulder dysfunction due to spinal accessory neurapraxia/neurectomy in head and neck cancer*. Funded by the Physiotherapy Foundation of Canada, 1 year (\$5,000).
 87. Plotnikoff, R.C. (PI), Birkett, N., **Courneya, K.S.**, Marcus, B., & Spence, J. (2001). *A randomized controlled trial of worksite physical activity interventions*. Funded by the Canadian Institutes of Health Research - Operating Grant, 3 years (\$200,909).
 88. Plotnikoff, R.C. (PI), Birkett, N., **Courneya, K.S.**, Raine, K., & Sigal, R. (2001). *Exercise behavior of community adults with Type 1 and Type 2 diabetes: The determinants of exercise behavior change*. Funded by the Canadian Diabetes Association – Operating Grant, 2 years (\$69,958).
 89. Plotnikoff, R.C. (PI), Birkett, N., **Courneya, K.S.**, Raine, K., Sigal, R., & Svenson, L. (2001). *Exercise behavior of community adults with Type 1 and Type 2 diabetes: A prospective examination of exercise determinants in a large population-based sample*. Funded by the Alberta Heritage Foundation for Medical Research – Operating Grant, 2 years (\$93,000).
 90. Rodgers, W.M. (PI), & **Courneya, K.S.** (2001). *A proactive coping approach to exercising for life*. Funded by the Canadian Institutes of Health Research – Operating Grant, 3 years (\$113,834).
 91. Cohen, R. (PI), Chochinov, H., Deschamps, M. (Co-PIs), **Courneya, K.S.**, et al. (2000). *Improving quality of life and informing social policy in palliative care*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network) - Research Team Grant, 3 years (\$180,000).
 92. ***Courneya, K.S.** (2000). *Physical exercise in cancer prevention and control*. Funded by the Medical Research Council of Canada - Scientist Salary Support Program, 5 years (\$385,000).
 93. ***Courneya, K.S. (PI)**, Friedenreich, C.M., Quinney, H.A., Segal, R., (Co-PIs), Fields, A.L.A., Mackey, J.R., Parliament, M.B., Sela, R.A., & Turner, A.R. (2000). *Physical exercise across the cancer experience*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network)- Research Team Grant, 3 years (\$180,000).
 94. Friedenreich, C.M. (PI), **Courneya, K.S.**, McGregor, S.E., Hatcher, J., Angyalfi, S.J., & Elliot, F.G.

- (2000). *Cohort study of physical activity and prostate cancer survival*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Prostate Cancer Research Initiative), 3 years (\$352,310).
95. ***Courneya, K.S. (PI)**, Friedenreich, C.M., Quinney, H.A., Handman, M., & Sela, R. (1999). *Effects of exercise on physical fitness and quality of life in cancer patients seeking group therapy*. Funded by the Canadian Institutes of Health Research (declined) and the National Institutes of Health (U.S.A.) - National Cancer Institute, 3 years (\$123,210 US).
 96. *Segal, R., **Courneya, K.S. (Co-PIs)**, Evans, B., Wells, G., Reid, R., Jette, M., Colletta, S., Quinney, H.A., Venner, P., & Parliament, M.B. (1999). Randomized trial of progressive resistance exercise training in men with prostate cancer. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Prostate Cancer Research Initiative), 3 years (\$302,150).
 97. Friedenreich, C.M. (PI), **Courneya, K.S.**, Bryant, H.E., Hatcher, J., & Mackey, J.R. (1999). *Cohort study of physical activity and breast cancer survival*. Funded by the Alberta Cancer Board - Research Initiative Program, 3 years (\$210,000).
 98. ***Courneya, K.S.** (1998). *Oncology Fitness Center and Laboratory Equipment*. Funded by the Alberta Heritage Foundation for Medical Research - Major Equipment Grant (\$60,000).
 99. ***Courneya, K.S. (PI)**, Friedenreich, C.M., Quinney, H.A., Fields, A.L.A., & Brasher, P.M. (1998). *Effects of exercise on physical fitness and quality of life in colorectal cancer patients*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (\$97,462) and the Alberta Heritage Foundation for Medical Research - Health Research Fund (\$88,000), 3 years (\$185,462).
 100. *Segal, R. (PI), **Courneya, K.S. (Co-PI)**, Reid, R., Bredeson, C., Bence-Bruckler, I., Jones, G., Corsini, L., Johnson, D., & Smith, J. (1998). *Physical exercise and quality of life in patients undergoing autologous peripheral stem cell transplantation*. Funded by the Sociobehavioral Cancer Research Network - Pilot Project Grant, 1 year (\$11,700).
 101. Friedenreich, C.M. (PI), McGregor, S.E., **Courneya, K.S.**, Angyalfi, S.J., & Elliot, F.G. (1997). *Case-control study of physical activity and prostate cancer risk*. Funded by the Canadian Institutes of Health Research (\$229,339) and the Alberta Cancer Board – Research Initiative Program (\$103,740), 3 years (\$333,079).
 102. Nigg, B.M. (PI), **Courneya, K.S.**, Zernicke, R.F., & Hanley, D.A. (1997). *Adaptive bone remodeling in young females: A proposal for an intervention project*. Funded by the Johann Jacob Foundation (Switzerland), 3 years (\$165,000 CDN).
 103. ***Courneya, K.S. (PI)**, Friedenreich, C.M., & Arthur, K. (1996). *A prospective study of exercise and quality of life in postsurgical colorectal cancer patients*. Funded by the Alberta Cancer Board - Pilot Project Program, 1 year (\$18,195).
 104. Friedenreich, C.M. (PI), Bryant, H.E., & **Courneya, K.S.** (1995). *Case-control study of physical activity and breast cancer risk - Phase II: Main data collection*. Funded by the Canadian Breast Cancer Research Initiative - Research Grant, 3 years (\$283,312).
 105. Friedenreich, C.M. (PI), Bryant, H.E., & **Courneya, K.S.** (1995). *Case-control study of physical activity and breast cancer risk - Phase I: Questionnaire development*. Funded by the Alberta Cancer Board - Research Initiative Program, 1 year (\$50,000).
 106. ***Courneya, K.S. (PI)**, & McAuley, E. (1993). *Relative importance and independence of selected social factors in the prediction of physical activity participation*. Funded by the Canadian Fitness and Lifestyle Research Institute, 1 year (\$8,914).

