

Nicholas L. Holt

EDUCATION

- 2002: PhD in Physical Education, University of Alberta, Edmonton, Alberta, Canada.
- 1998: MSc in Exercise and Sport Psychology, Exeter University, Exeter, Devon, UK.
- 1995: BSc (Hons) in Geography with Physical Education and Sports Science, Loughborough University, Loughborough, Leicestershire, UK.

ACADEMIC POSITIONS HELD

- Vice Dean (July 2019-current)
Faculty of Kinesiology, Sport, and Recreation
University of Alberta, Edmonton, Alberta.
- Associate Dean Research (2015-2019)
Faculty of Kinesiology, Sport, and Recreation
University of Alberta, Edmonton, Alberta.
- Professor (2012-current), Associate Professor (2007-2012), Assistant Professor (2004-2007)
Faculty of Kinesiology, Sport, and Recreation
University of Alberta, Edmonton, Alberta.
- Assistant Professor (2003- 2004)
Department of Physical Education and Kinesiology
Brock University, St. Catharines, Ontario.
- Senior Lecturer (2002-2003)
School of Leisure and Sports Studies
Leeds Metropolitan University, Leeds, England.

AWARDS/ACCOLADES

- 2017: *Honorable Mention - Research Paper of the Year* (for Scherer, Koch & Holt, 2016).
Sociology of Sport Journal.
- 2017: *Member of College of New Scholars, Artists, and Scientists of the Royal Society of Canada*
- 2016: *Graduate Student Supervisor Award.* Graduate Students' Association, University of Alberta. Awarded to professors who "excel in the supervision of graduate students."
- 2016: Holt et al. (2015) article on parents as agents of change in pediatric weight management selected for *Journal of Nutrition Education and Behavior* "Spring Journal Club" and webinar in "lessons learned from development and implementation of behavioral nutrition interventions" series. [February 8th 2016. 1,001 registered viewers, 48 live viewing sites].
- 2014: *Best Educational Material Award.* Awarded by Society for Nutrition Education and Behavior (for Ball et al. 2013, 'Conversation Cards' paper).
- 2013: *Research Paper of the Year Award* (Community Category). Sport Information Resource Centre (SIRC), Ottawa, ON.
- 2010: *Dean's Recognition Award – Research.* Faculty of Physical Education and Recreation, University of Alberta.
- 2006-10: *Population Health Investigator Award.* Alberta Heritage Foundation for Medical Research (100% salary support).
- 2006-09: *Research Prize.* Alberta Heritage Foundation for Medical Research.

- 2004: *Honourable Mention - Research Award (Psychology)*. Sport Information Resource Centre (SIRC), Ottawa, ON.
- 2003: *Dissertation of the Year Award*. Association for the Advancement of Applied Sport Psychology.
- 2001: *Dissertation Fellowship*. University of Alberta.
- 2001: *Andrew Stewart Memorial Research Prize*. University of Alberta.
- 2000: *Salute to Excellence Award*. City of Edmonton in recognition of outstanding accomplishment in sport.
- 1999-2001: *Athletics and Recreation Alumni Award*. (Received three times). University of Alberta.
- 1999: *Graduate Student Award for Excellence in Teaching*. University of Alberta.
- 1998-2001: *Academic All-Canadian*. (Received four times). CIAU/CIS.

ADVISORY BOARD/GROUP MEMBERSHIP

- 2017-2018: Alberta Centre for Health and Nutrition, Advisory Board member.
- 2014-2017: Sport Canada, Sport Participation Research Initiative, Advisory group member.

GRANTS CURRENTLY HELD

- Graduate students underlined.

Principal Applicant

- 2020-23: **Holt, N. L.**, Chattaroon, S., Carson, V., McHugh, T-L., MacDonald, D., & Tamminen, K. A. The Sport Parent Program (TSPP): A skills and knowledge-based approach to parent education and support in youth sport. SSHRC/Sport Canada Sport Participation Research Initiative Insight Grant (\$177,957).
- 2019-20: **Holt, N. L.** (PI; intern K. Pankow). Advancing human performance in the Canadian Football League. Edmonton Eskimos CFL Club/Mitacs (\$15,000).
- 2019-20: **Holt, N. L.** (PI). The role of parents in facilitating life skills development in competitive youth sport. President's Grant for the Creative and Performing Arts – Human Performance Scholarship Fund (\$10,000).
- 2018-19: **Holt, N. L.**, (PI), McHugh, T-L. (Co-PI), McGuire-Adams, T., Ferguson, L., & Torrance, B. (collaborator). Try a bit of TLC: A training program for RCMP members to teach teamwork, leadership, and communication (TLC) through sport and recreation. SSHRC Partnership Engage Grant (\$25,000).
- 2018-19: **Holt, N. L.** (PI). Developing a program to enhance sport parenting expertise. Strategic Institutional Grant, Office of the Vice-President Research, University of Alberta (\$4,000).
- 2018-19: **Holt, N. L.** (PI). Moving technology in exercise and sport sciences. NSERC Connect grant (\$4,715).
- 2016-19: **Holt, N. L.** (PI). Parenting styles and practices in sport. SSHRC/Sport Participation Research Initiative (\$111,350).
- 2015-19: **Holt, N. L.** (PI), Strachan, L., Camiré, M., Forneris, T., MacDonald, D., Tamminen, K. A., & Fraser-Thomas, J. L. Promoting positive youth development through sport: PYD SportNET. SSHRC Partnership Development Grant (\$195,456).

Co-principal Applicant

- 2015-20: Ball, G. D. C. (PI), Birken, C. S., Hamilton, J. K., **Holt, N. L.**, Masse, L. C., & Morrison, K. M (Co-Principal Applicants) with Anderson, L., Buchholz, A., Carsley, S., Chanoine, J-P., Cordeiro, K. M., Dettmer, E. L., Forhan, M. A., Hadjiyannakais, S., Haines, J., Ho, J., Legault, L., Luca, P., Maguire, J. L. Maximova, K., McPerson, K., Parkin, P., Perez, A., Sprague, A., Toulany, A., Tremblay, A., Tu, K., Hanning, R. M., Johnson, J. A., & Thirsk, J. E. (Co-applicants). Team to Address Bariatric Care in Canadian Children

(Team ABC3). Canadian Institutes of Health Research, Team Grant in Bariatric Care (\$1,410,881).

Co-applicant

- 2018-19: Fraser, S., & **Holt, N. L.** (intern K. Pankow). Identifying psychological skills and development in youth hockey. CK Hockey/Mitacs Accelerate Grant (\$15,000).
- 2018-21: McHugh, T.-L. F. (PI), Ferguson, L., **Holt, N. L.**, & McGuire-Adams, T. (2018-2021). "That was our sport back then": An exploration of the holistic benefits of participating in northern games. SSHRC Insight Grant with Sport Canada Sport Participation Research Initiative supplement (\$113,506).
- 2017-19: Mosewich, A. (PI), Gunnell, K., **Holt, N. L.**, McHugh, T.-L. F. (Co-applicants), Krepps, R., & Sapieja, K. (collaborators). Fostering resilience in sport: A longitudinal study of athlete psychosocial development. SSHRC Insight Development Grant (\$47,483).
- 2017-19: Ball, G. D. C., **Holt, N. L.**, Ladha, T., Kherani, T., Majaesic, C., Childs, M., Davison, M.E., Kane-Poitras, S., & Webber, M. Ambulatory clinical appointment scheduling services at the Stollery Children's Hospital: Perceptions, experiences, and recommendations. Women and Children's Health Research Institute Innovation Grant (\$49,950).

GRANTS COMPLETED

- Graduate students underlined.

Principal Applicant

- 2018: **Holt, N. L.** A critical discussion of three member-checking procedures. Killam Research Fund Travel Grant (\$1600), University of Alberta.
- 2015-16: **Holt, N. L.** Toward community-based interventions to revive children's active free play. Bridge Funding Award, Alberta Innovates Health Solutions Sustainability Fund/Women and Children's Health Research Institute (\$40,000).
- 2015-16: **Holt, N. L.** (PI), Mosewich, A., McHugh, T.-L. F., & Krepps, R. Launching the first wave of the Green and Gold Longitudinal Study of Youth Development Through Sport: Qualitative study of developmental trajectories. President's Grant for the Creative and Performing Arts – Human Performance Scholarship Fund (\$6,000).
- 2015-16: **Holt, N. L.** (PI), & Neely, K. C. Growing pains: Female athletes' experiences of growth following deselection. Sport Science Association of Alberta (\$4,940).
- 2014-16: **Holt, N. L.** (PI), Carson, V., Spence, J. C., & Robinson, Z. Why don't children play anymore? Good parenting, planning decisions, and children's suggestions for change. Canadian Institutes of Health Research (\$100,000).
- 2012-14: **Holt, N. L.** (PI), Down, J., Clark, A., Slater, L., Spence, J. C., & Tamminen, K. A. Qual-play: A qualitative metasynthesis of children's active free play research. Canadian Institutes of Health Research, Knowledge Translation Grant (\$87,534).
- 2014-15: **Holt, N. L.** (PI), & Neely, K. C. Athletes' and parents' perspectives on the deselection process in Alberta provincial team sports. Sport Science Association of Alberta. (\$5,906).
- 2014-15: **Holt, N. L.** (Co-PI), Cairney, J. (Co-PI), Robeson, P., Camiré, M., Kwan, M., Ogenchuk, M., MacDonald, D., & Scherer, J. Sport participation and alcohol use. Canadian Institutes of Health Research, Advancing Research to Improve Boys' and Men's Health Team Grant, Letter of Intent. (\$9,740).
- 2013-14: **Holt, N. L.** (PI), & Neely, K. C. Coaches' experiences of the deselection process in competitive youth sport: Toward identifying best practices for deselection of Alberta provincial level female adolescent athletes. Sport Science Association of Alberta (\$3,820).

- 2012-13: **Holt, N. L.** (PI), & **Knight, C. J.** Coaching at summer camps: What and how are coaches trying to teach children? University of Alberta Endowment Fund for the Future (EFF) Advancement of Scholarship (SAS) Fund (\$4,720).
- 2012-13: **Holt, N. L.** (PI), **Knight, C. J.**, Dunn, J. G. H., & Kennedy, M. D. Parents' and coaches' responses to game situations in university sport. Sport Science Association of Alberta (\$5,170).
- 2011-13: **Holt, N. L.** Exploring the experience of running an ultramarathon. Faculty of Physical Education and Recreation: Support for the University of Alberta Endowment Fund for the Future (EFF) - Advancement of Scholarship (SAS) (\$6,000).
- 2010-14: **Holt, N. L.** (PI), & Scherer, J. Sport participation and possibilities for positive development among urban male youth in Edmonton. Canadian Institutes of Health Research (\$119,215).
- 2010-13: **Holt, N. L.** (PI), & McHugh, T.-L. F. A sport-based critical hours program for low-income youth. Social Sciences and Humanities Research Council of Canada, Sport Canada Sport Participation Research Initiative (\$95,278).
- 2010-11: **Holt, N. L.** How do varsity athletes deal with teammate conflicts? Sport Science Association of Alberta (\$3,740).
- 2009-11: **Holt, N. L.** (PI), & **Tink, L. N.** A "critical hours" sports-based program for elementary school aged children. KidSport Canada (\$5,000).
- 2009-10: **Holt, N. L.** (PI), & **Kingsley, B. A.** Sport participation and possibilities for positive development among urban youth in Edmonton? A pilot study. Sport Science Association of Alberta (\$3,465).
- 2009-10: **Holt, N. L.** (PI), & **Tamminen, K. A.** Coping with performance-related stressors among competitive adolescent athletes. Human Performance Scholarship Fund, Faculty of Physical Education and Recreation, University of Alberta (\$2,800).
- 2006-08: **Holt, N. L.** (PI), Spence, J. C., & Ball, G. D. C. Treatment preferences of overweight children and their families. Excellence, Innovation and Advancement in the Study of Obesity and Healthy Body Weight: Childhood Obesity Pilot Projects. Institute of Nutrition, Metabolism, and Diabetes, Canadian Institutes of Health Research (\$47,605).
- 2006-10: **Holt, N. L.** (PI). Positive youth development through physical activity and sport. Alberta Heritage Foundation for Medical Research Establishment Grant (\$79,055).
- 2006-08: **Holt, N. L.** (PI), Spence, J. C., Ball, G. D. C., Newton, M., & Lerner, R. M. Positive youth development through physical activity and sport: The experiences of children in a low-income inner city Edmonton community. Alberta Centre for Child, Family, and Community Research (\$93,728.60).
- 2006-07: **Holt, N. L.** (PI). Using physical activity and sport to promote positive development. Killam Research Fund, University of Alberta (\$8,427).
- 2006-07: **Holt, N. L.** (PI), & **Tamminen, K. A.** Toward a grounded theory of competitive sport participation and withdrawal among adolescent females. Sport Science Association of Alberta (\$2,813.75).
- 2006-07: **Holt, N. L.** (PI). Post doctoral fellow recruitment fund. Alberta Heritage Foundation for Medical Research Internal Allocations Committee (\$1,000).
- 2005-08: **Holt, N. L.**, (PI), Mandigo, J. L., & Fox, K. R. Psychosocial factors associated with positive and negative experiences in youth sport. Social Sciences and Humanities Research Council of Canada (\$112,584).
- 2004-05: **Holt, N. L.** Quality of children's and parents' experiences in youth sport. Endowment Fund for the Future Support for the Advancement of Scholarship, University of Alberta (\$5,000).
- 2003-04: **Holt, N. L.** (PI), & Beamer, M. Patterns and processes associated with withdrawal from competitive youth sport. Social Sciences and Humanities Research Council Institutional Grant, Brock University (\$2,000).

2002-03: **Holt, N. L.** Psychosocial factors associated with talent development in sport. Faculty of Cultural and Education Studies Research Fund, Leeds Metropolitan University (£750).

Co-principal Applicant/Co-team Lead

2009-15: Ball, G. D. C. (Team Leader), Sharma, A. M., & **Holt, N. L.**, (Team Co-leaders), Spence, J. C., Newton, M. S., Rosychuk, R., Mitchell, L., Friedman, A., Beaulieu, C., Jetha, M. M., Keaschuk, R., & Lafrance, R. Pediatric weight management: Advancing the evidence in family-centred care. Faculty of Medicine and Dentistry/Alberta Health Services, Emerging Research Teams Grant (\$300,000).

2005-07: **Holt, N. L.**, (Co-PI), & Spence, J. C. (Co-PI). Children's perceptions and understanding of physical activity in their neighborhood. Centre for Urban Health Initiatives (funded by Canadian Institutes of Health Research), University of Toronto (\$4,792).

Co-applicant

2017-18: Spence, J. C. (PI), & **Holt, N. L.** (intern B. Wohlers). Evaluation of the Ever Active Schools physical literacy project. Mitacs Accelerate Grant (\$30,000).

2016-17: Mosewich, A. M. (PI), & **Holt, N. L.** "Steps in the right direction": The relation between achievement goals, self-compassion, and personal initiative. Sport Science Association of Alberta (\$5,800).

2015-17: McHugh, T-L. F., **Holt, N. L.**, Halpenny, L., & Sivak, A. A qualitative meta-synthesis of Aboriginal sport and recreation research. SSHRC Connection Grant (\$43,442).

