

CURRICULUM VITAE

Jutta R. Hinrichs

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HIGHLIGHTS OF QUALIFICATIONS:

- Occupational therapist for over 40 years.
- Currently supporting education for students in the MScOT Program at the University of Alberta.
- Total of 25 years administrative experience as a Professional Practice Leader, Rehabilitation Program Facilitator, Program Coordinator and Department Supervisor.
- Clinical expertise in Multiple Sclerosis rehabilitation for 20 years.

PROFESSIONAL EXPERIENCE:

Current Position:

Sept. '12 – Present **Clinical Education Coordinator (Calgary & Southern Alberta) and Associate Lecturer**
Dept. of Occupational Therapy, Faculty of Rehabilitation Medicine, University of Alberta
Responsible for continued development and support of clinical education within southern Alberta geographic area; co-instructor for two academic courses related to Professionalism and Community Development; supervision of students completing their capstone project; and assisted in establishing and continuing to support the MScOT Calgary Satellite Program.

Previous Positions:

Apr '10 – Aug. '12 **Clinical Education Coordinator (Calgary) – 0.5 FTE Seconded Position from Alberta Health Services**
Dept. of Occupational Therapy, Faculty of Rehabilitation Medicine, University of Alberta
Responsible to establish increased clinical placements and for the support of clinical education in the Calgary area, as well as provide leadership/liaison between the University of Alberta and the Calgary clinical community.

Apr '04 – Mar '10 **Professional Practice Leader – Occupational Therapy (Adults, Acute)**
Alberta Health Services – Calgary area
Responsible for providing professional leadership, supporting and promoting best practice methods and standards to occupational therapy staff within the adult, acute sector. This position was 0.5 FTE. Was seconded to the U of Alberta from this position.

Mar '93 – Aug '12 **Multiple Sclerosis Rehabilitation Program Coordinator**
Alberta Health Services – Foothills Hospital and Calgary General Hospital sites, Calgary AB

Responsible for coordination of the Multiple Sclerosis Rehabilitation Program (OPTIMUS), including the daily operations and program evaluation activities. This position was 0.5 FTE since Jan '98.

- Jan '98 – Mar '04 **Rehabilitation Program Facilitator – Geriatrics/Mental Health**
Alberta Health Services – Foothills Hospital, Calgary AB
Responsible for program development, program evaluation, and facilitation of best practice within Rehabilitation Services, focusing on continuing care, medicine, and mental health service areas. This position was 0.5 FTE.
- Jun '92 – Mar '93 **Senior Occupational Therapist, Multiple Sclerosis Rehabilitation Program**
Calgary General Hospital, Calgary AB
- Feb '87 – May '92 **Supervisor, Occupational Therapy Department**
Carewest - Dr. Vernon Fanning Care Centre, Calgary AB
- Sep '84 – Feb '87 **Senior Occupational Therapist**
Alberta Children's Hospital, Calgary AB
- Aug '81 – Sep '84 **Senior Occupational Therapist, Department of Psychiatry**
Calgary General Hospital, Calgary AB
- Jun '78 – Aug '81 **Staff Occupational Therapist, Department of Psychiatry**
Calgary General Hospital, Calgary AB

EDUCATION & PROFESSIONAL CREDENTIALS:

Degree:

- 2020 **Masters of Education in Health Sciences Education (MEd HSE)**
University of Alberta
Edmonton, Alberta
- 1978 **Bachelor of Science (Occupational Therapy)**
Queen's University
Kingston, Ontario

Certifications:

- 2007 Assessment of Motor and Process Skills (AMPS) Certified Rater
2004 Multiple Sclerosis Certified Specialist (MSCS)

Licensure/Association Affiliation:

- Alberta College of Occupational Therapists #0235
Canadian Association of Occupational Therapists #26704
Society of Alberta Occupational Therapists #M161627

Continuing Professional Education/Courses (selected):

- 2005 – present Canadian Association of Occupational Therapy (CAOT), Annual Conference
1993 – 2011 Consortium of Multiple Sclerosis Centers, Annual Conference
1998 – 2005 Health Research Methods Course, University of Calgary, Dept. of Community Health Sciences
- 2006 Assessment of Motor and Process Skills (AMPS)
2002 Team Based Process Improvement (TBPI), Calgary Health Region
1994 Essential Skills Series: Understanding Program Evaluation, Canadian Evaluation Society
- Building an Evaluation Framework

