

LAUREN D. SULZ

Associate Professor
Faculty of Education
College of Social Sciences & Humanities
University of Alberta

lsulz@ualberta.ca

EDUCATION

- 2014** **PhD, School of Exercise Science, Physical & Health Education**
University of Victoria
- 2008** **Master of Science, College of Kinesiology**
University of Saskatchewan
- 2003** **Bachelor of Education, Faculty of Education**
University of Saskatchewan
- 2003** **Bachelor of Science, College of Kinesiology**
University of Saskatchewan

CAREER PATH

- 2021 -** **Associate Professor**, Department of Secondary Education, Faculty of Education
University of Alberta (effective July 1, 2021)
- 2015 -** **Assistant Professor**, Department of Secondary Education, Faculty of Education
University of Alberta
- 2012 – 2013** **Program Evaluator**, Population and Public Health, Health Promotion Department
Saskatoon Health Region
- 2012 – 2013** **Sessional Lecturer/Research Assistant**, College of Kinesiology
University of Saskatchewan
- 2008 – 2011** **Sessional Lecturer**, School of Exercise Science, Physical & Health Education
University of Victoria
- 2006 – 2007** **Teaching Assistant**, College of Kinesiology
University of Saskatchewan
- 2003 – 2006** **Teacher**, Grades 9-12, Physical Education, Science
Saskatoon Public School Division, Saskatoon Saskatchewan

RESEARCH GRANTS AND FUNDED PROJECTS

RESEARCH GRANTS (CURRENT - \$194,000)	VALUE	YEAR
SSHRC-PDG (Principal Investigator) <i>Creating a Common Vision for Health Education in Canada</i>	\$194,000	2022-2024
RESEARCH GRANTS (COMPLETED - \$1,431,824)		
SSHRC-IDG (Principal Investigator) <i>School Sport and Educational Success: Exploring KidSport's Stay-in-School Initiative for Low-Income Youth in Alberta</i>	\$58,939	2017-2022
Sport Canada Innovation Grant (Co-Investigator) <i>Building Inclusive Environments for New Canadians Through Reimagining School Sport</i>	\$105,000	2019-2021
McConnell Foundation (Co-Investigator) <i>Supporting a Focus on Wellbeing at the School Jurisdiction Level</i>	\$165,986	2019-2021
SSHRC Partnership Grant - Stage 1 (Co-Investigator) <i>Teachers of Tomorrow: Transforming Wellbeing Through Education</i>	\$19,560	2021
McConnell Foundation (Co-Investigator) <i>Supporting a Focus on Wellbeing at the School Jurisdiction Level</i>	\$165,986	2019-2021
Teaching Unit Award – University of Alberta Award for Teaching Excellence	\$3,500	2020
Strategic Initiatives Grant (Co-Investigator) Faculty of Education, U of Alberta <i>Building and supporting healthy educational communities: K to PhD</i>	\$2,395	2019-2020
McConnell Foundation (Co-Investigator) <i>Teachers of Tomorrow</i>	\$10,000	2018-2020
CIHR (Co-Investigator)	\$222,586	2017-2020

Sleeping Soundly: Understanding the Translation of Sleep Promotion at School to Sleep Behaviours at Home. Insights from Children and Parents.

Mitacs Elevate Post-Doctoral Grant (Co-Supervisor) <i>Building and supporting healthy educational communities: From kindergarten through university</i>	\$60,000	2018-2019
Support for the Advancement of Scholarship Faculty of Education, U of Alberta (Co-Investigator) <i>Case Study of Applied Physical Literacy In an Urban High School</i>	\$6,858	2016-2018
Support for the Advancement of Scholarship Faculty of Education, U of Alberta (Principal Investigator) <i>Examining Non-Curricula Physical Activity Programs in Schools Across Two Canadian Provinces</i>	\$6,980	2015-2017
Canadian Cancer Society Prevention Grant (Co-Investigator) <i>Health Promoting Secondary Schools – A Pilot Project: Implementation of a Self-Determination Framework</i>	\$599,034	2010-2013
President's SSHRC (Co-Investigator) <i>A Student's Choice: Enrollment in Elective Physical Education</i>	\$5,000	2007-2008

SCHOLARSHIP

REFEREED JOURNAL ARTICLES

* indicates graduate student involvement

*Gleddie, D.L., **Sulz, L.**, & Morrison, H. (Eds.). (2022). *Our journey: The health and physical education masters cohort experience*. Edmonton: Kindle Direct Publishing, The Healthy Schools Lab.

***Sulz, L.**, Gleddie, D.L., Kinsella, C., & Humbert, M.L. (2022). The health and educational impact of removing financial constraints for school sport. *European Physical Education Review*, 29(1). <https://doi.org/10.1177/1356336X221104909>

*Boudens, L. & **Sulz, L.** (2022). Run cross-country, they said. It will be fun, they said.... Gleddie, D., Sulz, L., Morrison, H. *Our Journey: The health and physical education masters cohort experience*. (24-33). Edmonton: Kindle Direct Publishing, The Healthy Schools Lab.

*Burns, L. & **Sulz, L.** (2022). Mentorship Matters. In Gleddie, D., Sulz, L., & Morrison, H. (Eds). *Our Journey: The health and physical education masters cohort experience*. (52-62). Edmonton: Kindle Direct Publishing, The Healthy Schools Lab.