(b) Internally Funded Grants

1. ***Courneya, K.S. (PI)**, Trinh, L., & North, S. (2012). *Trying activity among kidney cancer survivors (TRACKS) trial*. Funded by the University of Alberta President's Grant for the Creative and Performing Arts - Human Performance Scholarship Fund, 1 year (\$5,000).
2. Karvinen, K.H. (PI), Balneaves, L., **Courneya, K.S.**, Perry, B., Truant T., & Vallance, J.K. (2012). *The effectiveness of an internet-based training intervention for improving physical activity counseling skills in oncology nurses*. Nipissing University Internal Research Grant, 1 year (\$5,000).
3. ***Courneya, K.S. (PI)**, Forbes, C., Blanchard, C., & Mummery, W.K. (2011). *Promoting physical activity in Nova Scotian cancer survivors*. Funded by the University of Alberta - EFF Support for the Advancement of Scholarship Grant Program, 1 year (\$6,000).
4. ***Courneya, K.S. (PI)** & McGowan, E. (2010). *Pilot study of a behavioral change intervention to increase physical activity and quality of life in prostate cancer survivors*. Funded by the University of Alberta – Killam Research Fund, 1 year (\$7,000).
5. ***Courneya, K.S.** (2006). *Prevalence, outcomes, and determinants of physical activity in ovarian cancer survivors*. Funded by the University of Alberta - EFF Support for the Advancement of Scholarship Grant Program, 1 year (\$5,000).
6. ***Courneya, K.S. (PI)** & Karvinen, K.H. (2005). *Exercise in bladder cancer survivors*. Funded by the University of Alberta - EFF Support for the Advancement of Scholarship Grant Program, 1 year (\$5,000).
7. ***Courneya, K.S. (PI)**, Peddle, C., & Au, H.J. (2004). *Exercise motivation in colorectal cancer survivors: An application of self-determination theory*. Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$7,000).
8. ***Courneya, K.S. (PI)**, Karvinen, K.H., Campbell, K.L., & Tonkin, K. (2003). *A pilot study examining the relationship between physical exercise and quality of life in endometrial cancer survivors*. Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$7,000).
9. ***Courneya, K.S. (PI)**, Westerlind, K.C., Harber, V.J., Friedenreich, C.M., & Campbell, K.L. (2003). *Association between aerobic fitness and estrogen metabolism in premenopausal women: Implications for breast cancer risk*. Funded by the University of Alberta - EFF Support for the Advancement of Scholarship Grant Program, 1 year (\$4,975).
10. ***Courneya, K.S. (PI)**, Jones, L.W., Reiman, T., Belch, A., & Mant, M. (2003). *A pilot study examining the role of physical exercise in multiple myeloma cancer survivors*. Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$5,132).
11. ***Courneya, K.S.** (1999). *Clinical trials in exercise following cancer diagnosis*. Funded by the University of Alberta - EFF Support for the Advancement of Scholarship Grant Program, 1 year (\$4,500).
12. ***Courneya, K.S.** (1999). *Social Support, the theory of planned behavior, and exercise*. Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$5,000).
13. ***Courneya, K.S.** (1998). *Breast cancer prevention as a motive for exercise participation*. Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$4,360).
14. ***Courneya, K.S.** (1998). *Physical exercise and quality of life in cancer patients seeking group therapy*. Funded by the University of Alberta - EFF Support for the Advancement of Scholarship Grant Program, 1 year (\$5,000).
15. ***Courneya, K.S.** (1998). *Exercise and quality of life following peripheral blood stem cell transplant*. Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$5,000).
16. ***Courneya, K.S. (PI)**, & Friedenreich, C.M. (1995). *Exercise and cancer patients: Determinants and relationship with quality of life*. Funded by the University of Calgary - Pilot Project Program, 1

year (\$6,000).

17. *Courneya, K.S. (1992). *Relationships between stages of physical activity change and selected social cognitions in adults aged 60 and over*. Funded by the University of Calgary – Start-Up Program, 1 year (\$5,177).
18. *Courneya, K.S. (1991). *An integrated social cognitive model for the prediction of physical activity participation: Preliminary development and validation*. Funded by the University of Illinois - Graduate College Dissertation Research Grant, 1 year (\$300).

(c) Grant Consultant

1. Martin, M.Y., Rogers, L.Q. (PIs), et al. (2023). *Making healthy habits stick: Extended contact interventions to promote long term physical activity in African American cancer survivors*. Funded by the U.S. National Institutes of Health—National Cancer Institute (R01), 5 years (\$3,804,946 US).
2. Yennu, S. (PI), Bruera, E., Basen-Engquist, K., Hess, K., Prinsloo, S., Anscher, M., Bloom, E., Bonnen, M. (2018). *A combination therapy to treat cancer-related fatigue*. Funded by the U.S. National Institutes of Health—National Cancer Institute (R01), 5 years (\$2,503,669 US).
3. Schmitz, K.H. (PI), et al. (2014). *The COURAGE Trial: Colon recurrence and aerobic exercise: A feasibility study*. Funded by the National Institutes of Health—National Cancer Institute (R21), 2 years (\$416,852).
4. Toftagen, C. et al. (2011). *A pilot study of a strength and balance training program for persons with oxaliplatin-induced peripheral neuropathy*. Funded by the Oncology Nursing Society, 1 year (\$25,000US).
5. Rogers, L.Q. (PI), Anton, P., Hopkins-Price, P., Malone, J., Rao, K., Robbins, T.K., & Verhulst, S. (2010). *Resistance training and physical functioning in head and neck cancer patients (RETAIN)*. Funded by the American Institute for Cancer Research, 2 years (\$75,000US).
6. Rogers, L.Q. (PI), Trammell, R., Toth, L., Rao, K., Verhulst, S., Hopkins-Price, P., & Vicari, S. (2010). *Physical activity benefits after breast cancer: Exploring cytokine mechanisms*. Funded by the National Institutes of Health—National Cancer Institute (R21), 2 years (\$348,109).
7. Rogers, L.Q. (PI), Anton, P., Hopkins-Price, P., Malone, J., Rao, K., Robbins, T.K., & Verhulst, S. (2009). *Resistance training and physical functioning in head and neck cancer patients (RETAIN)*. Funded by the Southern Illinois University School of Medicine Excellence in Academic Medicine Program, 1 year (\$40,000US).
8. Rogers, L.Q., Hopkins-Price, P., Rao, K., Trammell, R., Verhulst, S., Vicari, S., & Hoelzer, K. (2008). *Changes in cancer-related cytokines after a physical activity intervention (CICK)*. Funded by SimmonsCooper Cancer Institute 2008 Developmental Cancer Research Award in Translational Science (Springfield, IL), 2 years (\$100,000 US).
9. von Gruenigen, V.E., Janata, J., Gibbons, H.E., Kavanagh, M.B., Lerner, E., & Heinberg, L. (2008). *Survivors of uterine cancer empowered by exercise and healthy diet (SUCCEED)*. Funded by the American Cancer Society—Research Scholar Grant in Cancer Control and Prevention—Psychosocial and Behavioral Research, 3 years (\$420,000US).
10. Ostroff, J. (PI), et al. (2007). *Feasibility of a physical activity intervention for lung cancer survivors*. Funded by the Lance Armstrong Foundation—Issues in Cancer Survivorship Program, 3 years (\$245,113US).
11. Rogers, L.Q. (PI), Hopkins-Price, P., Malone, J., Pamentier, R., Rao, K., Reminger, S., Robbins, T.K., Seiz, A., & Verhulst, S. (2007). *Quality of life, physical functioning, and head and neck cancer (LIPHT)*. Funded by the Southern Illinois University School of Medicine Excellence in Academic Medicine Program, 1 year (\$50,000US).

12. Zhu, W. (PI), Rowland, K.M., Wang, R., Yu, D., Li, X., Yua, W., Yuan, Z., & Sun, X. (2007). *Guo lin qi-gong exercise for long term cancer survival*. Funded by the National Institutes of Health—National Cancer Institute, Small Grants for Behavioral Research in Cancer Control, 2 years (\$150,383).
13. von Gruenigen, V., Waggoner, S., DeBernardo, R., Zanotti, K., Lerner, E., & Kavanagh, M.B. (2006). *Strategies to improve the quality of life in women with ovarian cancer on adjuvant chemotherapy*. Funded by the Gynecological Cancer Foundation, 1 year (\$25,000US).
14. Rogers, L.Q. (PI), Verhulst, S., & McAuley, E. (2005). *Exercise and rural breast cancer survivors*. Funded by the American Cancer Society, Illinois Division, 2 years (\$230,972US).
15. Rogers, L.Q. (PI), Dunnington, G., Havard, M., Shah, P., Hopkins-Price, P., Pamerter, R., Verhulst, S., & Vicari, S.. (2005). *An exercise intervention for breast cancer patients: Feasibility and effectiveness*. Funded by the Southern Illinois University School of Medicine Excellence in Academic Medicine Program (\$50,000US) and the Brooks Medical Research Fund (\$97,568US), 1 year.
16. Syrjala, K.L. (PI), Abrams, J.R., Andrykowski, M., Bush, N., Ciechanowski, P., Clark, A.M., Flowers, M., Hegel, M., Langer, S., Martin, P., Stern, J., Stewart, S., Storer, B., & Wingard, J. (2005). *Interventions to promote health and quality of life in hematopoietic stem cell transplant survivors*. Funded by the National Institutes of Health, 5 years (\$3,436,256US).
17. von Gruenigen, V., et al. (2005). *Diet, exercise, and quality of life in endometrial cancer survivors*. Funded by the Lance Armstrong Foundation, New Investigators in Cancer Survivorship Program, 2 years (\$110,000US).
18. Irwin, M.L., et al. (2004). *Exercise intervention in breast cancer survivors*. Funded by the American Cancer Society, 3 years (\$435,334US).
19. Reid, R. (PI), Irvine, M.J., McDonald, P., Dafoe, W., Morrin, L., Pipe, A., Cheung, T., Cameron, R., Brown, S., Sharratt, M., & Wells, G., (2001). *Interventions to promote the prevention of cardiovascular disease: Physical activity for the secondary prevention of CAD*. Funded by the Heart and Stroke Foundation of Ontario – Health Behavior Research Initiative, 5 years (\$1,277,921).