2014-18: Ball, G. D. C. (PI), Geller, J., Ho, H., **Holt, N. L.**, Gokiart, R., Morrison, K., Kuk, J., Srikaneswaran, S., & Jelinski, S. Developing and validating the readiness and motivation interview for families (RMI-Family) managing pediatric obesity. Canadian Institutes of Health Research (\$857,756).

2015-16: Mosewich, A., **Holt, N. L.**, McHugh, T-L. F., & Krepps, R. Launching the first wave of the Green and Gold Longitudinal Study of Youth Development Through Sport: Establishing quantitative measures. President's Grant for the Creative and Performing Arts – Human Performance Scholarship Fund (\$6,000).

2015-16: Mandigo, J.L., Corlett, J., **Holt, N. L.**, Higgs, C., van Ingen, C., MacDonald, D., Matsumoto, T., & Geisler, G. (2015, June). Impact of the Hoodlinks program to develop life skills and prevent youth violence in Guatemala. Advanced Olympic Research Grant Programme (\$20,000 USD).

2013-15: Hinch, T. (PI), & **Holt, N. L.** Place making and sport tourism events: The case of the Canadian Death Race in Grande Cache, Alberta. Social Sciences and Humanities Research Council of Canada Insight Development Grant (\$66,311).

2012-15: Ball, G. D. C. (PI), **Holt, N. L.**, Maximova, K., Cave, A., Padwal, R., Estey, A., Ellendt, C., Donaldson-Kelly, S., Martz, P., & Jelinski, S. Working with parents to prevent childhood obesity: A primary care-based study. Canadian Institutes of Health Research, Partnership for Health System Improvements, Operating Grant (\$455,415).

2012-15: McHugh, T.-L.F. (PI), Andersen, C., & **Holt, N. L.** Understanding the role of community sport opportunities for Aboriginal youth. Social Sciences and Humanities Research Council of Canada Insight Development Grant, Sport Participation Research Initiative (\$71,066).

2010-15: Ball, G. D. C. (PI), Chanoine, J-P., Gokiart, R. J., **Holt, N. L.**, Legault, L., Morrison, K., & Sharma, A. Should I stay or should I go? Understanding overweight children and their families referred for and discontinuing weight management care. Canadian Institutes of Health Research (\$283,672).

2012-15: Rempel, G. (PI), Ray, L., **Holt, N. L.**, Nicholas, D., Mackie, A. S., & Magill-Evans, J. School-age children with moderate to severe congenital heart disease: A qualitative study to elicit stories about everyday life from the child with CHD and their school-age siblings. Women and Children's Health Research Institute, Innovation Grant (\$49,125).

- 2013-14: Carson, V. (PI), Berry, T., **Holt, N. L.**, & Latimer-Cheung, A. Qualitative examination of parents' perspectives of the new Canadian Sedentary Behavior Guidelines for the Early Years (Aged 0-4 years). Faculty of Physical Education and Recreation: Support for the University of Alberta Endowment Fund for the Future (EFF) - Advancement of Scholarship (SAS) (\$7,000).
- 2011-12 Spence, J. C. (PI), **Holt, N. L.**, Blanchard, C., Caulfield, T., Spencer-Cavaliere, N., Gabbani, F., & Reade, I. Addressing income disparities in physical activity participation among Canadian children: The role of tax incentives and subsidies. Canadian Institutes of Health Research, Programmatic Grants to Tackle Health and Health Equity Letter of Intent (\$9,167).
- 2010-12: Knight, C. J., & **Holt, N. L.** Optimizing parental involvement in junior tennis. International Tennis Federation, Player Development department (\$2,000).
- 2009-12: Spence, J. C. (PI), & **Holt, N. L.** The PlayScapes study: Where do the children play? Social Sciences and Humanities Research Council of Canada, Standard Research Grant (\$104,610).
- 2009-15: Newton, M. S. (PI), Hodlevskyy, S. (Co-PI), **Holt, N.L.**, Ali, S., Dong, K., Gokiart, R., Hansen, R., Craig, W., Malloy, B., & Urichuk, L. Capacity development in pediatric mental health care: A grounded theory approach. Alberta Centre for Child, Family and Community Research (\$95,744). [Extended twice due to maternity leaves].
- 2008-15: Fraser-Thomas, J. (PI), Côté, J., & **Holt, N. L.** Assessing youth sport programs' facilitation of positive youth development. Social Sciences and Humanities Research Council of Canada (\$81,925). [Extended twice due to maternity leaves].
- 2008-10: Ball, G. D. C. (PI), Colberg, S., Finegood, D., Gellar, J., **Holt, N. L.**, Johnson, S., Matteson, C., Mayer, P., Newton, M. One size does not fit all: Partnering with parents and clinicians to "set the agenda" for pediatric weight management. Stollery Children's Hospital Foundation, University of Alberta of Alberta Hospital/Women's and Children's Health Research Institute (\$25,914).
- 2008-10: Kennedy, M. D. (PI), & **Holt, N. L.** A multi-disciplinary approach to evaluation of fatigue status in student athletes. Sport Science Association of Alberta (\$3,788).
- 2007-10: Sullivan, P. (PI), Bloom, G., & **Holt, N. L.** The effect of coaching on youth sport in Canada. Social Sciences and Humanities Research Council of Canada (\$74,377).
- 2007-10: Spence, J. C. (PI), Blanchard, C. M., **Holt, N. L.**, Lyons, R., & Murhaghan, D. A. Determinants of physical inactivity among older adults in rural Atlantic Canada. Canadian Institutes of Health Research, Planning and Development Grant – Mobility in Aging Competition (\$93,860).
- 2007-08: Maraj, B. K. V., (PI), Berry, T, Boulé, N., **Holt, N. L.**, Spence, J. C., & Young, B. The influence of environmental factors on the mobility and health of Alberta seniors. Alberta Centre on Aging: Research Development Grant (\$4,000).
- 2006-10: Ball, G. D. C. (Co-PI), Willows, N. (Co-PI), Newton, M., **Holt, N. L.**, Plotnikoff, R., Veugelers, P., Wrightson, D., & Arcand, E. Identifying factors influencing healthy lifestyles in First Nations children: A community-based, formative assessment. Alberta Centre for Child, Family and Community Research (\$95,000).
- 2003-07: Mandigo, J. L. (PI), Anderson, A., & **Holt, N. L.** Investigating the impact of autonomy supportive game environments on the whole child. Social Sciences and Humanities Research Council of Canada (\$68,994).

RESEARCH

Publications

Notes

- First author = study lead; Last author = senior researcher (normally research conducted in my lab).
- Single underline signifies authors were graduate students when study was conducted.

- Double underline signifies authors were undergraduate students when study was conducted.

Books

1. **Holt, N. L.** (Ed., 2016). *Positive youth development through sport* (2nd ed.). London: Routledge.
2. **Holt, N. L.**, & Knight, C. J. (2014). *Parenting in youth sport: From research to practice*. London: Routledge.
3. **Holt, N. L.**, & Talbot, M. (Eds., 2011). *Lifelong engagement in sport and physical activity: Participation and performance across the lifespan*. London: Routledge.
4. **Holt, N. L.** (Ed., 2008). *Positive youth development through sport*. London: Routledge.

Refereed Journal Articles

1. Pankow, K., Mosewich, A. D., & Holt, N. L., (in press). Athletes' perceptions of pragmatic leadership among youth football coaches. *The Sport Psychologist*. [accepted July 9, 2019].
2. Gunter, R., Dunn, J. G. H., & **Holt, N. L.** (in press). Talent identification in youth ice hockey: Exploring 'intangible' player characteristics. *The Sport Psychologist*. doi: 10.1123/tsp.2018-0155 [accepted February 18, 2019].
3. Coppola, A., McHugh, T-L., & **Holt, N. L.** (in press). Supporting indigenous youth activity programmes: A community-based participatory research approach. *Qualitative Research in Sport, Exercise, and Health*. doi: 10.1080/2159676X.2019.1574880 [accepted January 23, 2019].
4. Jørgensen, H., Lemyre, P-N., & **Holt, N. L.** (in press). Multiple learning contexts and the development of life skills among Canadian junior national team biathletes. *Journal of Applied Sport Psychology*. doi:10.1080/10413200.2019.1570570 [accepted January 13, 2019].
5. Pynn, S. R., Dunn, J. G. H., & **Holt, N. L.** (2019). A qualitative study of exemplary parenting in competitive female youth sport. *Sport, Exercise, and Performance Psychology*, 8, 163-178. doi: 10.1037/spy0000141
6. Pynn, S. R., Neely, K. C., Ingstrup, M. S., Spence, J. C., Carson, V., Robinson, R., & **Holt, N. L.** (2019). An intergenerational qualitative study of the good parenting ideal and active free play during middle childhood. *Children's Geographies*, 17, 266-277. doi: 10.1080/14733285.2018.1492702
7. Farnesi, B. C., Perez, A., **Holt, N. L.**, Morrison, K., Gokiart, R., Legault, L., Chanoine, J., Sharma, A., & Ball, G. D. C. (2019). Continued attendance for pediatric weight management: A multi-centre, qualitative study of parents' reasons and facilitators. *Clinical Obesity*, e12304. doi: 10.1111/cob.12304
8. Pankow, K., Tamminen, K. A., Camiré, M., MacDonald, D. J., Strachan, L., & **Holt, N. L.** (2019). Types of evidence used in Canadian provincial sport organisations. *International Journal of Sports Science and Coaching* 14, 162-168. doi:10.1177/1747954119825804.
9. McHugh, T.-L.F., Deal, C. J., Blye, C.-J., Dimler, A. J., Halpenny, E. A., Sivak, A., & **Holt, N. L.** (2019). A meta-study of qualitative research examining sport and recreation experiences of Indigenous youth. *Qualitative Health Research*, 29, 42-54. doi:10.1177/1049732318759668

10. Pankow, K., Mosewich, A. D., & **Holt, N. L.** (2018). The development of leadership among model youth football coaches. *The Sport Psychologist*, 32, 253-262. doi:10.1123/tsp.2017-0129.
11. Perez, A., Yaskina, M., Maximova, K., Kebbe, M., Peng, C., Patil, T., Nielsen, C., **Holt, N. L.**, Ho, J., Luca, P., LaFrance, R., Godziuk, K., Connors, A., Bennett, T., Brunet Wood, K., Baron, T., & Ball G. D. C. (2018). Predicting enrollment in multidisciplinary clinical care for pediatric weight management. *Journal of Pediatrics*, 202, 129-135. doi: 10.1016/j.jpeds.2018.06.038.
12. Mandigo, J. L., Corlett, J., **Holt, N. L.**, Van Ingen, C., & MacDonald, D. (2018). The impact of the Hoodlinks program to develop life skills and prevent youth violence in Guatemala. *Journal of Sport for Development*, 6, 21-37.
13. Neely, K. C., Dunn, J. G. H., McHugh, T-L. F., & **Holt, N. L.** (2018). Female athletes' perceptions of positive growth following deselection in sport. *Journal of Sport & Exercise Psychology*, 40, 173-185. doi: 10.1123/jsep.2017-0136 [published online September 4 2018].
14. Teques, P., Calmeiro, L., Martins, H., Duarte, D., & **Holt, N. L.** (2018). Mediating effects of parents' coping strategies on the relationship between parents' emotional intelligence and sideline verbal behaviors in youth soccer. *Journal of Sport & Exercise Psychology*, 40, 153-162. doi: 10.1123/jsep.2017-0318
15. Koch, J., Scherer, J., & **Holt, N. L.** (2018). Slap slot! Sport, masculinities, and homelessness in the downtown core of a divided western Canadian inner city. *Journal of Sport & Social Issues*, 42, 270-294. doi: 10.1177/0193723518773280
16. **Holt, N. L.**, Camiré, M., Tamminen, K. A., Pankow, K., Pynn, S., Strachan, L., MacDonald, D., & Fraser-Thomas, J. (2018). PYDSportNET: A knowledge translation project bridging gaps between research and practice in youth sport. *Journal of Sport Psychology in Action*, 9, 132-146. doi:10.1080/21520704.2017.1388893
17. **Holt, N. L.**, Pankow, K., Tamminen, K. A., Strachan, L., MacDonald, D. J., Fraser-Thomas, J., Côté, J., & Camiré, M. (2018). A qualitative study of research priorities among representatives of Canadian provincial sport organizations. *Psychology of Sport and Exercise*, 36, 8-16. doi:10.1016/j.psychsport.2018.01.002
18. Deal, C. J., Pankow, K., Chu, T. A., Pynn, S. R., Smyth, C. L., & **Holt, N. L.** (2018). A mixed methods analysis of disciplinary incidents in men's soccer. *Sport Management Review*, 21, 72-85. doi: 10.1016/j.smr.2017.04.002
19. **Holt, N. L.**, Pankow, K., Camiré, M., Côté, J., Fraser-Thomas, J., MacDonald, D., Strachan, L., & Tamminen, K. (2018). Factors associated with using research evidence in national sport organisations. *Journal of Sports Sciences*, 36, 1111-1117. doi:10.1080/02640414.2017.1357830
20. Perez, A., Kebbe, M., **Holt, N. L.**, Gokiert, R., Chanoine, J. P., Legault, L., Morrison, K. M., Sharma, A. M., & Ball, G. D. C. (2018). Parent recommendations to enhance enrolment in multidisciplinary care for pediatric weight management: A multi-center, qualitative study. *Journal of Pediatrics*, 192, 122-129. doi:10.1016/j.jpeds.2017.09.025

21. Gehring, N., Ball, G. D. C., Perez, A., **Holt, N. L.**, Neuman, D., Spence, N., Mercier, L., & Jetha, M. (2018). Families' perceived benefits of home visits for managing pediatric obesity outweigh potential costs and barriers. *Acta Paediatrica: Nurturing the Child*, *107*, 315-321. doi: 10.1111/apa.14101
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Book Chapters

1. **Holt, N. L., Pankow, K., & Jørgensen, H.** (accepted). Positive youth development through sport. In D. Hackfort & R. Schinke (Eds.), *The Routledge international encyclopedia of sport and exercise psychology* [Accepted December 10 2018].
2. **Holt, N. L., & Pankow, K.** (accepted). A knowledge translation approach to positive youth development: The PYDSportNET project. In F. Santos, L. Strachan, M. Camiré, & D. MacDonald (Eds.), *Coach education for the next decade: The need for a positive youth development paradigm* [Accepted December 11 2018].
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4. **Holt, N. L., & Deal, C. J.** (2019). Grounded theory. In D. Hackfort, R. Schinke, & B. Strauss (Eds.), *Dictionary of sport psychology* (pp. 117-118). San Diego, CA: Academic Press.
5. **Holt, N. L., & Pynn, S. R.** (2019). Socialization through sports: Applying a PYD perspective. In J. Maguire, M. Falcous, & K. Listons (Eds.), *The business of culture and sports: Society, politics, economy, environment* (Vol. 2, pp. 63-77). Farmington Hills, MI: Macmillan.
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19. **Holt, N. L.** (2014). Talent development. In R. C. Eklund & G. Tenenbaum (Eds.), *Encyclopedia of sport and exercise psychology* (pp. 731-734). New York: Sage.
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23. **Holt, N. L., Knight, C. J., & Tamminen, K. A.** (2012). Grounded theory. In K. Armour & D. MacDonald (Eds.), *Research methods in physical education and youth sport* (pp. 276-294). London: Routledge.
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Articles in Professional Journals and Popular Media

1. Holt, N. L. (2019). Here are the best parents to have around, according to youth sport coaches. *The Conversation*. June 17th 2019. Available from <https://theconversation.com/here-are-the-best-parents-to-have-around-according-to-youth-sport-coaches-118382>
2. Pankow, K., & **Holt, N. L.** (2018). Mental performance consultants as knowledge brokers. *Canadian Sport Psychology Association Newsletter, Fall*, 9-10.
3. Neely, K. C., Ingstrup, M., Pynn, S., & **Holt, N. L.** (2015). What grandparents, parents, and kids say about play! *Wellspring*, 26(9), 1-4.
4. Carson, V., Clarke, M., Berry, T., **Holt, N. L.**, & Latimer-Cheung, A. E. (2014). Parental perceptions of the Canadian Sedentary Behavior Guidelines for the Early Years. *Alberta Centre for Active Living – Research Update*, 24(4), 1-3.
5. Watchman, T., & **Holt, N. L.** (2013). How can parents increase children's physical activity? *Wellspring*, January, 24(1).
6. Knight, C. J., & **Holt, N. L.** (2012). Recommendations for coaches on enhancing parental involvement in tennis. *International Tennis Federation Coaching and Sport Science Review*, 57, 3-4.

