

Tanya R. Berry

3-113 University Hall, Van Vliet Centre
Faculty of Kinesiology, Sport, and Recreation, University of Alberta
Edmonton, Alberta, T6G 2H9
Phone: 780 492 3280 ; Fax : 780 492 2364
tanya.berry@ualberta.ca

Degrees:

- PhD, School of Physical Education, University of Victoria 2003
- MA, School of Physical Education, University of Victoria 1997
- BSc, (First Class) Psychology, University of Victoria 1991

Professional Experience

Current Appointments:

2016 – present Professor, Faculty of Kinesiology, Sport, and Recreation (formerly Faculty of Physical Education and Recreation), University of Alberta
2019-2022 Associate Dean Research, Faculty of Kinesiology, Sport, and Recreation

Previous Appointments:

2010 - 2020 Canada Research Chair in Physical Activity Promotion (Tier II)
2010 - 2016 Associate professor, Faculty of Physical Education and Recreation, University of Alberta
2009 – 2010 Assistant professor, tenure-track, Faculty of Physical Education and Recreation, University of Alberta
2006 – 2009 Assistant professor, limited term, Faculty of Physical Education and Recreation, University of Alberta
2003 – 2005 Assistant Professor, tenure-track, Department of Kinesiology and Physical Education, Wilfrid Laurier University

Awards

2010 – 2020 Tier II Canada Research Chair in Physical Activity Promotion
2011 Award of Merit for Outstanding Research (Dean's Recognition Award). Faculty of Physical Education and Recreation, University of Alberta.
2009 – 2013 Alberta Heritage Foundation for Medical Research, Population Health Investigator renewal. 1) direct investigator support (\$110,000 p.a.) ; 2) research prize (\$10,000 p.a.); 3) research allowance (\$15,000)
2006 – 2009 Alberta Heritage Foundation for Medical Research, Population Health Investigator 1) direct investigator support; 2) research prize (\$10,000 p.a.); 3) establishment grant

Research

Refereed journal publications (trainees underlined)

1. Myre, M., Glenn, N., & Berry, T. R. (accepted September 17, 2021). Experiences of size inclusive physical activity settings among women with larger bodies. *Research Quarterly for Exercise and Sport*
2. McFadden, K., Berry, T. R., Rodgers, W., & McHugh, T. (accepted September 21, 2021). Relationships of Automatic Associations, Affect, and Outcome Expectations with Adolescents' Impulsive Decision to Opt into Physical Activity. *International Journal of Sport and Exercise Psychology*
3. Oliphant, T., Berry, T. R., & Norris, C. M. (accepted). 'In a perfect world doctors and the medical profession would accept people for who they are': Women's heart health information practices. *Information Research*
4. Locke, S. R., & Berry, T. R. (2021). Examining the Relationship Between Exercise-Related Cognitive Errors, Exercise Schema, and Implicit Associations. *Journal of Sport and Exercise Psychology*, 43, 345-352.
5. Ori, E., McHugh, T. L. Berry T. R., (accepted July 7 2021). A Qualitative Exploration of Exercise Blog Believability Among Emerging Adult Women. *Qualitative Research in Sport, Exercise and Health*
6. Berry, T. R., & Myre, M. (2021). Effects of physical activity-related anti-weight stigma materials on implicit and explicit evaluations. *Obesity Science and Practice*, 7, 260-268. DOI: [10.1002/osp4.492](https://doi.org/10.1002/osp4.492)
7. Myre, M., Glenn, N.M., and Berry, T.R. (2020) Exploring the impact of physical activity-related weight stigma among women with self-identified obesity. *Qualitative Research in Sport, Exercise, and Health*. doi.org/10.1080/2159676X.2020.1751690
8. Ori, E., & Berry, T. R. (on-line ahead of print). Physical Activity Information Seeking Among Emerging Adults Attending University. *The Journal of American College Health*. doi: [10.1080/07448481.2020.1740230](https://doi.org/10.1080/07448481.2020.1740230)
9. Berry, T. R., Yun, L., Faulkner, G., Latimer-Cheung, A. E., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., & Vanderloo, L.M. (2020). Population-level evaluation of ParticipACTION's 150 Play List: A mass-reach campaign with mass participatory events. *International Journal of Health Promotion and Education*, 58, 297-310. doi.org/10.1080/14635240.2019.1695527
10. Berry, T.R., Taymoori, P., Shirzadi, K., Pashaei, T., Bahamani, A. (2021) Testing Attitudes, Social Desirability and Behavioral Regulations as Moderators of Implicit-Explicit Exercise Discrepancies: a replication study in Iranian Students, *Psychology of Sport & Exercise*, 52, <https://doi.org/10.1016/j.psychsport.2020.101830>.
11. Divine, A., Berry, T. R., Rodgers, W., & Hall, C. (2020). The Relationship of Self-efficacy, and Explicit and Implicit Associations on the Intention Behaviour Gap. *Journal of Physical Activity and Health*, 18, 29-36. doi: 10.1123/jpah.2019-0033.
12. Ori, E. M., Berry, T. R., McCormack, G. R., Brett, K. R., Lambros, G. A., & Ghali, W. A. (2020). Leveraging Professional Sports Teams to Encourage Healthy Behavior: A Review of Four Years of Calgary Flames Health Training Camp Events. *Frontiers in Public Health*, <https://doi.org/10.3389/fpubh.2020.553434>
13. Ori, E., Berry, T. R., & Yun, L. (2021). The Believability of Exercise Blogs Among Young Adults, *Journal of Sport & Exercise Psychology*, 43, 53-60.

14. Cheval, B., Miller, M., Orsholits, D., **Berry, T. R.**, Sander, D., & Boisgontier, D. (2020). Physically active individuals look for more: An eye tracking study of attentional bias" *Psychophysiology*, 57(6). <https://doi.org/10.1111/psyp.13582>
15. **Berry, T. R.**, Yun, L., Faulkner, G., Bulak-Chozzer, T. Latimer-Cheung, A. E., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S. (accepted). Implicit and explicit evaluations of a mass media physical activity campaign: Does everything get better?
16. **Berry, T. R.** (2020). You do (not?) have to go to the gym: effects of negations in exercise messages. *Sport, Exercise, and Performance Psychology*, 9(3), 437-449. DOI: 10.1037/spy0000185
17. **Berry, T. R.**, Yun, L., Faulkner, G., Latimer-Cheung, A. E., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., & Vanderloo, L.M. (online first). Population-level evaluation of ParticipACTION's 150 Play List: A mass-reach campaign with mass participatory events. *International Journal of Health Promotion and Education*
18. Strachan, S.M., Myre, M., **Berry, T.**, Ceccarelli, L., Semenchuk, B., & Miller, C. (2020). Self-affirmation and physical activity messages. *Psychology of Sport and Exercise*, 47,. <https://doi.org/10.1016/j.psychsport.2019.101613>
19. Selzler, A. M., Rodgers, W. M., Berry, T. R., & Stickland, M. K. (2020) Coping Versus Mastery Modeling Intervention to Enhance Self efficacy for Exercise in Patients with COPD, *Behavioral Medicine*, 46:1, 63-74, DOI: 10.1080/08964289.2018.1561411
20. **Berry, T. R.**, Oliphant, T., & Norris, C. M. (2019) Heart disease and physical activity messages targeted at women: attentional bias and automatic associations. *European Review of Applied Psychology*, 69. <https://doi.org/10.1016/j.erap.2019.100492>
21. Myre, M., **Berry, T. R.**, Ball, G., & Hussey, B. (2019). Motivated, Fit, and Strong – Using counter-stereotypical images to reduce weight stigma internalization in women with obesity. *Applied Psychology: Health and Well-Being*, 12(2). doi:10.1111/aphw.12187
22. Rhodes, R. E., Berry, T. R., Spence, J. C., Tremblay, M., Vanderloo, L., O'Reilly, N., Latimer-Cheung, A., Faulkner, G. (2019) Parental Support of the Canadian 24-Hour Movement Guidelines for Children and Youth Prevalence and Correlates. *BMC Public Health*
23. Jones, K. E, **Berry, T. R.**, Merali, A. S., & Dal Bello-Haas, V. (2019) Intentions of Canadian health professionals towards recommending exercise to people living with ALS. *BMC Neurology*, 19:204, <https://doi.org/10.1186/s12883-019-1426-z>
24. Curtin, K. D., **Berry, T. R.**, & Walker, G. J. (2019). Older and more experienced? Comparing mainland Chinese international students in Canada on social cognitive correlates of leisure time physical activity, acculturation, and mental health by study year. *Building Healthy Academic Communities Journal*, 3, 8-26. <https://doi.org/10.18061/bhac.v3i2.7014>
25. **Berry, T. R.**, Courneya, K. C., Norris, C. M., Rodgers, W. R., & Spence J. C. (2019). Automatic associations of breast cancer and heart disease with fruit and vegetables and physical activity. *Sage Open Medicine*, Aug18 , 7:2050312119871183. doi: 10.1177/2050312119871183
26. Rhodes, R. E., Stearns, J., **Berry, T.**, Faulkner, G. Latimer-Cheung, A., O'Reilly, N., Tremblay, M., Vanderloo, L., & Spence, J. (2019). Predicting Parental Support and Parental Perceptions of Child and Youth Movement Behaviors. *Psychology of Sport and Exercise*, 41, 80-90 <https://doi.org/10.1016/j.psychsport.2018.11.016>
27. Rhodes, R. E., **Berry, T. R.**, Spence, J. C., Tremblay, M., Vanderloo, L., O'Reilly, N., Latimer-Cheung, A., Faulkner, G. (2019) Parental Support of the Canadian 24-Hour Movement Guidelines for Children and Youth Prevalence and Correlates. *BMC Public Health*
28. Yun, L., Vanderloo, L., Berry, T. R., Latimer-Cheung, A. E., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., & Faulkner, G. (2019). Political orientation and public attributions for the

- causes and solutions of physical inactivity in Canada: Implications for policy support. *Frontiers in Public Health, Public Health Policy section*.
29. Selzler, A.-M., Rodgers, W., Berry, T., McFadden, K., Husband, C., & Hall, C. (2019). Reciprocal relationships between self-efficacy, outcome satisfaction, and attendance at an exercise program. *British Journal of Health Psychology*, 24, 123-140. DOI: 10.1111/bjhp.12343
 30. **Berry, T. R., & Yun, L.** (2019). Evaluation of mass reach physical activity campaigns: considering automatic processes. *German Journal of Exercise and Sports*, 49: 11. DOI: 10.1007/s12662-018-0553-9
 31. Rhodes, R. E., **Berry, T. R.**, Faulkner, G., Latimer-Cheung, A. E., O'Reilly, N., Tremblay, M. S., Vanderloo, L., & Spence, J. C. (2019). Application of the Multi-Process Action Control Framework to Understand Parental Support of Child and Youth Physical Activity, Sleep, and Screen Time Behaviors. *Applied Psychology: Health and Well-being*, 11, 223-239. doi: 10.1111/aphw.12150
 32. Priebe, C.S., Latimer-Cheung, A., **Berry, T.R.**, O'Reilly, N., Rhodes, R., Spence, J.C., Tremblay, M.S., & Faulkner, G. (2019). Make Room for Play: An evaluation of a campaign promoting active play. *Journal of Health Communication*, 24(1), 38-46. DOI: 10.1080/10810730.2019.1572838
 33. Chevance, G., **Berry, T. R.** Boiche, J., & Heraud, N. (2018). Changing implicit attitudes for physical activity with associative learning: Null findings from an experimental study conducted in pulmonary rehabilitation. *German Journal of Exercise and Sports*. DOI: 10.1007/s12662-018-0559-3
 34. **Berry T. R.**, Rhodes, R. E., Ori, E., McFadden, K., Faulkner, G., Latimer-Cheung, A. E., O'Reilly, N., Spence, J. C, Tremblay, M. S., & Vanderloo, L. (2018). The short-term effects of a mass reach physical activity campaign: An evaluation using hierarchy of effects model and intention profiles. *BMC Public Health*, 18:1300 DOI: 10.1186/s12889-018-6218-7
 35. Yun, L., Vanderloo, L., Berry T. R., Latimer-Cheung, A. E., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., & Faulkner, G., Assessing the social climate of physical (in)activity in Canada. *BMC Public Health*, 18:1301 <https://doi.org/10.1186/s12889-018-6166-2>
 36. Lithopoulos, A., Dacin, P. A., **Berry, T. R.**, Faulkner, G., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., Vanderloo, L. M., & Latimer-Cheung, A. E. (2018). Examining ParticipACTION's brand equity: A test of the brand equity pyramid. *Journal of Social Marketing* <https://doi.org/10.1108/JSOCM-11-2017-0071>
 37. Faulkner, G., Bassett-Gunter, R., White, L., **Berry, T.**, & Tremblay, M. (2018) Can The Moblees move Canadian children? Investigating the impact of a television program on children's physical activity. *Frontiers in Public Health*, <https://doi.org/10.3389/fpubh.2018.00206>
 38. Crozier, A., **Berry, T. R.**, & Faulkner, G. (2018). Examining the relationship between message variables, affective reactions and parents' instrumental attitudes toward their child's physical activity: The "Mr. Lonely" public service announcement. *Journal of Health Communication*, 23, 477-484.
 39. **Berry, T. R.**, Divine, A., Rodgers, W., & Hall, C. (2018). The relationship of explicit-implicit evaluative discrepancy to exercise drop-out in middle-aged adults. *Journal of Sport and Exercise Psychology*, 40, 92-100. doi: 10.1123/jsep.2017-0267
 40. Yun, L., & **Berry, T.** (2018). Examining Implicit Cognitions in the Evaluation of a Community-wide Physical Activity Program. *Evaluation and Program Planning*, 69, 10-17. doi: 10.1016/j.evalprogplan.2018.04.001
 41. Curtin, K., **Berry, T. R.**, Courneya, K. S., McGannon, K. R., Norris, C. M., Rodgers, W. M. & Spence, J. C. (2018). Investigating relationships between ancestry, lifestyle behaviors, and perceptions of heart disease and breast cancer among Canadian women with British and South