TEACHING AND SUPERVISION SUMMARY**1. Formal Supervision**

	Primary Supervisor	Supervisory Committee	Examining Committee	External Examiner
Early Career Investigators	0	18	NA	NA
Postdoctoral Fellows	7	1	NA	NA
Doctoral Students	19	5	4	8
Masters Students	18	15	0	3
Total	44	30	4	11

2. Graduate Courses Taught

	Class Size	Times Taught
Physical Activity and Cancer	2 - 10	12
Social Cognitive Theories of Health Behavior	15 - 20	2
Independent Study in Exercise Psychology	1 - 2	8
Health and Exercise Psychology	4 - 10	5

3. Undergraduate Courses Taught

	Class Size	Times Taught
Physical Activity and Chronic Disease Management	25 - 58	5
Individual Dimensions of Health Promotion	58 - 60	2
Health and Exercise Psychology	19 - 60	2
Mind Sciences in Kinesiology	173 - 304	2
Measurement and Evaluation	12 - 100	6
Sport Psychology	17 - 120	11

TRAINEE SUPERVISION DETAILS**Primary Supervisor****(a) Postdoctoral Fellows**

1. Arthuso, F.Z. (2024-present). *Associations between breast cancer treatments and changes in health-related fitness.*
2. An, K-Y. (2017-2020). *Long term effects of exercise type and dose in breast cancer patients receiving chemotherapy.* [Current Position: Assistant Professor, Kinesiology, The King's University, Edmonton, AB].
3. McGowan, E. (2009-2012). *Randomized trial of a behavioral intervention to increase physical activity in prostate cancer survivors.* [Current Position: Associate Professor, School of Human Kinetics and Recreation, Memorial University of Newfoundland, St. John's, NL].
4. Speed-Andrews, A. (2008-2010). *Physical activity and yoga in colorectal and breast cancer survivors.*
5. McNeely, M.L. (2007-2008). *Physical activity in lymphoma survivors.* [Current Position: Professor, Department of Physical Therapy, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton, AB].
6. Stevinson, C. (2005-2007). *Physical activity in lymphoma and ovarian cancer survivors.* [Current Position: Senior Lecturer, School of Sport, Exercise and Health Sciences, Loughborough University, Leicestershire, UK].
7. Jones, L.W. (2002-2004). *Exercise in advanced lung and breast cancer survivors.* [Current Position: Research Scientist, Department of Medicine, Memorial Sloan Kettering Cancer Center, New York, NY].

(b) Doctoral Students

1. Ntoukas, S. (2022-present). *Heavy lifting strength training in head and neck cancer survivors.* Unpublished Doctoral Dissertation, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada.
2. Filion, M. (2020-present). *Mobile app intervention to increase physical activity in breast cancer survivors.* Unpublished Doctoral Dissertation, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada.
3. Arthuso, F.Z. (2019-2024). *Exercise after a bladder or kidney cancer diagnosis.* Unpublished Doctoral Dissertation, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada. [Current Position: Postdoctoral Fellow, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB].
4. Kang, D-W. (2015-2020). *Exercise during active surveillance for prostate cancer: The ERASE Trial.* Unpublished Doctoral Dissertation, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada. [Current Position: Assistant Professor, Division of Public Health Sciences, Fred Hutchinson Cancer Center, Seattle, WA].
5. Morielli, A.R. (2015-2020). *Exercise during and after neoadjuvant rectal cancer treatment.* Unpublished Doctoral Dissertation, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada. [Current Position: Scientist, Cancer Prevention and Screening Innovation, Alberta Health Services, Calgary, AB].
6. Vallerand, J.R. (2013-2018). *Understanding and influencing exercise behavior in hematologic*

- cancer survivors: An examination of the intention-behavior gap*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada. [Current Position: Medical Student, University of Calgary, Calgary, AB].
7. Adams, S.C. (2013-2017). *Effects of high-intensity aerobic interval training on cardiovascular disease risk and health-related quality of life in testicular cancer survivors: The HITS Trial*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada [Current Position: Assistant Scientist, Cardiology Department, Toronto General Hospital Research Institute, Toronto, ON].
 8. Crawford, J.J. (2012-2016). *Physical activity and posttraumatic growth in gynecologic cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada [Current Position: Manager, Research and Academic Operations, Waypoint Research Institute, Toronto, ON].
 9. Forbes, C.L. (2009-2015). *Physical activity among Nova Scotian cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada [Current Position: Senior Lecturer, Hull York Medical School, University of Hull, Hull, UK].
 10. Belanger, L.J. (2009-2013). *Physical activity and health in young adult cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada. [Current Position: Founder and President, Knight's Cabin Medical Retreats, Edmonton, AB].
 11. Trinh, L. (2007-2013). *Physical activity and health in kidney cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada [Current Position: Associate Professor, Faculty of Kinesiology and Physical Education, University of Toronto, Toronto, ON].
 12. Sellar, C.M. (2004-2011). *Exercise and fitness in colorectal cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada [Current Position: Sessional Instructor, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB].
 13. Peddle-McIntyre, C.J. (2004-2011). *Exercise in the management of lung cancer*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada [Current Position: Senior Lecturer, School of Medicine and Health Sciences, Edith Cowan University, Perth, WA, Australia].
 14. Karvinen, K.H. (2003-2007). *Exercise prevalence, associations with quality of life, determinants and preferences in endometrial and bladder cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada. [Current Position: Associate Professor, School of Physical and Health Education, Nipissing University, North Bay, ON].
 15. McNeely, M.L. (2003-2007). *Effects of resistance training on physical function and quality of life in head and neck cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada [Current Position: Professor, Department of Physical Therapy, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton, AB].
 16. Vallance, J.K.H. (2002-2007). *Promoting physical activity in breast cancer survivors: The activity promotion (ACTION) trial*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada [Current Position: Professor and Canada Research Chair, Faculty of Health Disciplines, Athabasca University, Athabasca, AB].
 17. Campbell, K.L. (2002-2006). *Physical activity and estrogen metabolism in premenopausal women:*

An observational study and a randomized controlled trial. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada. [Current Position: Professor, Department of Physical Therapy, University of British Columbia, Vancouver, BC].

18. Jones, L.W. (1998-2002). *Examining the role of the oncologist in promoting exercise in cancer survivors.* Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada. [Current Position: Research Scientist, Department of Medicine, Memorial Sloan Kettering Cancer Center, New York, NY].
19. Rhodes, R.E. (1998-2001). *Investigating an extended theory of planned behavior model in the exercise domain: Relationships with personality and demographic characteristics.* Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada. [Current Position: Professor, School of Exercise Science, Physical and Health Education, University of Victoria, Victoria, BC].