- *Fenlon-Macdonald, C. & **Sulz, L.**, (2022). Movement+ School Culture. In Gleddie, D., Sulz, L., & Morrison, H. (Eds). *Our Journey: The health and physical education masters cohort experience* (pp.76-82). Edmonton: Kindle Direct Publishing, The Healthy Schools Lab.
- *Mills, L. & **Sulz, L.** (2022). Improving student participation in school-based physical activity. In Gleddie, D., Sulz, L., & Morrison, H. (Eds). *Our Journey: The health and physical education masters cohort experience* (pp.105-115). Edmonton: Kindle Direct Publishing, The Healthy Schools Lab.
- *Otto, G. & **Sulz, L.** (2022). Leveraging social media to create meaningful experiences in physical education. In Gleddie, D., Sulz, L., & Morrison, H. (Eds). *Our Journey: The health and physical education masters cohort experience* (pp.133-143). Edmonton: Kindle Direct Publishing, The Healthy Schools Lab.
- Robinson, D., **Sulz, L.**, Berg, S. & Gleddie, D.L. (2021). The best of At My Best K–3: A student- and teacher-informed evaluation of an elementary health education resource. *Revue phénEPS/PHEnex Journal*, 12(2), 1-21.
- Bird, M., McKernan, C., Brown, C., Flynn, J., Neely, K., Sobierajski, F., **Sulz, L.**, & Storey, K. (2021). “Sleep is healthy for your body and brain.” Use of student-centered photo voice to explore the translation of sleep promotion at school to sleep behaviour at home. *Sleep Health*, (20)S2352, 1-8. <https://doi.org/10.1016/j.sleh.2021.05.006>
- Hall, N., **Sulz, L.**, & Robinson, D. (2021). Educational Research: Something Worthy of Physical and Health Education Teachers’ Consideration. *Physical and Health Education Journal*, 87(1), 1-17.
- Elias, P., Montermurro, G., **Sulz, L.**, Torrance, B., & Storey, K. (2020). Canadian after-school care providers’ perceived role promoting healthy lifestyles: a focused ethnography. *BMC Public Health*, (20), 1279, 1-11 <https://doi.org/10.1186/s12889-020-09369-y>
- Ahmed, M. D., Yan Ho, K. W., Van Niekerk, L.V., **Sulz, L.**, & Begum, S. (2020). Social support and sport participation motive in female adolescents in India – study of age transition and achievement level. *Physical Culture and Sport. Studies and Research*, 88(1), 49-67. DOI: <https://doi.org/10.2478/pcssr-2020-0025>
- Sulz, L.D.**, Gibbons, S., Naylor, P.J., & Wharf Higgins, J. (2020). Evaluation of an intervention to increase student motivation and enrolment in physical education. *Physical Educator*, 77(3), 505-530. DOI: <https://doi.org/10.18666/TPE-2020-V77-I3-9831>
- Sulz, L.D.**, Gleddie, D.L., Urbanski, W., & Humbert, L. (2020). Improving school sport: Teacher-coach and athletic director perspectives. *Sport in Society*, 24(9), 1554-1573. DOI: <https://doi.org/10.1080/17430437.2020.1755263>
- Elias, P.H., Montemurro, G., Ekwaru, J. P., **Sulz, L.**, Torrance, B., & Storey, K.E. (2020). After-school care providers’ confidence, knowledge, attitudes and ability to promote health behaviours. *PHEnex*, 12(2), 1-16.
- *Ahmed, M. D., Yan Ho, K. W., Van Niekerk, L.V., **Sulz, L.**, & Begum, S. (2020). Social support and sport participation motive in female adolescents in India – study of age transition and achievement level. *Physical Culture and Sport. Studies and Research*, 88(1), 49-67. DOI: <https://doi.org/10.2478/pcssr-2020-0025>
- Sulz, L.D.**, Gibbons, S., Naylor, P.J., & Wharf Higgins, J. (2020). Evaluation of an intervention to

increase student motivation and enrolment in physical education. *Physical Educator*, 77(3), 505-530. DOI: <https://doi.org/10.18666/TPE-2020-V77-I3-9831>

Sulz, L.D., Gleddie, D.L., Urbanski, W., & Humbert, L. (2020). Improving school sport: Teacher-coach and athletic director perspectives. *Sport in Society*, 24(9), 1554-1573. DOI: <https://doi.org/10.1080/17430437.2020.1755263>

***Sulz, L.D.**, Morrison, H., & Fenlon-MacDonald, C. (2020). Supporting students' mental health in physical education classes. *Runner*, 51(1), 9-14.

Gleddie, D.L., **Sulz, L.**, Humbert, L. & Zajdel, A. (2019). If you must cut athletes from school sport teams: Consider best practices. *Journal of Physical Education, Recreation and Dance*, 90(2), 24-30. DOI: <https://doi.org/10.1080/07303084.2018.1546630>

Sulz, L.D. & Gibbons, S.L. (2016). Whole-School approaches to health promotion in high schools: a review of four recent interventions. *International Journal of Physical Education*, 53(2), 2-15.

Sulz, L.D., Temple, V., & Gibbons, S. (2016). Measuring student motivation in high school physical education: development and validation of two self-report questionnaires. *The Physical Educator*, 73(3), 530-554. DOI: <https://doi.org/10.18666/TPE-2016-V73-I3-6370>

Sulz, L.D., Gibbons, S., Naylor, P.J., & Wharf Higgins, J. (2016). Complexity of choice: teachers' and students' experiences implementing a choice-based Comprehensive School Health model. *Health Education Journal*, 75(8), 986-997. DOI: <https://doi.org/10.1177/0017896916645936>

Wharf Higgins, J., Naylor, P.J., Bellows Riecken, K., Gibbons, S., Rhodes, R., **Sulz, L.D.**, & McKay, H. (2014). One, two, three strikes and you're out? Examining youth physical activity in the context of the Health Promoting Secondary Schools model and teacher job action. *Education and Health*, 32(3), 110-117.

Naylor, P.J., Wharf Higgins, J., Gibbons, S., Rhodes, R., **Sulz, L.D.**, McKay, H., Voss, C., & Macdonald, H. (2013). To PE or not to PE, that is the question. *Canadian Journal of Diabetes*, 37(S2), S263.

Voss, C., Wharf Higgins, J., Naylor, P.J., Sandercock, G., Gibbons, S., Rhodes, R., Macdonald, H., **Sulz, L.D.**, Tan, V., & McKay, H. (2012). Differences in health-related fitness and physical activity between Canadian and English 15-yr olds. *Journal of Science and Medicine in Sport*, 15(S1), S326-S327. DOI: <https://doi.org/10.1016/j.jsams.2012.11.890>

Voss, C., Race, D., Wharf Higgins, J., Naylor, P.J., Gibbons, S., Rhodes, R., Macdonald, H., **Sulz, L.D.**, & McKay, H. (2012). Is the bus an overlooked source of active transport to school in Canadian youth? *Journal of Science and Medicine in Sport*, 15(S1), S209.

DOI: [10.1016/j.jsams.2012.11.509](https://doi.org/10.1016/j.jsams.2012.11.509)

Sulz, L.D., Humbert, M.L., Gyurcsik, N.C., Chad, K.E., & Gibbons, S.L. (2010). A student's choice: enrollment in elective physical education. *PHEnex*, 2(2), 1-17.

REFEREED BOOK CHAPTERS

Sulz, L.D., Berg, S., & Gleddie, D. (2018). Healthy literacy & comprehensive school health. In Gleddie, D., Hickson, C., & Bradford B. (Eds.). *Physical Education for elementary school teachers: Foundations of a physical literacy journey*. Victoria: Ripon Publishing.