- Asian ancestry. *European Journal of Cardiovascular Nursing*, 17(4) 314–323. DOI: 10.1177/1474515118755729
42. **Berry, T. R.**, Jones, K.E., Courneya, K. S., McGannon, K. R., Norris, C. M., Rodgers, W. M. & Spence, J. C. (2018). Believability of messages about preventing breast cancer and heart disease through physical activity. *BMC Psychology*, 6:2 <http://rdcu.be/E3Yq>.
43. Yun, L., & **Berry, T. R.** (2018). Examining an Effective Communication Message to Promote Participation in Sports Activity: Applying the Extended Parallel Process Model, *Journal of Global Sport Management*, 3:1, 61-78, DOI: 10.1080/24704067.2017.1411166.
44. McFadden, K., **Berry, T. R.**, McHugh, T-L. F, & Rodgers, W. M. (2018). What older adolescents expect from physical activity: Implicit cognitions regarding health and appearance outcomes. *Journal of American College Health*, 66, 202-208, DOI: 10.1080/07448481.2018.1429447.
45. Spence, J. C., Faulkner, G., Lee, E. Y., **Berry, T.**, Cameron, C., Deshpande, S., Latimer-Cheung, A., Rhodes, R. & Tremblay, M. S. (2018). Awareness of ParticipACTION among Canadian adults: A 7-year cross-sectional follow-up. *Health Promotion and Chronic Disease Prevention in Canada*, 38, 4.
46. Faulkner, G., Ramanathan, S., Plotnikoff, R., **Berry, T.**, Deshpande, S., Latimer-Cheung, A.E., Rhodes, R.E., Tremblay, M.S., & Spence, J. ParticipACTION after 5 years of re-launch: A quantitative survey of Canadian organizational awareness and capacity. *Health Promotion and Chronic Disease Prevention in Canada*, 38, 4.
47. Ramanathan, S., Faulkner, G., Plotnikoff, R., **Berry, T.**, Deshpande, S., Latimer-Cheung, A.E., Rhodes, R.E., Tremblay, M.S., & Spence, J. Perceptions of organizational capacity to promote physical activity in Canada and ParticipACTION's impact five years after its re-launch: A qualitative study. *Health Promotion and Chronic Disease Prevention in Canada*, 38, 4.
48. Ramanathan, S., White, L., Luciani, A., **Berry, T.**, Deshpande, S., Latimer-Cheung, A., O'Reilly, N., Rhodes, R., Spence, J.C., & Faulkner, G. (2018). The Utility of Physical Activity Micro-Grants: The ParticipACTION Teen Challenge Program. *Health Promotion Practice*, 19, 246-255. doi: 10.1177/1524839917743231
49. Morris, J., Nikolopoulos, H., **Berry, T.**, Jain, V., Vallis, M., Vallis, H., P., Bell, R., ENRICH team (2017). Health care provider's gestational weight gain counselling practices and the influence of knowledge and attitudes: A cross-sectional mixed methods study. *BMJ Open*. <http://dx.doi.org/10.1136/bmjopen-2017-018527>
50. Conroy, D., & **Berry, T. R.** (2017). Automatic Affective Evaluations of Physical Activity. *Exercise and Sports Science Reviews*, 45, 230-237. Doi: 10.1249/JES.0000000000000120 .
51. Larson, H., McHugh, T., McFadden, K., **Berry, T. R.**, & Rodgers, W. (2017). You can't always get what you want: Expectations, outcomes, and adherence of new exercisers. *Qualitative Research in Sport, Exercise, and Physical Activity*. <http://dx.doi.org/10.1080/2159676X.2017.1294103>
52. Clark, M. I., McGannon, K., R., **Berry, T. R.**, Norris, C. M., Rodgers, W. M., & Spence J. C. (published on-line, September 29, 2016). Hard truths about the Red Dress: A discourse analysis of the Heart Truth Campaign in Canada. *Journal of Health Psychology*. DOI: 10.1177/1359105316669581
53. Jennings, C., **Berry, T. R.**, Valerie Carson; S Nicole Culos-Reed; Mitch J. Duncan; Christina C Loitz; Gavin R McCormack; Tara-Leigh F McHugh; John C Spence; Jeff K Vallance; W. Kerry Mummery (2017) UWALK: Development and dissemination of a multi-strategy community-wide physical activity program. *Translational Behavioral Medicine: Practice, Policy and Research*, 7, 16-27. doi: 10.1007/s13142-016-0417-5

54. Yun, L., Ori, E., Lee, Y., Berry, T. R., Sivak, A. (2017). A Systematic Review of Mass Media Campaigns to Promote Physical Activity: an Update from 2010. *Journal of Physical Activity and Health*, 14, 552-570.
55. Luciani, A., White, L., Berry, T. R., Desphande, S., Latimer-Cheung, A., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., & Faulkner, G. (2017). Sports Day in Canada: Examining the benefits for event organizers (2010-2013). *International Journal of Health Promotion and Education*, 55:2, 66-80. DOI: 10.1080/14635240.2016.1217164.
56. **Berry, T. R.,** Rodgers, W. M., Markland, D. M. & Hall, C. (2016). Moderators of implicit-explicit exercise cognition concordance. *Journal of Sport & Exercise Psychology*. 38, 579-589. doi: <http://dx.doi.org/10.1123/jsep.2016-0174>
57. Dale, L., LeBlanc, A., Orr, K. Berry, T., Desphande, S. Latimer, A., O'Reilly, N., Rhodes, R., Tremblay, M., & Faulkner, G. (2016). "Canadian physical activity guidelines for adults: are Canadians aware?" *Applied Physiology, Nutrition, and Metabolism*, 41(9), 1008-1011. Doi:10.1139/apnm-2016-0115
58. Selzer, A.-M., Rodgers, W. M., **Berry, T. R.,** & Stickland, M. K. (2016). The importance of exercise self-efficacy for clinical outcomes in pulmonary rehabilitation. *Rehabilitation Psychology*, 61(4), 380-388. DOI: 10.1037/rep0000106
59. Gainforth, H.L., Jarvis, J. W., Berry, T. R. Chulak-Bozzer, T., Deshpande, S., Faulkner, G. Rhodes, R. E., Spence, J. C., Tremblay, M., & Latimer-Cheung, A. E. (2016) Evaluating the ParticipACTION Think Again! Campaign. *Health Education and Behavior*, 44, 443-441. doi:10.1177/1090198115604614
60. Champion, C., Berry, T. R., Spence, J. C., & Kingsley, B. K. (2016). Pink Ribbons and Red Dresses: A mixed methods content analysis of media coverage of breast cancer and heart disease. *Health Communication*, 10, 1242-1249. doi: 10.1080/10410236.2015.1050082 .
61. McGannon, K.R. & **Berry, T.R.,** Rodgers, W.M., & Spence, J.C. (2016). Breast cancer representations in Canadian news media: A critical discourse analysis of meanings and the implications for identity. *Qualitative Research in Psychology*, 13, 188-207. DOI: 10.1080/14780887.2016.1145774
62. **Berry, T. R.,** Curtin, K., Courneya, K., McGannon, K. R., Norris, C. M., Rodgers, W. M., & Spence, J. C. (2016) Heart disease and breast cancer perceptions: Ethnic differences and relationship to attentional bias. *Health Psychology Open*, July-December 2016 3: 2055102916657673 doi:10.1177/2055102916657673
63. **Berry, T. R.** (2016). Changes in implicit and explicit exercise-related attitudes after reading targeted exercise-related information. *Psychology of Sport & Exercise*, 22, 273-278. Doi: 10.1016/j.psychsport.2015.09.001
64. White, L., Luciani, A., Berry, T. R., Desphande, S., Latimer-Cheung, A., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., & Faulkner, G. (2016). Sports day in Canada: a longitudinal evaluation. *International Journal of Health Promotion and Education*, 54, 12-23. doi:10.1080/14635240.2015. 1050122.
65. Rhodes, R. E., Spence, J. C., **Berry, T. R.,** Deshpande, S., Faulkner, G., Latimer-Cheung, A. E., O'Reilly, N., Tremblay, M. S. (2016). Understanding action control of parental support behavior for child physical activity. *Health Psychology*, 35, 135-140.
66. **Berry, T. R.,** Stearns, J., Courneya, K., McGannon, K. R., Norris, C. M., Rodgers, W. M., & Spence, J. C. (on-line first) Women's perceptions of heart disease and breast cancer and the association with media representations of the diseases. *Journal of Public Health*. doi: 10.1093/pubmed/fdv177
67. Rhodes, R.E., Spence, J.C., **Berry, T.,** Deshpande, S., Faulkner, G., Latimer-Cheung, A.E., O'Reilly, N. & Tremblay, M.S. (2015). Predicting changes across 12 months in three types of

- parental support behaviors and mothers' perceptions of child physical activity. *Annals of Behavioral Medicine*, 49 (6), 853-864.
68. **Champion, C.**, Glenn, N. M., **Berry, T. R.**, & Spence, J. C. (2015). Exploring women's responses to online media coverage of weight loss surgery. *Clinical Obesity*, 5, 281-287.
 69. Deshpande, S., Berry, T., Faulkner, G., Latimer-Cheung, A. E., Rhodes, R., & Tremblay, M. S. (2015). Comparing the influence of dynamic and static versions of media in evaluating physical-activity promotion ads. *Social Marketing Quarterly*, 21, 135-141.
 70. Craig, C. L., Bauman, A., Latimer-Cheung, A., Rhodes, R. E., Faulkner, G., **Berry, T. R.**, Tremblay, M. S., & Spence, J. C. (2015). An Evaluation of the "My ParticipACTION" campaign to increase self-efficacy for being more physically active. *Journal of Health Communication*, 20, 995-1003.
 71. LeBlanc, A., **Berry, T.**, Deshpande, S., Duggan, M., Faulkner, G., Latimer, A. E.; O'Reilly, N., Rhodes, R., Spence, J., & Tremblay, M. S. (2015). Knowledge and awareness of Canadian Physical Activity and Sedentary Behaviour Guidelines: a synthesis of existing evidence. *Applied Physiology, Nutrition and Metabolism*, 40, 716-724. DOI: 5. 10.1139/apnm-2014-0464
 72. Bell, R., **Berry, T. R.**, Watanabe, T., & Willow, N. (2015). Intentions to eat low glycemic index foods questionnaire: development and factor analysis in adults with diabetes. *Canadian Journal of Diabetes*, 39, 94-100. DOI: <http://dx.doi.org/10.1016/j.jcjd.2014.09.001>
 73. Taymoori, P., & **Berry, T. R.** (2015) Longitudinal changes in beliefs by stage of physical activity adoption in Iranian student girls. *Journal of School Health*, 85, 299-308.
 74. Farmer, A., Nikolopoulos, H., Mager, D. McCargar, L., & **Berry, T. R.** (2015). Organizational characteristics and processes are important in the adoption of the Alberta Nutrition Guidelines for Children and Youth in child care centres. *Public Health Nutrition*, 18, 1593-1601.
 75. **Berry, T. R.**, Elfeddali, I., & de Vries, H. (2014). Changing fit and fat bias using an implicit retraining task. *Psychology and Health*, 29, 796-812.
 76. Carson, V., Clark, M., **Berry, T.**, Holt, N. R., & Latimer – Cheung, A. E. (2014). A qualitative examination of the perceptions of parents on the Canadian Sedentary Behaviour Guidelines for the Early Years. *International Journal of the Behaviour of Nutrition and Physical Activity*, 11: 65.
 77. Jarvis, J. W., Rhodes, R. E., Deshpande, S., **Berry, T. R.**, Chulak-Bozzer, T., Faulkner, G., Spence, J. C., Tremblay, M. S., & Latimer, A. E. (2014). Investigating the role of brand equity in predicting the relationship between message exposure and parental support for their child's physical activity. *Social Marketing Quarterly*, 20, 103-115.
 78. Faulkner, G., Solomon, V., **Berry, T. R.**, Deshpande, S., Latimer-Cheung, A. E., Rhodes, R. E., Spence, J. C., & Tremblay, M. S. (2014). Examining the disconnect between parents' perceptions and reality regarding the physical activity levels of their children. *Journal of Applied Research on Children: Informing Policy for Children at Risk*, 5.
<http://digitalcommons.library.tmc.edu/childrenatrisk/vol5/iss1/9/>
 79. Sririmatr, S., **Berry, T. R.**, & Spence, J. C. (2014). An internet-based intervention for promoting and maintaining physical activity. *American Journal of Health Behavior*, 38, 430-439.
DOI: <http://dx.doi.org/10.5993/AJHB.38.3.12>.
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doi:10.1080/1612197X.2013.775742
 81. Taymoori, P., & **Berry, T. R.** (2014). Differences in health beliefs across stage of adoption of mammography in Iranian women. *Cancer Nursing*, 37(3), 208-217. *doi:*
10.1097/NCC.0b013e31829194bc
 82. **Berry, T. R.**, Craig, C. L., Faulkner, G., Latimer, A., Rhodes, R., Spence, J. C., & Tremblay, M. (2014). Mothers' intentions to support children's physical activity related to attention and implicit