- Improving Program Performance
 - Evaluating for Results
- 1992 Analysis of Neurointegrative Theories in Occupational Therapy, (OCCTH 598 - Graduate Course), Faculty of Rehabilitation, University of Alberta
- 1990 Effective Selection Interviewing, Mavis Marteinson and Associates
- 1988 Quality Assurance: Writing Rehabilitation Standards, University Hospital, Vancouver
- 1987 Management for Supervisors in the Health Care Setting, Humber College, Conference and Seminar Services,

PUBLICATIONS:

Peer-Reviewed Publications:

- Hinrichs, J.** (2009). Energy effectiveness strategies: Tools to improve vocational functioning. *International Journal of MS Care*, 11(Supplement 3), 12-15.
- Harris, C., Costello, K., **Hinrichs, J.**, Halper, J., Hutchinson, B., & Yeung, M. (2003). Consortium of Multiple Sclerosis Centers recommendations for care of those affected by multiple sclerosis. *International Journal of MS Care*, 5(3), 67-78.

Non-Peer Reviewed Publications:

- Mulholland, S., Coutts, K., **Hinrichs, J.**, Rajan, S., Froese, D., & Esmail, S. (2019). Six years of a satellite university program: What have we learned?. *Occupational Therapy Now*, 21(3), 28-29.
- Hinrichs, J.** & Finlayson, M. (2012). An overview of multiple sclerosis rehabilitation. In M. Finlayson (Ed), *Multiple Sclerosis Rehabilitation: From impairment to participation* (pp. 43-65). Boca Raton, FL. CRC Press.
- Groves, D., Coggles, L., **Hinrichs, J.**, Berndt, S., & Bright, L. (2010). An innovative algorithm for cognitive assessments. *Occupational Therapy Now*, 12(2), 20-23.
- Consortium of Multiple Sclerosis Centers. (1998). *Developing Adult Day Services for People with MS: A Resource Manual*
- Hinrichs, J.** (1994). Cognitive Deficits in Multiple Sclerosis. *Synapse: Canadian Physiotherapy Association Neurosciences Division Newsletter*, 14(4), 7-8.

Published Abstracts:

- Gervais, E. & **Hinrichs, J.** (2008). Application of Canadian Occupational Performance Measure for sustaining employment in people with multiple sclerosis. *International Journal of MS Care*, 10 (Supplement 1), 45.
- Metz, L.M., **Hinrichs, J.**, & Harris, C. (1996). Assessment of oral ondansetron in the treatment of cerebellar tremor in MS using the Canadian Occupational Performance Measure. *Multiple Sclerosis Clinical Laboratory Research*, 2, 116.

PEER-REVIEWED GRANTS:

- Title:** A Pilot Study Measuring the Utility of the MSQLI Within a Short-Term Rehabilitation Program
PI: JR Hinrichs
Sponsor: Multiple Sclerosis Scientific Research Foundation/ \$9,428.00 (2000)

INVITED PROJECTS:

- CMSC Foundation Rehabilitation Fellowship Program – Pilot Hosting Site. Mar. 30-Apr. 3, 2009, Calgary, Alberta.
- ICF Consensus Conference on the ICF Core Sets for Multiple Sclerosis. May 2-4, 2008, Valens, Switzerland.

CMSC Consensus Conference on Rehabilitation Outcomes: Gait and Fatigue, Nov. 28-29, 2007, Chicago, Illinois.

INVITED LECTURES AND PRESENTATIONS:

Energy Effectiveness Strategies: Tools to Improve Vocational Functioning. May 29, 2009, CMSC Conference, Atlanta, Georgia.

Updates in Managing MS: A Rehabilitation Perspective. May 13-15, 2009, MS Society, Southeast Chapter & Lethbridge Chapter, Alberta.

What's New in Rehab Management of MS. Apr. 24, 2009, Jayman Alberta MS Project Rehabilitation Meeting. Red Deer, Alberta.

Updates in Managing MS: A Rehabilitation Perspective. Nov. 12, 2008, MS Society, Calgary Chapter AGM.