NON-REFEREED PUBLICATIONS

- McGinley, S., Randall, L., **Sulz, L.** Davis, M., & Hall, N. (2020). Canadian PHE community's response to the COVID-19 Pandemic. *National Association for Kinesiology in Higher Education Magazine*, 2, 12-16. <https://www.flipsnack.com/drwoolard/issue-two-2020.html>
- Sulz, L.D.**, Morrison, H., & Fenlon-MacDonald, C. (2020). Supporting students' mental health in physical education classes. *Runner*, 51(1), 9-14.
- McLester, J., Gleddie, D., Kell, S., & **Sulz, L.** (2020). Why HPE? Vision and advocacy for health and physical education. *Runner*, 51(1), 41-47.
- Gleddie, D. & **Sulz, L.** (2020). Health and physical education in the midst of a pandemic. *The Healthy Schools Lab*.
<https://hslab.ca/2020/03/24/health-and-physical-education-in-the-midst-of-a-pandemic/>
- Kell, S., **Sulz, L.**, Bradford, B., & Gleddie, D (2019). Research-informed teaching tips for Health Educators. *Runner*, 50(1), 27-33.
- Sulz, L.D.**, Schubert, J. & Gleddie, D. (2019). If school is for all, why isn't school sport? A focus on participation, development, and inclusion. *Purposeful Movement Blog*.
<https://hslab.ca/2019/10/17/sport-for-all/>
- Sulz, L.**, Balderson D., Gleddie, D., Hickson, C., Chorney, D., & Kell, S. (2018). Research-informed tips for teaching physical and health education. *Runner*, 49(1), 9-14.
- Mauro, J., Gleddie, D.L., & **Sulz, L.** Opinion: Cutting kids from the team shouldn't end their desire to play. *Edmonton Journal*, November 3, 2018:
<https://edmontonjournal.com/opinion/columnists/opinion-cutting-kids-from-the-team-shouldn-t-end-their-desire-to-play>
- Mauro, J., Gleddie, D.L., & **Sulz, L.** Increasing engagement by addressing de-selection practices in youth sport. *SIRCuit Blog (Sport information resource Centre)*, October 11, 2018:
<https://sirc.ca/blog/increasing-engagement-by-addressing-de-selection-practices-in-youth-sport/>
- Gleddie, D. & **Sulz, L.D.** We (respectfully) disagree. *Purposeful Movement Blog*, March 8, 2018:
<https://purposefulmovement.net/2018/03/08/we-respectfully-disagree/>
- Sulz, L.**, & Gleddie, D.L., & Humbert, L. Opinion: Getting cut from teams can end kids' participation in sports. *Edmonton Journal*, February 15, 2017:
<http://edmontonjournal.com/opinion/columnists/opinion-cutting-kids-from-the-team-hurts-dont-make-it-worse>
- Sulz, L.**, Humbert, L. & Gleddie, D.L. Easing the pain of cutting kids from sport: Are there best practices? *Sport for Life Blog*, October 20, 2016:
<https://sportforlife.ca/blog/easing-pain-cutting-kids-sport-best-practices-dr-lauren-sulz/>

MATERIALS FOR USE IN SCHOOLS

- Sulz, L.D.**, Gibbons, S.L., & Wharf Higgins, J. (2011). *Physical Education 10 Resource Manual for Health Promoting Secondary Schools*. Victoria, British Columbia, Canada
- Wharf Higgins, J. Courtnall, S., & **Sulz, L.D.** (2012). *Health Promoting Secondary Schools – HPSS Schools Health Profile 2011 – 2012*. School Health Planning and Evaluation System (SHAPES). Victoria, British Columbia, Canada

REPORTS

- Davis, M., Long, E., Munro-Sigfridson, L., Baker, K. Beaudoin, S., Campbell, R., Gregerson, R., Harding-Kuriger, J., Humbert, L., McManes, G., Paterson, L., Rogers Neale, M., **Sulz, L.**, & Temertzoglou, T. (2020). *COVID-19 Pandemic: Return to School Canadian Physical and Health Education Guidelines*. Physical and Health Education Canada, Ottawa, ON.
<https://phecanada.ca/activate/return-school-phe-guidelines>
- Berg, S., Robinson, D., Gleddie, D.L., & **Sulz, L.** (2019). *At My Best K-3 final evaluation report*. Report submitted to Physical and Health Education Canada, Ottawa, ON.
- Berg, S., Robinson, D., Gleddie, D.L., & **Sulz, L.D.** (2018). *At My Best 4-5-6 photovoice evaluation report*. Report submitted to Physical and Health Education Canada, Ottawa, ON.
- Berg, S., Robinson, D., Gleddie, D.L., & **Sulz, L.D.** (2018). *At My Best K-3 evaluation report*. Report submitted to Physical and Health Education Canada, Ottawa, ON.
- Sulz, L.D.** & Gleddie, D. (2018). *Non-curricula physical activity programs: Ellerslie Campus School Study*. Report submitted to Ellerslie School, Edmonton, AB.
- Sulz, L.D.**, Humbert, L., & Gleddie, D. (2015). *Examining Non-Curricula Physical Activity Programs in Alberta Schools*. Report submitted to Alberta Schools Athletic Association.
- Sulz, L.D.**, Humbert, L., & Gleddie, D. (2015). *Examining Non-Curricula Physical Activity Programs in Saskatchewan Schools*. Report submitted to Saskatchewan High School Athletic Association, Saskatoon, SK.
- Sulz, L.D.**, Humbert, L., Humbert, E., & Hillis, K. (2013). *Cutting Youth from High School Sports: Current Practices, Best Practices, and Influence on Physical Activity Behaviours*. Report submitted to Greater Saskatoon Catholic School Board, Saskatoon, SK.
- Sulz, L.D.** (2013). *Saskatchewan in motion Schools: Past, Present, and Future*. Report submitted to Saskatchewan in motion, Saskatoon, SK.
- Sulz, L.D.**, Humbert, M. L., & Chad, K. (2011). *The Saskatchewan Physical Education Survey*. Report submitted to Saskatchewan in motion and the Ministry of Learning, Government of Saskatchewan.

REFEREED CONFERENCE PRESENTATIONS (*last updated 2019*)

INTERNATIONAL

- Sulz, L.**, Gleddie, D.L., & Humbert, L. (June 21, 2019). *Building Bridges for Sport Participation Among Low-Income Youth*. Paper presented at the International Association for Physical Education in Higher Education (AIESEP) Conference. Garden City, New York, USA.
- Harding-Kuriger, J. & Gleddie, D.L., & **Sulz, L.** (June 20, 2019). *Meaningful physical education: Honouring contextual diversity*. Poster presented at the International Association for Physical Education in Higher Education (AIESEP) Conference. Garden City, New York, USA.
- Houser, N.E., Humbert M.L., **Sulz, L.D.**, & Ahmed, D. (May 8, 2019). *Parents and physical literacy: the relationship between parental physical activity levels and their beliefs in their child's physical literacy and abilities*. Oral presentation at the International Physical Literacy Conference. Winnipeg, Manitoba, Canada.
- Gleddie, D.L., Morgan, A., & **Sulz, L.** (July 27, 2018). *Physical literacy praxis: a case study in an urban high school*. Paper presented at the International Association for Physical Education in Higher Education (AIESEP) Conference, Edinburgh, Scotland.
- Berg, S., Robinson, D., **Sulz, L.**, & Gleddie, D.L. (July 26, 2018). *Draw me a picture: Using a modified photo-voice method to investigate a National HPE curriculum resource*. Paper presented at the International Association for Physical Education in Higher Education (AIESEP) Conference, Edinburgh, Scotland.