7. **Holt, N. L.**, & Kingsley, B. C. (2010). Sport participation and possibilities for positive youth development among urban youth in Edmonton? A pilot study. *Pulse, Fall*, 5.
8. Kennedy, M. D., **Holt, N. L.**, & Mueller, M. (2010). Multi-disciplinary approach to the evaluation of fatigue-status in student athletes. *Pulse, Fall*, 8.
9. **Holt, N. L.**, & Tamminen, K. A. (2009). Toward a grounded theory of competitive sport participation and coping among adolescent females. *Pulse*, 22(1), 4-5.
10. Clark, M., Spence, J. C., & **Holt, N. L.** (2008). In their shoes: What girls think about physical activity. *Research Update (Alberta Centre for Active Living)*, 15(3), 1.
11. **Holt, N. L.**, & Dunn, J. G. H. (2007). Talent development in football: Psychosocial perspectives. *Football Association Insight Magazine, Winter*, 10, 41-45. [Invited article for English Football Association].
12. **Holt, N. L.** (2004). Talent development in sports and science. *Science's Next Wave* [on-line]. Retrieve from <http://nextwave.sciencemag.org/cgi/content/full/2004/07/28/3>. [Invited article for Science - online].
13. **Holt, N. L.**, & Mandigo, J. L. (1999). "Now dribble around the cones": The incorporation of skill development in a games-centred approach. *Runner*, 37(1), 22-26.

Keynote Presentations

1. **Holt, N. L.** (2018, November). Knowledge translation in youth sport. *Opening keynote presentation at Michigan State University Institute for the Study of Youth Sports 40th Anniversary Conference*. East Lansing, MI.
2. **Holt, N. L.** (2017, July). Pick your parents carefully. *Keynote presentation at The Sport Conference*. Edmonton, AB.
3. **Holt, N. L.** (2016, October). Sports and positive youth development. *Invited plenary talk at Boys' and Girls' Club Association of Hong Kong 80th Anniversary Conference (co-hosted by Chinese University of Hong Kong)*. Hong Kong.
4. **Holt, N. L.** (2015, October). Positive youth development through sport: From research to...? *Albert V. Carron Lecture, Canadian Society for Psychomotor Learning and Sport Psychology/Société Canadienne D'Apprentissage Psychomoteur et de Psychologie du Sport (SCAPPS) Conference*. Edmonton, Alberta.
5. **Holt, N. L.** (2015, September). Positive youth development and parenting in youth sport: Implications for coaches. *Invited talk at Annual Youth in Sport Conference, Norwegian Research Center for Children and Youth Sport*. Norwegian School of Sport Sciences, Oslo, Norway.
6. **Holt, N. L.** (2012, April). Coping strategies for performance anxiety. *Invited keynote talk at Alberta Shorthand Reporters Association*. Red Deer, AB.
7. **Holt, N. L.**, (2009, September). Understanding children's physical activity and communicating research findings. *Invited keynote presentation for "Moving Toward Active Alberta" – 2009 Alberta Active Living Partners Networking Meeting*. Edmonton, AB.

8. **Holt, N. L.** (2003, October). Toward a grounded theory of the psychosocial competencies and environmental conditions associated with soccer success. *Dissertation of the Year Lecture at Association for the Advancement of Applied Sport Psychology Conference*. Philadelphia, PA.

Papers Presented at Refereed Conferences

Note. When abstract published from conference presentation, only the abstract is reported below.

Abbreviations:

SCAPPS: Société Canadienne D'Apprentissage Psychomoteur et de Psychologie du Sport/ Canadian Society for Psychomotor Learning and Sport Psychology

NASPSPA: North American Society for the Psychology of Sport and Physical Activity

AASP: Association for Applied Sport Psychology

1. Mosewich, A. D., Sereda, B., Wright, K. S., Sapieja, K., **Holt, N. L.**, McHugh, T-L. F., Game, A., Jackson, J., Cook, M., & Krepps, R. (2019, July). Trajectories of change in burnout, self-compassion, and psychological skill: A three-wave longitudinal study with varsity athletes. *Poster presentation at FEPSAC conference*. Muenster, Germany.
2. O'Neill, M., Brown, N., Kebbe, M., Gehring, N., Ho, J., Virtanen, H., Hinkley, C., Spence, N., Srikameswaran, S., Zelichowska, J., Morrison, K., Gokiart, R., Masse, L., **Holt, N. L.**, Kuk, J., Geller, J., & Ball, G. D. C. (2019, April). Youth and parent motivation to change lifestyle habits: Preliminary findings from the Readiness and Motivation Interview for Families (RMI-Families) study. *Poster presentation at 6th Canadian Obesity Summit*. Ottawa, ON.
3. Predy, M., **Holt, N. L.**, & Carson, V. (2019, June). Correlates of outdoor play time at childcare centres among toddlers and preschoolers. *Oral presentation at International Society for Behavioral Nutrition and Physical Activity Annual Meeting*. Prague, Czech Republic.
4. McPherson, A., Cate-Carter, T., Perez, A., Walker, M., Buchholz, A., Morrison, K. M., Hamilton, J., Forhan, M., **Holt, N. L.**, Masse, L., & Ball, G. D. C. (2018, October). The layered nature of weight management in children with autism spectrum disorder: Exploring the experiences of parents. *Poster presentation at 7th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity*. Calgary, AB.
5. Jørgensen, H., Lemyre, P. N., & **Holt, N. L.** (2018, October). Life skills development in young high-level athletes. *Journal of Exercise, Movement, and Sport*, 50 [SCAPPS 2018. Toronto, ON].
6. Neely, K. C., Deal, C. J., Mosewich, A. D., McHugh, T-L. F., & **Holt, N. L.** (2018, October). Sport participation profiles of high-performance adolescent athletes: Initial and secondary sport sampling. *Journal of Exercise, Movement, and Sport*, 50 [SCAPPS 2018. Toronto, ON].
7. Neely, K. C., Deal, C. J., McHugh, T-L. F., Mosewich, A. D., & **Holt, N. L.** (2018, October). Coaches', parents', and peers' influence on the development and transfer of life skills learned through youth sport participation. *Journal of Exercise, Movement, and Sport*, 50 [SCAPPS 2018. Toronto, ON].
8. Spence, J. C., Costas-Bradstreet, C., & **Holt, N. L.** (2018, October). The role of KidSport funding in supporting children's participation in sport and physical activity in Nova Scotia,

- Canada. *Oral presentation at the 7th International Society for Physical Activity and Health Congress*. London, UK.
9. **Holt, N. L.**, & Pankow, K. (2018, June). So what? Connecting research and practice through the PYDSportNET program. *Symposium presentation at NASPSPA Conference*. Denver, CO.
 10. **Holt, N. L.** (2018, June). Whatever happened to qualitative description? *5 minute challenge oral presentation at 6th International Conference on Qualitative Research in Sport and Exercise*. Vancouver, BC.
 11. Browne, N., Geller, J, Spence, N., O'Connor, K., Srikameswaran, S., Zelichowska, S. J., Ho, J., Gokiart, R., Carson, V., Gehring, N., Virtanen, H., Hinkley, C., Mâsse, L., Morrison, K., Kuk, J., **Holt, N. L.**, & Ball, G. D. C. (2018, June). Examining motivation in pediatric weight management: The Readiness and Motivation Interview for Families (RMI-Family). *Poster Presentation Dietitians of Canada National Conference*. Vancouver, BC.
 12. Koch, J., Scherer, J., & **Holt, N. L.** (2018, February). Homeless in Edmonton: The construction of moral economies through sport. *Oral presentation at Coming up together: Towards ending & preventing youth homelessness in Ontario, Canada & beyond*. Ottawa, ON.
 13. Pynn, S. R., & **Holt, N. L.** (2017, October). Toward a conceptualization of good parenting in female youth sport. *Oral presentation at the annual conference for the Canadian Society for Psychomotor Learning and Sport Psychology*. St. John's, NL.
 14. Pynn, S. R., Neely, K. C., Ingstrup, M. S., & **Holt, N. L.** (2017, September). An intergenerational study of good parenting and active free play. *Oral presentation at the 20th International Play Association Triennial World Conference*. Calgary, AB.
 15. **Holt, N. L.**, Camiré, M., Fraser-Thomas, J., MacDonald, D., Strachan, L., & Tamminen, K. A. (2017, July). Bridging the research-to-practice gap in Canadian sport: The PYD SportNET project. *Symposium presentation at International Society of Sport Psychology Conference*. Seville, Spain.
 16. **Holt, N. L.** (2017, July). Promoting parenting expertise in youth sport: From evidencing needs to innovative interventions programmes. *Symposium discussant at International Society of Sport Psychology Conference*. Seville, Spain.
 17. Perez, A., Kebbe, M., Maximova, K., Yaskina, M., Nielsen, C., Peng, C., Patil, T., **Holt, N. L.**, Ho, J., Luca, P., Connors, A., Bennet, T., BrunetWood, K., Baron, T., LaFrance, R., Godziuk, K., & Ball, G. D. C. (2017, April). Do children and adolescents referred to multidisciplinary care for weight management in Alberta enroll in treatment? A preliminary analysis. *Oral Presentation at The 5th Canadian Obesity Summit*. Banff, AB.
 18. Scherer, J., Koch, J., & **Holt, N. L.** (2016, November). 'Structural inequality, homelessness, and moral worth: salvaging the self through sport?' *Oral presentation at the North American Society for the Sociology of Sport*. Tampa Bay, FL.
 19. Pankow, K., Camiré, M., Fraser-Thomas, J. L., MacDonald, D. J., Strachan, L., Tamminen, K. A., & **Holt, N. L.** (2016, October). Provincial stakeholders' perceptions of barriers, opportunities, and communication strategies for using research evidence to inform youth sport

- delivery. *Journal of Exercise, Movement, and Sport*, 48, 123 [SCAPPS 2016 Conference, Waterloo, ON].
20. Ingstrup, M., Mosewich, A. D., & **Holt, N. L.** (2016, October). An examination of the development and use of self-compassion to cope with adversity in sport in female varsity athletes. *Journal of Exercise, Movement, and Sport*, 48 [SCAPPS 2016 Conference, Waterloo, ON].
 21. Neely, K. C., McHugh, T-L. F., & **Holt, N. L.** (2016, October). Growing pains: Positive growth following deselection in sport. *Journal of Exercise, Movement, and Sport*, 48. [SCAPPS 2016 Conference, Waterloo, ON].
 22. Deal, C. J., Chu, T., Pankow, K., Pynn, S. R., Smyth, C. L., & **Holt, N. L.** (2016, October). Factors contributing to severe discipline incidents in men's soccer. *Journal of Exercise, Movement, and Sport*, 48 [SCAPPS 2016 Conference, Waterloo, ON].
 23. **Holt, N. L.**, Neely, K. C., Pynn, S. R., Ingstrup, M., Spence, J. C., Carson, V., Robinson, Z., & deBeaudrap, H. (2016, June). Intergenerational change in active free play among families in rural and urban areas. *Journal of Sport & Exercise Psychology*, 38, S206 [NASPSPA 2016 Conference. Montreal, QC].
 24. Deal, C. J., Pankow, K., Pynn, S. R., Smyth, C. L., & **Holt, N. L.** (2016, June). Severe disciplinary incidents in men's soccer: A case study. *Journal of Sport & Exercise Psychology*, 38, S178 [NASPSPA 2016 Conference. Montreal, QC].
 25. Browne, N., Avis, J., Cave, A., Haqq, A., **Holt, N. L.**, Martz, P., Padwal, R., Wild, T. C., Maximova, K., & Ball, G. D. C. (2016, October). Can a novel eHealth tool nudge parents to discuss children's weight status with their pediatrician? *Poster presentation at 6th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity; Ottawa, ON.*
 26. McHugh, T-L., Deal, C., Blye, C. J., Dimler, A., Halpenny, E., **Holt, N. L.**, & Sivak, A. (2016, April). A workshop to facilitate the accessibility and impact of Aboriginal sport and recreation research. *National Aboriginal Physical Activity Conference. Vancouver, BC.*
 27. Avis, J., Komarnicki, A., Farmer, A., **Holt, N. L.**, Perez, A., Ball, G. D. C. (2015, November). Primary care providers' perspectives and a quality assessment of tools used for preventing childhood obesity: A mixed methods study. *Poster presentation at Obesity Week Conference. Los Angeles, CA.*
 28. Pynn, S. R., Neely, K. C., & **Holt, N. L.** (2015, October). A review of trends in youth sport psychology research. *Journal of Exercise, Movement, and Sport*, 47(1). [SCAPPS 2015 Conference]. Abstract available from <http://jps.library.utoronto.ca/index.php/jems/issue/view/1667>
 29. Neely, K. C., & **Holt, N. L.** (2015, October). Coping with the cut: Athletes' and parents' experiences with deselection in competitive youth sport. *Journal of Exercise, Movement, and Sport*, 47(1). [SCAPPS 2015 Conference, Edmonton, AB]. Abstract available from <http://jps.library.utoronto.ca/index.php/jems/article/view/25437>
 30. Ingstrup, M., Neely, K. C., DeBeaudrap, H., & **Holt, N. L.** (2015, October). A meta-method analysis of qualitative research examining positive youth development through sport. *Journal*