Updates in the Management of MS: Part 2. Apr. 25, 2008, Rural Rehabilitation Forum, Canmore, Alberta.

OPTIMUS: An Interdisciplinary Rehabilitation Program. Nov. 17, 2007, 2nd Annual Calgary Experience, Banff, Alberta.

Making Sense of Fatigue. Nov. 3 & 7, 2007, MS Society, Calgary Chapter Support Groups, Calgary & Strathmore, Alberta.

Updates in the Management of MS. Sept. 13, 2007, Neuro Rehab Grand Rounds, Calgary, Alberta.

Updates in the Management of MS. Mar. 30, 2007, Rural Rehabilitation Forum, Strathmore, Alberta.

Making Sense of Fatigue. Sept. 6, 2006, MS Society, Calgary Chapter, MS Speaker Series, Calgary, Alberta

Management of Cognitive Impairment. Feb. 3-7, 2005, Multiple Sclerosis Nurse Update Meeting, Ft. Lauderdale, Florida.

Mobility and Participation Issues. Feb. 3-7, 2005, Multiple Sclerosis Nurse Update Meeting, Ft. Lauderdale, Florida.

Occupational Therapy Assessment and Clinical Reasoning, June 4, 2004, CMSC Conference, Toronto, ON, Canada.

Living Well with MS: Managing Fatigue, May 15, 2004, MS Society of Canada presentations, Kingston, Ontario.

Getting Research Done: Processes, Realities and Strategies – A Clinician's Perspective, Apr. 30, 2004, 9th Annual Health Research Methods, University of Calgary, Calgary, Alberta

Effects of Rehabilitation on Impairment, Activity, Participation and Quality of Life. Nov. 8, 2003, MS Society, Manitoba Division Conference, Winnipeg, Manitoba.

The Benefits of Remaining Active. Nov. 8, 2003, MS Society, Manitoba Division Conference, Winnipeg, Manitoba.

Fatigue Case Studies. Oct 25, 2003, Approaches to Rehabilitation in MS Conference, Banff, Alberta.

Overview of OPTIMUS and Management of MS Fatigue. June 13, 2003, Shades of Grey Symposium, Calgary, Alberta.

Living Well with MS: Managing Fatigue. May – June, 2003, MS Society of Canada presentations, Vancouver, British Columbia & Regina, Saskatchewan.

Mobility and ADL Workshop Case Presentations: The Canadian Perspective. June 7, 2002, CMSC Annual Conference, Chicago, Illinois.

Assessment and Management of Fatigue in MS. May 25, 2002, MS Workshop, Lethbridge, Alberta.

Assessment and Management of Fatigue in MS. May 14, 2002, MS Forum, Red Deer, Alberta.

The Role of Occupational Therapy. Nov. 24, 2001, MS Society of Canada, Atlantic Division Volunteer Leadership Retreat, Halifax, Nova Scotia.

Challenges in MS Rehabilitation. Nov. 23, 2001, MS Society of Canada, Atlantic Division Conference, Halifax, Nova Scotia.

Rehabilitation Role in the Management of Fatigue. Nov. 23, 2001, MS Society of Canada, Atlantic Division Conference, Halifax, Nova Scotia.

Updates in the Management of MS for Rehabilitation Staff. Nov. 6, 2000. Alberta Rehabilitation Continuous Learning Network (ARCLN), Calgary, Alberta.

Developing Adult Day Services for People with Multiple Sclerosis Workshop. Oct. 4, 1998. CMSC Annual Conference, Cleveland, Ohio.

Fatigue in MS. Sept. 28, 1997, Multiple Sclerosis Society of Canada, AB Division Facets of Hope Conference, Edmonton, Alberta.