- agreement with advertisements. *International Journal of Behavioral Medicine*, 21 (1), 131-138. DOI: 10.1007/s12529-012-9279-5
83. **Berry, T. R., & Shields, C.** (2014). Source attribution and credibility of health and appearance exercise advertisements: relationship with implicit and explicit attitudes and intentions. *Journal of Health Psychology*, 19 (2), 242-252. DOI: 10.1177/1359105312468190
84. Gainforth, H. L. **Berry, T.,** Faulkner, G., Rhodes, R., Spence, J., Tremblay, M., & Latimer-Cheung, A. E., (2013). Evaluating the uptake of Canada's new physical activity & sedentary behaviour guidelines on service organizations' websites. *Translational Behavioral Medicine: Practice, Policy and Research*, 3, 172-179. doi: 10.1007/s13142-012-0190-z.
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122. **Berry, T. R.,** Spence, J. C., Plotnikoff, R. C., Bauman, A., McCargar, L., Witcher, C., Clark, M., & Stolp, S. (2009). A mixed methods evaluation of televised health promotion advertisements targeted at older adults. *Evaluation and Program. Planning*, 32, 278 – 288.
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127. **Berry, T. R.,** McCarville, R. E., & Rhodes, R. E. (2008). Getting to know the competition: A content analysis of publicly and corporate funded physical activity advertisements. *Journal of Health Communication*, 13, 169-180.
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130. **Berry, T. R.,** Wharf-Higgins, J., & Naylor, P. J. (2007). SARS wars: Quantifying health risks portrayed in the media. *Health Communication*, 21(1), 35-44.
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132. **Berry, T. R.** (2006) Who's even interested in the exercise message? Attentional bias for exercise and sedentary lifestyle related words. *Journal of Sport and Exercise Psychology*, 28(1), 4-17.
133. **Berry, T. R.**, Naylor, P. J., & Wharf-Higgins, J. (2005). Stages of change in adolescents: An examination of self-efficacy, decisional balance, and reasons for relapse. *Journal of Adolescent Health*, 37(6), 452-459.
134. **Berry, T. R.**, & Howe, B. L. (2005). The effects of exercise advertising on self-efficacy and decisional balance. *American Journal of Health Behavior*, 29, 117-126.
135. Rhodes, R., **Berry, T. R.**, Naylor, P. J., & Wharf-Higgins, J. (2004). Three-step validation of physical activity processes of change in an adolescent sample. *Measurement in Physical Education and Exercise Science*, 8, 1-20.
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137. **Berry, T. R.**, & Lauzon, L. (2003). A content analysis of fitness magazines. *Avante*, 9(1), 25-33.
138. **Berry, T. R.**, & Walsh, J. (2001). Mental health and cardiovascular disease: challenges for counsellors. *Canadian Journal of Counselling*, 25, 196-207.
139. **Berry, T.**, & Howe, B.L. (2000). Risk factors for disordered eating in female university athletes. *Journal of Sport Behavior*, 23, 207-218.
140. Strauss, E., Spellacy, F., Hunter, M., & **Berry, T.** (1994). Assessing believable deficits on measures of attention and information processing capacity. *Archives of Clinical Neuropsychology*, 9, 483-490.

Book Chapters

- Berry, T. R.** (2018). Automatically activated cognitions and physical activity messaging. In B. Jackson, J. A. Dimmock & J. Compton (Eds.), *Persuasion and communication in sport, exercise, and physical activity* (pp. 104-118). New York.: Routledge.
- Spence, J. C., **Berry, T. R.**, & Latimer-Cheung, A. E. (2014). Social Marketing and Message Framing. In Robert C. Eklund & Gershon Tenenbaum (Eds.) *Encyclopedia of Sport and Exercise Psychology* (pp. online). Sage Knowledge.

Funding (excluding salary awards):

Current External Funding:

- Berry, T. R.**, Locke, S., & Ori, E. (2020-2021). Exercise-related cognitive errors and believability of exercise information. SSHRC Insight Development Grant. \$29,500.
- Berry, T. R.**, Myre, M., & Hussey, B. (2020 – 2021). Do nonstigmatizing images of obesity have the desired effect? Automatic affective responses and related stigmatization. Canadian Institutes of Health Research catalyst grant: Understanding disease prevention and risk factor modification. \$69,187. Funding received March 2020
- Curtin, K., Hayer, A., & **Berry, T. R.** (2019-2020). PAWS for Wellness: Examining a Physical Activity and Wellness Series for international student mental and physical wellness. NIRSA Research Grant . \$19,110. Funding received August 2019

Completed external funding:

1. **Berry, T. R.**, Oliphant, T., & Norris, C. (2018-2020). Affective heart disease and physical activity

- messages for women. Canadian Institutes of Health Research Project Grant. \$110,000.00
2. **Berry, T. R.**, Oliphant, T., & Norris, C. (2016-2018). Heart disease messaging for women: information behaviour and effects on attitudes. Women and Children's Health Institute Innovation grant. \$49,592.00
3. **Berry, T. R.**, Ball, G., Myre, M., & Hussey, B. (2017). Internalized weight bias retraining. Diabetes, Obesity, & Nutrition SCN New Collaboration Seed Grant , \$10,000.
4. **Berry, T. R. (PI)**, Courneya, K. C., McGannon, K., Norris, C., Rodgers, W., & Spence, J. C. (2012-2017). Pink Ribbons and Red Dresses: the relationship between disease awareness campaigns, health-related cognitions and perceptions of preventive behaviours. Canadian Institutes of Health Research, standard operating grant – awarded. \$257,400.
5. Rodgers, W. (PI), **Berry, T.**, Hall, C. (co-PIs), & Blanchard, C. (2012-2016). You can't always get what you want: A self-determination based examination of the difference between implicit and explicit outcome expectations and their influence on exercise adherence. Canadian Institutes of Health Research, standard operating grant. \$668,407.
6. Faulkner, G., Birken, C., Bassett-Gunter, R., Tremblay, M., & Berry, T. (2015). Can the Moblees move Canadian Kids? The Centre for Healthy Active Kids (CHAK): 2015 EAT, PLAY, THINK Catalyst Grant Competition (\$24, 110.50).
7. **Berry, T. R.** (2014-2015). Development of web-based measures of implicit cognitions for use in evaluation of health promotion programs. University of Alberta bridge funding. \$40,000
8. Nykiforuk, C. (PI), **Berry, T. R.**, & Vallianatos, H. (2011-2013). If We Build It, Will They Come? Exploring the Impact of Community Investment in Recreation Spaces on Health Equity and Access to Physical Activity Opportunities. Canadian Institute of Health Research Operating Grant, Strategic Initiative – Population Health Intervention Research, \$199,990.
9. Faulkner, G. (PI), Costas-Bradstreet, C., **Berry, T.**, Deshpande, S., Latimer, A., Rhodes, R., Spence, J., & Tremblay, M. Active 20/20: Developing an Evaluation Plan for a National Physical Activity Policy. CIHR Planning Grants: Winter 2012 Competition. \$24, 012.
10. Faulkner, G., Spence, J. C. (co-PI) and **Berry, T.**, Deshpande, S., Latimer, A., Plotnikoff, R. C., Rhodes, R., & Tremblay, M. (2012-2015). ParticipACTION after 5 years: Assessing impact on the promotion of physical activity and the behaviour of Canadians. Canadian Institutes of Health Research, standard operating grant.
11. Chan, C. R. (PI), Bell, R. C., Plotnikoff, R. C., & Sigal, R. (team leaders), with **Berry, T. R.**, Boulé, N., Cash, S., Edwards, A., Field, C., McCargar, L., Ozga, J., Ryan, E., & Weselake, R. (2008-2011). *Practical behavioural modifications for type 2 diabetes treatment: Physical Activity and Nutrition for Diabetes in Alberta (PANDA)*. Faculty of Medicine & Dentistry and Capital Health Emerging Research Teams Grant, \$300,000.
12. Chan, C., Bell, R., Anders, S., McCargar, L., & **Berry, T.**, Field, C., Weselake, R. Ozyega, Alberta Diabetes Institute, Translational Grant, \$80,000.
13. **Berry, T. R.** (PI) and Spence, J. C. *Examining Public Health and Commercial Physical Activity Advertisements: The Roles of Attention, Believability and Personal Relevance*. Social Sciences and Humanities Research Council, Standard Research Grants, 2009-2012. \$97,065.
14. McCargar, L. (PI), **Berry, T. R.**, Farmer, A., Mager, D., Willows, N., & Downs, S. (2009-2012). *The Alberta Nutrition Guidelines for Children and Youth: Evaluation of Awareness, Intent to Use and Early Adoption of the Guidelines by Day Cares, Schools and Recreation Centres*. Canadian Institute of Health Research Operating Grant, Strategic Initiative – Intervention Research (Healthy Living and Chronic Disease Prevention), \$289, 576.00.
15. Spence, J. C. (PI), Elliot, C., Storey, K., Faulkner, G., **Berry, T. R.**, LeBel, J. *Assessing the Impact of the Health Check Food Information Program*. Heart and Stroke Foundation of Canada, \$349,502.00.

16. **Berry, T. R.** (PI), Blanchard, C., Spence, J. C., Nykiforuk, C., Predy, G., & Edwards, J. (2007-2010). *A longitudinal examination of the relationship between the built environment, physical activity, and social factors within the Capital Health Region of Alberta*. Heart and Stroke Foundation of Canada, Built Environment, Obesity and Health Strategic Initiative, \$353,418.
17. **Berry, T. R.** (PI). *Toward successful health promotion: Understanding Persuasion*. Alberta Heritage Foundation for Medical Research, establishment grant to go with Population Health Investigator Award, 2006-2009. \$42,786.
18. **Berry, T. R.** (PI) and Spence, J. C. *An examination of automatic processes underlying physical activity choices: attentional bias, stereotypes and habitual behavior*. Social Sciences and Humanities Research Council, Standard Research Grants, 2006-2009. \$66,791.
19. **Berry, T. R.** (PI), Spence, J. C., Plotnikoff, R. C., Bauman, A., & McCargar, L. (2007-2008). *Evaluation of the Healthy U initiative – refocus on seniors*. Canadian Institute of Health Research Operating Grant, Strategic Initiative – Intervention Research (Healthy Living and Chronic Disease Prevention), \$99,067.
20. **Berry, T. R.** (PI), Spence, J. C., Nykiforuk, C., Blanchard, C., Predy, G., & Edwards, J. (2007). *Built environment, obesity and health, proposal development grant*. Heart and Stroke Foundation of Canada, \$2500.
21. **Berry, T. R.** (PI), K. Dawson, J. Tracey, K. Zettel, S. Kibbee, & M. Jacobs. *Stepping into health: The search for a more effective worksite physical activity intervention*. Workplace Safety and Insurance Board of Ontario, 2005-2006, \$27,872.50.
22. Naylor, PJ (PI), Wharf Higgins, J., Blair, L. E., Maclean, D. R., O'connor, B. P., & **Berry, T. R.** (2001-2004). *Initiation, adoption and implementation of the British Columbia heart health model*. Canadian Institute of Health Research – Operating Grant. \$344,750.