- Gleddie, D.L., Morgan, A., & **Sulz, L.** (March 24, 2018). *Applied Physical Literacy in an Urban High School*. Oral presentation at the SHAPE America National Convention. Nashville, Tennessee, USA.
- Paton, J., **Sulz, L.**, Gleddie, D.L., & Humbert, L. (January 16, 2017). *School Sport Team Selection and Practices Around Cutting Players from Teams*. Oral presentation at the 30th Australian Council Health Physical Education Recreation (ACHPER) International Conference, Canberra, Australia.
- Sulz, L.D.**, Humbert, L.M., & Gleddie, D.L. (March 17, 2017). *Cutting kids from sport: Are there best practices?* Oral presentation at the SHAPE America National Conference, Boston, Massachusetts, USA.
- Sulz, L.**, Humbert, L., & Gleddie, D.L. (March 15, 2017). *Extracurricular physical activity in Canadian Schools*. Poster presentation at the SHAPE America National Conference, Boston, Massachusetts, USA.
- Chorney, D. & **Sulz, L.D.** (March 16, 2015). *Lived experiences within a Canadian Post-Secondary PETE Program*. Oral presentation at the SHAPE National America, Atlanta, Georgia, USA.
- Voss, C., Wharf Higgins, J., Naylor, P.J., Sandercock, G., Gibbons, S., Rhodes, R., Macdonald, H., **Sulz, L.**, Tan, V., & McKay, H. (2012). *Differences in health-related fitness and physical activity between Canadian and English 15-yr olds*. Paper presented at the 4th International Congress on Physical Activity and Public Health, Sydney, Australia.
- Voss, C., Wharf Higgins, J., Naylor, P., Sandercock, G., Gibbons, S., Rhodes, R., Macdonald, H., **Sulz, L.**, Tan, V., & McKay, H. (November 1, 2012). *The 'cycling' dilemma in youth: Was recreational or commuter cycling first?* Paper presented at the 4th International Congress on Physical Activity and Public Health. Sydney, Australia.
- Voss, C., Race, D., Wharf Higgins, J., Naylor, P.J., Gibbons, S., Rhodes, R., Macdonald, H., **Sulz, L.**, & McKay, H. (November 1, 2012). *Is the bus an overlooked source of active transport to school in Canadian youth?* Paper presented at the 4th International Congress on Physical Activity and Public Health. Sydney, Australia.
- Sulz, L.D.**, Humbert, M.L., & Chad, K.E. (October 22, 2010). *Physical education curriculum: implementation, comfort level, and teacher barriers to curriculum delivery*. Paper presented at the 3rd International Congress on Physical Activity and Public Health. Toronto, Ontario, Canada.

NATIONAL

- Sulz, L.** Gleddie, D., & Mauro, J. (April 30, 2020 – cancelled due to COVID19). *Re-imagining school sport through a comprehensive school health approach*. Oral presentation at the Physical and Health Education Canada Research Council Forum. Charlottetown, Prince Edward Island, Canada.
- Hordal-Hlewka, K., **Sulz, L.**, & Gleddie, D. (April 30, 2020 – cancelled due to COVID19). *Student perceptions of school climate in healthy school community*. Oral presentation at the Physical and Health Education Canada Research Council Forum. Charlottetown, Prince Edward Island, Canada.
- Hordal-Hlewka, K., Gleddie, D. & **Sulz, L.** (February 1, 2020). Health: the “Driver” of academic success. Oral presentation at the Shaping the Future Conference. Lake Louise, Alberta, Canada.
- Hordal-Hlewka, K., **Sulz, L.**, & Gleddie, D.L. (February 1, 2019). *Health as the foundation for a new junior high school: Using research to inform practice and practice to inform research*. Workshop session at the Shaping the Future Conference. Lake Louise, Alberta, Canada.

- Mauro, J., Gleddie, D.L., & **Sulz, L.** (May 2, 2019). *Enhancing and maintaining youth sport participation*. Poster presentation at the Physical and Health Education Canada Research Council Forum. Montreal, Quebec, Canada.
- Ahmed, Md., Gleddie, D.L., Torrance, B., Theal, K., Johnston, N., Macridis, S., & **Sulz, L.** (May 2, 2019). *Healthy active school symposia: Teacher perceptions of efficacy*. Oral presentation at the Physical and Health Education Canada Research Council Forum. Montreal, Quebec, Canada.
- Hordal-Hlewka, K., Gleddie, D.L., & **Sulz, L.** (May 2, 2019). *Health as a foundation for school communities: Research to practice and back again*. Oral presentation at the Physical and Health Education Canada Research Council Forum. Montreal, Quebec, Canada.
- Sulz, L.**, Gleddie, D.L., & Humbert, L. (May 2, 2019). *Exploring school sport experiences for low-income youth*. Oral presentation at the Physical and Health Education Canada Research Council Forum. Montreal, Quebec, Canada.
- Humbert, L., **Sulz, L.**, & Gleddie, D.L. (May 2, 2019). *Teacher coaches in high school sport: A disappearing breed*. Oral presentation at the Physical and Health Education Canada Research Council Forum. Montreal, Quebec, Canada.
- Gleddie, D., Morgan, A., & **Sulz, L.** (May 17, 2018). *An evidence-based model for implementation of physical literacy in the school setting*. Oral presentation at the Physical and Health Education Canada Research Council Forum, Whistler, BC, Canada.
- Sulz, L.D.**, Gleddie, D., & Humbert, L. (March 17, 2018). *In their own words: student perceptions of school sport and intramurals*. Oral presentation at the Physical and Health Education Canada Research Council Forum. Whistler, BC, Canada.
- Sulz, L.**, Humbert, L., & Gleddie, D.L. (May 5, 2017). *Re-imagining school sport*. Workshop session at the Physical and Health Education Canada Research Council Forum. St. John's, Newfoundland, Canada.
- Sulz, L.**, Humbert, L., & Gleddie, D.L. (May 4, 2017). *Extracurricular physical activity in Canadian Schools*. Oral presentation at the Physical and Health Education Canada Research Council Forum. St. John's, Newfoundland, Canada.
- Morgan, A., Gleddie, D.L., & **Sulz, L.** (May 4, 2017). *Applied Physical Literacy in an Urban High School*. Poster presentation at the Physical and Health Education Canada Research Council Forum. St. Johns, Newfoundland, Canada.
- Sulz, L.D.**, & Humbert, L. (May 5, 2017). *Parents: What do parents think and know about physical literacy?* Oral presentation at the Physical and Health Education Canada Research Council Forum. St. John's, Newfoundland, Canada.
- Sulz, L.D.** & Hordal-Hlewka, K. (January 28, 2017). *Supporting mentor educators and practicum students through a Comprehensive School Health lens*. Oral presentation at Shaping the Future Conference. Kananaskis, Alberta, Canada.
- Humbert, M. L. & **Sulz, L.D.** (January 29, 2016). *Cutting kids from high school sports: What's a coach to do?* Oral presentation at the Canadian Sport for Life National Summit. Gatineau, Quebec, Canada.
- Sulz, L.D.** (January 31, 2015). *Developing Choice-Based Comprehensive School Health Programs: Lessons Learned from Health Promoting Secondary Schools*. Oral presentation at Shaping the Future Conference. Kananaskis, Alberta, Canada.
- Sulz, L.D.** & Humbert, L.M. (May 2, 2015). *Cutting Students from School Sports Teams: Easing the Pain of the Non-Selection Process*. Oral presentation at Physical and Health Education Canada National Conference. Banff, Alberta, Canada.