PEER-REVIEWED CONFERENCE PRESENTATIONS:

- Hinrichs, J.**, Schmitz, C., Chen, S-P., & Kolber, L. Community development and role-emerging fieldwork: Building capacity, cultivating practice. Presentation (extended discussion) at the annual CAOT Conference, May 29-June 1, 2019.
- Mulholland, S., Coutts, K., Moon, M., **Hinrichs, J.**, & Esmail, S. Looking Back on Innovation! Lessons Learnt from an OT Satellite Program. Poster presented at the annual CAOT Conference, June 20-23, 2018, Vancouver, BC.
- Hinrichs, J.**, Kolber, L., Favel, K., Youngman, K., & Henderson, C. Reflections of Role-Emerging Placements for Level 1 Fieldwork Placements. Poster presented at the annual CAOT Conference, June 21-24, 2017, Charlottetown, PEI.
- Schmitz, C., **Hinrichs, J.**, Schultz, K., Van Lieshout, T., Henderson, C., & Werther, K. Teaching Therapeutic Use of Self in The Classroom: Effective Pedagogy? Paper presentation at the annual CAOT Conference, June 21-24, 2017, Charlottetown, PEI.
- Hinrichs, J.**, Mulholland, S., Panton, S., & Esmail, S. Implementation of Peer Leadership with Occupational Therapy Students. Poster presented at the annual CAOT Conference, April 19-22, 2016, Banff, AB.
- Greenhough, C., Staden, K., Davidson, N., Mulholland, S., **Hinrichs, J.** Taking the lead on health: A student wellness initiative. Poster presented at the annual CAOT Conference, April 19-22, 2016, Banff, AB.
- Schmitz, C. & **Hinrichs, J.** Exploring Multimedia Client Narratives in Entry-Level Occupational Therapy Education: A Student Assignment. Poster presented at the 2nd International "Where's the Patient's Voice in Health Professional Education – 10 Years On" conference, Nov. 12-14, 2015, Vancouver, BC.
- Schmitz, C., Mulholland, S., Esmail, S., & **Hinrichs, J.** Expanding Orientation Week: Laying a Foundation for Student Learning. Poster presented at the annual CAOT Conference, May 28-30, 2015, Winnipeg, MB.
- Gervais, E. & **Hinrichs, J.** Application of the CMOP for Sustaining Employment in Persons with MS. Poster presented at the 22nd CMSC Annual Meeting, May 28-31, 2008, Denver, Colorado.
- Hinrichs, J.** & Gervais, E. Fostering Elements of Collaborative Care: The OPTIMUS Experience. Presented at the 4th Annual Calgary Health Region Collaborative Practice Conference, Sept. 25, 2008, Calgary, Alberta.
- Erskine, L. & **Hinrichs, J.** Occupational Therapists' Role in Assessment of Capacity: One Province's Contribution. Presented at the CAOT Conference, June 12-14, 2008, Whitehorse, Yukon.
- Hinrichs, J.**, Archibald, C.J., Johnston, C., Lake, J., Wagener, K., & Metz, L.M. Patients' Perceptions of Self-Efficacy after Specialized Rehabilitation. Poster presented at the 20th CMSC Annual Meeting, May 31-June 3, 2006, Scottsdale, Arizona.
- Groves, D. & **Hinrichs, J.** Clinical Reasoning for Cognitive Assessments. Poster presented at the CAOT Conference, May 26-28, 2006, Vancouver, British Columbia.
- Finlayson, M. & **Hinrichs, J.** Building Networks to Promote Multiple Sclerosis Practice and Research. Presented at the CAOT Conference, May 26-28, 2005, Vancouver, British Columbia.
- Hinrichs, J.**, Archibald, C.J., Pain, K., & Metz, L.M. A Pilot Study Measuring the Utility of the MSQLI Within a Short-Term Rehab Program. Poster presented at the CMSC Annual Conference, May 28-June 1, 2003, San Diego, California.
- Lake, J., **Hinrichs, J.**, & Harris, C. Benefits of a Bladder Scanner to Measure Post-Void Residuals (PVR). Poster presented at the CMSC Annual Conference, May 31-June 3, 2001, Fort Worth, Texas.
- Hinrichs, J.** & Morrice, B.L. Logic Model Application in an MS Rehabilitation Program. Presented at the Trijoint Congress, May 24-27, 2000, Toronto, Ontario.
- Hinrichs, J.**, Matthews, H., Van Haar, L., & Keillor, R. Use of the COPM in an Out-Patient Rehabilitation Program. Presented at the CMSC Annual Conference, Sept. 14-17, 1995, Portland, Oregon.