Internal funding:

1. **Berry, T. R.** (2007). A preliminary examination of the effects of stress on exercise behaviour: Test of an exercise proxy. University of Alberta, EFF Support for the Advancement of Scholarship. \$4996.
2. **Berry, T. R.**, & Shields, C. A. (2007). An examination of the effects of physical activity advertisements on young adults. University of Alberta, Killam Research Fund Cornerstones Grant Program. \$4840.
3. Maraj, B.K.V. (PI), **Berry, T. R.**, Boule, N., Holt, N., Spence, J. C., & Young, B. (2007) The influence of environmental factors on the mobility and health of Alberta seniors. Alberta Centre on Aging: Research Development Grant. \$4,000.
4. **Berry, T.** (2006). University of Alberta Humanities, Fine Arts and Social Sciences Research Travel Grant for presenting: An evaluation of a Modified Home Support Exercise Program in both urban and rural settings at the meeting of the International Society for Behavioural Nutrition and Physical Activity, Boston, July 13 – 16. \$800.
5. Shields, C. (PI) & **Berry, T.** (2006). Exercise promotion in the media: A research-based teaching tool. Teaching Innovation and Improvement Fund, Acadia University, \$5448.
6. **Berry, T.** (2005). SSHRC 4a grant – Wilfrid Laurier University award after receiving a 4a designation on a 2005 SSHRC application. \$2400.
7. **Berry, T.** (2005). Wilfrid Laurier University travel grant awarded for travel to the International Society for Behavioral Nutrition and Physical Activity meeting, June 16-18, Amsterdam, the Netherlands. Presentation entitled: An Examination of Attentional Bias for Exercise and Nutrition Related Words, \$1500.
8. **Berry, T.** (2004). Dissemination of Health Information in the News Media. Funded by Wilfrid

Laurier University – research fellowship, \$4996.

Invited Presentations

- Berry, T. R., Oliphant, T., & Norris, C. M. (2019). Heart disease messages for women. Are they effective? Lois Hole Hospital for Women Speaker's Series, Edmonton Alberta.
- Berry, T. R. (May 8 & 9, 2017). Don't Overthink It: Physical Activity Messaging in a busy media environment. Keynote at the Alberta Centre for Active Living, Physical Activity forum. Calgary and Edmonton
- Berry, T. R. (October 29, 2016). Physical Activity Messaging: To Think or Not to Think. Perspectives in Exercise, Health, and Fitness, Alberta CSEP meeting.
- Berry, T. R., Hussey, B., & Moen, K. (November 12, 2015). Media Effects on Obesity. Ontario Public Health Association's nutrition research council
- Berry, T. R. (May 2, 2014). Pay Attention! Promoting Physical Activity in a Crowded Media Environment. Northern Alberta Health Librarians Association mini-conference.
- Berry, T. R. (October 4, 2013). Pay attention! Promoting physical activity in a crowded media world. Invited presentation at the Institute for Health and Human Performance, University of Manitoba.
- Respondent (May 20, 2011) in session: What can be done? Of all the possibilities, what forms of early life intervention are currently most feasible or should be explored as a matter of urgency, and how can their efficacy be assessed in the short-term? At the Early Life Opportunities for the Prevention of Noncommunicable Disease in Developing Countries meeting of the World University Network: Shanghai, China.
- Berry T. R. (April 4, 2011). *Promoting physical activity in a busy media environment*. Alberta Sport Leisure and Recreation Leadership Summit, Banff, Alberta.
- Berry, T. R., & Spence, J. C. (December 2, 2010). *How does the built environment impact health?* Minister's Action on Wellness Forum, Government of Alberta.
- Berry, T. R. (November 6, 2010). *Pay Attention! Promoting Physical Activity in a world full of (mis)information*. Perspectives in Exercise, Health, and Fitness, Alberta CSEP meeting.
- Berry, T. R. (September 24, 2010). *Physical Activity Messaging*. Alberta Active Living Partners annual networking meeting.
- Berry, T. R. (October 6, 2009). *Changes in BMI over Six Years: the role of demographic and neighbourhood characteristics*. The Population Research Laboratory 2009 Seminar Series, University of Alberta.
- Berry, T. R. (June 24, 2009). *Gut reaction: Implicit and explicit responses to health promotion materials*. Presentation to the Department of Health Education and Promotion, University of Maastricht, the Netherlands.
- Berry, T. R., (October 9, 2008). Invited presentation to the University of Lethbridge women speaker series.
- Berry, T. R. (March 13, 2008). *Health Promotion in a Crowded Advertising World*. Invited keynote presentation Alberta Cancer Board Prospecting Beyond Gold Conference, Edmonton, Alberta.

Published Abstracts

- Curtin, K., Berry, T., & Walker, G. (2019). Older and more experienced: Examining mainland Chinese international students in Canada on social cognitive correlates of leisure time physical activity, acculturation, and mental health. *Journal of Exercise, Movement, and Sport (JEMS)*, 51, 1. : a

- repository of SCAPPS refereed abstracts. Poster presentation at the Canadian Society for Psychomotor Learning and Sport Psychology , Vancouver, October 17, 2019
- Ori, E., & Berry, T. (2019). Who do they think they are? A quantitative content analysis of exercise bloggers and their blogs. *Journal of Exercise, Movement, and Sport (JEMS)*, 51, 1. : a repository of SCAPPS refereed abstracts. Poster presentation at the Canadian Society for Psychomotor Learning and Sport Psychology , Vancouver, October 18, 2019
- Curtin, K. D., Berry, T. R., Courneya, K. S., Norris, C. M., & Spence, J. C. (2016) Investigating relationships between ethnicity, preventative behaviours, and perceptions of heart disease and breast cancer. *Journal of Exercise, Movement, and Sport*, 48, 1, Poster presentation at the Canadian Society for Psychomotor Learning and Sport Psychology , Waterloo, Canada, October 21, 2016
- Ori, E., & Berry, T. R. (2016). Physical activity information seeking among university students. *Journal of Exercise, Movement, and Sport*, 48, 1, Poster presentation at the Canadian Society for Psychomotor Learning and Sport Psychology , Waterloo, Canada, October 22, 2016
- McFadden, K., Berry, T. R., Rodgers, W. M., & McHugh, T-L. F. (2016). Implicit and explicit outcome expectations for physical activity in older adolescents. *Journal of Exercise, Movement, and Sport*, 48, 1, Oral presentation at the Canadian Society for Psychomotor Learning and Sport Psychology , Waterloo, Canada, October 21, 2016
- Larsen, H., McFadden, K., Berry, T. R., Rodgers, W. M., & McHugh, T-L. F. (2016). You can't always get what you want: Motives and gains of new exercisers. *Journal of Exercise, Movement, and Sport*, 48, 1, Poster presentation at the Canadian Society for Psychomotor Learning and Sport Psychology , Waterloo, Canada, October 21, 2016
- Norris, C. M., Clark, M. I., McGannon, K. R., Berry, T. R., Rodgers, W. C., & Spence, J. C. (2016). Hard Truths about the Red Dress: A discourse analysis of the Heart Truth Campaign in Canada [Abstract]. *The Canadian Journal of Cardiology*, 32(4), S4.
- Berry, T. R., Courneya, C., McGannon, K., Norris, C. M., Rodgers, W., & Spence, J. C.** (2014). Gender-differences in relationships between perceptions of heart disease and health behaviours. Presentation at 28th meeting of the European Health Psychology Society, Innsbruck, Austria.
- McFadden, K., Rodgers, W., Berry, T. R., & Murray, T. (2014). Behavioural effects of ego-depletion during an interval exercise session. Presentation at 28th meeting of the European Health Psychology Society, Innsbruck, Austria.
- Selzler, A., Rodgers, W. M., Berry, T. R., & Stickland, M. K. (2014). Exercise self-efficacy predicts attendance and functional exercise capacity during pulmonary rehabilitation. Presentation at 28th meeting of the European Health Psychology Society, Innsbruck, Austria.
- Yun, L., Kim, K., Berry, T. R. (2014). Examining effective health messages to promote exercise: a test of the Extended Parallel Process Model (EPPM). Presentation at 28th meeting of the European Health Psychology Society, Innsbruck, Austria.
- Gainforth, H. L. Jarvis, J. W., Berry, T. R., Chulak-Bozzer, T., Deshpande, S., Faulkner, G., Rhodes, R. E., Spence, J. C., Tremblay, M., Latimer-Cheung, A. E. (April 2014). Assessing the Effectiveness of a Social Marketing Campaign Drawing Parents' Attention to their Child's Physical Activity Level. Society of Behavioral Medicine, Philadelphia.
- Luciani A, Tremblay M, , Berry T., Deshpande S., Latimer-Cheung A, Rhodes R., Spence, J. C., White L, & Faulkner G. (2014). Sports Day in Canada: Examining Benefits for Community Organizations. *Journal of Physical Activity and Health*, 2014, 11(Supp 1), S169
- Berry, T. R., Elfeddali, I., de Vries, H., & Scheliga, K.** (2013). Changing bias: active overweight rated more fit and normal weight sedentary less fit after retraining. *Psychology and Health*, 28(Suppl1), 68.

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- Gainforth, H. L., **Berry, T.**, Craig, C., Faulkner, G., Rhodes, R., Spence, J. C., Tremblay, M., & Latimer, A. E. (2012). Evaluating the uptake of Canada's New physical activity guidelines. *Annals of Behavioral Medicine*, 43(1), s276
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- Berry, T.**, Walker, J., & Montemurro, G (2011). Change your attitude! Effects of exercise information on implicit and explicit attitudes. *Psychology and Health*, 284-285.
- Berry, T., R.** & Strachan, S. (2011). The relationship between exercise self-identity and self-schema. *Psychology and Health*, 26 (sup2), 250.
- Downs, S., Anschutz, C.D., Hill, A. S., Quintanilha, M., Comaniuk, H., Heer, R. Olstad, D. L. **Berry, T. R.**, Farmer, A., Mager, D.R., Willows, N., & McCargar, L.J. (2010). The adoption of the Alberta Nutrition Guidelines for Children and Youth by childcare facilities, schools, and recreation centres. *Applied Physiology, Nutrition, and Metabolism*, 35, 384.
- Berry, T.R.**, Spence, J.C., McLeod, N., & Todosijczuk, I. (2010). Influence of implicit believability of physical activity advertisements on intentions to be active [abstract]. *Psychology and Health*, 25 (Suppl 1), p. 158.
- Spence, J. C., **Berry, T. R.**, Elliot, C., Faulkner, G., LeBel, J., & Storey, K. (2010). Awareness of the health check food information program among Canadians. Poster presented at the XI International Congress on Obesity, Stockholm, Sweden, July 11 – 15. Abstract published in *Obesity Reviews* 11(S1):
- Olstad, D.L., Downs, S.M., **Berry, T.R.**, Raine, K.D., Anschutz, C.D., Hill, A.S., McCargar, L.J. (2010). Awareness of and intent-to-use the Alberta Nutrition Guidelines for Children and Youth in recreational facilities in Alberta. International Congress on Obesity, Stockholm, Sweden. July 11 – 15. Abstract published in *Obesity Reviews* 11(S1):458, 2010.
- Berry, T. R.** & Strachan, S. (September, 2009). Influence of stereotype priming on implicit exercise or sedentary self-identity. *Psychology and Health*, 24, S1, 102.
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- Thomas, S., Johnson, S. T., **Berry, T. R.**, & Bell, R. (2007). Personal Factors Associated with Consuming Low Glycemic Index Foods in Type 2 Diabetes. *Canadian Journal of Diabetes*, Suppl 1; p291.
- Berry, T. R.** (2004). The effects of exercise advertising on exercise self-efficacy and decisional balance. *Journal of Sport and Exercise Psychology*, 26, S33.
- Rhodes, R. **Berry, T.**, Naylor, P.J., & Wharf-Higgins, S.J. (2003). The processes of change and physical activity: Three-step validation in a sample of adolescents. *Journal of Sport and Exercise Psychology*, 25, S111.