- Sulz, L.D.** & Humbert, L.M. (May 1, 2015). *Re-Imagining School Sport*. Oral presentation at the Physical and Health Education Canada National Conference, Banff, Alberta, Canada.
- Sulz, L.D.**, Clarke, A., Turner, H., Rioux, B., & Dunn-Pierce, T. (May 20, 2014). *Empowering and engaging school communities to move: a health promoting schools approach in diverse contexts*. Paper presented at the Global Summit on the Physical Activity of Children, Toronto, Canada.
- Voss, C., **Sulz, L.D.**, Wharf Higgins, J., Naylor, P.J., Gibbons, S., Race, D., & McKay, H. (June 18, 2013). *School-based physical activity measurements: who self-selects into physical activity monitoring*. Paper presented at International Conference on Ambulatory Monitoring of Physical Activity and Movement. Amherst, Massachusetts, USA.
- Naylor, P.J., Gibbons, S., **Sulz, L.D.**, Rhodes, R., McKay, H.A., Voss, C., & Wharf Higgins, J. (May 2, 2013). *To PE, or not to PE, that is the question*. Oral presentation at the Canadian Obesity Network Conference. Vancouver, British Columbia, Canada.
- Sulz, L.D.**, Gibbons, S., Naylor, P.J., Temple, V.A., Voss, C., Rhodes, R., McKay, H., & Wharf-Higgins J. (2013). *Effectiveness of a choice-based whole-school model to increase students' motivation towards physical activity and healthy eating*. Oral presentation at the Physical and Health Education Canada Research Council Forum. Winnipeg, Manitoba, Canada.
- Sulz, L.D.**, Gibbons, S.L., Naylor, P.J., Temple, V.A., McKay, H.A., Rhodes, R.E., & Wharf Higgins, J. (May 11, 2012). *Health Promoting Secondary Schools: enhancing students' motivation towards physical activity, physical education, and healthy eating*. Oral presentation at the Physical and Health Education Canada Research Council Forum. Halifax, Nova Scotia, Canada.
- Wharf Higgins, J., Naylor, P.J., Gibbons, S.L., Rhodes, R.E., Voss, C., **Sulz, L.D.**, & McKay, H.A. (October 26, 2012) *Health Promoting Secondary Schools: a Real Community Trial (ReaCT)*. Oral presentation at the 63rd Annual Meeting of the Society for Public Health Education. San Francisco, California, USA.
- Naylor, P.J., Strange, K., Wharf-Higgins, J., **Sulz, L.D.**, Zebedee, J., Labrie, T., Kopelow, B., & Fenton, J. (2012). *Excelsior youth engagement in British Columbia*. Oral presentation at the Child and Obesity Conference. Halifax, Nova Scotia, Canada.

PROVINCIAL

- Mellon, P., **Sulz, L.**, Torrance, B., & Storey, K. (November 4, 2020). *Sleeping soundly: Teachers' perspectives on school-based sleep promotion*. Women's & Children's Health Research Institute Research Day. Virtual Conference, Women's & Children Health Research Institute, Edmonton Alberta, Canada.
- Houser, N., Humbert, M.L., & **Sulz, L.** (April 26, 2018). *Saskatchewan Parents' Perspectives on Physical Literacy*. Poster presentation at the Department of Pediatrics Child Health Trainee Research Day. Saskatoon, Saskatchewan, Canada.
- Sulz, L.D.**, Humbert, L., & Chad, K. (May 4, 2014). *Cutting youth from high school sport teams: Is there a best practice?* Oral presentation at the Saskatchewan Physical Education Association Conference. Saskatoon, Saskatchewan, Canada.
- Naylor, P.J., Gibbons, S., **Sulz, L.D.**, Rhodes, R., McKay, H.A., Voss, C., & Wharf Higgins, J. (June 4, 2013). *To PE, or not to PE, that is the question*. Oral presentation at the Canadian Society for the Study of Education. Victoria, British Columbia, Canada.
- Humbert, M.L., **Sulz, L.D.**, & Kryzanowski, C. (May 5, 2012). *Physical education: an integral piece of the physical activity puzzle*. Oral presentation at the Improving Health for Children Conference. Waskesiu, Saskatchewan, Canada.

Sulz, L.D. (2009). *A students' choice: factors to enrollment in elective physical education*. Oral presentation at the Weistenek (Teacher) Transforming Learning: Pedagogies of Places and Spaces Conference. Victoria, British Columbia, Canada.

KEYNOTE/ INVITED PRESENTATIONS

NATIONAL

Sulz, L.D. (January, 29, 2021). *Re-imagining school sport through a wellness lens*. Time to Connect: Preservice Teacher Conference 2021. Virtual Conference, University of Winnipeg, Manitoba Canada.

Sulz, L.D. & Gleddie, D. (April 25, 2020 – cancelled due to COVID19). *Re-imagining sport participation and athlete de-selection*. Keynote presentation at the Ontario Coaches Conference. Hamilton Ontario, Canada.

Gleddie, D. & **Sulz, L.** (2020, January 30). Improving your practice with R&R (Research and Reflection). Oral pre-conference session at the Shaping the Future Conference, Lake Louise, Alberta, Canada.

Mauro, J., Koopmans, J. & **Sulz, L.** (2020, January 30). School sport for all. Oral pre-conference session at the Shaping the Future Conference, Lake Louise, Alberta, Canada.

Gleddie, D.L., **Sulz, L.**, & Morrison, H. (2019, October 18). *Experiential learning opportunity: Juggling wellness with pre-service teachers*. Oral presentation at National Forum on Wellness in Post-Secondary Education. Vancouver, British Columbia, Canada.

Del Bianco, T., Janssen, K., Morrison, H., Gleddie, D.L., & **Sulz, L.** (October 17, 2019). *Connecting across Canada: Healthy teachers healthy schools*. Poster presentation at National Forum on Wellness in Post-Secondary Education. Vancouver, British Columbia, Canada.

Mauro, J., **Sulz, L.** & Gleddie, D.L. (January 31, 2019). *Re-imagining school sport: Critical conversations with stakeholders*. Oral pre-conference session at the Shaping the Future Conference, Lake Louise, Alberta, Canada.