(c) Master's Students

1. Andrade, A. (2025-present). *TBD.* Unpublished Master's Thesis, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada.
2. Whang, S. (2025-present). *TBD.* Unpublished Master's Thesis, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada.
3. Allen, S. (2020-2024). *Exercise and quality of life in testicular cancer survivors.* Unpublished Master's Thesis, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada.
4. Ntoukas, S. (2019-2022). *Feasibility and safety of heavy load strength training in head and neck cancer survivors post-surgical neck dissection (the LIFTING trial).* Unpublished Master's Thesis, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, AB, Canada.
5. Morielli, A.R. (2013-2015). *Exercise in rectal cancer patients receiving neoadjuvant chemoradiotherapy.* Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
6. Norris, M.K. (2012-2014). *Effects of resistance training frequency in prostate cancer survivors.* Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
7. Belanger, L.J. (2007-2009). *Physical activity and quality of life in young adult cancer survivors: A preliminary survey.* Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
8. *Lowe, S.S. (2006-2008). *Physical activity as a supportive care intervention in palliative cancer patients.* Unpublished Master's Thesis, Department of Oncology, Faculty of Medicine and Dentistry, University of Alberta, Edmonton, AB, Canada. *Co-supervisor with Dr. Vicki Baracos, University of Alberta.
9. Ladha, A.B. (2002-2005). *Effects of an acute bout of exercise on immune function in childhood cancer survivors.* Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
10. Peddle, C.J. (2002-2005). *Exercise motivation in colorectal cancer survivors: An application of self-determination theory.* Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
11. Fairey, A.S. (2000-2002). *Effect of exercise training on natural killer cell cytotoxic activity in postmenopausal breast cancer survivors: Results from the REHAB (Rehabilitation Exercise for*

- Health After Breast Cancer*) randomized controlled trial. Unpublished Master's Thesis, Center for Health Promotion Studies, University of Alberta, Edmonton, AB, Canada.
12. Papke, K. (1998-2000). *Stage-matched versus mismatched interventions for exercise behavior change*. Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
 13. Bobick, T.M. (1997-1999). *The transtheoretical model and exercise in breast cancer survivors*. Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
 14. Hellsten, L.M. (1996-1999). *Effects of a time management intervention on exercise behavior*. Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
 15. Keats, M.R. (1997-1999). *Leisure-time physical activity and psychosocial well-being in adolescent cancer survivors*. Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
 16. Baldwin, M.K. (1994-1996). *Exercise and self-esteem in breast cancer survivors: An application of the exercise and self-esteem model*. Unpublished Master's Thesis, Department of Educational Psychology, Faculty of Education, University of Calgary, Calgary, AB, Canada.
 17. Estabrooks, P.A. (1994-1996). *Self-schema as a predictor of exercise participation in undergraduate students*. Unpublished Master's Thesis, Faculty of Kinesiology, University of Calgary, Calgary, AB, Canada.
 18. Nigg, C.R. (1994-1996). *Understanding adolescent exercise behavior: An application of the transtheoretical model*. Unpublished Master's Thesis, Faculty of Kinesiology, University of Calgary, Calgary, AB, Canada.

Co-Supervisor/Supervisory Committee

(a) Early Career Investigators (Mentor)

1. Hardikar, S. (2021). Assigned mentor for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop hosted by Yale School of Public Health, Yale University, New Haven, CT.
2. Bade, B. (2020). Assigned mentor for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop hosted by Yale School of Public Health, Yale University, New Haven, CT.
3. Khamoui, A. (2020). Assigned mentor for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop hosted by Yale School of Public Health, Yale University, New Haven, CT.
4. Parker, N. (2019). Assigned mentor for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop hosted by Yale School of Public Health, Yale University, New Haven, CT.
5. Skinner, T. (2019). Assigned mentor for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop hosted by Yale School of Public Health, Yale University, New Haven, CT.
6. Cespedes Feliciano, E. (2018). Assigned mentor for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop hosted by Yale School of Public Health, Yale University, New Haven, CT.
7. Husan, H. (2018). Assigned mentor for the Transdisciplinary Research on Energetics and Cancer

- (TREC) Training Workshop hosted by Yale School of Public Health, Yale University, New Haven, CT.
8. Algotar, A. (2017). Assigned mentor for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop hosted by Yale School of Public Health, Yale University, New Haven, CT.
 9. Davis, J. (2017). Assigned mentor for the Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop hosted by Yale School of Public Health, Yale University, New Haven, CT.
 10. Low, C., (PI), et al., & **Courneya, K.S.** (2016). *Exercise and sedentary behavior before and after colorectal cancer surgery*. Mentored Career Development Award Funded by the U.S. National Cancer Institute, 5 years (\$780,146).
 11. Phillips, S.M. (PI), Spring, B., Penedo, F., Cella, D., Ackermann, R., Siddique, J., **Courneya K.S.**, Collins, L., & Brownson, R. (2015). *Designing to optimize dissemination and implementation of a physical activity intervention in breast cancer survivors*. National Cancer Institute Cancer Prevention, Control, Behavioral Sciences and Population Sciences Career Development Award, 5 years (\$676,037).
 12. Dieli-Conwright, C., (PI), Bernstein, L., Demark-Wahnefried, W., & **Courneya, K.S.** (2012). *Exercise and metabolic syndrome in breast cancer survivors*. Mentored Career Development Award Funded by the U.S. National Cancer Institute, 5 years (\$780,146).
 13. Paxton, R.J. (PI), Jones, L.A., Chang, S. Taylor, W.C., Schover, L., **Courneya, K.S.**, Pierce, J.P (2011). *Lifestyle interventions for high-risk cancer survivors*. Mentored Career Development Award Funded by the U.S. National Cancer Institute, 5 years (\$740,966).
 14. Vallance, J.K. (2009). *Facilitating physical activity behavior and health outcomes in breast cancer patients receiving chemotherapy: A practical behavioral trial*. Population Health Investigator Award. Funded by the Alberta Heritage Foundation for Medical Research, 3 years.
 15. Vallance, J.K. (2009). *Facilitating physical activity behavior and health outcomes in breast cancer patients receiving chemotherapy: A practical behavioral trial*. New Investigator Award. Funded by the Canadian Institutes of Health Research, 5 years.
 16. Culos-Reed, S.N. (2003). *Physical activity for cancer survivors*. Population Health Investigator Award. Funded by the Alberta Heritage Foundation for Medical Research, 3 years.
 17. Ingram, C. (2003). *A research program of weight and body composition management for women with breast cancer*. Funded by the United States Department of Defense Breast Cancer Research Program, Office of Congressionally Directed Medical Research Programs—Clinical Nurse Research Award, 2 years.
 18. Plotnikoff, R.C. (2001). *Physical activity and population health*. Population Health Investigator Award. Funded by the Alberta Heritage Foundation for Medical Research, 3 years.

(b) Postdoctoral Fellows

1. Kirkham, A.A. (2016-2020). *Magnetic resonance imaging quantification of the toxic effects of chemotherapy and protective effects of lifestyle intervention on cardiovascular and skeletal muscle function in breast cancer*.

(c) Doctoral Students

1. Lowe, S.S. (2013-2017). *Behavioral support of physical activity in advanced cancer patients*. Unpublished Doctoral Dissertation, Faculty of Health and Medicine, Lancaster University,

Lancaster, UK.

2. Murray, T. (2004-2008). *The relationship between indicators of socioeconomic status and control beliefs on physical activity behavior*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada
3. Keats, M.R. (2003-2006). *Physical activity for adolescent cancer survivors: Project TREK*. Unpublished Doctoral Dissertation, Faculty of Kinesiology, University of Calgary, Calgary, AB, Canada.
4. *Milne, H.M. (2003-2006). *Social cognitive determinants of exercise and quality of life for breast cancer survivors*. Unpublished Doctoral Dissertation, School of Human Movement and Exercise Science, Faculty of Life and Physical Sciences, University of Western Australia, Crawley, WA, Australia. *Co-supervisor with Dr. Sandy Gordon.
5. Blanchard, C.M. (1997-2001). *Social cognitive theory and adherence to a cardiac rehabilitation program*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.