- of Exercise, Movement, and Sport*, 47. [SCAPPS 2015 Conference, Edmonton, AB]. Abstract available from <http://jps.library.utoronto.ca/index.php/jems/issue/view/1667>
31. **Holt, N. L.**, DeBeaudrap, H., & Boyd, K. (2015, July). An intergenerational study of active free play in rural settings. *Poster presentation at 14th European Congress of Sport Psychology. Bern, Switzerland.*
 32. **Holt, N. L.**, Lee, H., Tamminen, K. A., Clark, A. M., & Spence, J. C. (2015, July). Safety concerns and social traps: A meta-study of qualitative research examining determinants of active free play. *Poster presentation at 14th European Congress of Sport Psychology. Bern, Switzerland.*
 33. **Holt, N. L.** (2015, July). Using grounded theory in sport and exercise psychology. Workshop at *14th European Congress of Sport Psychology. Bern, Switzerland.*
 34. **Holt, N. L.**, (2015, July). Parental influences in youth tennis players: Children's and parents' perspectives. *Discussant for symposium at 14th European Congress of Sport Psychology. Bern, Switzerland.*
 35. Spence, N. D., Newton, M. S., Keaschuk, R. A., Ambler, K. A., Jetha, M. M., Rosychuk, R. J., **Holt, N. L.**, Spence, J. C., Sharma, A. M., & Ball, G. D. C. (2015, May). Parents as Agents of Change in pediatric weight management: Preliminary findings from a randomized clinical trial. *Poster presentation at 4th Canadian Obesity Summit, Toronto, ON.*
 36. Spence, N. D., Newton, M. S., Keaschuk, R. A., Ambler, K. A., Jetha, M. M., Rosychuk, R. J., **Holt, N. L.**, Spence, J. C., Sharma, A. M., & Ball, G. D. C. (2015, May). Predictors of attrition from the Parents as Agents of Change (PAC) randomized clinical trial. *Poster presentation at 4th Canadian Obesity Summit, Toronto, ON.*
 37. Avis, J., Cave, A., Donaldson, S., Fournier, R., **Holt, N. L.**, Padwal, R., van Mierlo, T., Wild, T. C., & Ball, G. D. C. (2015, June). The development and refinement of a brief online intervention for parents to prevent childhood obesity in primary care. *Poster presentation at Annual Canadian Student Health Research Forum. Winnipeg, MB.*
 38. Avis, J., Cave, A., Donaldson, S., Fournier, R., **Holt, N. L.**, Padwal, R., van Mierlo, T., Wild, T. C., & Ball, G. D. C. (2015, April). The development and refinement of a brief, online intervention for parents to prevent childhood obesity in primary care. *Poster presentation at 4th Annual Canadian Obesity Summit. Toronto, ON.*
 39. Perez, A., **Holt, N. L.**, Gokiert, R., Chanoine, J., Legault, L., Morrison, K., Sharma, A., & Ball, G. D. C. (2015, April). Parents' strategies to enhance children's motivation to initiate clinic-based weight management care. *Poster presentation at 4th Annual Canadian Obesity Summit. Toronto, ON.*
 40. Hinch, T., **Holt, N. L.**, & Sant, S. L. (2015, February). Making place through sport tourism events: The case of the Canadian Death Race. In Wilson, E. & Witsel, M. (Eds.). *Rising tides and sea changes: Adaptation and innovation in tourism and hospitality: Proceedings of the 25th Annual CAUTHE Conference* (pp. 522 – 524). Southern Cross University, Gold Coast, Queensland, Australia.
 41. Dickler, L., Beesley, T., Wolman, L., Pidwerbeski, D., Tamminen, K., MacPherson, A., **Holt, N. L.**, MacDonald, D., & Fraser-Thomas, J. (2014, October). Youth sport programs' facilitation

- of developmental experiences: Examining the role of program characteristics. *Oral presentation at SCAPPS Conference*. London, ON.
42. Avis, J., Dhaliwal, J., Nosworthy, N., **Holt, N. L.**, Zwaigenbaum, L., Rasquinha, A., & Ball, G. D. C. (2014, September). Attrition and the management of pediatric obesity: An integrative review. *Poster presentation at the 5th Annual Conference on Recent Advances in the Prevention and Management of Childhood and Adolescent Obesity*. Winnipeg, MB.
 43. Gledhill, A., & **Holt, N. L.** (2014, September). Psychosocial factors associated with talent development in soccer. *Oral presentation at 4th International Conference on Qualitative Research in Sport and Exercise*. Loughborough, UK.
 44. Perez Garcia, A., **Holt, N. L.**, Morrison, K. M., Legault, L., Sharma, A. M., Gokiart, R., Chanoine, J-P., & Ball, G. D. C. (2014, September). Why don't parents initiate treatment? Reasons underlying parents' decision to decline care for pediatric obesity. *Poster presentation at the 5th Annual Conference on Recent Advances in the Prevention and Management of Childhood and Adolescent Obesity*. Winnipeg, MB.
 45. Crawford, J., Vallance, J., **Holt, N. L.**, & Courneya, K. (2014, May). Associations between physical activity and posttraumatic growth in gynecologic cancer survivors: A population-based study. *Poster presentation at the International Society for Behavioral Nutrition and Physical Activity*. San Diego, CA.
 46. McHugh, T.-L. F., Coppola, A. M., **Holt, N. L.**, & Andersen, C. (2014, May). How do urban Aboriginal community members describe 'community' within the context of sport? *Poster presentation at the Global Summit on the Physical Activity of Children*. Toronto, ON.
 47. Hinch, T., **Holt, N. L.**, & Sant, S. (2014, May). *The production of place: A study of the origin and evolution of the Canadian Death Race*. In J. Singleton, T. Fancy, T. Hopper, and S. Wheaton (Eds.). *Book of abstracts* (pp. 126 – 129). 14th Canadian Congress on Leisure Research, School of Health and Human Performance, Dalhousie University, Halifax, NS.
 48. Hinch, T., **Holt, N. L.** & Sant, S. (2014). The Canadian Death Race in Grande Cache, Alberta. *National Conference of the Canadian Sport Tourism Alliance*. Edmonton, AB.
 49. Farnesi, C., Garcia, A. P., Dhaliwal, J., **Holt, N. L.**, Morrison, K. M., Legault, L., Sharma, A. M., Gokiart, R. M., Chanoine, J., & Ball, G. D. C. (2014). Sticking around: exploring reasons for Canadian families' continued involvement in pediatric weight management. *Obesity Reviews*, 15, suppl. 2, 239. [XII International Congress on Obesity, Kuala Lumpur, Malaysia, March 17-20, 2014].
 50. **Holt, N. L.**, Lee, H., Kim, Y., & Klein, K. (2013, December). 'That was one of the hardest things I've ever done in my life': Coping with the demands of running an ultramarathon in the Canadian Rocky Mountains. *Oral presentation at British Psychological Society Division of Sport and Exercise Psychology Conference*. Manchester, UK.
 51. **Holt, N. L.**, Anderson, S., Zarowny, S., Down, J., Slater, L., Clark, A., Spence, J. C., & Tamminen, K. A. (2013, December). A meta-synthesis of qualitative research examining children's active free play: Children's perspectives. *Poster presentation at British Psychological Society Division of Sport and Exercise Psychology Conference*. Manchester, UK.

52. Knight, C. J., Neely, K. C., & **Holt, N. L.** (2013, October). Coaching at summer camps: What are coaches trying to teach children? *Oral presentation at SCAPPS Conference*. Kelowna, BC.
53. Boyd, K. A., Lee, H., & **Holt, N. L.** (2013, October). Family members' perceptions of changes in children's active free play: An intergenerational study. *Poster presentation at SCAPPS Conference*. Kelowna, BC.
54. Scherer, J., Koch, J., & **Holt, N. L.** (2013, November). I'm not down: Negotiating labour and leisure in the downtown core of a divided Western Canadian city. *Oral presentation at North American Society for the Sociology of Sport Conference*. Quebec City, PQ.
55. Scherer, J., Koch, J., & **Holt, N. L.** (2013, June). Career opportunities and 'entrepreneurial' recreation in the downtown core: Dispatches from the (real) creative class. *Oral presentation at International Sociology of Sport Association Conference*. Vancouver, BC.
56. Neely, K. C., **Holt, N. L.**, & Ball, G. D. C. (2013, June). Families' perceptions of and experiences in a pediatric weight intervention. *Poster presentation at Childhood Obesity Conference*. Long Beach, CA.
57. **Holt, N. L.**, Lee, H., Kim, Y., & Klein, K. (2013, February). Experiences of running an ultramarathon. *Oral presentation at Pan Pacific Conference of Medicine and Science in Sport*. Honolulu, HI.
58. Knight, C. J., McDonald, R., Kennedy, M. D., Dunn, J. G. H., & **Holt, N. L.** (2013). Parents' and coaches' responses to game situations in university situations: A pilot study. *Oral presentation at Pan Pacific Conference of Medicine and Science in Sport*. Honolulu, HI.
59. Koch, J., Scherer, J., & **Holt, N. L.** (2012, November). Power plays, penalties, and poverty: Physical cultural studies, embodied research, and "inner city" floor hockey. *Oral presentation at North American Society for the Sociology of Sport Conference*. New Orleans, LA.
60. Lee, H., & **Holt, N. L.** (2012, October). Youth sport experiences of individuals with Attention Deficit/Hyperactivity Disorder. *Poster presentation at SCAPPS Conference*. Halifax, NS.
61. Coppola, A., Neely, K. C., McDonald, R., McHugh, T-L. F., & **Holt, N. L.** (2012, October). Children's perceptions of a sport-based critical hours program. *Oral presentation at SCAPPS Conference*. Halifax, NS.
62. Witcher, C. S., Spence, J. C., **Holt, N. L.**, & Young, W. (2012, October). An investigation of rural older adult physical activity participation in Nova Scotia toward developing strategies to promote physical activity promotion. *Oral presentation at SCAPPS Conference*. Halifax, NS.
63. Dhaliwal, J., **Holt, N. L.**, Ambler, K. A., Gokiart, R., Chanoine, J-P., Morrison, K. A., Legault, L., Sharma, A., & Ball, G. D. C. (2012, October). Should I stay or should I so? Understanding overweight children and their families referred for and discontinuing weight management programs. *Poster presentation 4th Annual Childhood and Adolescent Obesity Conference*. Halifax, NS.
64. Knight, C. J., & **Holt, N. L.** (2012). The youth sport experience: Role socialization, contextual considerations, and educational recommendations: Improving parents' experiences at junior tennis tournaments. *Journal of Sport & Exercise Psychology*, 34, S55.

65. **Holt, N. L.**, Scherer, J., & Koch, J. (2012). "I don't think there's too many kids who play sports who are also in gangs": Stakeholders' perspectives on the developmental role of sport in the lives of young people. *Journal of Sport & Exercise Psychology*, 34, S234.
66. **Holt, N. L.**, Kennedy, M. D., & Tamminen, K. A. (2012). A multidisciplinary mixed methods approach to the evaluation of fatigue status in competitive swimmers. *Journal of Sport & Exercise Psychology*, 34, S234.
67. Coppola, A. M., Neely, K. C., McDonald, R., McHugh, T.-L. F., & **Holt, N. L.** (2012, June). Developing a participatory action research study: Strategies for relationship building. *Poster presentation at Thinking Qualitatively Conference, International Institute of Qualitative Methodology. Edmonton, AB.*
68. Koch, J., Scherer, J., & **Holt, N. L.** (2012, May). Breaking the ice: Physical cultural studies, embodied research, and homeless ball hockey. *Oral presentation at International Congress of Qualitative Inquiry. Champaign, IL.*
69. Lee, H., Millar, C., Spence, J. C., & **Holt, N. L.** (2011, October). Using walk-along interviews to examine perceptions of landscapes for play. *Oral presentation at the Qualitative Health Research Conference. Vancouver, BC.*
70. McLeod, N. C., **Holt, N. L.**, & Berry, T. R. (2011, October). Mother's experiences of sport: "Rather than just being a soccer mom now I'm a mom who plays soccer. *Oral presentation at SCAPPS Conference. Winnipeg, MB.*
71. Tamminen, K. A., **Holt, N. L.**, & Neely, K. C. (2011, October). Growing pains: Exploring negative experiences and positive growth among elite female athletes. *Oral presentation at SCAPPS Conference. Winnipeg, MB.*
72. Lee, H., **Holt, N. L.**, Spence, J. C., & Millar, C. (2011, October). A retrospective study of playscapes in the city. *Poster presentation at SCAPPS Conference. Winnipeg, MB.*
73. Knight, C. J., & **Holt, N. L.** (2011, October). How do parents find ways to support their children's involvement in sport? *Oral presentation at SCAPPS Conference. Winnipeg, MB.*
74. Neely, K. C., & **Holt, N. L.** (2011, October). Parents' perceptions of children's positive youth development through participation in organized youth sport programs. *Oral presentation at SCAPPS Conference. Winnipeg, MB.*
75. Knight, C. J., Glenn, N. M., Spence, J. C., & **Holt, N. L.** (2011, October). The meaning of play among children. *Oral presentation at SCAPPS Conference. Winnipeg, MB.*
76. Knight, C. J., & **Holt, N. L.** (2011, October). Understanding and enhancing children's experiences in competitive tennis. *Oral presentation at AASP Conference, Honolulu, HI.*
77. **Holt, N. L.**, Knight, C. J., & Zukiwski, P. (2011, October). Athletes' perceptions of conflict in sport. *Oral presentation at AASP Conference, Honolulu, HI.*
78. Neely, K. C., Ball, G. D. C., Knight, C. J., Ambler, K. A., Newton, A. S., Spence, J. C., & **Holt, N. L.** (2011). Changes and challenges faced by families in a pediatric weight management intervention: A preliminary analysis. *Canadian Journal of Diabetes*, 35, 189

79. Fraser-Thomas, J., Jeffrey-Tosoni, S., Beesley, T., & **Holt, N. L.** (2010, October). Optimizing positive youth development in sport programs: Examining associations between program characteristics and developmental experiences. *Oral (Symposium) presentation at SCAPPS Conference*. Ottawa, ON.
80. **Holt, N. L.** (2010, October). Exploring possibilities for positive youth development through sport. *Oral (Symposium) presentation at SCAPPS Conference*. Ottawa, ON.
81. Neely, K. C., Law, M. P., & **Holt, N. L.** (2010, October). Interpretive description as a methodology for sport psychology research. *Oral presentation at SCAPPS Conference*. Ottawa, ON.
82. Tamminen, K. A., & **Holt, N. L.** (2010, October). A grounded theory of the role of social agents in adolescent athletes' process of learning to cope. *Oral presentation at SCAPPS Conference*. Ottawa, ON.
83. Sullivan, P., Whitaker-Campbell, T., **Holt, N. L.**, & Bloom, G. (2010, October). Validating a scale of youth sport coaching effectiveness. *Oral presentation at SCAPPS Conference*. Ottawa, ON.
84. Knight, C. J., Neely, K. C., & **Holt, N. L.** (2010, October). Parental involvement in team sports: How do athletes want parents to behave? *Oral presentation AASP Conference*. Providence, RI.
85. Sullivan, P., LaForge, K., **Holt, N. L.**, & Bloom, G. (2010). Predicting athletes' perceptions of coaching behaviour in youth sport. *Journal of Sport & Exercise Psychology*, 32, S124.
86. Sullivan, P., Whitaker-Campbell, T., **Holt, N. L.**, Bloom, G. (2010). The relationships between athletes' assessment of coaching behaviour and positive youth development. *Journal of Sport & Exercise Psychology*, 32, S224.
87. Kingsley, B. C., **Holt, N. L.**, & Tink, L. N. (2010). Sport participation and possibilities for positive development among children from low-income families. *Journal of Sport & Exercise Psychology*, 32, S225.
88. Tink, L. N., **Holt, N. L.**, & Kingsley, B. C. (2010, June). The use of participatory action research in the development of a 'critical hours' sports program for inner city youth. *Oral presentation at International Qualitative Research Conference*. Guanajuato, Mexico.
89. Kingsley, B. C., Mandigo, J. L. & **Holt, N. L.** (2010, June). On the field: Reflective ethnographic experiences with a youth soccer team. *Oral presentation at the International Qualitative Research Conference*. Guanajuato, Mexico.
90. Glenn, N. M., Spence, J. C., **Holt, N. L.**, & Murhaghan, D. (2009, November). Discrepancy between parents' and children's perspectives: Reasons for children's sport participation and dropout. *Poster presentation at SCAPPS conference*. Toronto, ON.
91. Knight C. J., Boden C. M., & **Holt N. L.** (2009, November). Junior tennis players' preferences for parental behaviors at tournaments. *Oral presentation at SCAPPS conference*. Toronto, ON.