Conference Presentations (trainees underlined):

- Berry, T. R. (2019). Exercise is (not?) fun: Considering effects of affective exercise messages on automatic processes. Conceptual, theoretical and methodological advances in exercise motivation research: affect and automaticity. Symposium at European Congress of Sport and Exercise Psychology, Munster Germany, July 17, 2019
- Rhodes, R. E., Tremblay, M., Spence, J. C., Faulkner, G., O'Reilly, N., Vanderloo, L., Berry, T. R., & Latimer-Cheung, A. (2019) Parental Support of the Canadian 24-Hour Movement Guidelines for Children and Youth: Prevalence and Correlates. Poster presented at the annual meeting of the European Health Psychology Society, Dubrovnik, Croatia
- Myre, M., Berry, T. R., & Glenn, C. (2019). Body weight diversity in physical activity promotion: Perspectives of women living with obesity. Poster presented at the Canadian Obesity Network meeting Ottawa, April.
- Myre, M., Berry, T. R., & Glenn, C. (2019). Exploring the impact of weight stigma on physical activity among women living with obesity. Poster presented at the International Society of Behavioural Nutrition and Physical Activity, Prague, Czech Republic.
- Yun, L., Vanderloo, L., Berry, T., Latimer-Cheung, A. E., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., Faulkner, G. (2019) Political orientation and public attributions for the causes and solutions of physical inactivity in Canada: Implications for policy support. Poster presented at the International Society of Behavioural Nutrition and Physical Activity, Prague, Czech Republic.
- Yun, L., Vanderloo, L., Berry, T., Latimer-Cheung, A. E., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., Faulkner, G. (2018). Social Climate of Physical Activity in Canada. Poster presentation at the 7th International Society for Physical Activity and Health Congress, London, England..
- Chevance, G., Berry, T. R., Boiche, J. y Heraud, N. Changing implicit attitudes toward physical activity and sedentary behavior with environmental cues during rehabilitation" a poster presentation at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, which will be held April 11-April 14, 2018, at the Hilton New Orleans Riverside in New Orleans, Louisiana.
- Myre, M., & Berry, T. R. (2018). Motivated, fit, and strong: using non-weight stigmatizing images and positive physical activity words in an implicit retraining task to reduce internalized weight bias in women living with obesity. Oral presentation at the annual Canadian Society for Psychomotor Learning and Sport Psychology conference, Toronto, ON (October). Journal of Exercise, Movement, and Sport, 50 (1), 270.
- Curtin, K. D., Berry, T. R., Walker, G. J., & Gui, J. (2018). Solutions for stressed out students: Modelling relationships between physical activity, subjective well-being, and stress in Chinese university students Poster presentation at the annual Canadian Society for Psychomotor Learning and Sport Psychology conference, Toronto, ON (October). Journal of Exercise, Movement, and Sport, 50 (1), 232.
- Selzler, A. M., Rodgers, W. R. Berry, T. R. & Stickland, M. K. (2018). Coping versus mastery modeling intervention to enhance self-efficacy for exercise in patients with COPD. Oral presentation at the annual Canadian Society for Psychomotor Learning and Sport Psychology conference, Toronto, Ontario. Journal of Exercise, Movement, and Sport, 51(1), 292.
- Mosewich, A. D., Serada, B., Chapman, C. S, & Berry, T. R. (2018). Experiencing defeat in competition: Cognitive appraisal, stress, and emotion regulation in competitors high and low in self-compassion. presentation at the annual Canadian Society for Psychomotor Learning and Sport

- Psychology conference, Toronto, ON (October). *Journal of Exercise, Movement, and Sport*, 51(1), 158.
- Oliphant, T., Berry, T.R. & Norris, C. M. (2018). When Information is Disempowering: Women's Perceptions of Heart Health Messages SIG USE 2018 18th Annual Research Symposium at ASIST 2018: The Future of Information Behavior Research, November 10, Vancouver, Canada.
- Berry, T. R., Oliphant, T., & Norris, C. M. (2018). Perceptions of information about heart healthy behaviours in women with and without heart disease: "If I want a burger, I'm gonna eat a burger". Oral presentation at the International Society of Behavioral Nutrition and Physical Activity, June 4, 2018. Hong Kong.
- Curtin, K., Berry, T. R., Walker, G. Friends foster physical activity: Examining a Social Cognitive Theory model in mainland Chinese university students. Poster presentation at the International Society of Behavioral Nutrition and Physical Activity, June 5, 2018. Hong Kong.
- Vanderloo, L M., McFadden, K., Berry, T., Chulak-Bozzer, T., Tremblay, M. S., Spence, J. C., . Latimer, A. E., O'Reilly, N., Faulkner, G., Rhodes, R. E., & Nguyen, H. (2018). Examination of Current Participation in Physical Activities and Intention to Continue among Participants in a National Physical Activity Initiative. Poster presentation at the International Society of Behavioral Nutrition and Physical Activity, June 5, 2018. Hong Kong. Presenting author: Vanerloo,
- G Faulkner, R Bassett-Gunter, L White, T Berry, M Tremblay. Can The Moblees move Canadian children? Investigating the impact of a television program on children's physical activity. Short oral presentation at the International Society of Behavioral Nutrition and Physical Activity, June 4, 2018. Hong Kong.
- Oliphant, T., Berry, T. R., & Norris, C. M. (2018). Women's Perceptions of Heart Health Messages. Poster presented at the 2018 Canadian Women's Heart Health Summit, April 5-6, Ottawa, Ontario. Funded by WCHRI. Presenting author: Norris.
- Priebe, C.S., Latimer-Cheung, A., Berry, T.R., O'Reilly, N., Rhodes, R., Spence, J.C., Tremblay, M.S., & Faulkner, G. (2017). An evaluation of the ParticipACTION "Make Room for Play" campaign. Abstract presented at the 20th International Play Association Triennial Conference. Calgary, AB.
- Lithopoulos, A., Berry, T. R., Faulkner, G. O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., & Latimer-Cheung, A. E. (2017) Predicting physical activity antecedents from aspects of the ParticipACTION brand. NASPSA June 4-6, San Diego
- McFadden, K., Selzler, A., Berry, T. R., & Rodgers, W. Theory of Planned Behaviour over an exercise program in adults with and without chronic disease. European Health Psychology Conference, Italy
- Selzler, A., Berry, T. R., & Rodgers, W. Examining relationships of self-efficacy, performance attainments, and outcome achievement over a 1 year exercise program. European Health Psychology Conference, Padua, Italy Oral presentation
- Myre, M., & Berry, T. R., Motivated, Fit, and Strong: Changing fitness-fatness associations to increase physical activity in individuals with obesity . European Health Psychology Conference, Italy
- Strachan, S., Berry T. R., Myre, M., Semenchuk B., Miller C., Ceccarelli, L. "I am inactive but I am still a good person": The effect of self-affirmation on responses to gain and loss framed physical activity messages. Poster presentation at the 201 meeting of the Canadian Society for Psychomotor learning and sport and exercise psychology. St. John's NFLD, October 14, 2017
- Lithopoulos, A., Berry, T. R., Faulkner, G., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., Vanderloo, L. M., & Latimer-Cheung, A. E. (2017, October). Examining ParticipACTION's brand equity: A test of the brand equity pyramid. Poster presented at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, St. John's, Newfoundland. *Journal of Exercise, Movement, and Sport*, 49.

- Yun, L., Curtin, K. & Berry, T. (2016). What makes Koreans happy? Examining perceptions of health, fitness, outcome expectations, and leisure time physical activity. Oral presentation at the International Congress for Physical Activity and Health, Bangkok, Thailand, November 17.
- Yun, L., Ori, E., Sivak, A., & Berry, T. (2016). A systematic review of mass media physical activity campaigns. Oral presentation at the International Congress for Physical Activity and Health, Bangkok, Thailand, November 17.
- Faulkner, G., Ramanathan, R., Berry, T., Deshpande, S., Latimer-Cheung, A., Rhodes, R., Spence, J., & Tremblay, M. (2016). Perceptions of organizational capacity to promote physical activity in Canada: Exploring the impact of ParticipACTION five years after relaunch Oral presentation at the International Congress for Physical Activity and Health, Bangkok, Thailand, November 17.
- Berry, T., Rodgers, W., Divine, A., & Hall, C. (2016). The relationship of implicit health or appearance associations to explicit motives and adherence to exercise. Symposium oral at the European Health Psychology conference, Aberdeen, Scotland, August 23-27, 2016.
- Berry, T., Jones, K., Courneya, K., McGannon, C., Rodgers, W., & Spence, J. (2016). Implicit and explicit believability of prevention messages for breast cancer and heart disease. Poster presentation at the European Health Psychology conference, Aberdeen, Scotland, August 23-27, 2016. Chaired this session.
- Divine, A., Berry, T., Rodgers, W., & Hall, C. (2016). Intention - behaviour gap: self-efficacy, explicit motives and implicit associations in the initiation of exercise. Oral presentation at the European Health Psychology conference, Aberdeen, Scotland, August 23-27, 2016.
- Yun, L., Berry, T. R., (2015). Reliability of web-based implicit cognitions in response to health promotion campaigns. Poster presented at the 2015 meeting of the International Society for the Behaviour of Nutrition and Physical Activity.
- Clark, M. I., Berry, T. R., Holt, N., Latimer-Cheung, A., Carson, V. (2015). A qualitative examination of the perceptions of parents on the Canadian Sedentary Behaviour Guidelines for the Early Years. Poster presentation at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- Taymoori, P., Berry, T. R. (2015). Do Benefits And Barriers Differ By Time And Stage of Adoption For Physical Activity Among Iranian Girls? Poster presentation at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- Merali, A. Berry, T. R., Dal-bello Haas, V., & Jones, K. E. (2015). Intentions of health care professionals to prescribe exercise to people with ALS. ALS Canada Research Forum, Toronto, May 4 - 6.
- Berry, T. R., Courneya, K., McGannon, K., Norris, C. M., Rodgers, W., & Spence, J. C. (2015) Attentional bias for breast cancer and heart disease stimuli is moderated by interactions between fear and physical activity or fruit and vegetable consumption. Poster presentation at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- Clark, M., Carson, V., Berry, T. R., Holt, N., Latimer-Cheung, A. (2015). A qualitative examination of the perceptions of parents on the Canadian Sedentary Behaviour Guidelines for the Early Years. Poster presentation at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- Rhodes, R. E., Berry, T. R. Deshpande, S., Faulkner, G. Latimer-Cheung, A., O'Reilly, N., Spence, J. C., & Tremblay, M. (2015, June) Predicting Changes in Child Physical Activity and Three Types of Parental Support Behaviors across 12 Months", Poster presentation at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- Loitz, C.C., McLeod, N.C., Jennings, C., Berry, T.R., Punjabi, K., McHugh, T.-L.F., Johnston, N., Mummery, W.K. (2015, June). A formative evaluation of UWALK health promotion videos. Poster

- presentation at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- Campbell, E.J.; Nykiforuk, C.I.J.; Vallianatos, H.; Berry, T.; Nieuwendyk, L., Belon, A.P. Understanding Community Investment in Recreation Spaces: Follow-up Findings from Strathcona County Focus Group. Poster session presented at: Insights: Focus on Public Health; 2014 Nov. 12; Edmonton, Canada.
- McGannon, K., Berry, T., Norris, C., & Spence, J.C. (2014). (De)constructing ‘the every-woman at risk’: A critical discourse analysis of pink ribbon, Run for the Cure and breast cancer representations in Canadian news media. 4th International Conference on Qualitative Research in Sport and Exercise, September 1 – 4, 2014, Loughborough, UK.
- Berry, T. R., Lecluse, C., de Vries, H., & Elfeddali, I. Changing ideas of fitness and fatness and relationship to behavior in people who think being active is only necessary if one is overweight or obese. Oral presentation at Canadian Society for Psychomotor Learning and Sport Psychology, October 16-19, 2014, London Ontario
- Jocelyn W Jarvis; Tanya R Berry; Valerie Carson; Ryan E Rhodes; Amy E Latimer-Cheung. Investigating Message Believability as a Determinant of Parents' Intentions to Support their Children in Meeting Physical Activity and Screen Time Guidelines. Oral presentation at Canadian Society for Psychomotor Learning and Sport Psychology, London 2014
- Berry, T. R., Courneya, C., McGannon, K., Norris, C. M., Rodgers, W., & Spence, J. C. (2014). Gender-differences in relationships between perceptions of heart disease and health behaviours. Presentation at 28th meeting of the European Health Psychology Society, Innsbruck, Austria.
- McFadden, K., Rodgers, W., Berry, T. R., & Murray, T. (2014). Behavioural effects of ego-depletion during an interval exercise session. Presentation at 28th meeting of the European Health Psychology Society, Innsbruck, Austria.
- Selzler, A., Rodgers, W. M., Berry, T. R., & Stickland, M. K. (2014). Exercise self-efficacy predicts attendance and functional exercise capacity during pulmonary rehabilitation. Presentation at 28th meeting of the European Health Psychology Society, Innsbruck, Austria.
- Yun, L., Berry, T. R., others? (2014). Examining effective health messages to promote exercise: a test of the Extended Parallel Process Model (EPPM). Presentation at 28th meeting of the European Health Psychology Society, Innsbruck, Austria.
- Luciani A, Tremblay M., Berry T., Deshpande S., Latimer-Cheung A, Rhodes R., Spence, J. C., White L., & Faulkner G. (2014). Sports Day in Canada: Examining Benefits for Community Organizations, 2014 Global Summit on the Physical Activity of Children
- Heather L. Gainforth, Jocelyn W. Jarvis, Tanya Berry, Tala Chulak-Bozzer, Sameer Deshpande, Guy Faulkner, Ryan E. Rhodes, John C. Spence, Mark Tremblay, Amy E. Latimer-Cheung. Assessing the Effectiveness of a Social Marketing Campaign Drawing Parents’ Attention to their Child’s Physical Activity Level. SBM, April 23-26, 2014, Philadelphia.
- Divine, A., Cooke, L., Mathieu, E., Selzler, A. M., Rodgers, W., M., Berry, T. R., & Hall, C. R. (2013). Outcome expectations: differences among high and low exercisers. Oral presentation at the Canadian Society for Psychomotor Learning and Sport Psychology Conference (SCAPPS), Kelowna, British Columbia.
- Mathieu, E., Selzler, A. M., Cooke, L., Divine, A., Hall, C., Berry, T. R., & Rodgers, W. (2013). The distinction of outcome desirability and outcome likelihood in the prediction of exercise intentions. Oral presentation at the Canadian Society for Psychomotor Learning and Sport Psychology Conference (SCAPPS), Kelowna, British Columbia.
- Jarvis, J. W., Rhodes, R. E., Deshpande, S., Berry, T., Chulak-Bozzer, T., Faulkner, G., Spence, J. C., Tremblay, M. S., & Latimer-Cheung, A. E. (October 2013). “Investigating the role of brand equity in mediating the relationship between message exposure and parent support for their child’s