- Hinrichs, J.**, Malcolm, C., Flahr, S., & Martens, C. Divergent Evolution of the Canadian Occupational Performance Measure (COPM). Presented at the CAOT Conference, May 24-27, 1995, Edmonton, Alberta.
- Hinrichs, J.**, Swinton, L. & Oga, C. Assessment of Pre-Driving Skills in Clients with Multiple Sclerosis. Presented at the CMSC Annual Conference, Sept. 23-25, 1994, Minneapolis, Minnesota.
- Hinrichs, J.** Looking for Solutions: An Out-Patient Rehabilitation Program for Multiple Sclerosis. Poster presented at the CMSC Annual Conference, Sept. 11-13, 1993, Victoria, British Columbia.
- Van Haar, L., **Hinrichs, J.**, & Coates, D. Creative Approaches to Cognitive and Emotional Problems in an Outpatient Rehabilitation Program. Presented at the CMSC Annual Conference, June 11-13, 1993, Victoria, British Columbia.

AWARDS:

- 2015: Teaching and Learning Enhancement Fund (TLEF) – Professional Development \$1156.00
- 2014: CAOT Fellowship Award for outstanding contributions and service over an extended period
- 2007: Spirits of Gold Outstanding Community Volunteer Award, United Way of Calgary
- 2007: Jim Vargo Leadership Award Nomination, Alberta Rehabilitation Coordinating Council
- 2006: Professional Services Award, Multiple Sclerosis Society of Canada, Calgary Chapter
- 2003: Queen’s Golden Jubilee Medallion, Multiple Sclerosis Society
- 2001: Award of Merit, Multiple Sclerosis Society of Canada, Alberta Division
- 1999: Giles Matchett Memorial Award of Merit, Multiple Sclerosis Society of Canada, Calgary Chapter
- 1997: Professional Care Award, Multiple Sclerosis Society of Canada, Alberta Division
- 1993: Labe Scheinberg Award for Outstanding Poster Presentation, Consortium of MS Centers
- 1990: President’s Award, Alberta Association of Registered Occupational Therapists

PROFESSIONAL SERVICE ACTIVITIES AND COMMITTEES:

University of Alberta, Faculty of Rehabilitation Medicine

- UofA Rep to SAIT Rehabilitation Therapy Assistant Program Advisory Committee (2011 – Present)
- FRM Mentorship Working Group (2018 – 2019)
- Clinical Associate Professor (1996-1998)

Canadian Association of Occupational Therapists (CAOT)

- Treasurer, CAOT Board (2016 – 2019)
- Co-convener, Annual Conference (April 2016 Banff, AB)
- Chair, Complaints Committee (2013 – 2015)
- CAOT Board Director, Alberta (2007 – 2013)
- Abstract Reviewer, Conference Program Committee (1994 – 2008)

Society of Alberta Occupational Therapists (SAOT)

- Awards Committee member (2013 – 2015)
- Ex-officio (CAOT Rep), Board of Directors (2007 – 2013)

Alberta Association of Occupational Therapists (AAROT)

- Member, Discipline Committee (1993 – 2005)
- Member, Standards of Practice for Long Term Care (1992 – 1993)
- Treasurer (1988 – 1990)
- Member, Education Committee (1982 – 1984)

Multiple Sclerosis Society of Canada

- Member, Alberta Division, Client Services Committee (2005 – 2007)
- Member, Alberta Division Board (2004 – 2005)

- Member, Calgary Chapter, Client Services Committee (2003 – 2007)
- Member, National Publications Committee (2001 – present)
- Member, Calgary Chapter Board (1993 – 2000)
- Calgary Chapter Representative, Alberta Division Board (1994 – 2001)
- Chair, Individual and Family Services and Social Action Committees, Calgary (1994 – 1998)

Consortium of Multiple Sclerosis Centers

- Advisor, MS Exchange – Official Newsletter of the CMSC (2003 – 2013)
- Member/Occupational Therapist Rep, Clinical Care Committee (2002 – 2012)
 - Developed *Recommendations for Care of Those Affected by MS* (published 2003)
 - Developed MS Specialist Certification Examination (2004)
- Member, Rehabilitation Research Interest Group, CMSC Cooperative Studies Group (2004 – 2012)

Toastmaster's International

- Member, Cutting Edge Communicators Club at Foothills Hospital (2003 – 2005)