(d) Master's Students

1. Valji, R. (2025-present). *Exercise and lung cancer surgery*. Unpublished Master's Thesis, Department of Surgery, Faculty of Medicine and Dentistry, University of Alberta, Edmonton, AB, Canada.
2. Lindstrom, T. (2024-present). *Exercise and chemotherapy-induced peripheral neuropathy*. Unpublished Master's Thesis, Department of Physical Therapy, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton, AB, Canada.
3. Douglas, C. (2022-2024). *Diet, exercise, and quality of life in breast cancer patients receiving neoadjuvant chemotherapy*. Unpublished Master's Thesis, Department of Nutrition, Faculty of Agriculture, Life, and Environmental Sciences, University of Alberta, Edmonton, AB, Canada.
4. Stone, C. (2016-2019). *Determinants of physical activity in prostate cancer survivors*. Unpublished Master's Thesis, Department of Community Health Sciences, University of Calgary, Calgary, AB, Canada.
5. Boudreau, K. (2016-2018). *Exercise in cancer patients*. Unpublished Master's Thesis, Department of Physical Therapy, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton, AB, Canada.
6. Farris, M. (2014-2016). *The impact of physical activity on quality of life in prostate cancer survivors*. Unpublished Master's Thesis, Department of Community Health Sciences, University of Calgary, Calgary, AB, Canada.
7. Wilson, L.N. (2009-2011). *Exercise adherence in people with heart failure: Applying the theory of planned behavior*. Unpublished Master's Thesis, Center for Health Promotion Studies, School of Public Health, University of Alberta, Edmonton, AB, Canada.
8. Forbes, C. (2005-2008). *Physical activity preferences and type 2 diabetes: Exploring demographic, cognitive and behavioral differences*. Unpublished Master's Thesis, Center for Health Promotion Studies, School of Public Health, University of Alberta, Edmonton, AB, Canada.
9. Leibrieck, T. (2005-2007). *Exercise and diabetes*. Unpublished Master's Thesis, Center for Health Promotion Studies, School of Public Health, University of Alberta, Edmonton, AB, Canada.
10. Burgess, J. (2005-2006). *The hypothetical bias in physical activity research*. Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
11. Barrett, J. (2003-2005). *Diabetes, physical activity, and gender differences*. Unpublished Master's

- Thesis, Center for Health Promotion Studies, University of Alberta, Edmonton, AB, Canada.
12. Scime, G. (2004-2006). *The effect of choice of exercise program on exercise adherence*. Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
 13. Loitz, C.C. (2001-2005). *Exercise motivation*. Unpublished Master's Thesis, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
 14. Brunet, S. (2001-2003). *Exercise and diabetes in First Nations Peoples*. Unpublished Master's Thesis, Center for Health Promotion Studies, University of Alberta, Edmonton, AB, Canada.
 15. Mathew, R.T. (1998-2000). *Exercise barriers in elderly low-income women*. Unpublished Master's Thesis, Center for Health Promotion Studies, University of Alberta, Edmonton, AB, Canada.
 16. Tsang, R. (1997-1999). *Teenagers and sun protection*. Unpublished Master's Thesis, Department of Human Ecology, University of Alberta, Edmonton, AB, Canada.
 17. Molinari, D. (1994-1996). *A psychometric examination and refinement of the Canadian Forces Attrition Information Questionnaire: Comparing the reasons cited by Anglophones and Francophones in the leave-decision process*. Unpublished Master's Thesis, Department of Psychology, Faculty of Social Sciences, University of Calgary, Calgary, AB, Canada.

Examining Committee

(a) Doctoral Students

1. Ford, K. (2019). *Effects of protein supplementation on lean body mass in colon cancer patients*. Unpublished Doctoral Dissertation, Faculty of Agricultural, Life and Environment Sciences, University of Alberta, Edmonton, AB, Canada.
2. Wilson, P. (2003). *Psychological need satisfaction and exercise*. Unpublished Doctoral Dissertation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada.
3. King, S. (2000). *Role of exercise and education for persons with fibromyalgia*. Unpublished Doctoral Dissertation, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton, AB, Canada.
4. Ball, G. (1998). *Comparison of two treatment approaches for childhood obesity*. Doctoral Dissertation Candidacy/Proposal, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton, AB, Canada.

External Examiner

(a) Doctoral Students

1. Schumacher, O. (2022). *Exercise as adjunct therapy during treatment for men with prostate cancer*. Unpublished Doctoral Dissertation, School of Medical and Health Sciences, Edith Cowan University, Joondalup, Australia.
2. Newton, R.U. (2020). *Exercise medicine as neoadjuvant, adjuvant and rehabilitative therapy for cancer*. Higher Doctorate Degree, Faculty of Science, The University of Queensland, Brisbane, Australia.
3. Wilson, R.L. (2020). *Exercise and nutrition induced weight for prostate cancer patients*. Unpublished Doctoral Dissertation, School of Medical and Health Sciences, Edith Cowan University, Joondalup, Australia.

4. Gibbs, Z. (2012). *Role of exercise in management of symptom experience and function for breast cancer survivors in Kenya*. Unpublished Doctoral Dissertation, Graduate Research School, Edith Cowan University, Perth, Australia.
5. Spence, R.R. (2010). *Physical activity for the prevention and management of colorectal cancer*. Unpublished Doctoral Dissertation, School of Human Movement Studies, University of Queensland, Brisbane, Australia.
6. Hope, P.A.J. (2004). *Fatigue in women undergoing adjuvant breast radiotherapy: Impact of an exercise program*. Unpublished Doctoral Dissertation, Faculty of Communications, Health & Science, Edith Cowan University, Perth, Australia.
7. Hall, P.A. (2001). *Examining the role of time perspective in the promotion of healthy behavioral practices: Evidence from correlational and experimental studies*. Unpublished Doctoral Dissertation, Department of Psychology, Faculty of Arts, University of Waterloo, Waterloo, ON, Canada.
8. Hubball, H.T. (1996). *Development and evaluation of a worksite health promotion program: Application of critical self-directed learning for exercise behaviour change*. Unpublished Doctoral Dissertation, Interdisciplinary Studies, University of British Columbia, Vancouver, BC, Canada.

(b) Master's Students

1. Thiel, D.M. (2016). *The association of physical activity and health-related quality of life in adults with type 2 diabetes*. Unpublished Master's Thesis, School of Public Health, University of Alberta, Edmonton, AB, Canada.
2. Sax, A. (2015). *The influence of exercise intensity on insulin sensitivity and the insulin-like growth factor axis in colorectal cancer survivors*. Unpublished Master's Thesis, School of Human Movement and Nutrition Sciences, The University of Queensland, Brisbane, Australia.
3. Maddison, R. (2000). *An integrated social-cognitive model for predicting exercise compliance among patients with a cardiac diagnosis*. Unpublished Master's Thesis, Department of Sport and Exercise Science, University of Auckland, Auckland, New Zealand.

Awards/Scholarships to Supervised Trainees

1. Arthuso, F.Z. (2024). Graduate Student Research Assistant Award funded by the Graduate Student Association of the University of Alberta (\$500).
2. Ntoukas, S. (2023). Ewen Nelson Memorial Graduate Scholarship in Adapted Physical Activity from the Faculty of Kinesiology, Sport, and Recreation, University of Alberta (\$1,900).
3. Allen, S. (2022). Childhood Cancer Canada Survivor Scholarship (\$1,500).
4. Allen, S. (2022). Graduate Student Research Assistant Award funded by the Graduate Student Association of the University of Alberta (\$500).
5. Arthuso, F.Z. (2022). Martha Piper Award for Research Communication Excellence funded by the Graduate Student Association of the University of Alberta (\$500).
6. Ntoukas, S. (2022). *Heavy load strength training in head and neck cancer survivors*. Alberta Graduate Excellence Scholarship funded by the University of Alberta, 1 year, (\$12,000).
7. Ntoukas, S. (2022). Emmy Duff Scholarship (\$2,000).
8. Ntoukas, S. (2022). Ewen Nelson Memorial Graduate Scholarship in Adapted Physical Activity from the Faculty of Kinesiology, Sport, and Recreation, University of Alberta (\$1,700).
9. Allen, S. (2021). *Exercise in testicular cancer survivors*. Alberta Graduate Excellence Scholarship funded by the University of Alberta, 1 year, (\$12,000).