- physical activity". Oral presentation at the Canadian Society for Psychomotor Learning and Sport Psychology Conference (SCAPPS), Kelowna, British Columbia.
- Berry, T. R., Elfedalli, I., de Vries, H., & Scheliga, K. (2013). *Changing bias : active overweight rated more fit and normal weight sedentary less fit after retraining*. Oral presentation at the 27th meeting of the European Health Psychology Society, Bordeaux, France, July 16 – 20, 2013.
- Berry, T. R.. (2013). *Developing a Measure of Sources of Physical Activity Information*. Poster presented at 2013 Annual Meeting of the International Society for Behavioral Nutrition and Physical Activity (Ghent, Belgium, May 22-25, 2013).
- White, L., Luciani, A., Berry, T., Deshpande, S., Latimer-Cheung, A., Rhodes, R., Spence, J., Tremblay, M., & Faulkner, G. (accepted for presentation). Sports Day in Canada: Examining Correlates of Awareness and Intentions to Participate in Sport. Canadian Public Health Association 2013 Annual Conference, June 9-12 Ottawa, Ontario.
- McLeod, N., Berry, T. R., & Scheliga, K. (2012). Positive and negative messages about exercise from the Biggest Loser: Participant thoughts. Oral presentation at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Halifax, Nova Scotia.
- Cutumisu, N., Blanchard, C., Plotnikoff, R., Berry, T., & Spence, J.C. (2012, October). *Effect of neighbourhood Space Syntax on the frequency of walking in Edmonton, Canada*. Paper presented at the International Congress On Physical Activity & Public Health, Sydney, Australia.
- Berry, T. R., Shields, C. (2012). Source attribution and credibility of health and appearance exercise advertisements: relationship with attitudes and intentions. Poster presentation at the 26th meeting of the European Health Psychology Society, Prague, Czech Republic, August 21-25, 2012.
- Walker, J., Berry, T. R., McLeod, N. C., & Pankratow, M. (2011). Change your attitude! Effects of exercise information on implicit and explicit attitudes Check: Effects of Biggest Loser exercise depictions on attitudes. Oral presentation at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Winnipeg, Manitoba.
- McLeod, N. C., Holt, N., & Berry, T. R. (2011). Mothers' Experiences of Sport: 'Rather than just being a soccer mom I'm now a mom who plays soccer'. Oral presentation at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Winnipeg, Manitoba.
- Rodgers, W., Conner, M., Berry, T., & Murray, T. (2011). Effects of volitional and nonvolitional components on a simple and a complex health behaviour. Oral presentation in "The role of implicit cognitive processes in health behaviors" symposium, 25th meeting of the European Health Psychology Society, Hersonnisos, Greece, September 20 – 24.
- Berry, T., Walker, J., & Montemurro, G (2011). Change your attitude! Effects of exercise information on implicit and explicit attitudes. Oral presentation in "The role of implicit cognitive processes in health behaviors" symposium, 25th meeting of the European Health Psychology Society, Hersonnisos, Greece, September 20 – 24.
- Berry, T., R. & Strachan, S. (2011). The relationship between exercise self-identity and self-schema. Poster presentation at the 25th meeting of the European Health Psychology Society, Hersonnisos, Greece, September 20 – 24.
- Berry, T. R., Montemurro, G. S., Nykiforuk C, Spence JC, Blanchard CW, Edwards J. Perceptions of Walkability: A Qualitative Examination of Walkability and Neighbourhood Choice. Poster presentation at the 10th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, June 15-18, 2011, Melbourne, Australia.
- Chan, C.B., Anders, S., Bell, R.C., Berry, T., Cash, S.B., McCargar, L. (May, 2011). *The 4-A Framework: A model for development and evaluation of behavioral interventions*. Poster presentation at the Canadian National Obesity Summit, Montreal, PQ.

- Berry, T. R. (November, 2010). *Sedentary stereotypes negatively influence exercise attitudes in participants with low exercise self-identity*. Oral presentation at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, Ontario.
- McLeod, N., Berry, T. R., Montemurro, G. (November, 2010). *Seeing is believing? Examining the influence of commercial and public health advertising related to physical activity*. Oral presentation at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, Ontario.
- Pankratow, M., Berry, T. R., Montemurro, G. (November, 2010). Activity preferences, cognitions and body mass index: Who expects what? Poster presentation at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, Ontario.
- Berry, T. R., Spence, J. C., McLeod, N. (September, 2010). Influence of implicit believability of physical activity advertisements on intentions to be active. Poster presented at the 24th meeting of the European Health Psychology Society, Cluj, Romania, September 1 – 4.
- Spence, J. C., Berry, T. R., Elliot, C., Faulkner, G., LeBel, J., & Storey, K. (2010). Awareness of the health check food information program among Canadians. Poster presented at the XI International Congress on Obesity, Stockholm, Sweden, July 11 – 15.
- Olstad, D.L., Downs, S.M., Berry, T.R., Raine, K.D., Anschutz, C.D., Hill, A.S., McCargar, L.J. (2010). Awareness of and intent-to-use the Alberta Nutrition Guidelines for Children and Youth in recreational facilities in Alberta. International Congress on Obesity, Stockholm, Sweden. July 11 – 15.
- Taymoori, P., & Berry, T. R. (July, 2010). *The validity and reliability of the health-promoting lifestyle in young Iranian population*. Poster presented at 20th IUHPE World Conference on Health Promotion, 11-15 July 2010, Geneva, Switzerland
- Taymoori, P., & Berry, T. R. (June, 2010). *Examining social-cognitive determinants of physical activity in Iranian female adolescents using structural equation modeling*. Oral presentation at the 9th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, June 9-12, 2009, Minneapolis, Minnesota.
- Taymoori, P., & Berry, T. R. (June, 2010). *Effects of a School-Based Intervention on the Basis of Pender's Health Promotion Model to Improve Physical Activity among High School Girls*. Oral presentation at the 9th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, June 9-12, 2009, Minneapolis, Minnesota.
- Berry, T. R., Spence, J. C., Blanchard, C., & Edwards, J. (May, 2010). *Neighbourhood choice, physical activity and body mass index*. Poster presented at the 3rd International Congress on Physical Activity and Public Health. Toronto, Ontario.
- Berry, T. R., Spence, J. C. & Stolp, S. (November, 2009). *Attentional bias for exercise-related images: A pilot study*. Oral presentation at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Toronto, Ontario.
- McLeod, N., Rodgers, W., & Berry, T. R. (November, 2009). *Attitudinal Ambivalence By Gender Over A Six Month Exercise Intervention*. Oral presentation at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Toronto, Ontario.
- Berry, T. R. & Strachan, S. (2009). Influence of stereotype priming on implicit exercise or sedentary self-identity. Poster presented at the 23rd meeting of the European Health Psychology Society, Pisa, Italy, September 21 – 24.
- Clark, M. I., Berry, T. R., Spence, J. C., Nykiforuk, C., Blanchard, C., & Edwards, J. (June, 2009). *The Inside Scoop: An Investigation of Stakeholder Perspectives on the Development of 'Healthy' Neighbourhoods Within the Capital Health Region of Alberta*. Poster presented at the 8th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, June 17-20, 2009, Lisbon, Portugal.

- Taymoori, P., & Berry, T. R. (June, 2009). *Application of the Health Promotion Model to Predict Stages of exercise behavior in Iranian adolescents*. Poster presented at the 8th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, June 17-20, 2009, Lisbon, Portugal.
- Stolp, S., Clark, M. I., & Berry, T. R. (November, 2008). Physical activity beliefs and recall on publically funded versus commercially funded physical activity advertisements. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Canmore, Alberta.
- Watanabe, T., Berry, T. R., Willows, N. D., & Bell, R. C. (October, 2008). Measuring Intentions to Eat a Low Glycemic Index Diet. Poster presented at the Canadian Diabetes Association Professional Conference, Montreal, QC.
- Dana Lee Wilkinson MSc RD, Anna Farmer PhD RD, Noreen Willows PhD, Diana Mager PhD RD, Tanya Berry PhD, Shauna Downs MSc, Linda McCargar PhD, RD *Evaluation of the impact and effectiveness of the Alberta Nutrition Guidelines for Children and Youth*. Poster presented at the 6th Annual National Symposium of the Canadian Child Health Clinician Scientist Program, Edmonton, AB Canada 2008.
- Berry, T. R., & Spence, J. C. (May, 2008). *Effects of physical activity and sedentary lifestyle priming on automatic attitude activation*. Paper presented as part of the symposium "Physical activity, body image and the media: Exploring the automaticity and social construction of being " at the 7th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, May 21-24, 2008, Banff, Canada. Chairperson: Berry, T. R.
- McCormack, G.R., Spence, J.C., Berry, T., & Doyle-Baker, T. (May, 2008). *The role of perceived behavioural control in the association between self-reported neighbourhood walkability and leisure-time physical activity*. Presented at the 7th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, May 21-24, 2008, Banff, Canada.
- Rodgers, W. M., Langille, J. L., Stolp, S., & Berry, T. R. (2008). Exploring sources of the gender difference in self-efficacy for exercise in cardiac rehabilitation. *Oral Presentation at the Annual Meeting of the Society for Behavioural Medicine*.
- Berry, T. R. (November, 2007). *You Mean This Isn't The Food Guide? Awareness and perception of Canada's Physical Activity Guide*. Poster presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Windsor, Ontario.
- Clark, M., Berry, T. R., Spence, J. C. (November, 2007). *Evidence of the relationship between exercise schema and sedentary lifestyle bias using neutrally valenced descriptors*. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Windsor, Ontario.
- Thomas, S., Johnson, S. T., Berry, T. R., & Bell, R. (October, 2007). *Personal Factors Associated with Consuming Low Glycemic Index Foods in Type 2 Diabetes*. Poster presented at the 2007 Canadian Diabetes Association/Canadian Society of Endocrinology and Metabolism October 24-27, 2007, Vancouver, British Columbia.
- Witcher, C., Berry, T. R., & Dechaine, J. (June, 2007). *What are rural older adults saying about physical activity participation?* Poster presented at the 6th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, June 20-23, 2007, Oslo, Norway.
- Berry, T. R., Spence, J.C., & Clark, M. (June, 2007). *Implicit evidence of sedentary-lifestyle biases*. Poster presented at the 6th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, June 20-23, 2007, Oslo, Norway.
- Berry, T. R., Dawson, K. A., & Tracey, J. (November, 2006). *Maybe I'm not quite ready yet: Promotions of interventions can positively influence plans to be physically active*. Poster presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Halifax, Nova Scotia.