Mauro, J., Sulz, L. & **Gleddie, D.L.** (January 31, 2019). *Re-thinking school sport*. Oral pre-conference workshop at Shaping the Future Annual Conference. Lake Louise, Alberta, Canada.

Gleddie, D. & **Sulz, L. D.** (February 1, 2018). *UNESCO Quality Physical Education – Implementation Framework*. Oral pre-conference workshop at Shaping the Future Conference. Lake Louise, Alberta, Canada.

Sulz, L.D., Humbert, L., & Gleddie, D. (January 27, 2017). *Considerations for school-based extracurricular physical programs: is it time for a re-design?* Oral presentation at the Shaping the Future Conference. Kananaskis, Alberta, Canada.

Gleddie, D.L. & **Sulz, L.** (February 1, 2018). *UNESCO Quality PE – Implementation Framework*. Oral pre-conference session at Shaping the Future Conference. Lake Louise, Alberta, Canada.

Sulz, L., Humbert, L., & Gleddie, D.L. (April 20, 2017). *Easing the Pain of Team Selection*. Keynote Presentation to Canadian Interscholastic Athletic Administrators Association (CIAAA). Toronto, Ontario, Canada.

PROVINCIAL

Sulz, L. & Gleddie, D. (February 27, 2020). *School sport for all*. Keynote presented at Greater Edmonton Teachers' Convention. Edmonton. Alberta, Canada.

Gleddie, D. & **Sulz, L.** (February 27, 2020). *School sport for all workshop*. Workshop presented at Greater Edmonton Teachers' Convention. Edmonton, Alberta.

- Sulz, L.** *Health Education Activities: Grades 7 to 12.* (February 14, 2020). Workshop presented at Endless Skies Teachers' Convention. Edmonton, Alberta, Canada.
- Sulz, L. & Gleddie, D.** (February 14, 2020). *School sport for all.* Keynote presented at Endless Skies Teachers' Convention. Edmonton, Alberta, Canada.
- Gleddie, D. & Sulz, L.** (February 6, 2020). *School sport for all.* Keynote presented at North Central Teachers' Convention, Edmonton, Alberta, Canada.
- Sulz, L.** (February 6, 2020). *Health Education Activities: Grades 7 to 12.* Workshop presented at North Central Teachers' Convention. Edmonton, Alberta, Canada.
- Sulz, L. & Gleddie, D.** (February 6, 2020). *School sport for all workshop.* Workshop presented at North Central Teachers' Convention. Edmonton, Alberta, Canada.
- Sulz, L., Pushkarenko, K. & Nesdoly, A.** (May 31, 2019). *Physical literacy: inclusive opportunities.* Panel presentation at the Faculty of Kinesiology, Sport, and Recreation's Sport Conference. Edmonton, Alberta, Canada.
- Gleddie, D. & Sulz, L.** (December 17, 2019). Creating a culture of wellness: a whole-school approach to physical literacy. Elk Island Catholic Schools. Sherwood Park, Alberta.
- Sulz, L.** (February 15, 2019). *Your role in school-wide wellness.* Keynote presented at North Central Teachers' Convention. Edmonton, Alberta, Canada.
- Harber, V. Sulz, L.D., Gleddie, D., Chorney D., & Maraj, B.** (June 1, 2018). *School sport or club sport: complementary or conflicting.* Faculty of Kinesiology, Sport, and Recreation's Sport Conference. Edmonton, Alberta, Canada.
- Sulz, L.D., Baudin, P., Larson, H., Jepsen, L., & Parrish, M.** (2018, May 31). *School sport or club sport: complementary or conflicting.* Faculty of Kinesiology, Sport, and Recreation's Sport Conference. Edmonton, Alberta, Canada.
- Harber, V., Sulz, L., Morgan, A., Maraj, B., Chorney, D., Ross, C. & Gleddie, D.L.** (June 1, 2018). *Physical literacy through sport.* Panel presentation at the Faculty of Kinesiology Sport, and Recreation's Sport Conference. Edmonton, Alberta, Canada.
- Harber, V., Sulz, L., Morgan, A., Maraj, B., Chorney, D., Ross, C. & Gleddie, D.L.** (June 1, 2018). *Physical literacy through sport.* Panel presentation at the Faculty of Kinesiology Sport, and Recreation's Sport Conference, Edmonton, Alberta, Canada.
- Sulz, L.D.** (April 16, 2018). *Creating and supporting a healthy school community.* St. Albert Public Schools. Edmonton, Alberta, Canada.
- Sulz, L.D.** (March 8, 2018). *The role of wellness in your classroom.* Mighty Peace Teachers' Convention. Edmonton, Alberta, Canada.
- Sulz, L.D.** (February 13, 2018). *Your health, your school, your choice.* Health Day Seminar at Mary Butterworth School. Edmonton, Alberta, Canada.
- Sulz, L.D.** (February 9, 2018). *Creating and supporting a healthy school community through whole-child education.* Michael Phair Junior High School. Edmonton, Alberta, Canada.
- Mauro, J., Sulz, L. & Gleddie, D.L.** (October 19, 2018). *Enhancing and Maintaining Youth Sport Participation.* Workshop session at the Live Active Summit, Edmonton, Alberta, Canada.
- Sulz, L., Humbert, L., & Gleddie, D.L.** (June 22, 2017). *Easing the Pain of Team Selection: Is There a Best Practice?* Invited Oral Presentation at Edmonton Public Schools Athletic Director PD Symposium, Edmonton, Alberta, Canada.
- Neeley, K., Sulz, L., & Gleddie, D.L.** (June 3, 2017). *Deselection in youth sport: Impact and recommendations.* Panel presentation at the Faculty of Physical Education and Recreation's Sport Conference, Edmonton, Alberta, Canada.