92. **Holt, N. L.**, Sehn, Z. L., Spence, J. C., Newton, A. S., & Ball, G. D. C. (2009, November). Positive development through physical education and sport programs in an inner city school. *Oral presentation at SCAPPS conference*. Toronto, ON.
93. **Holt, N. L.**, Biddle, S. J. H., Arbour, K., Elliott, D., Carlsen, A., & Spence, J. C. (2009, November). Perspectives on the peer review process. *Symposium at SCAPPS conference*. Toronto, ON.
94. Sullivan, P., Laforge, K., **Holt, N. L.**, & Bloom, G. (2009, November). Coaching behaviors in different youth sport contexts. *Poster presentation at SCAPPS conference*. Toronto, ON.
95. Tamminen, K. A., & **Holt, N. L.** (2009, November). Toward a meta-study of adolescent athletes' coping. *Oral presentation at SCAPPS conference*. Toronto, ON.
96. Jones, M. I., & **Holt, N. L.** (2009, November). Relax it's just a game: Parents' experiences of parental codes of conduct in minor hockey. *Oral presentation at SCAPPS conference*. Toronto, ON.
97. Witcher, C., Spence, J.C., **Holt, N. L.**, Blanchard, C., Murnaghan, D. A., & Lyons, R. (2009, October). Assessing the availability of physical activity opportunities in Atlantic Canadian long-term care facilities. *Poster presentation at the Canadian Association on Gerontology*.
98. Tamminen, K. A., & **Holt, N. L.**, (2009, October). Conducting a Meta-Study: Finding and retrieving qualitative research. *Oral presentation at Advances in Qualitative Methods Conference*. Vancouver, BC.
99. Farnesi, C., Newton, A.S., **Holt, N. L.**, Colberg, S., Finegood, D., Gellar, J., Johnson, S., Matteson, C., Mayer, P., & Ball, G.D.C., (2009, June). Setting the agenda: How can we improve communication between parents and clinicians? *Poster presentation at Thinking Qualitatively Conference, International Institute of Qualitative Research*. Edmonton, AB.
100. Jones, M. I., **Holt, N. L.**, & Dunn, J. G. H. (2009). Exploring the '5Cs' of positive youth development in youth sport: A pilot study. *Journal of Sport & Exercise Psychology*, 31, S124.
101. Sullivan, P., Paquette, K. J., **Holt, N. L.**, & Bloom, G. (2009). The impact of sport context on the efficacy and leadership styles of youth sport coaches. *Journal of Sport & Exercise Psychology*, 31, S141.
102. **Holt, N. L.**, Cunningham, C-T., Sehn, Z. L., Spence, J. C., Newton, A. S., & Ball, G. D. C. (2009, June). Neighborhood physical activity opportunities for inner-city children and youth. *Oral presentation at the International Society for Behavioral Nutrition and Physical Activity (ISBNPA) annual conference*. Lisbon, Portugal.
103. Spence, J. C., Dutove, J., **Holt, N. L.**, & Carson, V. (2009, June). Uptake and effectiveness of the Children's Fitness Tax Credit in Canada. *Poster presentation at the International Society for Behavioral Nutrition and Physical Activity (ISBNPA) annual conference*. Lisbon, Portugal.
104. Taylor, L. M., Raine, K., **Holt, N. L.**, Lutes, J., Spence, J. C., & Plotnikoff, R. (2009). Views of adults diagnosed with prediabetes regarding program service provision. *Applied Physiology, Nutrition, and Metabolism*, 34, 298.

105. McDonough, M. H., Hadd, V., Crocker, P. R. E., Tamminen, K. A., & **Holt, N. L.**, (2008). Adolescent swimmers' goals and stress appraisals. *Journal of Sport & Exercise Psychology*, 30, S186.
106. Tamminen, K. A., & **Holt, N. L.** (2008). Ways of learning to cope among female adolescent basketball players. *Journal of Sport & Exercise Psychology*, 30, S204.
107. Black, D. E., & **Holt, N. L.** (2008, November). Participants' experiences within the Learning to Train stage of the Long Term Athlete Development program. *Poster presentation at SCAPPS Conference*. Canmore, AB.
108. Breakey, C., Jones, M. I., Cunningham, C-T., & **Holt, N. L.** (2008, November). Athletes' perceptions of a coach's pre-game and intermission speeches. *Oral presentation at SCAPPS Conference*. Canmore, AB.
109. Clark, M. I., Spence, J. C., & **Holt, N. L.** (2008, November). In their shoes: Understanding the physical activity experiences of young adolescent girls. *Poster presentation at SCAPPS Conference*. Canmore, AB.
110. Cunningham, C-T., **Holt, N. L.**, Spence, J. C., Ball, G. D. C., & Newton, M. S. (2008, November). Planning and providing physical activity opportunities for youth in Edmonton, Alberta. *Poster presentation at SCAPPS Conference*. Canmore, AB.
111. **Holt, N. L.**, Spence, J. C., Tamminen, K. A., & Cunningham, C-T. (2008, November). Children's conceptions of places where they can play and be physically active. *Poster presentation at SCAPPS Conference*. Canmore, AB.
112. Stevens, K., & **Holt, N. L.** (2008, November). When an athletic identity collapses: An autoethnography. *Poster presentation at SCAPPS Conference*. Canmore, AB.
113. Sullivan, P., **Holt, N. L.**, Bloom, G., Rootes, B., & Paquette, K. J. (2008, November). The relationships between coaching confidence and leadership style in competitive youth sport coaching in Canada. *Oral presentation at SCAPPS Conference*. Canmore, AB.
114. Tamminen, K.A., & **Holt, N. L.** (2008, November). "I don't know if I can coach the things that they are lacking": Coaches' perceptions of teaching coping strategies to athletes. *Poster presentation at SCAPPS Conference*. Canmore, AB.
115. **Holt, N. L.**, Black, D. E., Tamminen, K. A., Fox, K. R., & Mandigo, J. L. (2008, June). Peer group experiences in youth sport settings. *Symposium Paper at International Society for Behavioral Nutrition and Physical Activity Conference*. Banff, AB.
116. Dunn, J. G. H., Gamache, V., Causgrove Dunn, J., & **Holt, N. L.** (2007, October). Perfectionism and slump-related coping in female intercollegiate volleyball players. *Presentation at SCAPPS Conference*. Windsor, ON.
117. **Holt, N. L.**, Black, D. E., Tamminen, K. A., Fox, K. R., & Mandigo, J. L. (2007, October). Orders of social complexity and early adolescent females' peer experiences in sport. *Presentation at SCAPPS Conference*, Windsor, ON.

118. Black, D. E., Tamminen, K. A., & Holt, N. L. (2007, September). Ethnographic data collection with girls soccer teams. *Presentation at 8th Annual Advances in Qualitative Methods Conference*, Banff, AB.
119. Sehn, Z. L., Cunningham, C-T., & Holt, N. L. (2007, September). Ethnographic data collection among inner-city youth. *Presentation at 8th Annual Advances in Qualitative Methods Conference*, Banff, AB.
120. Witcher, C. S. G., Spence, J. C., & Holt, N. L. (2007, September). An insider's perspective on data collection and analysis in a dialectally distinct area. *Poster at the International Institute for Qualitative Methodology's 8th Annual Advances in Qualitative Methods Conference*. Banff, AB.
121. Witcher, C. S. G., Spence, J. C., & Holt, N. L. (2007, July). Tailoring health promotion initiatives: Implications for the promotion of physical activity participation among older adults in rural Newfoundland. *Presentation at the 2nd Atlantic Networks for Prevention Research Conference: Assessment and Action for Health Settings*, St. John's, NL.
122. Moylan, B. A., Holt, N. L., Spence, J. C., Lenk, J. M., Sehn, Z. L., & Ball, G. D. C. (2007, June). Parenting practices and treatment preferences in the families of overweight children. *Presentation at International Society for Behavioral Nutrition and Physical Activity Conference*, Oslo, Norway.
123. **Holt, N. L., & Black, D. E.** (2007). Parenting styles and specific parenting strategies in youth sport. *Journal of Sport & Exercise Psychology*, 29, S170.
124. **Holt, N. L., Black, D. E., & Tamminen, K. A.** (2007). Rules for parents in youth sport? Opinions of children and their parents. *Journal of Sport & Exercise Psychology*, 29, S170.
125. Tamminen, K. A., & Holt, N. L. (2007, June). The development of teamwork and leadership on a girls' soccer team. *Poster at Canadian Psychological Association Conference*, Ottawa, ON.
126. Moylan, B. A., Holt, N. L., Sehn, Z. L., Lenk, J. M., Spence, J. C., & Ball, G. D. C. (2007, May). Parenting behaviors, beliefs, and childhood obesity. *Poster at Self-Determination Theory 3rd International Conference*, Toronto, ON.
127. Mandigo, J. L., **Holt, N. L.**, Anderson, A., Sheppard, J., Fry, A., Patrick, A., & Kingsley, B. (2007, May). The impact of autonomy-supportive strategies on intrinsic motivation. *Poster at Self-Determination Theory 3rd International Conference*, Toronto, ON.
128. **Holt, N. L.** (2007, March). An ethnographic study of positive youth development on a high school soccer team. *Symposium presentation at Society for Research in Child Development Conference*, Boston, MA.
129. **Holt, N. L., Tamminen, K. A., Sehn, Z. L., & Black, D. E.** (2006, November). Parental communication during youth soccer games. *Presentation at SCAPPS Conference*, Halifax, NS.
130. Sehn, Z. L., Tink, L., & Holt, N. L. (2006, November). Participation in youth sport and psychosocial health outcomes: A review. *Poster at SCAPPS Conference*, Halifax, NS.

131. **Holt, N. L., Black, D. E., & Tink, L.** (2006, October). Do athletes learn life skills through sport? *Presentation at AASP Conference*, Miami, FL.
132. **Lenk, J. M., Holt, N. L., Spence, J. C., Sehn, Z. L., & Ball, G. D. C.** (2006). Treatment preferences of overweight children and their parents. *Obesity Reviews*, 7 (Suppl. 2), 322.
133. **Mandigo, J. L., Anderson, A., Holt, N. L., Sheppard, J., Fry, A., Patrick, A., & Kingsley, B.** (2006, July). Examining the impact of autonomy-supportive environments to foster physical literacy skills within a TGfU context. *Presentation at the AISIEP Teaching Games for Understanding Symposium*. Jyväskylä, Finland.
134. **Holt, N. L., Spence, J. C., Sehn, Z. L., Black, D. E., Moylan, B., & Tamminen, K. A.** (2006). Children's mental representations of play and physical activity resources in their neighbourhoods. *Journal of Sport & Exercise Psychology*, 28, S86.
135. **Hoar, S. D., Holt, N. L., Crocker, P. R. E., & Tamminen, K. A.** (2006). Gender differences in adolescent athletes' coping with interpersonal stressors in sport. *Journal of Sport & Exercise Psychology*, 28, S85.
136. **Holt, N. L., Tamminen, K. A., Sehn, Z. L., & Black, D. E.** (2006, April). Covert data collection in ethnography. *Presentation at Qualitative Health Research Conference*, Edmonton, AB.
137. **Holt, N. L., & Berg, K. J.** (2005, October). Stressors and coping among female collegiate volleyball players prior to and following a provincial championship tournament. *Presentation at SCAPPS Conference*, Niagara Falls, ON.
138. **Holt, N. L., & Wall, M. P.** (2005, October). Positive youth development through sport? Families' perceptions of their involvement in youth sport. *Presentation at AASP Conference*. Vancouver, BC.
139. **Nicholls, A. R., Holt, N. L., & Polman, R. C. J.** (2005, September). Think aloud: Performance related stressors and coping during golf performances. *Presentation at the British Association of Sport and Exercises Science Conference*. Loughborough, UK.
140. **Nicholls, A. R., Holt, N. L., Polman, R. C. J., & James, D. W. G.** (2005). Stress, coping, and coping effectiveness among international adolescent golfers. *Journal of Sport Sciences*, 23, 166-167.
141. **Nicholls, A. R., Holt, N. L., Polman, R. C. J., & James, D. W. G.** (2005). A longitudinal idiographic analysis of an international adolescent golfer's stress and coping. *Journal of Sport Sciences*, 23, 167-168.
142. **Green, M. M., Sarson, L. A., Sheppard, V., Robinson, S., & Holt, N. L.** (2005, June). Females' experiences of graduate school. *Presentation at the Institute of the Section on Women and Psychology, Canadian Psychological Association Conference*. Montreal, PQ.
143. **Mandigo, J. L., Holt, N. L., Anderson, A. T., & Sheppard, J.** (2005, May). The integration of autonomy-supportive teaching strategies within a teaching games for understanding approach. *Presentation at the Canadian Association for Health, Physical Education, Recreation and Dance Conference*, Regina, SK.

144. Mandigo, J. L., **Holt, N. L.**, Sheppard, J., & Guy, C. (2005, May). Helping students read the game: Introducing games literacy. *Presentation at the Canadian Association for Health, Physical Education, Recreation and Dance Conference*, Regina, SK.
145. Law, M. P., & **Holt, N. L.** (2004, October). A typology of youth sport participation patterns. *Presentation at SCAPPS Conference*, Saskatoon, SK.
146. **Holt, N. L.** (2004, September). New constructions of research methodology in the social sciences: Grounded theory. *Symposium Presentation at British Educational Research Association Conference*. Manchester, UK.
147. **Holt, N. L.**, & Mitchell, T. (2004, September). Using negative case analysis to examine psychosocial competencies associated with sporting success among sub-elite adolescent athletes. *Poster at AASP Conference*. Minneapolis, MN.
148. Dunn, J. G. H., & **Holt, N. L.** (2004, September). Examining athletes' perceptions of a personal-disclosure mutual-sharing team building activity at a national championship. *Oral presentation at AASP Conference*. Minneapolis, MN.
149. Nicholls, A. R., **Holt, N. L.**, & Polman, R. C. J. (2004, September). A phenomenological analysis of effective and ineffective coping experiences among elite adolescent golfers. *Poster at AASP Conference*. Minneapolis, MN.
150. Nicholls, A., Polman, R. C. J., & **Holt, N. L.** (2003). The effect of an individualised imagery intervention on golf performance and flow states. In Labrador et al. (Eds.), *Libro De Resumenes del II Congreso Internacional de Psicologia Aplicada al Deporte* (p. 46). Madrid: Dykinson.
151. **Holt, N. L.**, & Morley, D. (2003, October). Psychosocial factors associated with athletic success during childhood. *Presentation at AASP Conference*. Philadelphia, PA.
152. Dunn, J. G. H., **Holt, N. L.**, & Esch, B. (2003, October). Process variables underlying an applied sport psychology program in a team setting. *Presentation at AASP Conference*. Philadelphia, PA.
153. Morley, D., Keay, J., Bailey, R., & **Holt, N. L.** (2003, September). Talent development in physical education: What are we really looking for? *Symposium at British Educational Research Association Conference*. Edinburgh, Scotland.
154. **Holt, N. L.**, & Morley, D. (2003, September). Psychosocial factors associated with athletic success during childhood. *Symposium Paper Presented at British Educational Research Association Conference*. Edinburgh, Scotland.
155. Morley, D., Bailey, R., & **Holt, N. L.** (2003, September). Teachers' perceptions of talent in physical education: The significance of implicit theories. *Symposium Paper Presented at British Educational Research Association Conference*. Edinburgh, Scotland.