- Berry, T. R., & Dechaine, J. (July, 2006). *An Evaluation Of a Modified Home Support Exercise Program In Both Urban And Rural Settings*. Poster presented at the 5th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, July 13-16, 2006, Boston, USA.
- Fraser, S.N., Garcia-Bengoechea, E., McGannon, K., Spence, J., & Berry, T. R. (July, 2006). *Tracking gender differences in sociodemographic correlates of physical activity among Albertans, 2000-2005*. Poster presented at the 5th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, July 13-16, 2006, Boston, USA.
- Dechaine, J., Lee, D., & Berry, T. R. (June, 2006). *Implementing The Home Support Exercise Program (HSEP) in Urban and Rural Alberta*. Presented at the Best Practices 2006 Healthy Aging, Strategic Directions, Future Actions, June 22-23, Calgary, Alberta.
- Dechaine, J., & Berry, T. R. (April, 2006). *Implementing The Home Support Exercise Program (HSEP) in Rural Alberta*. Presented at the Innovations In Rural Chronic Care – The “Beulah Salt” Seniors Health Conference, April 12 – 13, Lethbridge, Alberta. 2006.
- Dechaine, J., Baich, L., & Berry, T. R. (March, 2006). *Implementing The Home Support Exercise Program (HSEP) in Alberta’s First Nations Communities*. Presented at the Alberta Conference on Diabetes and Aboriginal Peoples, March 2 – 3, Edmonton, Alberta.
- Berry, T. R. (November, 2005). *Message Received? Schema relevance and thoughts regarding exercise messages*. Poster presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Niagara Falls, Ontario.
- Berry, T. R., Strachan, S., & Malhotra, K. (June, 2005). *An Examination of Attentional Bias for Exercise and Food Related Words*. Poster presented at the 4th Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, June 16-18, 2005, Amsterdam, the Netherlands.
- Berry, T. R. (October, 2004). *Preaching to the converted: the prequel. Attentional bias for exercise related words*. Paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Saskatoon, Saskatchewan.
- Naylor, P. J., O'Connor, B. A., Wharf-Higgins, J., Berry, T. R., Maclean, D. R., Rankel, J.L. BC Ministry of Health Services, Victoria, British Columbia, Canada. (June, 2004). *Beyond Singapore: Lessons learned from the British Columbia Heart Health Dissemination Phase (1999-2004)*. 5th International Heart Health Conference, Milan, Italy.
- Berry, T. R. (October, 2003). *Preaching to the converted: the effects of viewing health-based versus appearance-based exercise advertising*. Paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Hamilton, Ontario.
- Berry, T. R., & Howe, B. L. (2003, May). *An Examination of the Effects of Health Promotion and Appearance Based Exercise Advertising on Attitudes Toward Exercise*. Paper presented at the meeting of Connections 2001, University of Victoria, Faculty of Education, Victoria, B.C.
- Berry, T. R., Naylor, P.J., & Wharf-Higgins, J. (2002, October). *Process of Change in Adolescents: An Examination of the Transtheoretical Model and Implications for Exercise Motivation*. Poster presented at 1st Congress on Integral Adolescent Health Care, Havana, Cuba.
- Van Gyn, G.H., Deakin, J., & Berry, T. R. (2002, October). *Evidence for Implicit Use of Deliberate Practice Strategy by Expert Coaches*. Paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Vancouver, B.C.
- Berry, T. R. (2001, May). *Self-presentation and exercise behaviour: the development of a questionnaire*. Paper presented at the meeting of Connections 2001, University of Victoria, Faculty of Education, Victoria, B.C.
- Berry, T. R. (1998, May). *Eating Disorders in Female University Athletes*. Paper presented at the meeting of Connections 1998, University of Victoria, Faculty of Education, Victoria, B.C.
- Berry, T. R. (1997, May). *The Role of the Profile of Mood States in Assessing Male Rugby Players*.

State or Trait? Paper presented at the meeting of Connections 1997, University of Victoria, Faculty of Education, Victoria, B.C.

Berry, T. R. (1997, January). *Psychological Risk Factors for the Development of Eating Disorders in University Level Athletes*. Paper presented at the meeting of the Pacific Northwest Exercise Group, Nanaimo, B.C.

Teaching

Courses taught at University of Alberta:

- Social Cognitive Approaches to Health Promoting Behaviours (PERLS 541; KRLS 541 [name change in 2019]); 2013, 2018, 2019
- Psychological Dimensions of Health Promotion (HEED 321); 2014-2017, 2021
- Directed Studies (PhD level, 2-6 students per year), Dual Processing Models and Health; 2013-2015
- Directed Studies (undergraduate), Global Health Promotion (2010).
- Behavioural Medicine (HEED 221); 2006, 2008 - 2011
- Social Dimensions of Health Promotion (HEED 320); 2005
- Directed studies (master's level) on statistics; 2007
- Directed readings course (undergraduate); 2009

Courses Taught at Wilfrid Laurier University:

- Introduction to sport psychology (KP 210/PS 286)
- Advanced psychology of sport and physical activity (KP 410)
- Behaviour modification and physical activity (KP 412)
- Research methods for kinesiology and physical education (KP 261)

Courses taught at other institutions:

- Applied Sport Psychology; graduate course in the Masters of Coaching Studies program, University of Victoria (2005, 2007)
- Sport psychology; elective undergraduate course at the University of Victoria (2002)
- Psychology for classrooms; required course for the post degree education degree program at the University of Victoria (2001)
- Mental Skills for Coaches and Athletes (National Coaching Institute, Victoria, B.C.)
- Mental Skills for Coaches and Athletes (International coaching school, Victoria, B.C.)

Courses developed:

- Dual Processing Models and Health, University of Alberta
- Behaviour modification and physical activity, Wilfrid Laurier University

Theses supervised:

Completed:

Maxine Myre (2015 - 2020), PhD. *Motivated, Fit, and Strong: A mixed methods examination of weight stigma and physical activity in women with obesity*

Izabela Figuidero (2018 - 2020), Master of Science. *Relationships of Social Physique Anxiety and Behavioural Regulations to the Intention-Behaviour Gap Model*

Kim Curtin (2019) PhD, Psychosocial correlates of physical activity in Chinese international students.

Lira Yun (2018) PhD. *Evaluation of Community-wide Health Promotion Interventions*.

- Sarah Evans (2017) Master of Arts. *Strengthening Associations to Pictures vs. Words: The Case for Messages Promoting Fruit and Vegetable Consumption to Men*
- Aaliya Merali (2015) Master of Science. *Intentions of Canadian healthcare professionals to prescribe exercise to people with amyotrophic lateral sclerosis*. Co-supervisor with Dr. K. Jones
- Kirsten Scheliga (2014). Master of Arts. *The effects of physical activity messages tailored to social setting on extraverts' and introverts' exercise-related social cognitions*.
- Claudine Champion (2014). Master of Arts. *Quantitative and qualitative content analysis of breast cancer, heart disease, and stroke media messages from local Canadian media*.
- Sonthaya Sririmatr (2013). PhD. *An Internet-Based Intervention for Promoting and Maintaining Physical Activity in Thai University-Aged Females: A Randomized Controlled Trial*.
- Jessica Walker (2012). Master of Arts. *The Effects of Viewing Magazine Images of the Ideal Male Figure on Exercise and Body Image Perception in Men*,
- Melanie Pankratow (2011). Master of Arts. *Media, Body Weight, and Exercise Status Effects on College Females' Physical Activity Cognitions*.
- Nicole McLeod (2011). Master of Arts. *Mothers' Experiences of Sport: "Rather than just being a soccer mom I'm now a mom who plays soccer"*
- Sean Stolp (2010). Master of Arts. Thesis title: *Exerciser stereotypes: Perceptions and influences on exercise related cognitions*. Co-supervisor with Dr. W. Rodgers.
- Amy Reid. (2005). *Clients in cardiac rehabilitation: Are there psychological benefits?*
Undergraduate honours thesis at Wilfrid Laurier University. Co-supervisor with Dr. P. Fletcher.

Current:

- Kim McFadden (2013 -). PhD, Adolescents' Implicit and Explicit Outcome Expectations and Physical Activity Behaviour: A Text-Messaging Intervention
- Elaine Ori (2015 -), PhD, The Perceived Believability of Exercise Blogs
- Megan McKinlay (2018 -), Master's, Thesis t.b.d.
- * co-supervision

Thesis Supervisory or Examining Committee:

- Alexandra Ouellette Zuk (2020). MSc, Faculty of Kinesiology, Sport, and Recreation, University of Alberta. Supervisory committee.
- Leigh Niwa (2020). PhD, Faculty of Rehabilitation Medicine, University of Alberta. Candidacy Examination committee.
- Anne-Marie Selzler (2018), PhD, Faculty of Physical Education and Recreation, University of Alberta. Supervisory committee.
- Sarah Liva (2018), PhD, University of British Columbia. Supervisory committee.
- Jill Morris (-2016), Master of Science, Department of Agriculture Food and Nutritional Sciences, Faculty of Agriculture, Life and Environmental Sciences, University of Alberta. Supervisory committee.
- Tina Watchman (2016), Master of Arts, Faculty of Physical Education and Recreation, University of Alberta. Examination committee.
- Alison Devine (2017) PhD, Western University.
- Linda Trinh (2013), PhD, Faculty of Physical Education and Recreation, University of Alberta. Examination committee.
- Alli Rasquinha (2013), MA, Faculty of Physical Education and Recreation, University of Alberta. Examination committee.

Christina Loitz, (2012) PhD, Faculty of Physical Education and Recreation, University of Alberta. Examination committee.

Chad Witcher (2012), PhD, Faculty of Physical Education and Recreation, University of Alberta. Examination committee.

Anne-Marie Selzler (2012). MA, Faculty of Physical Education and Recreation, University of Alberta. Supervisory committee.

Diana Soria, (2012). , MSc, Department of Agriculture Food and Nutritional Sciences, Faculty of Agriculture, Forestry, and Home Economics, University of Alberta. Examination committee.

Hara Nickopoulus (2012), MSc, Department of Agriculture Food and Nutritional Sciences, Faculty of Agriculture, Forestry, and Home Economics, University of Alberta. Examination committee.

Jodie Stearns (2011) MA, Faculty of Physical Education and Recreation, University of Alberta. Examination committee.

Nicoleta Cumitusu (2011) PhD, Faculty of Physical Education and Recreation, University of Alberta. Examination committee.

Katherine Tamminen (2011) PhD, Faculty of Physical Education and Recreation, University of Alberta. Examination committee.

Maira Quintanilha (2011). MSc, Department of Agriculture Food and Nutritional Sciences, Faculty of Agriculture, Forestry, and Home Economics, University of Alberta. Examination committee.

Aliia Khamal (2011). MSc, Department of Agriculture Food and Nutritional Sciences, Faculty of Agriculture, Forestry, and Home Economics, University of Alberta. Examination committee.

Tomoe Watanabe (2009). MSc, Department of Agriculture Food and Nutritional Sciences, Faculty of Agriculture, Forestry, and Home Economics, University of Alberta. Supervisory committee.

Jennifer Dooley, (2008) MA, Centre for Health Promotion Studies, School of Public Health, University of Alberta. Examination committee.

External examiner:

Jennifer Gilchrist (2017), PhD, University of Toronto

Sean Locke (2016), PhD, University of Saskatchewan

Dana Riley, (2012), PhD, University of Ottawa Heart Institute

Rebecca Bassett (2012), PhD, McMaster University, Kinesiology

Sheila Rendon (2010), MA, Lakehead, School of Nursing

Service

Professional:

- Canadian Institutes of Health Research, Public, Community & Population Health project grant committee (2019).
- Tenure and promotion reviews – three total for three different universities.
- President. Canadian Society for Psychomotor Learning and Sport Psychology (2018-2020)
- President-elect. Canadian Society for Psychomotor Learning and Sport Psychology (2017- 2018)
- Vanier SSHRC Scholarship committee (national, 2013 - 2016)
- Organizing committee member for the 2015 meeting of the Canadian Society for Psychomotor Learning and Sport Psychology ; held in Edmonton, Alberta.
- Canadian Institutes of Health Research, member of Operating Grant: Population Health Intervention Research committee (2012, 2013)
- Heart and Stroke Foundation of Canada, member of Scientific review committee, Committee VII (2011 - 2013)
- ParticipACTION, research advisory group committee member (2009 - 2018)

- Research and Evaluation Advisory Board – UWALK Alberta (2013 - 2017)
- Research Associate, Alberta Centre for Active Living (2006 –)
- Secretary communications, Canadian Society for Psychomotor Learning and Sport Psychology (2009 -2012)
- Director, Canadian Society for Psychomotor Learning and Sport Psychology (2007 – 2009)
- Organizing committee member for the 2008 meeting of the International Society for Behavioral Nutrition and Physical Activity; held in Banff, Alberta.