10. Arthuso, F.Z. (2021). Graduate Student Research Assistant Award funded by the Graduate Student Association of the University of Alberta (\$500).
11. Ntoukas, S. (2021). KSR Graduate Completion Scholarship funded by the Faculty of Kinesiology, Sport, and Recreation, University of Alberta (\$1,000).
12. Ntoukas, S. (2021). Graduate Student Research Assistant Award funded by the Graduate Student Association of the University of Alberta (\$500).
13. Ntoukas, S. (2021). Pink Pearl Scholarship funded by Pink Pearl Canada (\$1,000).
14. Arthuso, F.Z. (2020). *Bladder cancer and exercise training during intravesical therapy: The BRAVE Trial*. Alberta Graduate Excellence Scholarship funded by the University of Alberta, 1 year, (\$12,000).
15. Fillion, M. (2020). *Using a mobile app to increase physical activity in breast cancer survivors*. Alberta Graduate Excellence Scholarship funded by the University of Alberta, 1 year, (\$12,000).
16. Kang, D-W. (2020). Pan Asia Food Scholarship funded by the Korean Canadian Scholarship Foundation, Toronto, Canada (\$2,500).
17. Ntoukas, S. (2020). *Heavy load strength training in head and neck cancer survivors*. Alberta Graduate Excellence Scholarship funded by the University of Alberta, 1 year, (\$12,000).
18. Ntoukas, S. (2020). Survivorship Scholarship from Childhood Cancer Canada and Coast to Coast Against Cancer Foundation (\$1,500).
19. Ntoukas, S. (2020). Ewen Nelson Memorial Graduate Scholarship in Adapted Physical Activity from the Faculty of Kinesiology, Sport, and Recreation, University of Alberta (\$1,700).
20. An, K.Y., Morielli, A.R., Kang, D.W., Friedenreich, C.M., McKenzie, D. C., Gelmon, K., Mackey, J. R., Reid, R. D., Courneya, K. S. (2019, June). *Longer-term effects of exercise dose and type during breast cancer chemotherapy on quality of life, cancer-related symptoms, and psychosocial outcomes*. Best Abstract Award in the Early Career Category. Oral presentation at the 2019 International Society for Behavioural Nutrition and Physical Activity (ISBNPA) Annual Meeting, Prague, Czech Republic.
21. Kang, D-W. (2019). Andrew Stewart Memorial Graduate Prize. Faculty of Graduate Studies and Research, University of Alberta, Edmonton, Canada (\$5,000).
22. Morielli, A.R. (2019). Marie Arnold Cancer Research Graduate Scholarship funded by the University of Alberta, Edmonton, Canada (\$5,000).
23. Kang, D-W. (2018). Korean Canadian Graduate Scholarship funded by the Korean Canadian Scholarship Foundation, Edmonton, Canada (\$2,000).
24. Kang, D-W. (2017). *Exercise during active surveillance for prostate cancer: The ERASE Trial*. Graduate Studentship Award funded by Alberta Innovates, 3 years, (\$30,000/year stipend +\$2,000/year allowance).
25. Morielli, A.R. (2017). *Exercise during neoadjuvant rectal cancer treatment: The EXERT Trial*. Frederick Banting and Charles Best Canada Graduate Scholarship—Doctoral Research Award funded by the Canadian Institutes of Health Research, 3 years, (\$30,000/year stipend+\$5,000/year allowance).
26. Adams, S.C. (2016). *A randomized phase II trial of High-intensity aerobic Interval Training and surrogate markers of cardiovascular disease in a population-based sample of Testicular cancer Survivors (HITTS Trial)*. Queen Elizabeth II Doctoral Graduate Student Award funded by the Faculty of Graduate Studies and Research, University of Alberta, 1 year (\$15,000).
27. Forbes, C.C. (2016). *Prevalence and correlates of strength exercise among breast, prostate, and colorectal cancer survivors*. Excellence in Writing Award for Quantitative Nursing Research from the Oncology Nursing Society (\$1,000).

28. Kirkham, A.A. (2016). *Magnetic resonance imaging quantification of the toxic effects of chemotherapy and protective effects of lifestyle intervention on cardiovascular and skeletal muscle function in breast cancer*. Clinician Fellowship Award funded by Alberta Innovates: Health Solutions, 3 years, (\$70,000/year stipend+\$5,000/year allowance).
29. Morielli, A.R. (2016). *Feasibility of an aerobic exercise intervention in rectal cancer patients during and after neoadjuvant chemoradiotherapy*. Karen Hornbostel Memorial Award (Trainee Travel Award) from the Cancer Special Interest Group of the American College of Sports Medicine (\$250US).
30. Crawford, J.J. (2015). *The feasibility and preliminary efficacy of a wall climbing intervention in gynecological cancer survivors: A phase I/II randomized controlled trial*. Graduate Studentship Award funded by Alberta Innovates: Health Solutions, 4 years, (\$30,000/year stipend+\$2,000/year allowance).
31. Vallerand, J.R. (2015). *Improving hematologic cancer survivors' health through physical activity: Translating intentions into exercise*. Frederick Banting and Charles Best Canada Graduate Scholarship—Doctoral Research Award funded by the Canadian Institutes of Health Research, 3 years, (\$30,000/year stipend+\$5,000/year allowance).
32. Lowe, S.S. (2012). *Behavioral support of physical activity in advanced cancer patients*. Roche Fellowship in Translational Cancer Research Award from the Alberta Cancer Foundation, 3 years (\$75,000/year).
33. Chahal, B.S. (2011). *Physical activity in breast cancer survivors*. Summer Studentship Award funded by Alberta Innovates—Health Solutions, 4 months (\$1,300/month).
34. Belanger, L.J. (2010). *Promoting physical activity in young adult cancer survivors: An On-line theory-based intervention*. Health Research—Full-Time Studentship Award funded by Alberta Innovates—Health Solutions, 3 years (\$21,500/year).
35. McGowan, E. (2010). *Pilot study to increase physical activity in prostate cancer survivors*. Postdoctoral Research Fellowship funded by the Canadian Cancer Society Research Institute, 2 years (\$84,000).
36. Trinh, L. (2009). *Physical activity in kidney cancer survivors*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
37. Peddle, C.J. (2008). *The feasibility and preliminary efficacy of progressive resistance exercise training in lung cancer patients*. Canadian Cancer Society Research Studentship funded by the National Cancer Institute of Canada, 4 years (\$24,000/year).
38. Sellar, C.M. (2008). *The effects of exercise training on the health-related fitness of colon cancer survivors: A randomized controlled trial*. Canadian Cancer Society Research Studentship funded by the National Cancer Institute of Canada, 4 years (\$24,000/year).
39. Keats, M.R. (2006). *Attitudes and behaviours of paediatric oncologists towards physical activity in childhood cancer survivors: the impact of a web-based intervention on oncologist's counselling practices and survivor behaviour*. Postdoctoral Research Fellowship funded by the National Cancer Institute of Canada, 3 years (\$36,200/year).
40. Lowe, S.S. (2006). *The role of physical activity in palliative care: An exploratory study*. Health Research - Clinical Fellowship Award funded by the Alberta Heritage Foundation for Medical Research, 2 years (\$43,000/year).
41. Peddle, C.J. (2005). *A pilot study to determine the feasibility and value of progressive resistance exercise training in lung cancer patients*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
42. Sellar, C.M. (2005). *The effects of chemotherapy on aerobic capacity and body composition of*