156. **Holt, N. L.**, & Dunn, J. G. H. (2003a, July). High performance female soccer players' perceptions of an individual values team building intervention. *Symposium Paper Presented at the XIth European Congress of Sport Psychology*. Copenhagen, Denmark.
157. **Holt, N. L.**, & Dunn, J. G. H. (2003b, July). Toward a grounded theory of psychosocial competencies associated with soccer success. *Poster at the XIth European Congress of Sport Psychology*. Copenhagen, Denmark.
158. **Holt, N. L.**, & Mandigo, J. L. (2003, July). A descriptive analysis of children's perceptions of stress and coping in youth sport settings. *Poster at the XIth European Congress of Sport Psychology*. Copenhagen, Denmark.
159. **Holt, N. L.** (2003, April). Building theory using qualitative research in sport psychology. *Presentation at Qualitative Psychology Conference, School of Psychology, Leeds University*. Leeds, England.
160. Mandigo, J. L., & **Holt, N. L.** (2002, May). Putting theory into practice: Enhancing motivation through OPTIMAL strategies. *Presentation at Canadian Association of Physical Education, Recreation, and Dance Conference*. Banff, AB.
161. Dunn, J. G. H., & **Holt, N. L.** (2001, October). Evaluating the delivery, content, and effectiveness of a season-long sport psychology program with a national champion intercollegiate ice hockey team: The athletes' perspective. *Presentation at Association for the Advancement of Applied Sport Psychology Conference*. Orlando, FL.
162. **Holt, N. L.**, & Dunn, J. G. H. (2001, October). Supervision experiences in an applied team sport setting. *Poster at Association for the Advancement of Applied Sport Psychology Conference*. Orlando, FL.
163. **Holt, N. L.** (2001). Psychosocial characteristics of elite adolescent athletes: An initial exploration. *Journal of Sport & Exercise Psychology*, 23, S28.
164. **Holt, N. L.**, & Hogg, J. M. (2001). Perceptions of stress and coping during preparations for the 1999 women's world cup soccer finals. *Journal of Sport & Exercise Psychology*, 23, S29.
165. **Holt, N. L.**, Garcia Bengoechea, E., & Strean, W. B. (2001). Play, games, and fun in physical activity: Perceptions of instructors. *Research Quarterly for Exercise and Sport*, 72, A66.
166. **Holt, N. L.** (2001, February). Back to square one: Learning from the publication process. *Poster at Advances in Qualitative Methods Conference, International Institute for Qualitative Methodology*. Edmonton, AB.
167. Garcia Bengoechea E., Strean, W. B., & **Holt, N. L.** (2001, February). Coaches' perceptions of fun in youth sport. *Poster at Advances in Qualitative Methods Conference, International Institute for Qualitative Methodology*. Edmonton, AB.
168. **Holt, N. L.** (1999, October). Peak performances of a college soccer team: An ethnographic study of team development. *Oral Presentation at SCAPPS Conference*. Edmonton, AB.

169. **Holt, N. L.** (1999, February). Eleven arrogant soccer players who think they are the best. *Poster at Advances in Qualitative Methods Conference, International Institute for Qualitative Methodology*. Edmonton, AB.

Invited Presentations: Community/Professional Audiences

1. **Holt, N. L., & McHugh, T-L.** (2018, March). Teaching life skills through sport. *Invited presentation for RCMP K-Division, Aboriginal Policing Services*. Edmonton, AB.
2. **Holt, N. L.** (2018, February). Active free play. *Invited presentation for McKernan Child Development Centre*. Edmonton, AB.
3. **Pankow, K., & Holt, N. L.** (2017, December). Developing talents through sport. *Invited presentation for Hockey Edmonton Annual General Meeting*. Edmonton, AB.
4. **Holt, N. L.** (2017, November). Promoting positive youth development through sport and recreation. *Invited presentation for Youth Engagement in Recreation, Community Recreation Network meeting, City of Edmonton Neighbourhood Services*. Edmonton, AB.
5. **Holt, N. L.** (2017, July). Connecting research and practice in sport. *Invited presentation at The Sport Conference*. Edmonton, AB.
6. **Holt, N. L.** (2016, April). Parenting in youth sport. *Invited presentation for Canadian Sport Institute – Calgary, Lunch and Learn Series*. Calgary, Alberta.
7. **McHugh, T.-L.F. & Holt, N. L.** (2015, November). Sport and positive youth development. *Invited presentation at Conferencia Internacional La Incidencia de la Infraestructura en el Deporte y sus Manifestaciones Sociales*. Cochabamba, Bolivia.
8. **Holt, N. L.** (2014, May). Practical ways of using sport psychology in your coaching. *Invited talk for Alberta Colleges Athletic Association 2014 Coaches' Symposium*. Northern Alberta Institute of Technology, Edmonton, AB.
9. **Holt, N. L.** (2012, October). Coping strategies for elite basketball players. *Invited talk for Basketball Alberta Elite Player Development Camp (Male and Female programs)*. Edmonton, AB.
10. **Holt, N. L.** (2012, October). Female athletes' perceptions of conflict in sport. *Invited talk for Athletics Department, Faculty of Physical Education and Recreation, University of Alberta*. Edmonton, AB.
11. **Holt, N. L.** (2012, January). Promoting positive youth development through school and community sport programs. *Invited oral presentation at Ever Active Schools Shaping the Future Conference*. Kananaskis, AB.
12. **Holt, N. L.** (2011, September). Coaching and positive youth development. *Invited talk at Alberta Sport, Recreation, Parks and Wildlife Foundation Coach Development Workshop*. Edmonton, AB.
13. **Holt, N. L.** (2011, May). Female athletes' perceptions of conflict in sport. *Oral presentation for The Elite Female Athlete: Putting the Evidence into Practice series. Coaching Research*

Group/Canadian Athletics Coaching Centre, Faculty of Physical Education and Recreation, University of Alberta. Edmonton, AB.

14. **Holt, N. L.** (2010, March). Children's physical activity and play. *Invited presentation for Department of Kinesiology and Physical Education, Red Deer College. Red Deer, AB.*
15. **Knight, C. J., & Holt, N. L.** (2009, September). Junior tennis players' preferences for parental behaviours during competitions. *Invited presentation for Tennis Alberta. Edmonton, AB.*
16. **Knight, C. J., & Holt, N. L.** (2009, September). Junior tennis players' preferences for parental behaviours during competitions. *Invited presentation for Tennis Alberta. Calgary, AB. [Same talk as previous; presented to parents in Calgary].*
17. **Holt, N. L.**, (2009, April). Children's physical activity. *Invited presentation at Healthy Hospitals forum, University of Alberta Hospital, Edmonton, AB.*
18. **Holt, N. L.**, (2009, April). Positive psychology and coaching. *Invited presentation at Alberta Sport, Recreation, Parks, Wildlife Foundation Leadership Summit. Banff, AB.*
19. **Holt, N. L.** (2009, March). Children's involvement in play, physical activity, and sports. *Invited Keynote talk for Alberta Health and Wellness "Eat Together, Play Together" symposium. Edmonton, AB.*
20. **Holt, N. L.** (2009, February). Top tips for teaching athletes psychological skills. *CIS "Coach the Coach" Clinic, University of Alberta, Edmonton, AB.*
21. **Holt, N. L.** (2008, October). Sport, physical activity, and positive youth development. *Speaker Series Presentation, Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB.*
22. **Holt, N. L.** (2008, November). Can orthopaedic nurses use sport psychology? *Presentation at Alberta Orthopaedic Nurses Conference, Edmonton, AB.*
23. **Holt, N. L.** (2006, October). Children's perceptions of places where they can play and be physically active. *Invited presentation for Edmonton Public School Board research speaker series. Edmonton, AB.*
24. **Holt, N. L.**, (2006, March). Understanding qualitative evaluation research. *Invited presentation for Capital Health Regional Nutrition and Food Services Conference. Edmonton, AB.*

Invited Talks: Academic Audiences

1. **Holt, N. L.** (2014, September). From talent development to positive youth development and back. *Invited Talk for School of Sport, Exercise, and Health Sciences. Loughborough University. Loughborough, UK.*
2. **Holt, N. L.** (2014, September). Some what's, why's, and how's of grounded theory in sport and exercise. *Invited talk at 4th International Conference on Qualitative Research in Sport & Exercise. Loughborough, UK.*

3. **Holt, N. L.** (2012, October). Making the transition from SSHRC to CIHR funding: How to prepare a successful CIHR grant application. *Invited talk for Health Research Funding Initiatives - CIHR Special Project, University of Alberta*. Edmonton, AB.
4. **Holt, N. L.** (2012, June). Developing a qualitative research program. *Invited panel discussion at Thinking Qualitatively Conference*. Edmonton, AB.
5. **Holt, N. L.** (2011, June). Tips for writing qualitative grant applications. *Panel discussion at Thinking Qualitatively Conference*. Edmonton, AB.
6. **Holt, N. L.** (2009, October). Positive youth development through physical activity and sport: Experiences of children in a low-income Edmonton community. *Invited presentation at Alberta Centre for Child, Family, and Community Research, "Research Showcase Event."* Edmonton, AB.
7. **Holt, N. L.** (2008, March). Parents, peers, and youth sport. *Invited presentation at University of Wales, Bangor*.
8. **Holt, N. L.** (2006, May). Communication patterns in youth sport. *Invited presentation for visiting speaker series, Leeds Metropolitan University, England*.
9. **Holt, N. L.** (2006, May). Positive youth development and sport: Exploring the possibilities. *Invited presentation to Sport and Exercise Psychology Research Group*. Loughborough University, England.
10. **Holt, N. L.** (2004, March). Issues facing new academics: Balancing teaching and research. *Panel discussion at Eastern Canada Sport & Exercise Psychology Symposium*. St. Catharines, ON.
11. **Holt, N. L.** (2004, March). Qualitative research in sport and exercise psychology. *Roundtable discussion at Eastern Canada Sport & Exercise Psychology Symposium*. St. Catharines, ON.
12. **Holt, N. L.** (2003, March). Talent development in elite youth sport. *Leeds University visiting speaker series*. Leeds, England.
13. **Holt, N. L.** (2003, February). Talent development in elite youth sport. *Leeds Metropolitan University research seminar series*. Leeds, England.

Workshops

1. **Holt, N. L.** (2018, June). Teaching qualitative methods. *Workshop presentation at Thinking Qualitatively Conference*. Edmonton, AB
2. **Holt, N. L.** (2017, June). Teaching qualitative methods. *Workshop presentation at Thinking Qualitatively Conference*. Edmonton, AB.
3. **Holt, N. L.** (2016, June). Teaching qualitative methods. *Workshop presentation at Thinking Qualitatively Conference*. Edmonton, AB.
4. **Holt, N. L.** (2015, June). Teaching qualitative methods. *Workshop presentation at Thinking Qualitatively Conference*. Edmonton, AB.

5. **Holt, N. L.** (2013, June). Principles and strategies for sampling and participant recruitment in qualitative research. *Workshop presentation at Thinking Qualitatively Conference*. Edmonton, AB.
6. **Holt, N. L.** (2012, June). Qualitative data collection techniques with children. *Workshop presentation at Thinking Qualitatively Conference*. Edmonton, AB.
7. **Holt, N. L.** (2011, June). Qualitative research with children. *Workshop presentation at Thinking Qualitatively Conference*. Edmonton, AB.
8. **Holt, N. L.** (2009, December). CIHR funding for social scientists. *Panel discussion for Associate Dean (Research), Faculty of Education Training Workshop*. Edmonton, AB.
9. **Holt, N. L.** (2008, June). Introduction to ethnography. *Workshop presented at Thinking Qualitatively Conference, Edmonton, AB*.
10. **Holt, N. L.** (2008, June). Conducting qualitative research with children. *Workshop presented at Thinking Qualitatively Conference, Edmonton, AB*.
11. **Holt, N. L.** (2007, July). Combining grounded theory and ethnography. *Workshop presented at Thinking Qualitatively Conference, Edmonton, AB*.
12. **Holt, N. L.** (2015, June). Collecting data with children (not from them). *Workshop presentation at Thinking Qualitatively Conference*. Edmonton, AB.

Community/Professional Conference Presentations (Self-submitted)

1. Neely, K. C., & **Holt, N. L.** (2018, March). Promoting positive youth development in recreation and sport program contexts. *Oral presentation at Youth Development Through Recreation Services Symposium*. Red Deer, AB.
2. **Holt, N. L.**, & **Pankow, K.** (2018, February). Shaping good athletes and good people: Using school sport and physical education as a setting for positive development. *Oral presentation at the Ever Active Schools Shaping the Future Pan-Canadian School Health Summit*. Lake Louise, AB.
3. **Holt, N. L.**, Halpenny, E., Babiak, B., & Roma, M. (2017, October). Working for success: Connecting research, policy, and practice. Panel discussion at *Alberta Recreation and Parks Association Conference and Energize Workshop*. Lake Louise, AB.
4. McHugh, T.-L., Deal, C., Blye, C.-J., Dimler, A., Halpenny, E., Sivak, A., & **Holt, N. L.** (2017, October). Sport and recreation experiences of Indigenous youth in Canada. *Oral presentation at Alberta Recreation and Parks Association Conference and Energize Workshop*. Lake Louise, AB. [Received 'Best Oral Presentation' award].
5. Pankow, K., Camiré, M., Fraser-Thomas, J. L., MacDonald, D. J., Strachan, L., Tamminen, K. A., & **Holt, N. L.** (2016, November). PYD SportNET: Bridging the gap between research and practice. *Oral presentation at Coaching Association of Canada Petro-Canada Sport Leadership Summit*. Vancouver, BC.
6. **Holt, N. L.** (2013, January). Can we revive children's active free play? *Oral presentation at Ever Active Schools Shaping the Future Conference*. Kananaskis, AB.