Ad hoc Reviews (Journals, Societies, and Granting Agencies; average about 10 a year):

Health Psychology; Psychology of Sport and Exercise; Frontiers in Diabetes; BMC, Public Health; PLOS one; Archives of Gerontology and Geriatrics; International Journal of Health Geographics; Journal of Applied Social Psychology; Health Education and Research: Health and Place; Adapted Physical Activity Quarterly; Global Health Promotion; Society of Behavioural Medicine abstract committee; Public Health Nutrition; Canadian Institutes of Health Research; Health Promotion Practice; Canadian Diabetes Association Scholar application personnel award; Research Grants Council of Hong Kong, grants competition; Applied Physiology, Nutrition, and Metabolism; Psychology and Health ; The Sport Psychologist; Saskatchewan Health Research Fund; Journal of Communication; Leisure Studies; Perceptual and Motor Skills; Social Sciences and Humanities Research Council of Canada; Canadian Journal of Public Health; Journal of Sport and Exercise Psychology; Health Education Research; Canadian Journal of Behavioural Science; International Journal of Sport and Exercise Psychology; Medicine and Science in Sport and Exercise; Social Behavior and Personality: An International Journal; Journal of Aging and Physical Activity; Journal of Sports Science and Medicine

University:

- President's review committee, Faculté St. Jean Faculty Evaluation Committee (2017 - 2020)
- WCHRI postdoctoral fellowship review committee (2018)
- Faculty Executive (2016 - 2018)
- Faculty Evaluation Committee, Faculty of Physical Education and Recreation (2010-2014)
- Graduate Program Committee, Faculty of Physical Education and Recreation (2011 - 2018)
- Research Ethics Board, Faculty of Physical Education and Recreation, University of Alberta (2006 - 2010)
- Selection committee, Dean, Faculty of Physical Education and Recreation, 2009
- Selection committee for faculty hire in joint degree program with the Faculty of Native Studies, 2009
- Selection committee for the Associate Dean, Community and International Engagement, Faculty of Physical Education and Recreation, University of Alberta, 2007
- Academic counselling for incoming students, Wilfrid Laurier University – 2005
- Co-organizer of Wilfrid Laurier University women's caucus tenure and promotion workshop, May 6th 2005
- Ontario University's Fair, Faculty Representative, Wilfrid Laurier University, September 25, 2004
- Member of the Century Committee – looking to WLU's future, 2004 – 2005
- Steppin' Out at Laurier, walking program for staff, speaker and leader, 2004
- Department of Kinesiology and Physical Education library representative, Wilfrid Laurier University, 2004 – 2005
- Member of the Departmental Appointment and Promotion Committee, Wilfrid Laurier University, 2003-2004

Professional Memberships:

- European Health Psychology
- Canadian Society for Psychomotor Learning and Sport Psychology
- International Society for the Behaviour of Nutrition and Physical Activity

Other (e.g., Media):

- Psychology Today – interviewed for article about “fitspiraton” by Katherine Schreiber, July 2015.
- Media interviews about the Biggest Loser study October 25: CBC tv and radio (live), CTV, Global, Edmonton Sun, St Albert Gazette, Toronto Star, and the “Bob Rivers Show” 95.7 FM Seattle (live radio interview). This also made it into Globe and Mail, Chatelaine, Shape, and about a billion other sources.
- CBC national – commentary on study showing that if you exercise you live longer. November 7th.
- January 10, 2013 – Radio Canada commentary on ACAL findings.
- Interview with Sammy Mack - radio reporter with WLRN/Miami Herald News, a public radio news program in Miami, Florida, March 2010.
- Links to various articles on my research (all 2010):
 - <http://www.alumni.ualberta.ca/StayConnected/Etrail/ResearchSpotlight2.aspx>
 - <http://timesofindia.indiatimes.com/life/health-fitness/fitness/Resting-fat-people-as-lazy-as-sinnier-ones/articleshow/5839680.cms>
 - <http://www.medindia.net/news/Increased-BMI-Linked-to-the-Thought-of-Traffic-68889-1.htm>
 - <http://timesofindia.indiatimes.com/Life/Spirituality/Self-Help/Blame-thoughts-of-traffic-for-increased-BMI/articleshow/5920777.cms>
 - http://www.edmontonsun.com/news/columnists/andrew_hanon/2010/05/11/13912411.html
 - <http://www.medicalnewstoday.com/articles/188417.php>
- Edmonton Journal (picked up by Canwest and appeared in numerous newspapers) – comment on fast food commercials featuring Olympic Athletes, February 22, 2010.
- Vue weekly, January 21st, 2010. Nintendo's Wii Fit offers an exercise-based gaming experience, but is it effective? Available: <http://www.vueweekly.com/article.php?id=14153>
- Chatelaine magazine. Chatelaine magazine – January 2010
- Profile de chercheur. 22 avril, 2009. Radio-Canada Edmonton. Available: http://www.radio-canada.ca/audio-video/pop.shtml?urlMedia%3D/Medianet/2009/CHFA/000240cc_20090427_133259.aspx&promo%3DZAPmedia_Telejournal&duree%3Dcourt
- Berry, T. R. (March 10, 2009). Invited presentation for the Nutrition and Food Science Student's Association (NuFSSA) at the University of Alberta.
- January 26 – Feb 4. Phone interviews with Calgary XL radio 103 FM; 24 hours; Global Lethbridge; Lethbridge Herald; Sherwood Park News; CBC radio, Lethbridge Sun-Times; re: Alberta Physical Activity Survey
- Chatelaine Magazine, November 2008. Getting started: Threes ways to walk more. Experts tips to fit walking into your busy schedule. Andre Voshart.
- Lethbridge Herald, October 10, 2008. *Right Message Can Help People Get Active*. Feature Interview by Caroline Zentner
- University of Alberta, Express News article, “No easy answers for childhood obesity epidemic” May 15, 2008; commentary following 2008 Physical Activity Forum on Childhood Obesity sponsored by Alberta Centre for Active Living. Available: <http://www.expressnews.ualberta.ca/article.cfm?id=9340>
- Calgary Today - AM 770 CHQR interview – comment on Statistics Canada report on declining sport participation in Canada

- CBC Edmonton radio interview – motivation for physical activity. January 30, 2008.
- Telephone interview with Sara Altshul for an article in *Better Homes and Gardens*, December 10, 2007; appeared in April 2008 issue
- Newspaper interview with Gina Racine, Whitecourt Star. November 23, 2007.
- Speaker Series Presentation, Faculty of Physical Education and Recreation, University of Alberta, November 16, 2007, *PAY ATTENTION!!! Physical activity promotion in a crowded advertising world*.
- Television interview with Global TV, August 30, 2007, commentary on latest statistics Canada report on rates of physical activity in Canada.
- University of Alberta, Express News article, “Health message needs to exercise media muscle” – feature on my research by Ileiren Byles. Available: <http://www.expressnews.ualberta.ca/article.cfm?id=8118>
- Television interviews with CBC, CTV, SHAW, CityTV, and Global, Tuesday December 12, 2006
- Guest on CFRN (CTV) noon news show Wednesday, December 13, 2006
- CBC radio interview (Edmonton) – comment on research that reported children in less safe neighbourhoods are more likely to be obese. Aired January 4, 2006.
- Edmonton Journal interview – comment on Alberta Physical Activity Survey released by Alberta Centre for Active Living. Printed October 2005.
- Edmonton Examiner interview - comment on Alberta Physical Activity Survey released by Alberta Centre for Active Living. Printed October 2005.
- Stepping into Health - October 20, 2004. Presentation to staff at Wilfrid Laurier University on excuses and barriers to physical activity.
- Bodies of Evidence. Victoria Times Colonist – Saturday, July 5, 2003. Feature article on my dissertation work by Katherine Deyna.
- Forget the Diet - CBC Radio One – Commentary, national broadcast, December 31, 2002.
- Member of University of Victoria Speakers Bureau, 2001 – 2003, various presentations. Topics: Exercise Motivation; Body Image and Eating Disorders; Sport Psychology
- CH News, Victoria, July 26, 2002. Re: impact of positive drug test on other Canadian athletes at Commonwealth Games.

Non-refereed Publications:

- Berry, T. R.** (March 2017). Rethinking how physical activity messages are thought about: implications for successful promotion. Alberta Centre for Active Living, Wellspring, 28, 3.
- Nykiforuk, C., **Berry, T.**, Vallianatos, H., Nieuwendyk, L., Belon, A., McGetrick, J., & Campbell, E. (2015). Exploring the Impact of Community Investment in Recreation Spaces on Health Equity and Physical Activity Alberta Centre for Active Living - Research Update 22(3) 1-3
- Carson, V., Clark, M., **Berry, T.**, Holt, N.L., Latimer-Cheung, A.E. (2014). Parental perceptions of the Canadian Sedentary Behaviour Guidelines for the Early Years. Alberta Centre for Active Living - Research Update 21(4) 1-3
- Nykiforuk, C.I.J., **Berry, T.**, Vallianatos, H., Nieuwendyk, L.M., Belon, A.P., & McGetrick, J.A. (2014). Understanding Community Investment in Recreation Spaces: Strathcona County Follow-up Survey Results (Longitudinal). Edmonton, AB: School of Public Health, University of Alberta
- Nykiforuk, C.I.J., Vallianatos, H., **Berry, T.**, Nieuwendyk, L., Somerville, C., Montemurro, G., & McLeod, N. (2012). Understanding Community Investment in Recreation Spaces: Baseline

- Findings from Focus Groups in the City of Spruce Grove, Town of Stony Plain, and Parkland County (Fall 2011). Edmonton, AB: School of Public Health, University of Alberta.
- Nykiforuk, C.I.J., Vallianatos, H., **Berry, T.**, Nieuwendyk, L., Somerville, C., Montemurro, G., McLeod, N. (2012). Understanding Community Investment in Recreation Spaces: Baseline Findings from Strathcona County Focus Groups. Edmonton, AB: School of Public Health, University of Alberta.
- Walker, J., Berry, T. R., Chan, C., & Bell, R. (2011). Listening to people with diabetes: Findings from a consensus conference. *WellSpring*, 22(6). Available: <http://www.centre4activeliving.ca/publications/wellspring/2011/dec-diabetes.pdf>
- Berry, T. R., McCarville, R. E., & Rhodes, R. E. (December, 2008). How health promoters can compete with commercial advertising. Alberta Centre for Active Living, 15 (4). Available: <http://www.centre4activeliving.ca/publications/research-update/2008/dec-active-living.pdf>
- Loitz, C., **Berry, T. R.**, & Spence, J. C., (2009). *2009 Alberta Survey on Physical Activity: A concise report*. Available: http://www.centre4activeliving.ca/publications/physact_survey/2009report.pdf
- Burgess, J., **Berry, T. R.**, & Spence, J. C., (2007). *2007 Alberta Survey on Physical Activity: A concise report*. Available: http://www.centre4activeliving.ca/publications/physact_survey/2007report.pdf
- Dechaine, J., & **Berry, T. R.** (2006). *Home Support Exercise Program (HSEP) in Alberta: Chinook Health Region Pilot-Test Evaluation Results*. Alberta Centre for Active Living. Available: http://www.centre4activeliving.ca/publications/hsep_report/Chinook_Eval_Results_0406.pdf
- Berry, T. R.**, & Spence, J. C. (2006). *Understanding Reported Rates of Physical Activity: Comparing the Results of the Alberta Survey on Physical Activity and Canadian Community Health Survey*. Alberta Centre for Active Living. Available: http://www.centre4activeliving.ca/publications/physact_survey/pa_rates_report/Full_PASurvReport_Final.pdf
- Berry, T. R.**, Bengoechea, E. G., & Spence, J. C. (December, 2005). *Highlights of the 2005 Physical Activity Survey – Understanding the Role of Determinants in Physical Activity Behaviour*. Alberta Centre for Active Living, Research Update, 12 (4).
- Berry, T. R.**, Naylor, P.J., & Wharf-Higgins, J. (September, 2005), *Adolescent Physical Activity: Reasons for Relapse*. Alberta Centre for Active Living, Research Update, 12 (3).
- Berry, T.** (2001). *Self-presentation and exercise behaviour: the development of a questionnaire*. Connections 2001, Faculty of Education, University of Victoria, 15-22.
- Berry, T.** (1999). *Coaches, athletes and eating disorders*. The BC Counsellor, 21, 45-54 .
- Berry, T.**, & Howe, B.L. (1997). *The Role of the Profile of Mood States in Assessing Male Rugby Players. State or Trait?* Connections 1997, Faculty of Education, University of Victoria, 23-28.

Other professional experience

- 2002 – 2003 Research officer, B.C. Heart Health Project, University of Victoria
- 2002 – 2003 Research coordinator, Effective Coaching Practices, University of Victoria
- 2001 – 2002 Instructor, University of Victoria

2001	Instructor, National Coaching Institute (Victoria)
2000	Clinical counselling practicum, B.C. Ministry of Children and Families, Eating Disorders Program
1998 – 2001	Research assistant, cognitive psychology research, University of Victoria
1995 – 1996	Lab instructor, University of Victoria
1995 – 1996	Research assistant, sport psychology research