- colorectal cancer survivors*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
43. Campbell, K.L. (2005). *Exercise, hormones, and breast cancer risk*. Postdoctoral Research Fellowship Award funded by the Canadian Institutes of Health Research, 3 years (\$50,000/year).
 44. Campbell, K.L. (2005). *Exercise, hormones, and breast cancer risk*. Postdoctoral Research Fellowship Award funded by the National Cancer Institute of Canada, 3 years (\$36,200/year)—declined.
 45. Vallance, J.K.H. (2005). *Physical activity promotion in breast cancer survivors: A population-based randomized controlled trial*. Canada Graduate Scholarship Doctoral Award funded by the Canadian Institutes of Health Research, 2 years, (\$40,000/year).
 46. Vallance, J.K.H. (2005). *Physical activity promotion in breast cancer survivors: A population-based randomized controlled trial*. Canadian Cancer Society Research Studentship funded by the National Cancer Institute of Canada, 4 years (\$22,700/year)—declined.
 47. Fairey, A.S. (2004). Summer Studentship funded by the Alberta Heritage Foundation for Medical Research, 4 months (\$5,200).
 48. Karvinen, K.H. (2004). *Exercise, quality of life, and individual motivational determinants of exercise in older cancer survivors*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
 49. McNeely, M.L. (2004). *The efficacy of progressive resistance exercise training in head and neck cancer survivors*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
 50. van Aerde, A. (2004). Summer Studentship funded by the Alberta Heritage Foundation for Medical Research, 4 months (\$5,200).
 51. Campbell, K.L. (2003). *Association between aerobic fitness and estrogen metabolites in premenopausal women*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
 52. Keats, M.R. (2003). *Exercise and quality of life in pediatric cancer survivors*. Health Research-Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
 53. Fairey, A.S. (2003). Summer Studentship funded by the Alberta Heritage Foundation for Medical Research, 4 months (\$5,200).
 54. Karvinen, K.H. (2003). *A pilot study examining the relationship between physical exercise and quality of life in endometrial cancer survivors*. Epidemiology Graduate Studentship funded by the Alberta Cancer Board, 1 year (\$20,000).
 55. Peddle, C. (2003). Province of Alberta Graduate Scholarship funded by the government of Alberta, 2 years (\$17,000/year).
 56. Vallance, J.K.H. (2003). *The relationship between physical exercise and quality of life in non-Hodgkin's lymphoma survivors*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
 57. Campbell, K.L. (2002). Province of Alberta Graduate Scholarship funded by the government of Alberta, 2 years (\$17,000/year).
 58. Fairey, A.S. (2002). *Effects of exercise training on serum sex steroid hormones in postmenopausal breast cancer survivors: a randomized controlled trial*. Funded by Life Fitness Academy--Michael L. Pollack Memorial Grant, 1 year (\$2,500 US).
 59. Fairey, A.S. (2001). Izaak Walton Killam Memorial Scholarship funded by the University of Alberta (\$20,000 per year) and Province of Alberta Graduate Scholarship funded by the government of Alberta (\$9,300/year).

60. Jones, L.W. (2000). *Effects of oncologist-based counseling on exercise in cancer patients*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
61. *Blanchard, C.M. (1999). *Influence of social cognitive theory on males and females in cardiac rehabilitation*. Doctoral research award funded by the Medical Research Council of Canada, 3 years (\$19,500/year). *Wendy Rodgers supervisor.
62. Rhodes, R.E. (1999). *Personality-matched exercise interventions for cancer survivors*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).

PROFESSIONAL SERVICE SUMMARY

(a) Journal Editorial Service

Guest Editor – Special Issue on Exercise as a Cancer Treatment, *Journal of Sport and Health Science* (2025).

Editorial Board Member – *Journal of Sport and Health Science* (2023-present).

Editorial Board Member – *Cancer Epidemiology, Biomarkers & Prevention* (2012-present).

Editorial Board Member - *Journal of Cancer Survivorship: Research and Practice* (2006 - present).

Editorial Board Member – *Mental Health and Physical Activity* (2007 - 2023).

Editorial Board Member – *Journal of the National Cancer Institute* (2017-2021).

Guest Editor – Special Issue on Physical Activity in Cancer Survivors, *Psycho-Oncology* (2009).

Editorial Board Member - *Annals of Behavioral Medicine* (2006 - 2011).

Associate Editor - *Journal of Sport and Exercise Psychology* (2001 - 2006).

Section Editor (Psychology) - *Research Quarterly for Exercise and Sport* (1999 - 2005).

Editorial Board Member - *Journal of Sport and Exercise Psychology* (1999 - 2000).

(b) Journal Guest Reviewer

Annals of Behavioral Medicine; *Applied Physiology, Nutrition and Metabolism*; *Avante*; *British Journal of Health Psychology*; *British Journal of Social Psychology*; *Cancer*; *Cancer Epidemiology, Biomarkers & Prevention*; *Health Education and Behavior*; *Health Psychology*; *International Journal of Behavioral Medicine*; *Journal of Aging and Physical Activity*; *Journal of Applied Social Psychology*; *Journal of Applied Sport Psychology*; *Journal of Behavioral Medicine*; *Journal of Clinical Oncology*; *Journal of Physical Activity and Health*; *Journal of Sport & Exercise Psychology*; *Medicine & Science in Sports & Exercise*; *Nutrition and Cancer*; *Personality and Individual Differences*; *Preventive Medicine*; *Psychology and Health*; *Psychology, Health, & Medicine*; *Psychology of Sport and Exercise*; *Psycho-Oncology*; *Quality of Life Research*; *Research Quarterly for Exercise and Sport*; *Supportive Care in Cancer*.

(c) Granting Agency Committee Member

Member, College of Reviewers, Canadian Institutes of Health Research (2017-present).

Canadian Cancer Society Research Institute—Supportive Care, Palliative Care, and Psychosocial Issues Committee (2008-2010).

Lance Armstrong Foundation—Cancer Survivorship Committee (2003-2005).

Canadian Institutes of Health Research—New Investigator Awards Committee (2001, 2003).

United States Department of Defense Breast Cancer Research Program, Behavioral and Social Sciences Committee (2000).

Canadian Institutes of Health Research—Health Research Awards (Training) Committee (1999-2001).

Alberta Heritage Foundation for Medical Research—Health Trainee Advisory Committee (1998-2001).

(d) Granting Agency Reviewer

American Cancer Society; British Columbia Health Research Foundation; Calgary Regional Health Authority; Canada Research Chairs Program; Canadian Fitness and Lifestyle Research Institute; Canadian Institutes of Health Research; Cancer Research UK; Comprehensive Cancer Centers in North

Carolina—Multi-Institution Pilot Funding Opportunity (Research on Physical Activity and Cancer Survivorship); Call for Strategic Basic Research Projects of the Research Foundation Flanders (FWO); Heart and Stroke Foundation of Canada.

(e) Conference Advisory/Organizing Committee

Member, Local Organizing Committee, International Society for Behavioral Nutrition and Physical Activity (May, 2008), Banff, AB.

Member, Advisory Committee, 2nd International Cancer Survivorship Conference (March, 2006), Vancouver, BC.

(f) Conference Program Committee Member

North American Society for the Psychology of Sport and Physical Activity (2000).

(g) Conference Abstract Reviewer

Canadian Society for Psychomotor Learning and Sport Psychology (2015).

Prostate Cancer Conference 2007 (2007).

World Congress of Psycho-Oncology (2003).

Society of Behavioral Medicine (1999, 2003).

(h) Conference Session Chair/Moderator

Alberta Cancer Research Conference (2021). Moderator for the Roundtable Session “Managing a Research Program”.

International Society for Behavioral Nutrition and Physical Activity (2017).

Canadian Society for Psychomotor Learning and Sport Psychology (2015).

Society of Behavioral Medicine (2008).

American College of Sports Medicine (2007).

World Congress of Psycho-Oncology (2003).

(i) Contributions to Professional Societies and Organizations

1. Member, Organizing Committee, Planning Meeting for the International Society for Exercise Oncology.
2. Invited Participant, Deliberate Dialogue Workshop hosted by the Canadian Institute of Health Research’s Institute of Cancer Research, Toronto, ON (2023).
3. Committee Member, American Cancer Society’s Guidelines on Nutrition and Physical Activity Guidelines for Cancer Survivors (2020-2021).
4. Member, Presidential Task Force on Exercise Oncology, American College of Sports Medicine (2018-2020).
5. Team Lead, Research Needs, Presidential Task Force on Exercise Oncology, American College of Sports Medicine (2018-2020).
6. Faculty, Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop, Yale Cancer Center and Yale School of Public Health, Yale University (2016-present).
7. Scientific Lead, Cancer Research Institute of Northern Alberta (CRINA), University of Alberta,

Edmonton, AB (2015-present).