7. **Holt, N. L.**, & McHugh, T-L. F. (2013, October). A sport-based critical hours program for low-income youth. *Oral Presentation at Sport Canada Research Initiative Conference*. Ottawa, ON.
8. **Holt, N. L.** (2013, October). Reviving children's active free play. *Oral Presentation at Alberta Parks and Recreation Association Conference*. Lake Louise, AB.
9. Sullivan, P. J., **Holt, N. L.**, & Bloom, G. A. (2011, November). The effect of coaching in youth sport in Canada. *Oral presentation at Sport Information Research Council/Sport Canada Sport Participation Research Initiative Conference*. Aylmer, QC.
10. Tamminen, K. A., & **Holt, N. L.** (2011, November). Understanding coping among adolescent athletes: Study results and implications. *Poster presentation at Sport Information Research Council/Sport Canada Sport Participation Research Initiative Conference*. Aylmer, QC.
11. Knight, C. J., & **Holt, N. L.** (2011, November). Supporting the supporters: How are parents able to support their children in tennis? *Oral presentation at the International Tennis Federation Worldwide Tennis Coaches Conference*. Port Ghablis, Egypt.
12. Knight, C. J., & **Holt, N. L.** (2011, November). Working with parents: Strategies for developing successful parent-coach relationships. *Oral presentation at the Petro-Canada Sport Leadership Conference*. Toronto, Ontario.
13. **Holt, N. L.**, & McHugh, T-L. F. (2010, October). A sport-based critical hours program for low-income youth. *Poster presentation at Sport Information Research Council/Sport Canada Sport Participation Research Initiative Conference*. Ottawa, ON.
14. **Holt, N. L.** (2010, April). Fostering positive youth development through sport. *Oral presentation at Health and Physical Education Conference*. Red Deer, AB.
15. Tink, L. N., Kingsley, B. C., & **Holt, N. L.** (2010, January). Lessons learned: A critical hours physical activity program. *Oral presentation at Shaping the Future: A Health Promoting Schools Conference*. Edmonton, AB.
16. Fraser-Thomas, J., Côté, J. C., & **Holt, N. L.** (2009, October). Assessing youth sport programs' facilitation of positive youth development. *Poster presentation at Sport Information Research Council/Sport Canada Sport Participation Research Initiative Conference*. Ottawa, ON.
17. Witcher, C. S., O'Brien Cousins, S., Spence, J. C., & **Holt, N. L.** (2005, June). Older adults' perceptions of physical activity and current leisure activity participation: The nature of physical activity participation in rural Newfoundland. *Poster presented at the 2005 Canadian Institutes of Health Research Summer Institute*, Rocky Harbour, NL.
18. Mandigo, J. L., & **Holt, N. L.** (2003, October). A practitioners' guide to Teaching Games for Understanding. *Workshop Presented at Ontario Physical and Health Education Association Kids' Health Conference*. Orillia, ON.
19. Mandigo, J. L., & **Holt, N. L.** (1999, October). Motivating students in the games dimension through OPTIMAL strategies. *Workshop Presented at Elk Island Public Schools System In-service Conference*. Sherwood Park, AB.

20. Mandigo, J. L., & **Holt, N. L.** (1999, May). Optimally challenging students using the new Physical Education curriculum. *Paper Presented at Health and Physical Education Council of Alberta Conference*. Camrose, AB.
21. **Holt, N. L.**, & Mandigo, J. L. (1998, November). Now dribble around the cones: The incorporation of skill-development in a games-centred approach. *Workshop Presented to the Western Canadian Physical Education Supervisor's Drive-In Workshop*. Edmonton, AB.
22. Dwyer, S., Mandigo, J. L., **Holt, N. L.**, & Senecal, K. (1998, February). Encouraging daily physical activity while enhancing learning and enjoyment in the games dimension. *Workshop Presented to the Western Canadian Physical Education Supervisor's Drive-In Workshop*. Edmonton, AB.

Student Conference Presentations

1. Park, S., Pankow, K., & **Holt, N. L.** (2018, March). The importance of influencers in disseminating sport science evidence through Twitter. *Poster presentation at Research Revealed Undergraduate Kinesiology Conference*. Calgary, AB.
2. Perez, A., Kebbe, M., Eaton, A., Maximova, K., Peng, C., Patil, T., **Holt, N. L.**, Spence, N., Connors, A., Bennett, T., Baron, T., LaFrance, R., Godziuk, K., & Ball, G. D. D (2017, October). From where to whom? Referral making to pediatric weight management services in Alberta. *Poster presentation at the 10th Annual Women and Children's Health Research Institute Research Day*. Edmonton, AB. [Received 'Best Poster' award in postdoctoral fellow category].
3. Avis, J., Cave, A., Haqq, A., **Holt, N. L.**, Martz, P., Padwal, R., Perez, A., Wild, T. C., Ball, G. D. C. (2016, October). The apple of my eye: Are parents accurate estimators of children's weight status? *Poster presentation at the 8th Annual WCHRI Research Day*. Edmonton, AB.
4. Chu, T. A., Deal, C. J., Pankow, K., Pynn, S. R., Smyth, C. L., & **Holt, N. L.** (2016, March). A qualitative examination of severe disciplinary incidents in men's soccer. *Poster presented at the Festival of Undergraduate Research and Creative Activities*. Edmonton, AB.
5. Chu, T. A., Deal, C. J., Pankow, K., Pynn, S. R., Smyth, C. L., & **Holt, N. L.** (2016, March). A qualitative examination of severe disciplinary incidents in men's soccer. *Poster presented at the Faculty of Physical Education and Recreation Undergraduate Research Revealed*. Edmonton, AB.
6. Chu, T. A., & Holt, N. L. (2016, April). A qualitative examination of severe disciplinary incidents in men's soccer. *Oral presentation at the 17th Annual Bertha Rosenstadt National Undergraduate Research Conference in Kinesiology and Physical Education*. Toronto, ON.
7. Perez, A., **Holt, N. L.**, Gokiert, R., Chanoine, J., Legault, L., Morrison, K., Sharma, A., & Ball, G. D. C. (2014, November). Why do families initiate pediatric weight management? A multi-center, qualitative study of parents' reasons and facilitators. *Poster presented at the 7th Annual WCHRI Research Day*. Edmonton, AB.
8. Avis, J., Dhaliwal, J., Nosworthy, N. M. I., **Holt, N. L.**, Zwaigenbaum, L., Rasquinha, A., & Ball, G. D. C. (2014, November). Attrition and the management of pediatric obesity: An integrative review. *Poster presented at the 7th Annual WCHRI Research Day*. Edmonton, AB.

9. Boyd, K. A., Neely, K. C., & **Holt, N. L.** (2014, September). Exploring social influences on the development of athletic identity in varsity athletes. *Poster presented at ReCon IV Conference*. Jasper, AB, Canada.
10. Crawford, J., Vallance, J., **Holt, N. L.**, & Courneya, K. (2014, September). Associations between physical activity and posttraumatic growth in gynecologic cancer survivors: A population-based study. *Poster presented at RECON conference IV*. Jasper, AB.
11. Crawford, J., **Holt, N. L.**, Vallance, J., & Courneya, K.S. (2014, November). Prevalence and interest in extreme/adventure activities among gynecologic cancer survivors: Associations with posttraumatic growth. *Poster presented at Cancer Research Institute of Northern Alberta Research Day, Edmonton, AB*.
12. Perez, A., **Holt, N. L.**, Morrison, K.M., Legault, L., Sharma, A. M., Gokiart, R., Chanoine, J. P., & Ball, G. D. C. (2014, May). Reasons, facilitators, and strategies that lead parents to initiate pediatric weight management care. *Poster presentation at Department of Pediatrics Research Day, Faculty of Medicine and Dentistry, University of Alberta*. Edmonton, AB.
13. Perez, A., **Holt, N. L.**, Morrison, K.M., Chanoine, J. P., Legault, L., Gokiart, R., Sharma, A. M., & Ball, G. D. C. (2013, November). Exploring families' reasons and decisions for not initiating health services for pediatric weight management. *Poster presentation at the Women and Children's Health Research Institute Research Day*. Edmonton, AB.
14. Rasquinha, A., Perez, A., **Holt, N. L.**, Morrison, K. M., Chanoine, J.P., Legault, L., Gokiart, R., Sharma, A. M., & Ball, G. D. C. (2013, November). Parents' recommendations for improving engagement in health services for managing pediatric obesity. *Oral presentation at the Women and Children's Health Research Institute Research Day*. Edmonton, AB.
15. Neely, K. C., **Holt, N. L.**, Newton, A. S., Spence, J. C., Knight, C. J., Ambler, K. A., & Ball, G. D. C. (2013, November). Families' experiences in and perceptions of a pediatric weight management intervention. *Poster presentation at the Women and Children's Health Research Institute Research Day*. Edmonton, AB.
16. Neely, K. C., Ball, G. D. C., Knight, C. J., Ambler, K. A., Newton, A. S., Spence, J. C., & **Holt, N. L.** (2011, March). Families' perceptions of and experiences in a pediatric weight management intervention. *Trainee Presentation, International School for Obesity Research and Management (ISORAM)*. Lake Louise, AB.
17. Neely, K. C. & **Holt, N. L.** (2011, September). Parents' perceptions of positive youth development through sport. *Oral presentation at the Graduate Student Retreat and Conference, University of Alberta*. Canmore, AB
18. Lampe, W., Dowling, M., **Holt, N. L.**, & Kennedy, M. D. (2011, August). Physiological and psychological measures of fatigue in varsity swimmers. *Oral presentation at Exercise Physiologists of Western Canada Conference*. Edmonton, AB.
19. Neely, K. C., Ball, G. D. C., Knight, C. J., Ambler, K. A., Newton, A. S., Spence, J. C., & **Holt, N. L.** (2011, March). Families' perceptions of and experiences in a pediatric weight management intervention. *Invited talk at the Pediatric Centre for Weight and Health, University of Alberta Stollery Children's Hospital*. Edmonton, AB.

20. **Holt, N. L.**, Tink, L. T., & Kingsley, B. C. (March, 2010). Connecting to urban youth: Play, physical activity, and schools. *Oral presentation at Youth Development Through Recreation Services Symposium, Alberta Recreation and Parks Association*. Banff, AB.
21. Farnesi, C., Newton, A.S., **Holt, N. L.**, Colberg, S., Finegood, D., Geller, J., Johnson, S., Matteson, C., Mayer, P., Ball, G.D.C., (2009, November). How can we improve collaborative negotiation between clinicians and parents of overweight children? *Poster presented at the Trainee Research Day, Women and Children Health Research Institute*. Edmonton, AB.
22. Cuglietta, L., **Holt, N. L.**, Spence, J., & Ball, G. D. (2005, June). Familial perceptions of and attitudes toward childhood obesity. *Presentation at 7th Annual RNFS Research Day*. Edmonton, AB.
23. **Holt, N. L.**, Dwyer, S., Garcia, E., & Senecal, K. (1998, March). Aspects of enjoyment in different physical activity environments. *Poster Presented at Graduate Students Awards Evening*. Edmonton, AB.

Book Reviews

1. **Holt, N. L.** (2005). Book review. [Review of the book, *A methodology of the heart: Evoking academic and daily life* by R. J. Pelias]. *Qualitative Research*, 5, 260-262. doi:10.1177/146879410500500209
2. Wilson, P. M., Blanchard, C., **Holt, N. L.**, & Rodgers, W. (1999). Book review. [Review of the book, *Advances in sport and exercise psychology measurement* by J. L. Duda], *The Sport Psychologist*, 13, 363-364.

Technical Reports

1. Mandigo, J. L., Corlett, J., **Holt, N. L.**, Higgs, C., van Ingen, C., MacDonald, D., & Geisler, G. (2016). The impact of the Hoodlinks program to develop life skills and prevent youth violence in Guatemala. Final Report for Olympic Studies Centre, International Olympic Committee. Lausanne, Switzerland.
2. Knight, C. J., Boden, C. M., & **Holt, N. L.** (2009). Junior tennis players' preferences for parental behaviours at tournaments. Technical Report for Tennis Canada. Edmonton, Alberta: University of Alberta, Child and Adolescent Sport and Activity Lab.
3. Reade, I., Rodgers, W., **Holt, N. L.**, Dunn, J. G. H., Hall, N., Stolp, S., Jones, L., Smith, J., & Baker, T. (2009). A report on the status of coaches in Canada: A summary of findings. Submitted to the Coaching Association of Canada. Edmonton, AB: Faculty of Physical Education and Recreation, University of Alberta.
4. **Holt, N. L.** Weight of the World Documentary and DVD. (2008). Canadian Broadcasting Corporation/National Film Board/Canadian Associated for Physical Education, Research, and Dance. [Lead writer for educational materials relating to "Weight of World" physical activity and nutrition school-based scheme].
5. **Holt, N. L.**, Spence, J. C., Ball, G. D. C., Newton, M., & Lerner, R. M. (2008). Positive youth development through physical activity and sport: The experiences of children in a low-income inner city Edmonton community. Alberta Centre for Child, Family, and Community Research Report.

- Morley, D., Bailey R., & **Holt, N. L.** (2003). Talent development in physical education: The Doncaster project. Centre for Physical Education, Leeds Metropolitan University.

Blogs/Online/Social Media

- Holt, N. L.** (2019). Youth sport. Invited podcast/broadcast for online conference For the Love of the Game. Paradigm Sports (BC). July 15-21st 2019.
- Twitter:** @PYDSportNET, @Nick_Holt_1
- The Sport Parent** magazine:
https://issuu.com/thesportparent/docs/the_sport_parent__spring_2016__/1
- Website:** <http://www.positivesport.ca/>
- Holt, N. L.** (2014). Nick's world cup Brazil. *Personal blog* (June-July 2014). Available from <http://nickworldcup2014.blogspot.ca/> [over 3,600 views].
- Holt, N. L.**, Lee, H., & Kim, Y. (2012). Canadian Death Race 2012: Research study. *YouTube video documentary based on research study*. Available from <https://www.youtube.com/watch?v=GsuchZK78rM> [over 5,000 views].
- Holt, N. L.** (2012). Can sport help develop life skills? *Invited online post for World Innovation Summit for Education website* (July 24, 2012). Available from <http://www.wise-qatar.org/content/special-feature-learning-through-sports> and <http://www.wise-qatar.org/content/dr-nick-holt-can-sport-help-develop-life-skills>
- Holt, N. L.** (2012). Developing a qualitative research portfolio in a discipline dominated by positivist traditions and quantitative research. *Invited blog post for International Institute of Qualitative Methods website* (March 21, 2012). Available from <https://iiqm.wordpress.com/?s=holt>

Research Service

Reviews for Private/Public Agencies

2018-2019: Member of SSHRC Partnership Engage Grant review committee (x 4 competitions).
 2018-2019: Reviewer for Coaching Association of Canada grant applications.
 2018-2019: Reviewer for FEPSAC conference abstracts.
 2017: Member of CIHR College of Reviewers.
 2017: Abstract reviewer for Coaching Association of Canada Sport Leadership conference
 2017: Review for Marsden Foundation (New Zealand).
 2016: Abstract reviewer for Recreation and Physical Activity Division, Government of Alberta, play grant review competition.
 2014-2017: Member of SSHRC/Sport Canada Sport Participation Research Initiative grant review committee.
 2013: Member of SSHRC review committee.
 2010-2013: Member of CIHR PSB Grant review panel.
 Reviewer for Michael Smith Foundation (2007); SSHRC (2005, 2006, 2007, 2010, 2012, 2013, 2014, 2015, 2016); CIHR (2015, 2016), Centre for Urban Health Initiatives (2006); Alberta Fitness Leadership Certification Association Ever Active Kids Resource Manual (July, 2006); Sport Science Association of Alberta (2005, 2006); Research Foundation Flanders (2011, 2015); Mitacs (2015, 2016)

Editorial Boards/Journal Reviews/Conference Reviews

Current Responsibilities:

2013-present: Editorial Board Member, *Journal of Sport & Exercise Psychology*

2012-present: Editorial Board Member, *International Journal of Sport Psychology*

2007-present: Editorial Board Member, *The Sport Psychologist*

Previous Responsibilities:

2013-2016: Editorial Board Member, *Qualitative Research in Sport, Exercise, and Health*

2015: Abstract reviewer for FEPSAC (European Federation of Sport Psychology) conference.