- Sulz, L.D.** (November 7, 2017). *Supporting the athlete to encourage student success*. Open Minds: Office of Vice-President of Research & Kule Institute for Advance Study. Edmonton, Alberta, Canada.
- Sulz, L.D.** (October 20, 2017). *Creating and supporting a healthy school community*. Teacher Convention: North-Central Catchment. Edmonton, Alberta, Canada.
- Sulz, L.D.** (February 10, 2017). *The Role of Wellness in Your Classroom*. Calgary City Teacher's Convention Student, Calgary, Alberta, Canada.
- Sulz, L.D.** (November 15, 2017). *Keeping kids in sport: Infusing research into sport practices*. Terwillegar Riverbend Soccer Association. Edmonton, Alberta, Canada.
- Sulz, L.,** Gleddie, D.L., & Bradford, B. (April 7, 2017). *Activity Supports Learning: What Teachers Need to Know*. Invited Oral Panel Presentation, Edmonton, Alberta, Canada.
- Sulz, L.D.,** Humbert, L., Chad, K., Humbert E., Hueser, J. & Hillis, M. (June 24, 2016). *Interschool Sports in Saskatchewan: Perspectives of the Teacher-Coach and Athletic Director*. Keynote, Session, Saskatchewan High School Athletic Association Annual General Meeting. Saskatoon, Saskatchewan, Canada.
- Sulz, L.D.,** Humbert, L., Chad, K., Gleddie, D., Humbert E., & Hillis, M. (October 23, 2016). *Easing the pain of team selection: Is there a best practice*. Keynote Session, Canadian Interscholastic Athletic Administrators Association Conference. Edmonton, Alberta, Canada.
- Sulz, L.D.** (January 31, 2015). *Comprehensive School Health University: Evidence and Impact*. Shaping the Future, Kananaskis, Alberta, Canada.
- Sulz, L.D.,** Humbert, L.M., Chad, K., Humbert, E., Hillis, K. & Hueser, J. (June 19, 2015). *When Kids Get Cut*. Sask Sport Annual General Meeting, Regina, Saskatchewan, Canada.
- Sulz, L.D.** (April 24, 2015). *Connecting Social Emotional Well-Being to Comprehensive School Health*. Keynote Session, Ever Active Schools Summer Institute: Social & Emotional Well-Being, Edmonton, Alberta, Canada.
- Sulz, L.D.** (April 17, 2014). *Cutting Youth from High School Sports: Current Practices, Best Practices, and Influence on Physical Activity Behaviours*. Saskatoon Public Schools Physical Education Department Meeting. Saskatoon, Saskatchewan, Canada.
- Sulz, L.D.** (April 23, 2014). *Cutting Youth from High School Sports: Current Practices, Best Practices, and Influence on Physical Activity Behaviour*. Greater Saskatoon Catholic Schools. Saskatoon, Saskatchewan, Canada.
- Sulz, L.D.** (February 4, 2009). *A students' choice: factors to enrollment in elective physical education*. Secondary Physical Education Teachers – Personal Growth Network. Saskatoon, Saskatchewan, Canada.

NON-REFEREED CONFERENCE PRESENTATIONS

- Sulz, L.,** Gleddie, D., & Mauro, J. (January 28, 2021). *Creating school sport culture through a wellness lens*. Oral presentation at Shaping the Future, Ever Active Schools, Online/ Virtual Conference.
- Morrison, H., Gleddie, D., & **Sulz, L.** (January 26, 2021). *Juggling and balancing what's on your plate: supporting student and teacher wellness*. Oral presentation at Shaping the Future, Ever Active Schools, Online/ Virtual Conference.
- Hordal, K., **Sulz, L.D.,** & Gleddie, D. (February 1, 2019). *Health as the foundation for a new junior high school: using research to inform practice and practice to inform research*. Shaping the Future, Lake Louise, Alberta, Canada.
- Mauro, J., **Sulz, L.** & Gleddie, D.L. (October 19, 2018). *Enhancing and Maintaining Youth Sport*

- Participation*. Workshop session at the Live Active Summit, Edmonton, Alberta, Canada.
- Gleddie, D.L., **Sulz, L.** (June 3, 2017). *Physical literacy praxis: Moving from theory to practice*. Workshop session presented at the Faculty of Physical Education and Recreation's Sport Conference, Edmonton, Alberta, Canada.
- Sulz, L.**, Humbert, L., & Gleddie, D.L. (2017, May 13). *Re-Imagining School Sport from the Perspectives of Teacher-Coaches and Athletic Directors*. Oral Presentation at HPEC, Jasper, Alberta, Canada.
- Sulz, L.**, Humbert, L., & Gleddie, D.L. (2017, May 12). *Cutting Kids From Sports: Considerations for School-Based Coaches*. Oral Presentation at HPEC, Jasper, Alberta, Canada.
- Sulz, L.**, Humbert, L., & Gleddie, D.L. (2017, March 23). *Cuts Like a Knife: Deselection in School Sports*. Poster Presentation at ENGAGE 2017: A Celebration of Research and Teaching Excellence, Edmonton, Alberta, Canada.
- Morgan, A., Gleddie, D. L., & **Sulz, L.** (2017, March 23). *Applied physical literacy in an urban high school*. Poster Presentation at ENGAGE 2017: A Celebration of Research and Teaching Excellence, Edmonton, Alberta, Canada.
- Sulz, L.**, Humbert, L., & Gleddie, D.L. (2017, January 27). *Considerations for School-Based Extracurricular Physical Activity Programs: Is it Time for a Re-Design?* Oral Presentation at Shaping the Future, Kananaskis, Alberta, Canada.

ONLINE PRESENCE WITHIN THE PHYSICAL & HEALTH EDUCATION COMMUNITY

Twitter Impact: @Lauren_Sulz

- 863 Followers

Website

- The Healthy Schools Lab (<https://hslab.ca>)

Podcasts

- **Sulz, L.D.**, Morrison, H. J., Long, J., (Host) & Watson, E. (Host) (December 5, 2020). *Teaching remotely series episode 6* [Audio podcast episode]. In Teaching Plus Podcast: University of Alberta's Centre for Teaching and Learning. Podomatic.
https://www.podomatic.com/podcasts/teachingplus/episodes/2020-12-09T14_33_17-08_00
- Family Matters Podcast, Global News. *Should schools have a 'no-cut' rule for team sports?* (March 18, 2019)
<https://globalnews.ca/news/5057748/family-matters-podcast-no-cut-rule-sports-teams/>
- City of Champions Podcast, Fenessey Production Services. Podcast interview with Shane Fennessey and Dayna Hyman. *Research with low-income youth and school sport – KidSport Project* (April 19, 2018).
- The Athlete Development Show with Craig Harrison. *Episode 53: Doug Gleddie and Lauren Sulz – Play, School Sport and Finding Joy in Movement* (June 7, 2018).
<https://news.autmillennium.org.nz/athlete-development/ep-53/>
- 630 CHED Radio Interview. (January 23, 2018). *SSHRC-funded research with low-income youth and school sport*.

Media Interviews

- Family Matters with Christine Meadows, Global News - Most watched stories of 2019. *Kids getting cut from school sports* (December 9, 2019).