8. Member, External Advisory Committee, St. Jude Lifetime Cohort Study, St. Jude Children's Research Hospital (2014-2019).
9. Chair, Research Advisory Committee, Movember Global Action Plan, GAP4 Project "Exercise and Metabolic Health in Men with Advanced Prostate Cancer" (2013-2015).
10. Member, Research Advisory Council, Prostate Cancer Canada (2012-2016).
11. Invited Participant, meeting of Nutrition and Physical Activity Workgroup on Cancer Prevention and Survivorship hosted by the American Cancer Society, Atlanta, GA (June 15-16, 2011).
12. Member, Cancer Prevention Committee, American Society for Clinical Oncology (2011-2014).
13. Member, Nutrition and Physical Activity Guidelines Review Workgroup of the American Cancer Society (2011).
14. Member, Symptom Control Committee, NCIC's Clinical Trials Group (2010-2014).
15. External Reviewer for Fox Chase Cancer Center Keystone Programs (December, 2007).
16. Member, Psychosocial and Behavioral Working Group, National Cancer Institute of Canada's Clinical Trials Group (2006-2009).
17. Co-Chair, Roundtable on the Development of Exercise Guidelines for Cancer Survivors, sponsored by the American College of Sports Medicine (2006-2007).
18. Subject Matter Expert, Speciality Certification for Fitness Practitioners Working With Cancer Survivors, sponsored by the American College of Sports Medicine (2006-2007).
19. Member, Scientific Advisory Board, the Lance Armstrong Foundation (2003-2006).
20. Invited Participant, Workshop on the Adequacy of Evidence for Physical Activity Guideline Development, hosted by the Institute of Medicine and sponsored by the United States Department of Health and Human Services, Washington, DC (October 23-24, 2006).
21. Invited Participant, State of the Evidence Workshop on a Physical Activity and Weight Control Trial to Prevent Breast Cancer, hosted by the U.S. National Cancer Institute, Rockville, MD (March 15-16, 2006).
22. Invited Participant, meeting of Nutrition and Physical Activity Workgroup on Cancer Survivorship hosted by the American Cancer Society, Denver, CO (March 26-27, 2003).
23. Invited Participant, Technical Expert Panel Meeting for Physical Activity Evidence Review hosted by the U.S. National Institutes of Health/National Cancer Institute, Division of Cancer Control and Population Sciences, Office of Cancer Survivorship, Washington, D.C. (January 29, 2003).
24. Invited Participant, Meeting on Physical Activity and Cancer Survivorship hosted by the U.S. National Cancer Institute, Division of Cancer Control and Population Sciences, Office of Cancer Survivorship, Washington, D.C. (October 15-16, 2001).
25. Invited Participant, Workshop on Developing a Colorectal Cancer Research Strategy for Canada hosted by the Canadian Institutes of Health Research and the National Cancer Institute of Canada, Toronto, Ontario (June 8-9, 2001).
26. Invited Participant, U.S. National Cancer Institute's Leukemia, Lymphoma, and Myeloma Progress Review Group Roundtable Meeting – Education, Communication, and Behavior Research Subgroup, Chantilly, Virginia (December 13-15, 2000).
27. Invited Participant, Workshop on Physical Activity and Cancer Prevention hosted by the Division of Preventive Oncology, Cancer Care Ontario, Toronto, Ontario (March 24-25, 2000).

(j) Visiting Professorships

1. Visiting Professor (2017). School of Medicine, Technical University of Munich, Bavarian State Ministry of Education, Science, and the Arts, Munich, Germany (October 4-8, 2017).

2. Visiting Fellow (Research), Health and Wellness Institute, Edith Cowan University, Joondalup, Western Australia, Australia (November 22 – December 7, 2014).
3. Visiting International Research Fellowship, Faculty of Education and Arts, University of Newcastle, Newcastle, NSW, Australia (March 9 – April 7, 2014).
4. Partnership with Internationally Renowned Scholars Program, School of Medicine and Public Health, University of Newcastle, Newcastle, NSW, Australia (November 27, 2009 – January 1, 2010).
5. Visiting Scientist, Queensland Cancer Agency/University of Queensland, Brisbane, Queensland, Australia (April 24 – May 1, 2004).
6. Visiting Professor, University of Western Australia, Perth, Western Australia, Australia (February 28 - April 24, 2004).

FACULTY/UNIVERSITY/COMMUNITY SERVICE SUMMARY

(a) Faculty

1. Member, Associate Dean Research Advisory Committee (2024-2027).
2. Member, Selection Committee, Christenson Professorship in Active Healthy Living (2019).
3. Member, Faculty Evaluation Committee (2019).
4. Member, Associate Dean (Research) Review Committee (2018).
5. Chair, Undergraduate Appeals Committee (2016).
6. Member, Graduate Student Recruitment and Enrollment Plan Committee (2015-2016).
7. Member, Strategic Research Planning Committee (2014-2015).
8. Member, Selection Committee, Assistant Professor in Physical Activity and Cancer Survivorship (2015).
9. Member, Faculty Executive Committee (2011-2014).
10. Member, Selection Committee, Professor in Physical Activity and Health (2011).
11. Member, Graduate Studies Committee (2005-2011).
12. Member, Faculty Evaluation Committee (2002-2004).
13. Member, Faculty Executive Committee (1999-2000).
14. Member, Nominations Committee (1997-2000).
15. Member, Research and Graduate Studies Committee (1997-1999).

(b) University

1. Research Champion Reviewer, WCHRI Grant Review Support Program (2022).
2. Member, President's Advisory Committee on Senior Academic Appointments (2021-2024).
3. Member, Strategic Research and Innovation Planning Working Group (2021-2022).
4. Member, Search and Selection Committee, Tier 1 and Tier 2 Canada Research Chairs, School of Public Health, College of Health Sciences (2021).
5. Member, Martha Cook Piper Research Prize Adjudication Committee (2010, 2014, 2016, 2018).
6. Member, Canada Research Chairs Internal Review Committee (2005-present).
7. Member, Grant Assist Program Committee (2013-present).
8. Member, Killam Annual Professorships Committee (2008-2009).
9. Member, Search and Selection Committee, Chair of the Department of Oncology and Associate Director (Research) of the Cross Cancer Institute (2006-2007).
10. Member, Provost's Panel for Chairs Selection Committees (2005-2008).
11. Member, University Senate (2002-2004).
12. Member, Killam Annual Professorships Committee (2002).
13. Member, General Faculties Council (2001-2004).
14. Member, University Research Grants Review Committee (2001-2003).

(c) Community/Industry

1. Speaker/Fundraiser, Prostate Cancer Canada, Step Up Event, Edmonton, AB (2018-2019).
2. Member, Multidisciplinary Steering Committee on Cancer-Related Fatigue Management, Astellas Pharma Canada, Inc. (2017-2018).
3. Member, Health Care Advisory Committee, Wellspring Edmonton (2009-2018).

4. Expert Reviewer for the physical activity section of “Life after cancer: A guide for cancer survivors”, developed by the Canadian Cancer Society (2012).
5. Expert Reviewer for the physical activity section of “Survivorship Care Plan: Breast Cancer”, a patient education book from the British Columbia Cancer Agency (2012).
6. Expert Reviewer for the physical activity section of “My Journey”, a patient education journal from the Alberta Cancer Foundation (2011).
7. Reviewer, National Registry for Evidence-based Programs and Practices (NREPP), U.S. National Cancer Institute’s Research-Tested Intervention Programs (R-TIPs) (2007-2009).
8. Member, Lance Armstrong/YMCA Cancer Survivorship Collaborative Expert Panel (2007-2010).
9. Reviewer, Canadian Cancer Society materials on physical activity and cancer (2006).
10. Member, Advisory Board, MacEwan Center for Wellness & Sport, Edmonton, Alberta (2003-2007).