2013: Organizing committee co-chair, Thinking Qualitatively conference.

2009-2012: Editorial Board Member, *International Journal of Sports Science and Coaching*

2009-11: President of SCAPPS.

2010-2012: Local organizing committee member, International Society for the Study of Behavioral Development Conference.

2007-2011: Associate Editor, *The Sport Psychologist*

2008: Reviewer for SCAPPS conference abstracts (sport and exercise psychology).

2005: Abstract reviewer for Association for the Advancement of Applied Sport Psychology conference.

GRADUATE STUDENT INVOLVEMENT**Supervisor***Current Students:*

1. Qianyun (Eleanor) Zhu. Visiting PhD Student, 12 months (Beijing Sport University). Area of study: Youth sport.
2. Nianhua (Nival) Liu (Leo). Visiting PhD Student, 3 months (Beijing Sport University). Area of study: Youth sport.
3. Isabel Ormond, PhD Student (University of Alberta). Area of study: Youth sport.
4. Helene Jørgensen, PhD Student (University of Alberta). Area of study: Youth sport.
5. Shannon Pynn, PhD Student (University of Alberta). Area of study: Youth sport.
6. Kurtis Pankow, PhD Candidate (University of Alberta). Area of study: Youth sport.
7. Colin Deal, PhD Candidate (University of Alberta). Area of study: Positive youth development.

Graduated Students:

1. Helene Jørgensen, MA Student (Norwegian School of Sport Sciences/University of Alberta). Area of study: Youth sport (Graduated May 2018).
2. Thomas Gingras, MCoach Student (University of Alberta). Area of study: Coaching (Graduated May 2019).
3. Isabel Ormond, MCoach Student (University of Alberta). Area of study: Coaching (Graduated May 2019).
4. Christine Smyth, MCoach Student (University of Alberta). Area of study: Coaching (Graduated May 2019).
5. Shannon Pynn, MA Student (University of Alberta). Area of study: Parenting in youth sport (Graduated September, 2017).
6. Kurtis Pankow, MA Student (University of Alberta). Area of study: Leadership in youth sport (Graduated May, 2017).
7. Kacey Neely, PhD Candidate (University of Alberta). Area of study: Deselection in youth sport (Graduated June 2017).
8. Meghan Ingstrup, MA Student (University of Alberta). Area of study: Self-compassion (Graduated September 2015).
9. Hayley DeBeaudrap, MA Student (University of Alberta). Area of study: Optimism (Graduated in 2015).
10. Aleksander Chinkov, MA Student (University of Alberta). Area of study: Positive youth development and martial arts (Graduated in 2014).
11. Homan Lee, MA Student (University of Alberta). Area of study: Youth sport experiences of people with ADHD (Graduated in 2013).
12. Chad Witcher, PhD (University of Alberta). Area of study: Physical activity and aging. (Graduated in 2012). [co-supervised with Dr. John Spence].
13. Camilla Knight, PhD (University of Alberta). Area of study: Parenting in youth sport. (Graduated in 2012).
14. Kacey Neely, MA (University of Alberta). Area of study: Positive youth development and sport. (Graduated in 2011).
15. Katherine Tamminen, PhD (University of Alberta). Area of study: Stress and coping in youth sport. (Graduated in 2011).
16. Gary Henhoeffter, MA (University of Alberta). Area of study: Coaching. (Graduated in 2010).
17. Martin Jones, Post-Doctoral Fellow (University of Alberta). Area of study: Positive youth development and sport participation. (Completed program in 2010).
18. Ceara-Tess Cunningham, MA (University of Alberta). Area of study: Physical activity provision in inner-city Edmonton. (Graduated in 2009).
19. Jen Telfer, MA (University of Alberta). Area of study: Coaching. (Graduated in 2009).
20. Alex Dixon, MA (University of Alberta). Area of study: Coaching. (Graduated in 2009).
21. Danielle Black, MA (University of Alberta). Area of study: Long-Term-Athlete Development. (Graduated in 2008).
22. Zoë Sehn, MA (University of Alberta). Area of study: Positive youth development in inner-city Edmonton. (Graduated in 2008).
23. Katherine Tamminen, MA (University of Alberta). Area of study: Coping among adolescent females. (Graduated in 2007).
24. Tom Mitchell, MSc (Leeds Metropolitan University). Area of study: Talent development in elite youth soccer (Graduated in 2003).
25. Adam Gledhill, MSc (Leeds Metropolitan University). Area of study: Talent development in elite youth soccer (Graduated in 2003).

Graduate Examining/Supervisory Committee Member

Current Students:

1. Ben Sereda, MA student (University of Alberta). Area of study: Stress and coping. Member of Supervisory Committee.

2. Maryam Kebbe, PhD student (University of Alberta). Area of study: Pediatric obesity. Member of Supervisory Committee.
3. Nadia Browne, PhD student (University of Alberta). Area of study: Pediatric weight management. Member of Supervisory Committee.

Graduated Students (Examining/Supervisory Committee Member):

1. Chantelle Zimmer, PhD student (University of Alberta). Area of study: Coping behaviors of children with developmental coordination disorder. Member of Supervisory Committee (Completed June 2019).
2. Maddie Preddy, MA student (University of Alberta). Area of study: Outdoor play at childcare centres. Member of Supervisory Committee (Completed June 2019).
3. Jodie Stearns, PhD student (University of Alberta). Area of study: Peer relations and sedentary behavior. Member of Supervisory Committee (Completed September 2018).
4. Mick Lizmore, PhD student (University of Alberta). Area of study: Perfectionism in sport. Member of Supervisory Committee (Completed May 2018).
5. Shin Kono, PhD student (University of Alberta). Area of study: Recreation and leisure. Member of Supervisory Committee (Completed December 2017).
6. Arnaldo Perez, PhD student (University of Alberta). Area of study: Pediatric weight management. Member of Supervisory Committee (Completed April 2017).
7. Jillian Avis, PhD student (University of Alberta). Area of study: Pediatric weight management. Member of Supervisory Committee and AIHS Career Mentor (Completed September 2016).
8. Jennifer Crawford, PhD student (University of Alberta). Area of study: Physical activity and cancer. Member of Supervisory Committee and AIHS Career Mentor (Completed September 2016).
9. Rob Krepps, MA student (University of Alberta). Area of study: Development of expertise in curling. Member of Supervisory Committee (Completed September 2016).
10. Angela Coppola, PhD student (University of Alberta). Area of study: Physical activity promotion for Aboriginal peoples. Member of Supervisory Committee (Completed December 2015).
11. Jen Agans, PhD student (Tufts University). Area of study: Positive youth development. Member of Supervisory Committee (Completed in March 2014).
12. Taryn Barry, MA student (University of Alberta). Area of study: International development. Member of Supervisor Committee (Completed July 2014).
13. Dana Olstad, PhD student (University of Alberta). Area of study: Nutrition in recreation settings. Member of Examining Committee (Completed December 2013).
14. Carrie Millar, MA student (University of Alberta). Area of study: Women's physical activity. Member of Supervisory Committee (Completed September, 2013).
15. Howie Draper, MA student (University of Alberta). Area of study: Coaching and leadership. Member of Supervisory Committee (Completed September, 2013).
16. Jasmine Dhaliwhal, MSc student (University of Alberta, Faculty of Medicine and Dentistry). Area of study: Pediatric weight management. Member of Supervisory Committee (Completed August, 2012).
17. Matt Vaartstra, MA student (University of Alberta). Area of study: Perfectionism and social loafing in sport. Member of Supervisory Committee (Completed July, 2012).
18. Angela Bayduza, PhD student (University of Alberta). Area of study: Children's physical activity. Member of Supervisory Committee (Completed April, 2012).
19. Nicole McLeod, MA Student (University of Alberta). Area of study: Women and sport participation. Member of Supervisory Committee (Completed June, 2011).
20. Keith McDonald, MA Student (University of Alberta). Area of study: Perfectionism and sport. Member of Supervisory Committee (Completed August, 2010).
21. Biagina-Carla Farensi, MSc Student (University of Alberta). Area of study: Pediatric weight management. Member of Examining Committee (Completed August, 2010).

22. Lorian Taylor PhD student (University of Alberta). Area of study: Physical activity in overweight adults with impaired glucose tolerance. Member of Examining Committee (Completed June, 2010).
23. Klaudia Sapejja, MA student (University of Alberta). Area of study: Perfectionism and parenting. Member of Supervisory Committee (Completed September, 2009).
24. Michelle Mueller, MSc (University of Alberta). Area of study: Athletic injury. Member of Supervisory Committee (Completed April, 2009).
25. Holly Knight, PhD (University of Alberta, School of Public Health). Area of study: Physical activity and diet about diabetic patients Member of Supervisory Committee (Completed April, 2009).
26. Marianne Clark, MA (University of Alberta). Area of study: Girls' perceptions of physical activity. Member of Supervisory Committee (Completed July, 2008).
27. Lauren Capstick, MA (University of Alberta). Area of study: Youth sport coaching. Member of Supervisory Committee (Completed December, 2007).
28. Beverly Moylan, MA (University of Alberta). Area of study: Pediatric overweight and obesity treatment. Member of Supervisory Committee (Completed July 2007).
29. Vania Gamache, MA (University of Alberta). Area of study: Perfectionism and slump-related coping in intercollegiate volleyball. Member of Supervisory Committee (Completed December, 2006).
30. John Gotwals, PhD (University of Alberta). Area of study: Perfectionism in sport. Member of Supervisory Committee (Completed July, 2006).
31. Jen Peco, MA (University of Alberta). Area of study: Inclusion in physical education. Member of Supervisory Committee (Completed February, 2006).
32. Chad Witcher, MA (University of Alberta). Area of study: Physical activity among older adults. Member of Examining Committee (Completed July, 2005).
33. Lindsay Sarson MA (Brock University). Area of study: Archetypes in high school sport. Member of Supervisory Committee (Completed June, 2005).
34. Joanna Sheppard, MA (Brock University). Area of study: Children's motivation in physical education. Member of Supervisory Committee (Completed February, 2005).

External Examiner

1. Shichen Fang (Department of Psychology, University of Alberta). PhD internal-external examiner. Winter 2019.
2. Anne Lasinsky (University of British Columbia). PhD external examiner. Fall, 2017.
3. Kenneth Tan (University of Canberra). PhD external examiner. Fall 2017.
4. Nicola Clarke (Loughborough University). PhD external examiner. Summer 2014.
5. Susan Williams (Central Queensland University). PhD external examiner. Spring 2009.
6. Meghan Leblanc (Brock University). MA external examiner. Summer 2008.
7. Timothy Chambers (University of Western Australia). PhD external examiner. Fall 2007.
8. Dany McDonald (Queen's University). PhD Candidacy external examiner. Spring 2006.

Other Work with Graduate Students

1. Erin Brennan (MA student, Faculty of Physical Education and Recreation). Designing and implementing a psychological skills training program. Second marker on capping project (2015).
2. Daniel Gregg (MA student, Faculty of Physical Education and Recreation). Systematic review of correlates of developmental movement disorder. Second marker on capping project (2014).
3. Catherine Eckersley (MA student, Faculty of Physical Education and Recreation). Theory of planned behaviour and 'Teaming Up For Tobacco-Free Kids' program. Second marker on capping project (2011).
4. Ellen Cris (MA student, Department of Secondary Education). The music teacher as coach. Second marker on Masters degree capping project (2007).

UNDERGRADUATE STUDENT SUPERVISION

1. Subin Park (Seoul National University). International exchange student. Area: Knowledge translation in youth sport. Winter 2018
2. Danielle Home (University of Alberta). Research practicum. Area: Knowledge translation in youth sport. Winter 2016.
3. Lydia Sokol (University of Alberta). Research practicum. Area: Knowledge translation in youth sport. Spring/Summer 2016.
4. Theo Chu (University of Alberta). Research practicum. Area: Sport psychology. Winter 2016.
5. Donna McKean (University of Alberta). Research practicum. Area: Intergenerational study of play. Winter 2014.
6. Shannon Pynn (University of Alberta). Research practicum. Area: Intergenerational study of play. Fall 2013.
7. Kassi Boyd (University of Alberta). Research practicum. Area: Intergenerational study of play. Summer 2013.
8. Shelaina Anderson (University of Alberta). Research practicum. Area: Children's play. Winter 2013.
9. Sarah Zarowny (University of Alberta). Research practicum. Area: Children's play. Winter 2013.
10. Youngoh Kim (University of Alberta). Research practicum. Area: Sport psychology. Spring/Summer 2012.
11. Ryan McDonald (University of Alberta). Research practicum. Area: Youth sport. Winter 2012.
12. Carrie Millar (University of Alberta). Research practicum. Area: Youth sport. Winter 2011.
13. Peter Zukowski (University of Alberta). Research practicum. Area: Youth sport. Summer 2010.
14. Candice Boden (University of Alberta). Roger Smith summer research award. Area: Youth sport parenting. Summer 2009.
15. Kara Stevens (University of Alberta). Roger Smith summer research award and self-directed study: Athletic identity. Winter/Summer 2007-08.
16. Carolyne Breakey (University of Alberta). Research practicum: Coaches' communication. Winter 2007.
17. Klaudia Sapieja (University of Alberta). Self-directed study: Hope theory and sport. Spring 2006.
18. Lisa Tink (University of Alberta). Undergraduate practicum/summer student placement. Summer 2006.
19. Kylie-Joy Berg (University of Alberta). Self-directed study: Coping in female volleyball. Fall 2005.
20. Laura Cuglietta (Capital Health Authority/University of Alberta). Dietetic Internship research study: Familial perceptions of and attitudes toward childhood obesity. Winter 2005.
21. Jennifer Alstead (Leeds Metropolitan University; LMU). Undergraduate thesis: The effects of imagery on league tennis players. May 2003.
22. Mike Satterwaite (LMU). Undergraduate thesis: An ethnographic study of the sub-culture of youth skateboarding. May 2003.
23. Eleanor Donald (LMU). Undergraduate thesis: A comparison of the perceived stress factors and coping strategies of male and female hockey players. May 2003.
24. Richard Gregg (LMU). Undergraduate thesis: Competitive trait anxiety and performance among professional rugby union players. May 2003.
25. Matt Hales (LMU). Undergraduate thesis: Audience and coaction effects on performance in a conditioning and co-ordination task. May 2003.
26. Martin Jones (LMU). Undergraduate thesis: Psychosocial characteristics of student rugby league players. May 2003.
27. Leanne Parker (LMU). Undergraduate thesis: Relationships between pre-competitive temporal patterning of anxiety and self-confidence with performance of expert and novice synchronised swimmers. May 2003.

28. Iain Roberts (LMU). Undergraduate thesis: The effects of a cognitive-specific imagery intervention on performance of free-throws in basketball. May 2003.
29. Adam Cragg (LMU). Undergraduate thesis: Performance and game location in student football. May 2003.
30. Jenny Warztyz (LMU). Undergraduate thesis: The effects of imagery on flow and performance in hockey. May 2003.
31. Laura Wolfenden (LMU). Undergraduate thesis: The influence of parents and coaches on the development of national level junior tennis players. May 2003.