- Family Matters with Christine Meadows, Global News. *Kids getting cut from school sports*. March 13, 2019). <https://globalnews.ca/news/5053954/family-matters-sports-no-cut-programs/>
- Folio Article, Scott Lingley. (January 19, 2018). *New study to look at links between school sports and school success*. <https://www.folio.ca/new-study-to-look-at-links-between-school-sports-and-school-success/>

AWARDS

- 2020 Provost's Award for Early Achievement of Excellence in Undergraduate Teaching: *This award recognizes publicly the achievement of teaching excellence by full-time continuing academic staff within five years of their first university appointment, publicizes such excellence to the university and the wider community, encourages the pursuit of achievement of such excellence among newly appointed academic staff, and promotes informed discussion of teaching and its improvement at the University of Alberta.*
- 2020 Teaching Unit Award – University of Alberta Award for Teaching Excellence: *The intent of the Teaching Unit Award is to celebrate excellence in teaching when a group of individuals consistently work together to promote outstanding teaching and learning. The award was presented to the Health and Physical Education MEd Cohort Teaching Team: Dr. Lauren Sulz, Dr. Hayley Morrison and Dr. Douglas Gleddie.*
- 2019 Featured Researcher – Physical and Health Education (PHE) Canada: *PHE Canada Research Council selects one of its members to profile as a Featured Researcher who is advancing research centered on topics and issues in physical and health education.*
- 2010 Myer Horowitz Endowment Scholarship – University of Victoria: *The intent of this scholarship is to enrich graduate student training and create opportunities for learning outside the university setting and across disciplines. Presented to graduate students affiliated with the Centre for Youth and Society at the University of Victoria and who are conducting research with youth in their community.*
- 2007 3rd Place Presentation, 14th Annual Life & Health Science Research Conference – University of Saskatchewan: *Presented to top three research presentations at the Life and Health Science Research Conference.*

TEACHING

UNDERGRADUATE

University of Alberta

EDSE 333: Curriculum and Teaching for Secondary School Health

EDEL 345: Introduction to Curriculum and Pedagogy in Elementary School Health Education

EDSE 347/348: Curriculum and Teaching for Secondary School Physical Education Majors I/Minors

EDSE 401: Teaching the Whole-Learner: Attending to the Physical, Mental, Social, and Emotional Domains in a Classroom

EDSE 447/451: Curriculum and Teaching for Secondary School Physical Education Majors II

University of Victoria

EPHE 310: Physical Education for General Classroom Teachers: A

EPHE 311: Physical Education for General Classroom Teachers: B

EPHE 312: Overview of Elementary or Middle School Physical Education

EPHE 352: Instructional Techniques in Individual Activities Secondary

University of Saskatchewan

Kin 240: Pedagogy in Physical Activity Settings I Theory

Kin 432: Ethics and Values in Sport and Physical Activity

University of British Columbia, Okanagan

EDST 498H: Teaching the Whole-Learner: A Holistic Approach to Student & Staff Wellbeing

GRADUATE

University of Alberta

EDSE 501: Cohesion of Health and Education

EDSE 595: Foundations of Physical Literacy & Health Literacy

EDSE 595: Health and Physical Education Capping Project

EDSE 502: Advanced Level Guided Individual Study in Secondary Education (Masters)

- Directed study: Adolescent Male Experiences with Physical Activity

EDSE 602: Advanced Level Guided Individual Study in Secondary Education (PhD)

- Directed study: Adapted Physical Education
- Directed study: Inclusive School Sport Programs

POST-DOCTORAL SUPERVISION

Post-Doctoral Students (completed)

Year

Jodi Harding-Kuriger
Mitacs Elevate Funding
\$60,000

Co-Supervisor

2021- 2022

SULZ, Lauren

Dr. Dilsad Ahmed Mitacs Elevate Funding \$60,000	Co-Supervisor	2018-2019
--	---------------	-----------

GRADUATE SUPERVISION

Doctoral Students (in progress)	Role	Year
Sherry Holloway	Supervisor	2017-
Jonathan Mauro	Co-Supervisor	2017-
Doctoral Students (completed)	Role	Year
Stacey Hannay	Co-Supervisor	Exam: Dec. 15, 2021
Ellen Watson	Supervisory Committee	Exam: March 16, 2021
Helene Jorgensen	Arms-Length Examiner	Exam: Nov. 24, 2020
Kurtis Pankow	Candidacy External	Exam: May 7, 2019
Nicole Ofasu Naadu	External Examiner	Exam: Dec. 6, 2016
Masters Students (in progress)	Role	Year
Pamela Mellon	Supervisory Committee	2020-
Seanne Stiller	Supervisor	2019-
Masters Students (completed)	Role	Year
Wendy Jennings	Supervisor	Exam: Aug. 8, 2022
Molly Fountain	Program Advisor	Spring 2021
Megan Brain	Supervisor	Exam: June 20, 2021
Adrian Xavier	Supervisory Committee	Exam: Feb. 12, 2021
Melissa Bird	Supervisory Committee	Exam: Aug. 24, 2020
Anita Khakh	Supervisory Committee	Exam: June 2, 2020
Andrew Morgan	Supervisory Committee	Exam: April 20, 2020
Kelsey Wright	External Examiner	Exam: Sept. 20, 2019
Geoffrey Pippus	External Examiner	Exam: Sept. 13, 2019
Pierrette Elias	Supervisory Committee	Exam: May 23, 2018
Shannon Pynn	External Examiner	Exam: Sept. 11, 2017
Meghan Ingstrup	External Examiner	Exam: Sept. 21, 2016
Christine McKernan	External Examiner	Exam: Sept. 7, 2016

SERVICE

REVIEW ACTIVITIES – JOURNALS

Alberta Journal of Educational Research

Health Education Journal

PHEnex Journal

Motivation and Emotion

Evaluation and Program Planning

REVIEW ACTIVITIES – SCHOLARLY ASSOCIATIONS

Physical and Health Education (PHE) Canada Research Council

International Association for Physical Education in Higher Education (AIESEP)

INTERNATIONAL POSITIONS

2020 - 2021 Scientific Committee Member, International Scientific Conference, AIESEP, 2021 Virtual Conference

2016 – 2021 Steering Committee Member, International Scientific Conference, AIESEP, 2021 Virtual Conference

NATIONAL POSITIONS

2019-2021 Chair, Physical and Health Education Canada Research Council

2018-2019 Incoming Chair, Physical and Health Education Canada Research Council

PROVINCIAL POSITIONS

2018- Board Member, Healthy Schools Alberta

2016-2018 Chair, Alberta Teacher Educators of Physical and Health Education (ATEPHE)

2016-2018 Member, Curriculum Working Group, Alberta Education

UNIVERSITY SERVICE

FACULTY

2019- Undergraduate Program Renewal -Wellness Working Group

2016-2021 Undergraduate Academic Affairs Council (UAAC)

DEPARTMENT

2016-2021 Undergraduate Coordinating Committee

2015- Health Education Subject Area Coordinator

CONSULTANT WORK

2017-2019 At My Best Program Evaluation, Physical and Health Education Canada

CERTIFICATES & MEMBERSHIPS

CERTIFICATES

- Saskatchewan Teaching Certificate
- Coaching Association of Canada, NCCP Level III Basketball

MEMBERSHIPS

- International Association for Physical Education in Higher Education (AIESEP)
- Physical and Health Education Canada (PHE Canada)
- Physical and Health Education Canada – Research Council (PHE Canada – RC)
- Alberta Teachers' Association (ATA): Health and Physical Education Council (HPEC)
- Society of Health and Physical Educators (Shape America)

LEAVES OF ABSENCE

Maternal Leave (August 2015 – June 2016)

Maternal Leave (December 2013 – December 2014)

- Teaching and research activities during this time were minimal.